

# Vlastina Extra-curricular Activities (EY - KS1)

# Autumn Term

	Nursery	Reception	Year 1	Year 2
Monday		Multi-Sports (EY) / 15:00 - 16:00 V114 (Siobhan and Eden Clarke)	Cosmic Yoga & Fitness Club / 15:00 - 16:00 TBC (Cecilia O'Neill)	Art & Craft / 15:00 - 16:00 V110 (Anna Sixtová)  LEGO® Construction Club / 15:00 - 16:00 V107 (Jamie Bennett)
Tuesday	Classical Ballet (Nur - Rec) * / 15:00 - 16:00 V205 (Nikola Křížková)	Classical Ballet (Nur - Rec) * / 15:00 - 16:00 V205 (Nikola Křížková)  Construction Club / 15:00 - 16:00 V116 (Carolyn Gorham)	Hama Beads (Y1) / 15:00 - 16:00 V109 (Cadence Catton and David Fernandez)  Classical Ballet (16:00 - 17:00) * / 16:00 - 17:00 V205 (Nikola Křížková)	Hama Beads (Y2) / 15:00 - 16:00 V110 (Katharine Meunier)  Mixed Martial Arts (Y2-3) * / 15:00 - 16:00 V135 (Simon Zajic)  Classical Ballet (16:00 - 17:00) * / 16:00 - 17:00 V205 (Nikola Křížková)
Wednesday			Junior Chess Academy * / 15:00 - 16:00 V213 (Šlampa Jan)	Basic Gymnastics (Y2-3) * / 15:00 - 16:00 V135 (Katerina Janovska, Darina Zbořilová)  Classical Ballet (Y2-3) * / 15:00 - 16:00 V206 (Belgi Adiguzel)  Football Training (Y2-3) * / 15:00 - 16:00 VFOO (Michal Pospisil, Šimon Vik)  Junior Chess Academy * / 15:00 - 16:00 V213 (Šlampa Jan)  Junior Magic Club * / 15:00 - 16:00 V314 (Adéla and Jarmila)
Thursday		Music Ateliers (Rec-Y1) * / 12:45 - 13:15 V115 (Tereza Dudková)  Games Club / 15:00 - 16:00 V114 (Vendy and Izabela)	Music Ateliers (Rec-Y1) * / 12:45 - 13:15 V115 (Tereza Dudková)  Free Play & Art Activities / 15:00 - 16:00 V108 (Hana Filipová, Soňa Matějková)  Wall Climbing (Y1-2) * / 15:00 - 16:30 VOOS (Jaroslav Štěpánek, Magdalena Fojtová)	Drawing Club / 15:00 - 16:00 V107 (Gareth Rutland)  Free Play (Indoor & Outdoor) / 15:00 - 16:00 V214 (Barbara Betušová, Tereza Ambrose)  Wall Climbing (Y1-2) * / 15:00 - 16:30 VOOS (Jaroslav Štěpánek, Magdalena Fojtová)
Friday			Football Training (Y1) * / 15:00 - 16:00 VCOU (Michal Pospisil, Šimon Vik)	Nature Club / 15:00 - 16:00 V110 (Louise McCloy)
Saturday				Gymnastics Training (Y2-3) - KAMÝK * / 09:00 - 10:00 F110 (To be confirmed)

LT = Lunchtime activity

\* External activity. Fees may apply.

