



Food Committee Agenda - Minutes

Friday 24 August 2018, 12:30 to 1:30pm, Parents Room 107 in MFL Building

Attendees:

Regents: Susan Dineen, Kirsty Paiboonatanasin, Hannah Naowasuk

Epicure: Sakdapaipan (Zack)

Parents: Raki Dewina, Mangala Shanbhag, Francine Gonzales, Claudia von Sydow

1. Susan went through purpose of the meetings and explained the intention is for students to also be involved in the future. Two parent representatives are invited to attend and Raki will arrange this, as part of her role on the PSG, to collate feedback from parents and report back to them at PSG meetings. ACTION: Raki

2. Review of 2018/19 Term 1 Primary Menu:

- a) It was agreed sticky rice, as well as steamed rice, should be available at least twice a week. ACTION: Zach
- b) Zach confirmed that the soup for the noodles is vegetarian
- c) Suggestion was made to add more child friendly, popular options such as chicken and fish goujons. They could be cooked in the oven rather than deep fried for a healthy version. ACTION: Zach to add to the menu.
- d) Popularity of dishes is recorded and Zach was asked to bring this to a future meeting. ACTION: Zach
- e) Friday should have more of the children's favourites and new options such as pizza slices which can be offered as vegetarian and non-vegetarian options. ACTION: Zach
- f) Parents requested that teachers monitor what children eat in Early Years and Primary. Hannah to remind in briefing. ACTION: Hannah
- g) Halal options – these are available and all meat at school is prepared according to halal guidelines. However, for those who strictly observe they may prefer to prepare and bring their own as we cannot guarantee everything is kept completely separately.
- h) Food at school is also MSG free and nut free.
- i) There was also a request from parents to try to reduce the amount of sugar being used, particularly in Western dishes which sometimes taste too sweet. ACTION: Zach
- j) Parents asked if they were allowed to try the food in the restaurants for themselves. In Secondary they can use their ID card, but better to be there about 11:45am before the students arrive. Primary can arrange a way for parents to try the food. Rika will arrange a group of parents and liaise with Primary school for a suitable time. ACTION: Rika

3. Review of 2018/19 Term 1 Secondary School Menu:

- a) Salad options are only green salad or Caesar salad every day. Parents asked for more variety and options, particularly for those students who only want to have salad. ACTION: Zach and Kirsty to review.
- b) Fresh fruit – three different options are available everyday
- c) Parents requested more vegetarian options to be available. The suggestion was to make some dishes, such as curry or lasagna, vegetarian for everyone. Or to have a meat and meat free option of the same dish. Vegetarians need some more tasty and filling options. ACTION: Zach to review.
- d) Parents raised the issue of long queues in the Secondary school for lunch. Hannah and Kirsty confirmed that staggered lunch times have been introduced but had not been strictly adhered to over the first two days. It may take a few versions to see what timings work best over the next few days.
- e) It was suggested students that miss lunch due to an activity should be given a special pass so they can either get an early or late lunch, which might be outside of their lunch time. ACTION: Kirsty and Zach to discuss with Secondary school.
- f) Issue of portion size was raised, especially in relation to asking for an extra portion of something to replace an item that isn't available. Kirsty and Zach to brief the servers to ensure they understand that this is OK to do without additional charges. ACTION: Kirsty and Zach



- g) Parents asked about the procedure if students forget their ID cards. Zach said temporary cards are available to ensure a student can still get lunch but students may not be aware of this. ACTION: Zach and Kirsty to raise with Secondary school.
- h) Zach confirmed that parents can ask to see a list the most recent transactions on a students ID card if they wish to check spending.

Next meeting: Friday 21 September 12-30 to 1:30pm in Parents Room, 107