

WHY I DO, WHAT I DO

Getting to know the authentic needs of your child's development.

PRESCHOOL I & II

SOCIO-EMOTIONAL SKILLS

- They are essential for adaptation.
- Behaviors are acquired and learned.
- They are reciprocal.
- The affectionate relationship with their parents will allow them to develop social skills.

SOCIO-EMOTIONAL SKILLS

- Sometimes, they don't understand the difference between fantasy and reality.
- Express their feeling using words.
- Understand and use more complex emotions such as shame, guilt and pride.



PARENTS, AT HOME YOU CAN...

- Let them express their emotions.
- Practice new skills through play, so they can apply them in new experiences and situations.
- Practice social skills like saying 'hello', how to start a game or ask for a turn.
- Give and receive compliments.
- Organize playdates with different friends.

- Organize play dates.
- Teach the correct ways of showing **affection**.
- Practice how to **share**.
- **Model** different self regulation techniques.
- Promote **assertiveness**, so they know how to express their needs and feelings without hurting others.

