

Digital Safety

Years 3- 7

Regents' Balanced Approach
Your Online Safety @Home
Guidance and further reading

While you wait...

GIVEN THE PACE OF
TECHNOLOGY, I PROPOSE
WE LEAVE MATH TO THE
MACHINES AND GO PLAY
OUTSIDE.



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Introduction



Alirio Rodriguez
IT Director

- BS Computer Engineering
- 12 years of experience working in international schools
- IB Educator and MYP Examiner



Mr. Stephen Sharma
Head of Primary

- BA (Hons.) Business and Languages
- PGCE Primary French Specialism
- 14 Years Teaching and Leading Experience

What are the benefits of using technology as a learning tool?

“To date, technology has been most effective when it is used to supplement or enhance teaching, rather than to replace it”

Improves engagement

Encourages collaboration

Improves knowledge retention

Students can learn useful life skills through technology

Encourages individual learning

Benefits for teachers



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Main parent's concerns

Please post your concerns in the chat.

Throughout the workshop, we will cover some of them, and if we find one that we don't cover, we will come back to all of you with information and tips about it



*What do you think are the dangers
that children may face online?*



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Top dangers children face online

- 1 Cyberbullying
- 2 Cyber predators
- 3 Posting private information
- 4 Phishing
- 5 Falling for scams
- 6 Accidentally downloading malware
- 7 Posts that come back to haunt a child later in life

Regents' Balanced Approach

We believe in safe and productive environments

Nord Anglia Education Standards

At Regents:



smoothwall®
Web Filtering + Security



Azure Active Directory

Office 365

**NAE Safeguarding Polices
and Audits**

Regents Balanced Approach

PSTE Lessons throughout school

Online Safety resources including:

<https://nationalonlinesafety.com/hub/free>

<https://www.unicef.org>

<https://www.common sense media.org>

Your Online Safety @ Home

You can actively be involved



*What Apps, Social Media or Games
are your children accessing?*



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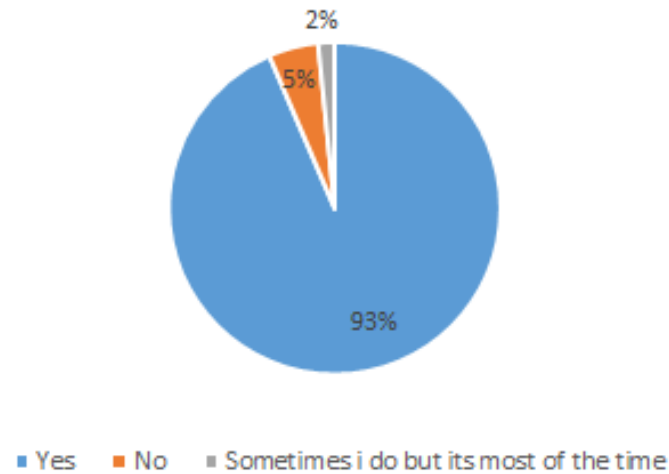


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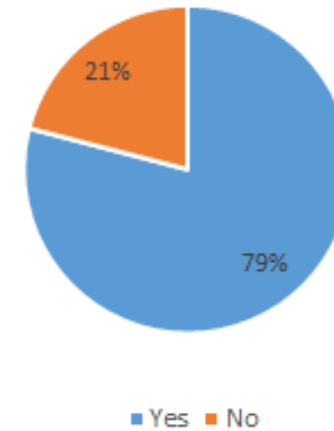


Raising awareness: Sample Y7 students

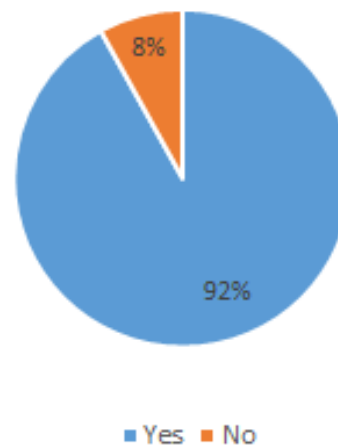
Yes accounts for the majority of 'Do you use the Internet every day?'



Yes accounts for the majority of 'Do you have any accounts on social media?'



Yes accounts for the majority of 'Do you play games online?'