# Vlastina Extra-curricular Activities (KS2)

# Autumn Term

	Year 3	Year 4	Year 5	Year 6
Monday	Fitness & Yoga / 15:00 - 16:00 V208 (Rosie Napier)	Karate (Y3-4) * / 15:00 - 16:00 V205 (Tatiana Pancurakova)	Contemporary Dance (Y5-6) * / 15:00 - 16:00 V206 (Nikola Křížková)	Contemporary Dance (Y5-6) * / 15:00 - 16:00 V206 (Nikola Křížková)
	Karate (Y3-4) * / 15:00 - 16:00 V205 (Tatiana Pancurakova)	LEGO® - WeDo 2.0 * / 15:00 - 16:00 V011 (Djellza Hamza)	LEGO® - Mindstorms Robotics * / 15:00 - 16:00 V011 (Patrick Ramos)	Hama Beads (Y6) / 15:00 - 16:00 V313 (Svetlana Lugovska)
	LEGO® - WeDo 2.0 * / 15:00 - 16:00 V011 (Djellza Hamza)	Sports Activities (Y4) / 15:00 - 16:00 V135 (Martina Privara)	Vlastina Team Training (Girls) / 15:00 - 16:00 VFOO (Nicholas Hayes)	LEGO® - Mindstorms Robotics * / 15:00 - 16:00 V011 (Patrick Ramos)
	Visual Arts * / 15:00 - 16:00 V308 (Yea Eun Jang)	Visual Arts * / 15:00 - 16:00 V308 (Yea Eun Jang)	Czech Programme - Support / 15:20 - 16:00 V308 (Adéla Jilemnická (Šimonová))	Singers Unlimited / 15:00 - 16:00 V008 (Ms Higgins)
	Swimming (Y3-4) * / 15:45 - 16:30 VOOS (To be confirmed)	Vlastina Team Training (Girls) / 15:00 - 16:00 VFOO (Nicholas Hayes)	Karate (16:00 - 17:00) * / 16:00 - 17:00 V205 (Tatiana Pancurakova)	Sports Club (Y6) / 15:00 - 16:00 VCOU (Lenka Hoftychova)
	Swimming (Y3-4) * / 15:45 - 16:30 VOOS (To be confirmed)	Visual Arts (16:00 - 17:00) * / 16:00 - 17:00 V308 (Yea Eun Jang)	Vlastina Team Training (Girls) / 15:00 - 16:00 VFOO (Nicholas Hayes)	
			Football Training (16:00 - 17:00) * / 16:00 - 17:00 VFOO (Michal Pospisil, Šimon Vik)	
			Karate (16:00 - 17:00) * / 16:00 - 17:00 V205 (Tatiana Pancurakova)	
			Visual Arts (16:00 - 17:00) * / 16:00 - 17:00 V308 (Yea Eun Jang)	
Tuesday	Construction Club / 15:00 - 16:00 V215 (Miss Leny, Miss Richterova)	Coding & Technology Club / 15:00 - 16:00 V213 (Christopher Wigham)	Nature Club / 15:00 - 16:00 V315 (Olivia Lea)	Dragons Dance Squad / 15:00 - 16:00 V206 (Iveta Elisabeth Lit)
	Creative Arts / 15:00 - 16:00 V208 (Tatiana Dankova)	Mixed Martial Arts (16:00 - 17:00) * / 16:00 - 17:00 V135 (Simon Zajic)	Reading & Movie Club / 15:00 - 16:00 TBC (Marie Vybíralová)	Nature Club / 15:00 - 16:00 V313 (Alice Vincent)
	Mixed Martial Arts (Y2-3) * / 15:00 - 16:00 V135 (Simon Zajic)		Vlastina Team Training (Boys) / 15:00 - 16:00 VFOO (James Ward)	Příprava na přijímací zkoušky / 15:00 - 16:00 V312 (Helena Vurmová)
		Mixed Martial Arts (16:00 - 17:00) * / 16:00 - 17:00 V135 (Simon Zajic)	Vlastina Team Training (Boys) / 15:00 - 16:00 VFOO (James Ward)	
Wednesday	Basic Gymnastics (Y2-3) * / 15:00 - 16:00 V135 (Katerina Janovska, Darina Zbořilová)	Jump Rope Club * / 15:00 - 16:00 V205 (Magdaléna Píchalová)	Czech Programme - Support / 15:20 - 16:00 V308 (Adéla Jilemnická (Šimonová))	
