



REGENTS INTERNATIONAL SCHOOL  
PATTAYA

A NORD ANGLIA EDUCATION SCHOOL

# The Basement

LUNCH DAILY SPECIAL  
LIVE COOKING STATION

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PASTA STATION\*  
CHEF'S SPECIAL STATION\*  
NOODLES STATION\*

\*Vegetarian available

\*Please check daily





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# The Basement

## Lunch Menu 1 (Asian)

### **MONDAY**

Stir fried chicken with long been

Pork stew / Pork Adobo

### **TUESDAY**

Fried chicken with ginger

Thai style pork red curry

### **WEDNESDAY**

Green Curry Chicken

Stir fried pork with bells pepper

### **THURSDAY**

Stir fried fish with ground pepper

Chicken in red curry with green melon

### **FRIDAY**

Stir fried chicken with basil

Stir fried beans / broccoli with Chicken



# The Basement

## Lunch Menu 1(Western)

### MONDAY

Roasted chicken with rumba sauce  
Pork Schnitzel

\*\* Mixed vegetable and mashed potato

### TUESDAY

Mexican pork  
Chicken stroganoff

\*\* Egg Noodles and mixed vegetable

### WEDNESDAY

Roasted pork with BBQ sauce  
Roasted chicken with garlic sauce  
\*\* Wedged potato and fried cabbage

### THURSDAY

Grilled sausage with onion sauce  
Roasted chicken with gravy  
\*\* Boiled Potato and carrots

### FRIDAY

Hamburgers  
Fish & chips  
\*\* F/F and garden vegetable



# The Basement

## Lunch Menu 2(Asian)

### MONDAY

Stir fried sweet and sour fish  
Mas-sa-man-Gai

### TUESDAY

Stir fried mixed vegetable  
Thai style chicken curry with pumpkin

### WEDNESDAY

Thai style red curry chicken  
Stir fried pork with oyster sauce

### THURSDAY

Chicken green curry  
Stir fried fish with celery sauce

### FRIDAY

Lab – Gai (Minced chicken spicy salad)  
Macaroni with sausages



# The Basement

## Lunch Menu 2(Western)

### MONDAY

Pork spare ribs with honey  
Deep fried chicken with breadcrumbs  
\*\*Maxim potato and broccoli

### TUESDAY

Beef stroganoff  
Baked fish  
\*\*Egg Noodles and mixed vegetable

### WEDNESDAY

Pork Stew in puff pasty  
Grilled Chicken  
\*\*Cauliflowers bake and boiled potato

### THURSDAY

Chicken cottage pie  
Poached Fish in tomato sauce  
\*\*Fried potato and mix vegetable

### FRIDAY

Hamburgers  
Fish and Chips  
\*\*F/F and garden mixed vegetable



# The Basement

## Lunch Menu 4 (Asian)

### **MONDAY**

Tom-Kha-Gai

Stir fried fish with celery

### **TUESDAY**

Stir fried broccoli with shrimps

Stir fried chicken with basil

### **WEDNESDAY**

Stir fried chicken with cashew nuts

Stir fried pork with red curry paste

### **THURSDAY**

Stir fried Chicken with Garlic sauce

Green curry with Grilled Pork

### **FRIDAY**

Thai style red curry chicken

Stir fried squid with bells pepper



# The Basement

## Lunch Menu 4 (Western)

### MONDAY

Roasted pork with ground black paper

Deep fried chicken with breadcrumb

\*\* Pamentiar and mixed vegetable

### TUESDAY

Chicken Lasagne

Pork BBQ sauce

\*\*Maxim potato and carrots

### WEDNESDAY

Grilled sausage

Roasted chicken

\*\* Maxim potato and sweet corn

### THURSDAY

Grilled Fish

Stew pork in puff pasty

\*\*Boiled potato and mixed vegetable

### FRIDAY

Burgers

Fried fish and chips

\*\*F/F and garden vegetable



# The Basement

## Lunch Menu 3(Asian)

### **MONDAY**

Stir fried squids with curry paste  
Chicken red curry

### **TUESDAY**

Stir fried chicken with sweet chilli sauce  
Papaya red curry Southern Style

### **WEDNESDAY**

Stir fried fish red curry  
Stir fried cabbage with Ham

### **THURSDAY**

Stir fried chicken with basil  
Fried fish with garlic

### **FRIDAY**

Stir fried pork with red curry paste  
Deep fried chicken wings



# The Basement

## Lunch Menu 3 (Western)

### MONDAY

Fish with cappers sauce

Chicken with Mexican sauce

\*\*Maxim potato and mixed vegetable

### TUESDAY

Pork Gulashed

Roasted Herb Chicken

\*\*Egg noodles and Fried cabbage

### WEDNESDAY

Chicken wing BBQ sauce

Roasted pork with gravy

\*\*Boiled potato/ broccoli and sherry tomato

### THURSDAY

Chilly corn cane

Chicken with paprika sauce

\*\*Green bean and sherry tomato Lyonnaise potatoes

### FRIDAY

Hamburgers

Fish & chips

\*\*F/F and garden mixed vegetable