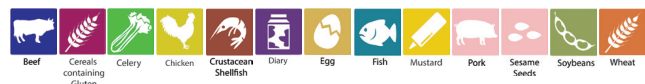


Week day	Monday 04.03.2019	Tuesday 05.03.2019	Wednesday 06.03.2019	Thursday 07.03.2019	Friday 08.03.2019
Western	Honey glazed Chicken 	Stuffed Cabbage 	Paprika Chicken 	Pork Picatta 	Battered Dory Fish
Western	Roasted Pork in Mushroom Cream Sauce 	Chicken Provencal 	American Style Loaf 	Chicken Stew 	Beef or Pork Burger
Side Dish	Mashed Potatoes 	Rosemary Potatoes 	Fried Potatoes 	Parsley Potatoes 	French Fries
Side Dish	Sauteed mixed Vegetables 	Buttered Carrots 	Buttered Sweet Corn and Peas 	Creamy Spinach 	Buttered mixed Vegetables
Western Vegetarian	Mac N' Cheese 	Ratatouille 	Pumpkin Lasagna 	Vegetable Strudel 	Pineapple fried Rice
Asian	Roasted Dory Fish with Lime & Ginger 	Massaman Chicken 	Phad Thai with Prawns 	Thai Style grilled Chicken 	Stir fried Pork with Bell Peppers
Asian	Ton Katsu 	Red Curry with Pork 	Stir fried Chicken in Oyster Sauce 	Som Tam Thai 	Stir fried minced Chicken with Basil
Asian Vegetarian	Indian Vegetable Curry 	Vegetarian Spring Rolls with Plum Sauce 	Yellow Curry with Vegetables & Mushrooms 	Baked Eggplant with Sour Cream Dip 	Mixed Vegetables in Soy Sauce
Rice	Steamed Rice	Steamed Rice	Steamed Rice	Steamed or Sticky Rice	Steamed Rice
Noodles	Chicken Noodles 	Yellow Noodles with Pork 	Yen Ta Four 	Noodles with Red Pork 	Braised Chicken Noodles
Live Cooking	Chicken Teriyaki 	Stir fried Hong Kong Noodles with Chicken 	Red Pork with Rice 	American fried Rice 	Korean Pork with Rice
Pasta Station	Penne Seafood Marinara 	Spaghetti Carbonara 	Penne Napoli 	Spaghetti Bolognese 	Fussili Arrabiata



The allergy key serves as a convenience guide only, cross contamination of allergens is not guaranteed as our menus are prepared in shared facilities.