	Classical Ballet (Y2-3) * / 15:00 - 16:00 V206 (Belgi Adiguzel)	Basic Gymnastics (16:00 - 17:00) * / 16:00 - 17:00 V135 (Katerina Janovska, Darina Zbořilová)	Basic Gymnastics (16:00 - 17:00) * / 16:00 - 17:00 V135 (Katerina Janovska, Darina Zbořilová)	
	Football Training (Y2-3) * / 15:00 - 16:00 VFOO (Michal Pospisil, Šimon Vik)	Chess Academy (16:00 - 17:00) * / 16:00 - 17:00 V213 (Šlampa Jan)	Classical Ballet (16:00 - 17:00) * / 16:00 - 17:00 V206 (Belgi Adiguzel)	
	Jump Rope Club * / 15:00 - 16:00 V205 (Magdaléna Píchalová)	Classical Ballet (16:00 - 17:00) * / 16:00 - 17:00 V206 (Belgi Adiguzel)	Football Training (16:00 - 17:00) * / 16:00 - 17:00 VFOO (Michal Pospisil, Šimon Vik)	
	Junior Magic Club * / 15:00 - 16:00 V314 (Adéla and Jarmila)	Football Training (16:00 - 17:00) * / 16:00 - 17:00 VFOO (Michal Pospisil, Šimon Vik)	Magic Club (16:00 - 17:00) * / 16:00 - 17:00 V314 (Adéla and Jarmila)	
Chess Academy (16:00 - 17:00) * / 16:00 - 17:00 V213 (Šlampa Jan)	Magic Club (16:00 - 17:00) * / 16:00 - 17:00 V314 (Adéla and Jarmila)			
Thursday	Coding & Tech Club / 15:00 - 16:00 V209 (Ben Harries)	Board Games & LEGO Club / 15:00 - 16:00 V215 (Petr Štěpán)	Kwik Cricket (Y5) / 15:00 - 16:00 V135 (Liam Conway)	Rollerblading / 15:00 - 16:00 VTRA (Louise Smith)
	Swimming (Y3-4) * / 16:00 - 16:55 VOOS (To be confirmed)	MTV Dance * / 15:00 - 16:00 V206 (Eliška Suková)	MTV Dance * / 15:00 - 16:00 V206 (Eliška Suková)	MTV Dance (16:00 - 17:00) * / 16:00 - 17:00 V206 (Eliška Suková)
	Swimming (Y3-4) * / 16:00 - 16:55 VOOS (To be confirmed)		Times Tables Rock Stars / 15:00 - 16:00 V315 (Ivica Bašová)	
Friday	Athletics (Y3-4) * / 15:00 - 16:00 VTRA (Vojtech Mastny, Paula Grandová)	Athletics (Y3-4) * / 15:00 - 16:00 VTRA (Vojtech Mastny, Paula Grandová)		Dodgeball (Y6) / 15:00 - 16:00 V135 (Simon O'Neill)
	Colouring Club / 15:00 - 16:00 V215 (Tereza Richterová)	Construction & Maths Games / 15:00 - 16:00 V213 (Zuzana Carbochova, Magdalena Sulkova)		
	Karate (Y3-4) * / 15:00 - 16:00 V205 (Tatiana Pancurakova)	Karate (Y3-4) * / 15:00 - 16:00 V205 (Tatiana Pancurakova)		
Saturday	Football Training (Y3-4) - KAMÝK * / 0.375 - 0.416 KPIT (Michal Pospisil, Šimon Vik)	Ballet / Contemporary Dance - KAMÝK * / 0.375 - 0.409 H101 (Belgi Adiguzel)	Ballet / Contemporary Dance - KAMÝK * / 0.375 - 0.409 H101 (Belgi Adiguzel)	Ballet / Contemporary Dance - KAMÝK * / 10:00 - 10:50 H101 (Belgi Adiguzel)
	Gymnastics Training (Y2-3) - KAMÝK * / 09:00 - 10:00 F110 (To be confirmed)	Football Training (Y3-4) - KAMÝK * / 0.375 - 0.416 KPIT (Michal Pospisil, Šimon Vik)	Football Training (Y5-6) - KAMÝK * / 0.416 - 0.458 KPIT (Michal Pospisil, Šimon Vik)	Football Training (Y5-6) - KAMÝK * / 0.416 - 0.458 KPIT (Michal Pospisil, Šimon Vik)
	Gymnastics Training (Y4-5) - KAMÝK * / 10:00 - 11:00 F110 (To be confirmed)	Gymnastics Training (Y4-5) - KAMÝK * / 10:00 - 11:00 F110 (To be confirmed)	Gymnastics Training (Y6-7) - KAMÝK * / 11:00 - 12:00 F110 (To be confirmed)	

