



Wellbeing



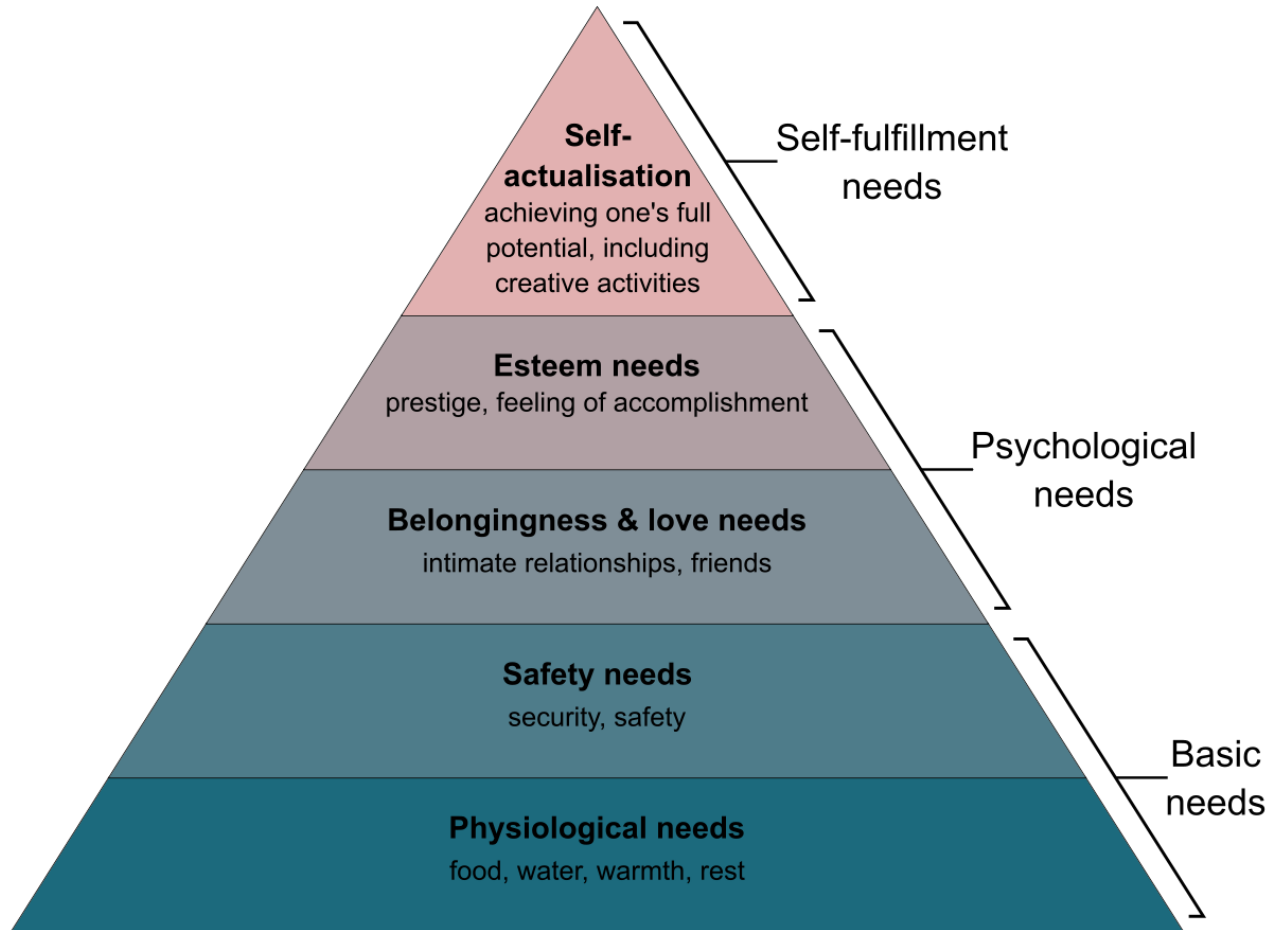
**REGENTS INTERNATIONAL SCHOOL
PATTAYA**

A NORD ANGLIA EDUCATION SCHOOL



Be Ambitious Be Regents

What do young people need?



Wellbeing & Pastoral Care

Wellbeing is **defined** by the Oxford English Dictionary as “the state of **being** comfortable, healthy, or happy.”

However, it is important to realise that **wellbeing** is a much broader concept than moment-to-moment happiness.

Pastoral care; policy and practices fully integrated throughout the teaching and learning and structural organisation of our **school** to effectively meet the personal, social (wellbeing) and academic needs of students and staff.

Wellbeing: Returning to school after closure

- Acknowledgement of COVID and opportunities to explore feelings/emotions.
- Weekly monitoring and tracking of students by pastoral teams.
- Close monitoring of those students we were aware as struggling with OSL.
- Close monitoring of new starters who are by supported by **Designated Buddy** (Primary) **Student Ambassadors** (Secondary).
- Recording systems in school to identify better where students are in need of support across school.
- OSL students: Daily **wellbeing check** in with class teacher (Primary); weekly wellbeing check with HOYs (Secondary).
- Continue to promote communication between class teacher/ form tutors and HOYs.

Wellbeing: School interventions

- Holistic team approach to supporting students
- Whole school counsellor
- Circle time
- Class teacher/ HOY 1:1 support and guidance
- Proactive response through **Growing Minds** education addresses positive mindset and wellbeing.



Wellbeing: Developing school culture

- Creating a sense of belonging, recognition and connection for students with a continued focus on **Round Square character development**.
- Enhanced community '**House Spirit**' to create opportunities for students to work together positively and promote socialization.
- Student leadership involved in developing a positive culture e.g. **Student Wellbeing Champions**.
- **Big brother, Big sister** program bringing together students across the school.
- Assemblies include a focus on being compassionate to others in a 'COVID world'.
- **IB 1:1 mentoring program**.



Wellbeing: Exam Years

- Clearly planned curriculum incorporating changes made to assessment for 2020-21 IB cohort.
- Changes communicated clearly to students through subject and faculty areas.
- Year 11 '**Night School**' to support exam preparation led by Student Leadership Team.
- **Year 11 revision program** term 1.2.



Thank you.



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