



REGENTS INTERNATIONAL SCHOOL
PATTAYA

A NORD ANGLIA EDUCATION SCHOOL

The Basement

LUNCH DAILY SPECIAL
LIVE COOKING STATION

PASTA STATION*
CHEF'S SPECIAL STATION*
NOODLES STATION*

*Vegetarian available

*Please check daily





REGENTS INTERNATIONAL SCHOOL
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The Basement

Lunch Menu 1 (Asian)

MONDAY

Stir fried chicken with long been

Pork stew / Pork Adobo

TUESDAY

Fried chicken with ginger

Thai style pork red curry

WEDNESDAY

Green Curry Chicken

Stir fried pork with bells pepper

THURSDAY

Stir fried fish with ground pepper

Chicken in red curry with green melon

FRIDAY

Stir fried chicken with basil

Stir fried beans / broccoli with Chicken



The Basement

Lunch Menu 1(Western)

MONDAY

Roasted chicken with rumba sauce
Pork Schnitzel

** Mixed vegetable and mashed potato

TUESDAY

Mexican pork
Chicken stroganoff

** Egg Noodles and mixed vegetable

WEDNESDAY

Roasted pork with BBQ sauce
Roasted chicken with garlic sauce

** Wedged potato and fried cabbage

THURSDAY

Grilled sausage with onion sauce
Roasted chicken with gravy

** Boiled Potato and carrots

FRIDAY

Hamburgers
Fish & chips

** F/F and garden vegetable



The Basement

Lunch Menu 2(Asian)

MONDAY

Stir fried sweet and sour fish
Mas-sa-man-Gai

TUESDAY

Stir fried mixed vegetable
Thai style chicken curry with pumpkin

WEDNESDAY

Thai style red curry chicken
Stir fried pork with oyster sauce

THURSDAY

Chicken green curry
Stir fried fish with celery sauce

FRIDAY

Lab – Gai (Minced chicken spicy salad)
Macaroni with sausages



The Basement

Lunch Menu 2(Western)

MONDAY

Pork spare ribs with honey
Deep fried chicken with breadcrumbs
**Maxim potato and broccoli

TUESDAY

Beef stroganoff
Baked fish
**Egg Noodles and mixed vegetable

WEDNESDAY

Pork Stew in puff pasty
Grilled Chicken
**Cauliflowers bake and boiled potato

THURSDAY

Chicken cottage pie
Poached Fish in tomato sauce
**Fried potato and mix vegetable

FRIDAY

Hamburgers
Fish and Chips
**F/F and garden mixed vegetable



The Basement

Lunch Menu 4 (Asian)

MONDAY

Tom-Kha-Gai

Stir fried fish with celery

TUESDAY

Stir fried broccoli with shrimps

Stir fried chicken with basil

WEDNESDAY

Stir fried chicken with cashew nuts

Stir fried pork with red curry paste

THURSDAY

Stir fried Chicken with Garlic sauce

Green curry with Grilled Pork

FRIDAY

Thai style red curry chicken

Stir fried squid with bells pepper



The Basement

Lunch Menu 4 (Western)

MONDAY

Roasted pork with ground black paper

Deep fried chicken with breadcrumb

** Pamentiar and mixed vegetable

TUESDAY

Chicken Lasagne

Pork BBQ sauce

**Maxim potato and carrots

WEDNESDAY

Grilled sausage

Roasted chicken

** Maxim potato and sweet corn

THURSDAY

Grilled Fish

Stew pork in puff pasty

**Boiled potato and mixed vegetable

FRIDAY

Burgers

Fried fish and chips

**F/F and garden vegetable



The Basement

Lunch Menu 3(Asian)

MONDAY

Stir fried squids with curry paste
Chicken red curry

TUESDAY

Stir fried chicken with sweet chilli sauce
Papaya red curry Southern Style

WEDNESDAY

Stir fried fish red curry
Stir fried cabbage with Ham

THURSDAY

Stir fried chicken with basil
Fried fish with garlic

FRIDAY

Stir fried pork with red curry paste
Deep fried chicken wings



The Basement

Lunch Menu 3 (Western)

MONDAY

Fish with cappers sauce

Chicken with Mexican sauce

**Maxim potato and mixed vegetable

TUESDAY

Pork Gulashed

Roasted Herb Chicken

**Egg noodles and Fried cabbage

WEDNESDAY

Chicken wing BBQ sauce

Roasted pork with gravy

**Boiled potato/ broccoli and sherry tomato

THURSDAY

Chilly corn cane

Chicken with paprika sauce

**Green bean and sherry tomato Lyonnaise potatoes

FRIDAY

Hamburgers

Fish & chips

**F/F and garden mixed vegetable