

BISB Roots and Shoots Presents...

# Earth-Advent!

*Give a little bit to the World this festive season!*

A new idea every day from the 1<sup>st</sup> December!



roots & shoots



# 1

Buy dark (or darker or vegan!) chocolate festive treats and made with sustainable cocoa, Fairtrade if you can!!



Look for these labels



Lower carbon footprint with less dairy!

A chocolate bar produced from deforested rainforest produces more co2 than a burger pattie!

2 Plan to wrap your gifts with recycled paper or fabric that can be reused (or are part of the present!!)



# 3 Send plantable Christmas cards or gift tags!



[https://www.etsy.com/market/christmas\\_seed\\_cards](https://www.etsy.com/market/christmas_seed_cards)

Make your own:

<https://www.naturesseed.com/blog/how-to-make-plantable-seed-paper/>



## 4. Food

- Buy/ask your parents to buy ingredients at a market to support local farmers.

E.g. Fény utcai Piac: **1024 Budapest, Lövház utca 12.** and Lehel Csarnok: **1134 Budapest, Váci út 9-15.**

- Or buy at a packaging-free shop (<https://csomagolasmentes.hu/>)

By doing these things, you are reducing packaging (helping life on land and below water), and by supporting small-scale agriculture, your consumption is also more sustainable.

11 SUSTAINABLE CITIES AND COMMUNITIES



12 RESPONSIBLE CONSUMPTION AND PRODUCTION



14 LIFE BELOW WATER



15 LIFE ON LAND





## 5

- Make a reusable bag for family and/or friends from old and unwanted shirts!
- Use one to do your Christmas shopping!
- Different tutorials as well as tips: (<https://thethingswellmake.com/recycled-t-shirt-bags-review-of-7-ways/>)

6.

If you are planning to buy clothes as a present, consider going to a vintage shop, where you can also find fun accessories, too !

e.g.

- <https://szputnyikshop.hu/>
- <https://www.instagram.com/lovebugvintag ebudapest/>
- <https://www.facebook.com/antifactory>
- By not buying **fast-fashion** items, but **reusing** them, you are making a more responsible choice in terms of consumption.





## 7 Make your own recycled ornaments:

You can reuse one of your old books or just random paper scraps to make these easy but cute Christmas ornaments

Or to make these gorgeous orange ornaments all you have to do is:

- Slice the oranges up into very thin slices
- Bake them in the oven at your lowest temperature for about 2 hours until they dry out
- Then poke holes and you're ready to go!