

Week 1 of 2 Wake Up Breakfast	Day 1 7:30 8:00	Day 2 7:30 8:00	Day 3 7:30 8:00	Day 4 7:30 8:00	Day 5 7:30 8:00	Day 6 7:30 8:00	Day 7 7:30 8:00
Morning 9:00-12:00	Arrivals & Check-in <i>Welcome speech, presentation of the programme, leisure time and welcome lunch.</i>	Nature and Mountain Hike <i>Mountain hike together with a guide in groups offering breathtaking views, wonderful lakes and pure nature. Exploring flora, fauna and fun team games. We divide the groups so the tours are suitable for all experience and fitness levels.</i>	Leadership Challenges <i>Some of our most renowned leadership challenges like The Airplane Game and The T-shirt Factory in team form, evaluation and feedback after each game as preparation for the Personal Learning Plans and outdoor activities.</i>	Leadership Module: Time Management <i>Europe's most renowned Time Management and Leadership Training for students focusing on goal setting, priorities and constant optimisation while playing exciting games.</i>	Watersports day at Lake Geneva <i>A unique mix of water sports and challenges including motorised boat rides, Tubing, Banana Boat, Water Skiing, Paddling, Kayaking and Swimming Parc related to the Leadership Programme.</i>	Taste of Switzerland Excursion Day <i>Geneva Multicultural City</i> <i>or</i> <i>Chocolate & Cheese Factory</i> <i>Choice made by camp depending on planning.</i>	Leadership Module: Communication <i>Communication and Presentation module with role playing and video analysis of presentations. Games played include The Interview and the Zoom Game.</i>
Lunch 12:00		BBQ in mountains	Campus Lunch	Campus Lunch	Packed lunch	Packed lunch	Campus Lunch
Afternoon 13:00-17:00	Arrivals & Check-in <i>Welcome speech, presentation of the programme, leisure time and welcome lunch.</i>	Rock Climbing <i>Comprehensive introduction with qualified experts using a local site. After understanding safety rules and basic techniques, using modern equipment and under expert guidance, students tackle climbs in line with their abilities & work on teamwork and communication skills.</i>	High Ropes Course <i>Challenging personal development and team building activity high in the trees with 250 meter zip wire, trapeze, hanging logs, alpine towers, raider bridge, sky islands and many more activities.</i>	Canyoning <i>A journey unlike any other; climb, float and swim. A specially selected track for schools which is fun, safe and suitable for all levels. Fully supervised activity in groups of 10 with expert guides.</i>	Watersports day at Lake Geneva <i>A unique mix of water sports and challenges including motorised boat rides, Tubing, Banana Boat, Water Skiing, Paddling, Kayaking and Swimming Parc related to the Leadership Programme.</i>	Excursion Day <i>Lausanne Olympic Museum</i> <i>or CERN</i> <i>or Chateau de Chillon (Famous water castle)</i> <i>Choice made by camp depending on planning.</i>	Leadership Module: Communication <i>Communication and Presentation module with role playing and video analysis of presentations. Games played include The Interview and the Zoom Game.</i>
Evaluations 17:00-18:30	Leisure Time	Goal Setting and Priorities	Team Roles & Elements	Time and Stress Management	Leisure Time	Labyrinth Game	Personal Action Plans
Dinner 18:30	Campus	Campus <i>Etiquette & Table Manners</i>	Campus <i>Swiss cheese fondue</i>	Campus <i>Candle light dinner</i>	Campus <i>Dinner</i>	Campus <i>Desert cooking contest</i>	Campus
Evening activities 19:30-22:00	Intro Leadership Training <i>Introduction to goal setting, time & stress management, team roles and presentation techniques</i>	Workshop Etiquette and Table Manners	Create a Music Video <i>Groups create a unique music video production related to the different Team Roles and Elements</i>	The Boat Game <i>Team challenge to build a boat and to really use it at the mountain lake. Camp fire, marshmallows and live music at the lake.</i>	Karaoke and Disco Night <i>Related to Learning Outcomes</i>	Camp Fire and Music	Mini Golf in Black Light and Bowling

All outdoor activities are supervised and guided by certified local guides while senior trainers facilitate development of leadership skills. Activities are related to the proposed leadership modules like goal setting, time management, communication skills and team roles. Full programme is subject to changes due to for example weather, planning and availability. Activities can be replaced as long as the character of the camp remains focused on leadership. No rights can be derived from this overview.



Week 2 of 2 Wake Up Breakfast	Day 8 7:30 8:00	Day 9 7:30 8:00	Day 10 7:30 8:00	Day 11 7:30 8:00	Day 12 7:30 8:00	Day 13 7:30 8:00	Day 14 7:30 8:00
Morning 9:00-12:00	Sports and Leadership Day <i>Various Team Sports, competitions and Team Challenges.</i>	Leadership TEAM: Together Everyone Achieves More <i>Team Roles and how to contribute effectively in a TEAM based on personal strengths and preferred TEAM roles. Games include the Toxic Waste Challenge and Music Game</i>	Unique Mountain Challenge <i>Navigation to secret mountain lake together with guides and trainers. Students have to navigate the entire route, find certain checkpoints and do challenges in the forest and mountains.</i>	Taste of Switzerland Excursion Day <i>Geneva Multicultural City</i> or <i>Chocolate & Cheese Factory</i> <i>Choice made by camp depending on planning.</i>	Leadership Challenges <i>Some of our most renowned leadership challenges like The Airplane Game and The T-shirt Factory in team form, evaluation and feedback after each game as preparation for the Personal Learning Plans and</i>	Glacier Expedition <i>An adventure where guides help students navigate through a maze of ice. Includes the famous peak tour between 2 peaks offering views of the Matterhorn & Mont Blanc as well as a ride in the mountain coaster.</i>	Departures
Lunch 12:00	Campus Lunch	Campus Lunch	Packed Lunch	Packed Lunch	Packed lunch	Packed lunch	
Afternoon 13:00-17:00	Sports and Leadership Day <i>Various Team Sports, competitions and Team Challenges.</i>	First Aid Training <i>First Aid Training including CPR and how to apply first aid in a remote or mountain setting.</i>	Leadership Module: Perform & Present as a TEAM <i>Optimise presentation skills and teamwork during a unique team challenge and produce your own camp video.</i>	Excursion Day <i>Lausanne Olympic Museum</i> or CERN or Chateau de Chillon (Famous water castle) <i>Choice made by camp depending on planning.</i>	Glacier Expedition & night in mountains <i>An adventure where guides help students navigate through a maze of ice. Includes the famous peak tour between 2 peaks offering views of the Matterhorn & Mont Blanc as well as a ride in the mountain coaster.</i>	Bridge Swinging or Mines visit <i>Big heights or no lights! Both options are fun and challenging. Choice made by camp depending on planning and weather.</i>	
Leadership 17:00-18:30	Leisure Time	Goal Setting and Priorities	Team Roles & Elements	Leisure Time	Setting up Mountain Base Camp	Personal Action Plans	
Dinner 18:30	Campus	Campus <i>Focus on table manners</i>	Campus	Campus	Mountain Camp	Campus	
Evening activities 19:30-22:00	Karting	Bingo Night <i>Bingo night with special prices including a very special and unique price for about 9 students</i>	Workshop Ballroom and Latin <i>Introduction to the basics of the most popular Ballroom or Latin Dance like Slow Waltz and Samba.</i>	Torch Light Walk	Overnight Stay Mountain Base Camp <i>Presentation by Mountain Guides on Mountain Safety and Nature.</i>	Prize Giving & Certificates	

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