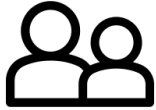
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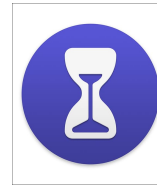
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A balanced approach to online safety@home



Setup parental controls



Screen time limits



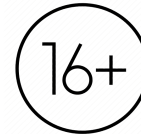
Avatars



Subscriptions and in app purchases



Disable location services



Age ratings



Bluetooth paired with known devices



Personal Information



Best approach

10 INTERNET SAFETY TIPS FOR PARENTS

- 1** Don't block all access to technology. Help your child learn to use tech **safely** and **positively**.
- 2** Take an **interest** in your child's favourite apps or sites. Co-view or co-create at times.
- 3** Be the parent. You're in charge. Set **boundaries** and consider using filtering software.
- 4** Create a family media **agreement** with tech free zones such as cars, bedrooms, and meals.
- 5** Teach your child what **personal information** they should not reveal online (YAPPY acronym).
- 6** Help your child learn to **filter** information online and navigate fact from fiction.
- 7** Navigate digital **dilemmas** with your child. Avoid using devices as rewards or punishments.
- 8** **Balance** green time and screen time at home. Focus on basic developmental needs.
- 9** Don't support your child to sign up for sites with **age restrictions** (e.g. 13+) if they're underage.
- 10** **Learn more:** Explore reliable resources for parents so you can educate yourself.

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<http://www.kathleenamorris.com/>

Evidence and research suggest that the single most effective and impactful tool for online safety is open and honest dialogue at home.



Grades K-5 Family Tips

Help Boost Kids' Safety, Privacy, and Security



When kids start to go online, whether they're playing multiplayer games, using educational apps, or just following their curiosity on Google, it's important that they understand the basics of online privacy and safety. With some general guidelines around what information is and isn't OK to share, and some help from parents when they're unsure, kids can have fun and learn a lot in the digital world.

Check out these 5 tips

1

Discuss personal vs. private info.

Talk about the difference between what's OK to share online (favorite color) and what's not (home address).

2

Use privacy settings.

Together, go through the settings on all new apps to make sure you both know what information your kids are sharing. Especially in the beginning, it's better to share very little.

3

Avoid location tracking.

Location-aware apps can be super helpful. But apps that use a device's location to help people find your kid or offer them ads for nearby businesses should be used with caution. Turn them off if you can.

4

Power up passwords.

Work together with kids to help them come up with complex passwords. Think outside the dictionary. Use phrases and special characters that make passwords hard to guess but easy to remember. Remind kids to keep passwords private and change them regularly.

5

Skip quizzes.

Help kids identify and avoid clickbait, quizzes, special offers, and anything that asks for personal or private information. This helps keep information secure and devices safe.



common sense education
GRADES K-5 FAMILY TIPS: PRIVACY & SECURITY
Available with attribution for non-commercial use only. www.commonsense.org

The image shows three screenshots of the Common Sense Media website. The top screenshot displays the main navigation menu with categories like 'Movies & TV', 'Books', 'Apps & Games', and 'Parents Need to Know'. Below the navigation is a search bar and a section titled 'Reviews for what your kids want to watch (before they watch it)' featuring movie posters for 'After We Collided', 'Borat Subsequent Moviefest', and 'Over the Moon', along with a 'How old is your kid?' quiz showing an age of 8. The middle screenshot shows a 'Parents Need to Know' page with a grid of links for various topics such as 'Screen Time', 'Social Media', and 'Privacy and Online Safety'. The bottom screenshot shows a 'Best Apps: Our Recommendations for Families' page with a list of app categories and specific app recommendations like 'Great Apps to Play with Your Kids' and 'Watch-Together Apps and Websites'.

Commonsensemedia.org

Amazing guidelines and resources to help protect your children at home and reviews on movies, TV shows and games that provide details explanation of age appropriateness

Link:
<https://www.common sense media.org/>

Online Safety Guide

Children's use of the internet is becoming more mobile and interactive offering young people more opportunities to interact and meet new people, so it's never been more important to make sure you are helping your child stay safe in the digital world.



15 hours a week

Children's internet use has reached record highs. 5-15 year olds spend 15 hours a week online



2x

The number of children with a social media profile doubles between the age of 10 and 11. 43% of 11 year olds have a social profile



44% of 5-15 year olds have their own tablet and together with smartphones are the most popular for going online.

Get in control of parental controls



If using a smartphone, check content lock is set



Set parental controls on your home broadband



Control app downloads and purchases



Make the games console safe and secure



Use safety mode on YouTube and Google



If using social networks, check privacy settings

Go to [internetmatters.org/controls](https://www.internetmatters.org/controls) for step-by-step guides

Managing privacy settings on apps

11-15 year olds use on average 5 different websites and apps to communicate with friends at home, the most popular being Instagram (60%).



Whatsapp Snapchat Instagram YouTube

If your child is using these networking sites and respective apps, get up to speed on how they can manage their privacy settings with our "How to guides".

Go to [internetmatters.org/back-to-school](https://www.internetmatters.org/back-to-school) to download our "How to guides".

