BRITISH INTERNATIONAL SCHOOL OF WASHINGTON
A NORD ANGLIA EDUCATION SCHOOL
Performing Arts in collaboration with Juilliard | DANCE DRAMA MUSIC

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Parents' Network

The Parents Network (PN) is an initiative from the PA Board that started its activities at the beginning of the autumn term 2015 with the idea to reach out to and engage new and returning parents with a social agenda and act as a resource for families transitioning to BISW. During the last school year the PN has engaged many parents and started several initiatives such as Museum Tours, a LunchBunch-group, Bootcamps several days a week, Cooking Classes and a Book Club.

The PN is building its engagements and events on two founding pillars: Health & Wellness and Culture.

Health & Wellness:

Boot Camp

We are lucky to have Monica Nelsen as a parent at school, who is a Personal Trainer. She will continue her popular Boot Camp Classes also this year on Mondays, Wednesdays and Fridays at 8.50 am.

Cooking Classes

Last year we engaged a professional chef who did themed Cooking Classes for us. She is an educated chef and teacher with much experience in cooking for children with different allergies and other needs as well as healthy and nutritious meals for the whole family. We will do this again this year with new themes.

Culture

Museum/Culture Events Group

We will continue to visit interesting and hidden treasures in DC during this year and will also add some evening events to our agenda to reach out to even more parents.

Book Club

We read and vividly discussed books from the US and many of the countries that the book club members came from at our monthly meetings at one of the group member's home or at a cafe. The plan is to continue also this year.

Lunch Bunch

We met for Monthly informal lunches at interesting restaurants around the city. We will find new and delicious places to visit this year :)

If you want to get join any of the events or get involved in the Parents' Network group please use the sign-up sheets here today, contact any of us listed below and/or sign up to join the Facebook Group (Parents at British School of Washington).

Welcome to BISW :)!