

WHY I DO, WHAT I DO

Getting to know the authentic needs of your child's development.

PREPRIMARY

SOCIO-EMOTIONAL SKILLS

- More independence and individuality.
- Their comments are direct, might sound cruel.
- Assertiveness development.
- It is very common that they blame others for their own mistakes.
- Enjoys drama play.
- Respects turns, social and game rules.

SOCIO-EMOTIONAL SKILLS



- Begins to cooperate with house chores.
- Selects own friends.
- Accepts and understands light jokes.
- Understands that in a situation you can experience more than one feeling at the same time.
- Their emotional regulation has an impact on their academic success.

PARENTS, AT HOME YOU

CAN

- Show and model a positive attitude with respect and honesty.
- Practice listening skills to develop empathy and avoid difficulties.
- Allow your kids to express their feelings.
- Talk about their own achievements, give them recognition. □
- Expose them to new experiences.



- Don't treat them like victims.
- When having a difficult situation, **look for a solution**, not another problem.
- Practice different skills through **play**.
- Find the balance between **authoritarianism** and **permissiveness**.