

Year 9 Timetable

	Monday	Tuesday	Wednesday	Thursday	Friday	Ideas
	Preparation Time	Preparation Time	Preparation Time	Preparation Time	Preparation Time	Have breakfast, have a wash, get dressed, be ready to start at 8.30am!
8.30 - 8.45	Guided Meditation / Mindfulness Session	Guided Meditation / Mindfulness Session	Guided Meditation / Mindfulness Session	Guided Meditation / Mindfulness Session	Guided Meditation / Mindfulness Session	Guided meditation / mindfulness session, complete your daily check in form OR complete admin (check work has been uploaded, check messages from teachers and respond)
8.45 - 10.45	French	English	Physics	Performing Arts	Maths	Block 1
10.45-11:15	Break	Break	Break	Break	Break	Break - take a virtual break with a friend, do a 20 minute exercise session, make a snack, stay hydrated, get some fresh air on your balcony, read a book, do something creative!
11.15 - 12.15	Individuals and Societies	Maths	Spanish / German / Computer Science / Learning Support / EAL	English	Community Project	Block 2
12.15 - 12.30	Admin check	Admin check	Admin check	Admin check	Admin check	Admin check - upload work, check messages and respond
12.30 - 13.30	Lunch break	Lunch break	Lunch break	Lunch break	Lunch break	Lunch Break - eat a relaxed lunch, take a virtual break with a friend, do a 20 minute exercise session, stay hydrated, get some fresh air on your balcony, read a book, do something creative!
13.30 - 15.30	Visual Arts	I&S	Chemistry	Biology	Design	Block 3
15.30 - 16.30	Independent Learning	Spanish / German / Computer Science / Learning Support / EAL	PHE	Maths	Independent Learning	Independent Learning - complete extension tasks from the day, finish any uncompleted work.
16.30 - 17.00	Break	Break	Break	Break	Break	Break - take a virtual break with a friend, do a 20 minute exercise session, make a snack, stay hydrated, get some fresh air on your balcony, read a book, do something creative!
17.00 - 18.00	Independent Learning	Independent Learning	Independent Learning	Independent Learning	Independent Learning	Independent Learning - this is flexible if you prefer to do this at another time in the evening.

10eme Timetable

	Monday	Tuesday	Wednesday	Thursday	Friday	Ideas
	Preparation Time	Preparation Time	Preparation Time	Preparation Time	Preparation Time	Have breakfast, have a wash, get dressed, be ready to start at 8.30am!
8.30 - 8.45	Guided Meditation / Mindfulness Session	Guided Meditation / Mindfulness Session	Guided Meditation / Mindfulness Session	Guided Meditation / Mindfulness Session	Guided Meditation / Mindfulness Session	Guided meditation / mindfulness session, complete your daily check in form OR complete admin (check work has been uploaded, check messages from teachers and respond)
8.45 - 10.45	German	English	Biology	Performing Arts	Economics and Law	Block 1
10.45-11:15	Break	Break	Break	Break	Break	Break - take a virtual break with a friend, do a 20 minute exercise session, make a snack, stay hydrated, get some fresh air on your balcony, read a book, do something creative!
11.15 - 12.15	Individuals and Societies	German	Maths	English	Community Project	Block 2
12.15 - 12.30	Admin check	Admin check	Admin check	Admin check	Admin check	Admin check - upload work, check messages and respond
12.30 - 13.30	Lunch break	Lunch break	Lunch break	Lunch break	Lunch break	Lunch Break - eat a relaxed lunch, take a virtual break with a friend, do a 20 minute exercise session, stay hydrated, get some fresh air on your balcony, read a book, do something creative!
13.30 - 15.30	Visual Arts	I&S	French	French	Maths	Block 3
15.30 - 16.30	Independent Learning	Maths	PHE	Economics and Law	Maths	Independent Learning - complete extension tasks from the day, finish any uncompleted work.
16.30 - 17.00	Break	Break	Break	Break	Break	Break - take a virtual break with a friend, do a 20 minute exercise session, make a snack, stay hydrated, get some fresh air on your balcony, read a book, do something creative!
17.00 - 18.00	Independent Learning	Independent Learning	Independent Learning	Independent Learning	Independent Learning	Independent Learning - this is flexible if you prefer to do this at another time in the evening.