Helping parents keep their children safe online.

internetmatters.org

InternetMatters.org

Great guidelines and resources to help protect your children at home

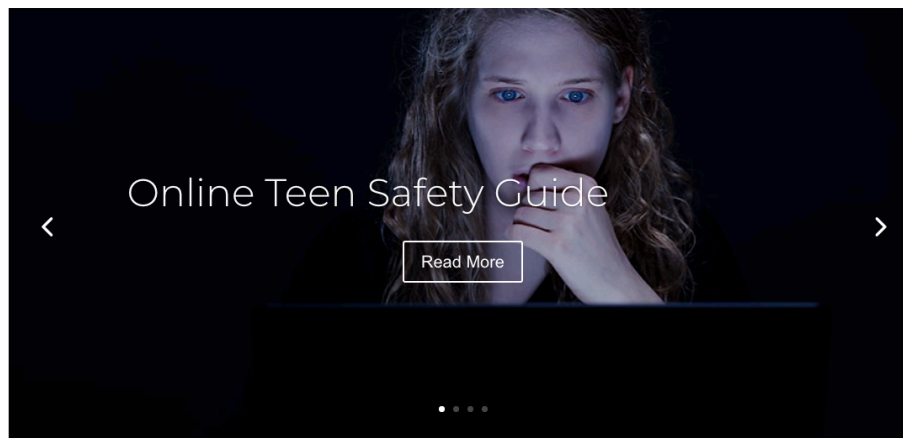
Link:
<https://www.internetmatters.org/>



StaySafe.org

Very nice section on online safety.

Link:
<https://staysafe.org/>





Home > Junior Online Safety

Your Safety Online

Hello Stephen, welcome to Junior Online Safety!

Online Safety Guide for Under 8s

Download a guide with online safety tips for under 8s

Download

Online Safety Guide for Parents

Find out how to support your child with online safety

Download

<https://globalcampus.nae.school/course/view.php?id=672>



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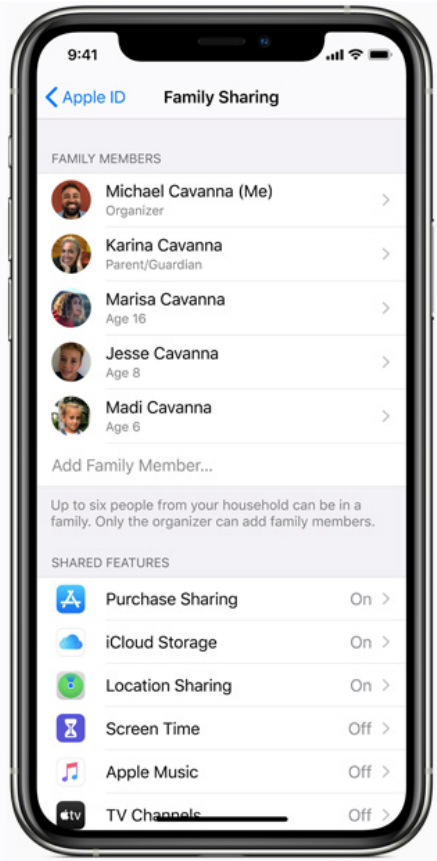
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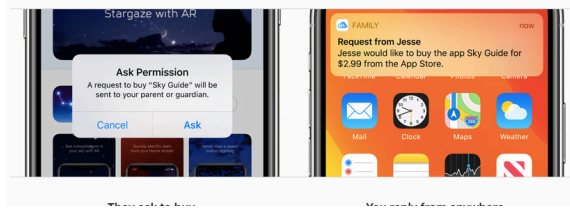
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Guidance and further reading