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# Vlastina Extra-curricular Activities (KS3)

# Autumn Term

	Year 7	Year 8	Year 9
Monday	<p>Maths Catch-up (Week A) / 13:45 - 14:15 V307 (Ms Peiris)</p> <p>Year 7 Chess Club / 15:20 - 16:00 V244 (Denis Meunier)</p> <p>Football Training (16:00 - 17:00) * / 16:00 - 17:00 VFOO (Michal Pospisil, Šimon Vik)</p> <p>Modern Dance Styles (16:00 - 17:00) * / 16:00 - 17:00 V206 (Jakub Papert)</p>	<p>Film Club / 15:20 - 16:00 TBC (Deirdre Mc Cann)</p> <p>Modern Dance Styles (16:00 - 17:00) * / 16:00 - 17:00 V206 (Jakub Papert)</p>	<p>Czech Programme - Support / 15:20 - 16:00 V308 (Adéla Jilemnická (Šimonová))</p>
	Tuesday	<p>LEGO® - Spike Prime Robotics * / 15:20 - 16:20 V011 (Vít Vořechovský)</p>	<p>Year 8 Chess Club / 13:50 - 14:20 V306 (Alexa Forte)</p> <p>LEGO® - Spike Prime Robotics * / 15:20 - 16:20 V011 (Vít Vořechovský)</p>
Wednesday	<p>Maths Catch-up (Week B) / 13:45 - 14:15 V307 (Ms Peiris)</p> <p>KS3 Running Club / 15:25 - 16:00 VOOS (Mark Buckley &amp; Ben Lewis)</p>	<p>KS3 Running Club / 15:25 - 16:00 VOOS (Mark Buckley &amp; Ben Lewis)</p>	<p>Year 9 Lunchtime Club (Week B) / 13:50 - 14:20 V135 (Nicholas.hayes)</p> <p>Czech Programme - Support / 15:20 - 16:00 V308 (Adéla Jilemnická (Šimonová))</p> <p>KS3 Running Club / 15:25 - 16:00 VOOS (Mark Buckley &amp; Ben Lewis)</p>
	Thursday	<p>KS3 Sports Rotation Club / 15:20 - 16:00 VFOO (Benjamin Lewis)</p> <p>Vlastina Senior Choir / 15:30 - 16:30 V008 (Sheonagh Donaldson)</p> <p>MTV Dance (16:00 - 17:00) * / 16:00 - 17:00 V206 (Eliška Suková)</p>	<p>Board Games / 15:20 - 16:00 V235 (Adriana Castello Luro)</p> <p>German Conversation Club / 15:20 - 16:00 V236 (Monika Zvara)</p> <p>KS3 Sports Rotation Club / 15:20 - 16:00 VFOO (Benjamin Lewis)</p> <p>STEAM Club / 15:25 - 16:20 V011 (Andrew Bagnall)</p> <p>Vlastina Senior Choir / 15:30 - 16:30 V008 (Sheonagh Donaldson)</p>
Friday	<p>KS3 Team Training (Boys &amp; Girls) / 15:20 - 16:00 VFOO (Nicholas Hayes)</p> <p>Karate (Y7-8) * / 16:00 - 17:00 V205 (Tatiana Pancurakova)</p>	<p>KS3 Team Training (Boys &amp; Girls) / 15:20 - 16:00 VFOO (Nicholas Hayes)</p> <p>Karate (Y7-8) * / 16:00 - 17:00 V205 (Tatiana Pancurakova)</p>	<p>KS3 Team Training (Boys &amp; Girls) / 15:20 - 16:00 VFOO (Nicholas Hayes)</p>
	Saturday	<p>Ballet / Contemporary Dance - KAMÝK * / 10:00 - 10:50 H101 (Belgi Adiguzel)</p> <p>Football Training (Y7-8) - KAMÝK * / 11:00 - 12:00 KPIT (Michal Pospisil, Šimon Vik)</p> <p>Gymnastics Training (Y6-7) - KAMÝK * / 11:00 - 12:00 F110 (To be confirmed)</p>	<p>Football Training (Y7-8) - KAMÝK * / 11:00 - 12:00 KPIT (Michal Pospisil, Šimon Vik)</p>

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