

# WHY I DO, WHAT I DO

**Getting to know the authentic needs of your child's  
development.**

PRE NURSERY & NURSERY

# SOCIO-EMOTIONAL SKILLS

- Egocentric.
- Identify their own body.
- Impatient and demanding.
- Changes between dependence and independence.
- Physical contact is very important.
- Tantrums.
- Observes and imitates adults and kids.

# SOCIO-EMOTIONAL SKILLS



- Plays with others.
- Night terrors.
- Looks for constant attention.
- Reacts to changes in routines.
- Shows defiant behavior, says “No”.
- Difficulty to share.
- Starts to cooperate with house chores.

# PARENTS, AT HOME YOU CAN...

- Reinforce independence by allowing them to be apart occasionally.
- Anticipate situations and different routines.
- Talk with a moderate voice and use eye contact when interacting.
- Use rhymes and songs to promote affection and physical contact.



- Invest time with him/her: **connect** with them, talk, play and experience different activities.
- Motivate them to make **small decisions**.
- Recognize them, let them know that they are **important** to you.
- Let their actions have appropriate **consequences**.