Understanding and supervising



Setting up family sharing



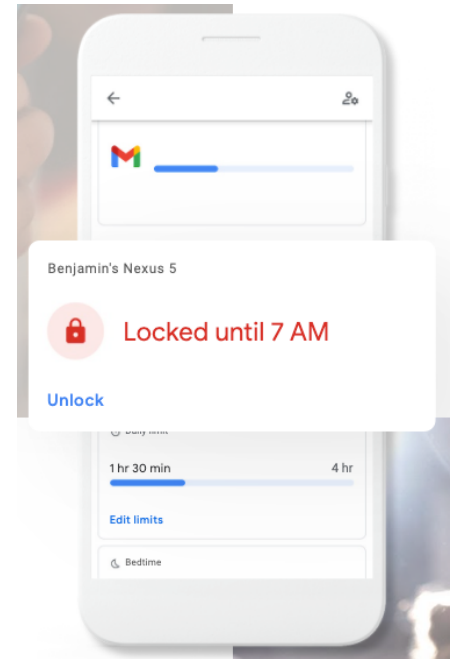
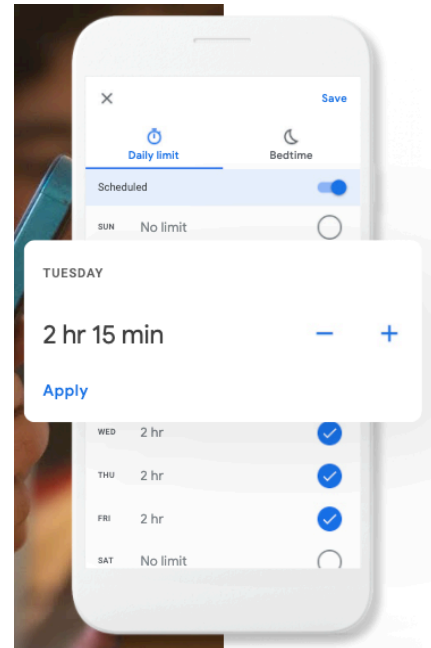
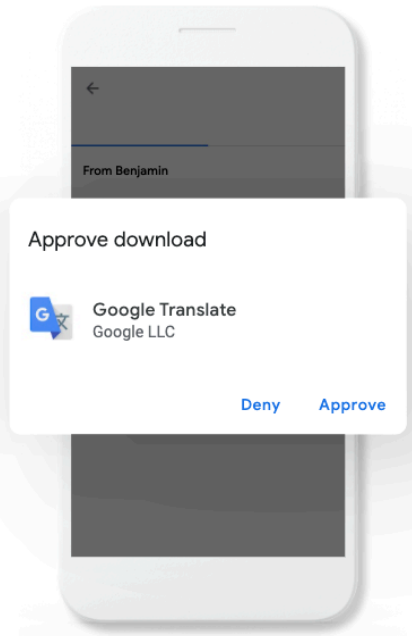
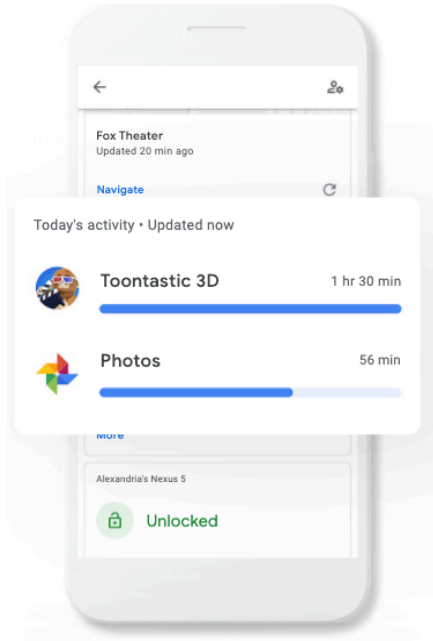
Apple parental controls



<https://www.apple.com/family-sharing/>



Family Link



Setting up family link

<https://families.google.com/familylink/>

Windows 10

Activity **Screen time** Content restrictions Spending

Xbox screen time

How much time can your child have each day per Xbox, and when can they play? (Tip: Add a time period to allow some screen time after school.)

Xbox screen time limits

Off

PC screen time

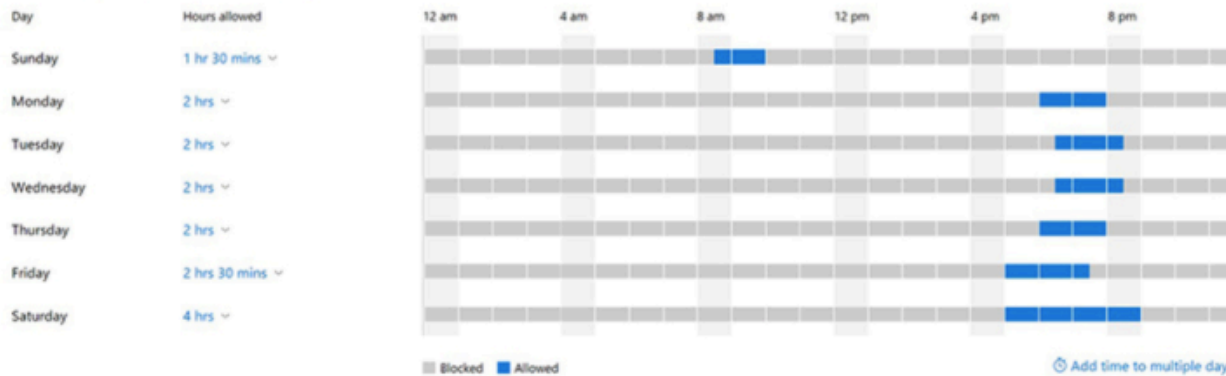
How much time can your child have each day per PC, and when can they use it? (Tip: Add a time period to allow some screen time after school.)

PC screen time limits

On

Screen time schedule

Choose when your child can have screen time



Setting up Windows 10 parental controls

<https://news.microsoft.com/en-in/features/windows-10-parental-controls-feature/#:~:text=To%20turn%20on%20parental%20controls,are%20turned%20on%20by%20default.>

"Coming together is the beginning, staying together is progress, and working together is success"

- Henry Ford

Reflection: Be a role model



Thank you.



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