



Juilliard

# *Dance*

The Juilliard-Nord Anglia Performing Arts Programme



# Dance

“Dancing is a universal language; it works you physically, mentally and emotionally.”

*Hilary Easton*

NAE’s Dance curriculum, enhanced by Juilliard, focuses on works examining dance from various cultures, history, expressions of human emotion, and literature.

Each category, curated by Juilliard, explores an iconic work from Marius Petipa’s ballet, *The Sleeping Beauty*, to flamenco from southern Spain with influences from Indian and Moorish cultures. Your child will learn the history and movement behind influential pieces, while improving their own physical coordination and self-expression. Our teachers say that many students greatly enjoy this part of our performing arts curriculum.

## Dancer’s Toolbox

The Dancer’s Toolbox is a unique resource available only through Juilliard Creative Classroom. Sharing the expertise of Juilliard Dance, the Dancer’s Toolbox is a collection of original resources specifically designed for teaching dance and to better understand a dancer’s needs. Dancer’s Toolbox focuses on how to move with mindfulness, creativity, and physical safety, along with strategies to enjoy and better understand movement practices. Teachers have access to resources designed to guide students on various aspects of physical conditioning, posture and alignment, coordination and articulation, balance, and nutrition.

The impact that The Juilliard-Nord Anglia Programme has had so far on my students is fantastic. They opened their eyes and saw how fun dance can be and how you can express yourself through it.

*Laura Towell*

Physical Education, Sports Science and Dance Specialist at British School of Chicago, South Loop

## Core Works

### Space, Time and Dance

Merce Cunningham: *RainForest*

### Dance as a Dramatic Expression

Martha Graham: *Appalachian Spring*

### Spiritual Dance, Ancient Roots

Bharatanatyam: *Krishna Nee Begane* and *Sthithi Gati*

### Folk Origins and Forms

Flamenco: *Alegrías*, *Farruca*, and *Soleá*

### Dance that Tells a Story

Marius Petipa: *The Sleeping Beauty*

### Dancer As Citizen

Kurt Jooss: *The Green Table*

### Cultures Connect

Shen Wei: *Re-(III)*

### Choreographer of Today

Specifically selected active artist from Juilliard’s network of alumni. Current Choreographer of Today: John Heginbotham

I’ve been really lucky to be able to transfer Juilliard’s rigour to the curriculum resources. There are three parts: the Core Works, Dancer’s Toolbox and Supports for Teaching and Learning – It’s about choice-making, and creativity and looking at great works of art.

*Hilary Easton*

Director of Global K-12 Dance Programs, and Dance Division Faculty, The Juilliard School