

Week day	Monday 18.02.2019	Tuesday 19.02.2019	Wednesday 20.02.2019	Thursday 21.02.2019	Friday 22.02.2019
Western	Pork "Stroganoff" 	Lasagna al Forno 	Italian Salsiccia & sauteed Onions 	Honey Mustard Chicken 	Battered Dory Fish
Western	Chicken Wings & BBQ Sauce 	Pork Medallions with Mushroom Sauce 	Mexican Burrito 	Pork-Paprika Goulash 	Crispy Chicken Burger
Side Dish	Mashed Potatoes 	Buttered Carrots 	Steamed Broccoli 	Creamy Spinach 	French Fries
Side Dish	Sauteed mixed Vegetables	Oven roasted Potatoes	Fried Potatoes 	Parsley Potatoes 	Buttered mixed Vegetables
Western Vegetarian	Baked Spinach & Cheese 	Ratatouille stuffed & baked Zucchini	Vegetable Lasagna 	Mac 'N Cheese 	Veggie Burger
Asian	Sweet & Sour Chicken 	Grilled Saba Mackerel 	Stir fried Pork with Oyster Sauce 	Stir fried Chicken with Basil 	Stir fried Pork with Bell Peppers
Asian	Stir fried Fish Curry 	Massaman Chicken 	Red Curry with Chicken 	Stir fried Fish with Celery 	Stir fried Broccoli with Shrimps
Asian Vegetarian	Mixed Vegetables in Soy Sauce 	Deep fried Eggs in Tamarind Sauce 	Tom Kha with Mushrooms 	Mixed Mushrooms and Pak Choy in Soy Sauce 	Yellow Vegetable Curry
Rice	Steamed Rice	Steamed Rice	Steamed Rice	Steamed Rice	Steamed Rice
Noodles	Chicken Noodles 	Yellow Noodles with Pork 	Yen Ta Fo 	Noodles with Red Pork 	Braised Chicken Noodles
Live Cooking	Yakisoba with Chicken 	Stir fried Hong Kong Noodles with Chicken 	Red Pork with Rice 	American fried Rice 	Korean Pork with Rice
Pasta Station	Penne Seafood Marinara 	Spaghetti Carbonara 	Penne Napoli 	Spaghetti Bolognese 	Penne Aglio Olio



The allergy key serves as a convenience guide only, cross contamination of allergens is not guaranteed as our menus are prepared in shared facilities.