

Adult CCA Programme From Monday 5th Sept – December 9th 2016

Day	Activity	Description	Time	Lead	Price (RMB)	Location
Monday	NAIS Pudong Community Choir	The Pudong Community Chorale will continue this year meeting on Monday evening. Mr. Bailey will direct this Four Part Choir with a view to performing at our annual Christmas Carol Concert, Christmas Fair and various other venues. Singers of any ability or experience are welcome; no audition necessary.	5.00 - 6.00	Phillip Bailey	-	Performing Arts Centre
Tuesday	Living in China Mandarin Class	A class for parents new to Mandarin learning - from learning Chinese Pinyin to daily conversation. The class is designed to meet the basic requirements for daily social communication, and focuses on the training of listening and speaking skills.	8:45 - 10:15	Susanna Su	600	The Hive
Tuesday	Boot Camp	Looking to get in shape after summer? Then Bootcamp is for you. This is the ultimate physical training programme using a recipe of 'constantly varied, high-intensity and functional movement' to build strength, fitness and of course get you in shape. This will be both indoor/outdoor weekly exercise sessions, Tuesday's and Thursday's. It will push your limits and burn that excess body fat.	6.30 – 7.30pm	Steffen Eichhorn	90rmb a session	A variety of locations meet at Dance Studio
Wednesday	Advanced Experiencing Chinese - Living in China Mandarin Class	A class for parents who have learnt Living in China Mandarin course or for those who have elementary level of Chinese proficiency after 50 classes. With a practical purpose of satisfying the basic needs of everyday life, this class will be continue to focus on enhancing students' listening and speaking skills.	8:45 - 10:15	Susanna Su	600	The Hive
Wednesday	Dads Football	We are running a 7 A-side football activity for all dads and teachers to play friendly football under the lights on our lush football field. This activity allows the dads to roll back the years and try to play like one of their idols such as George Best, Bobby Charlton, Maradona, Pele or even a modern day Ronaldo or Messi. This football activity is low key with no slide tackles allowed and teams are selected by picking numbers out of a hat. A great way to make new friends playing the beautiful game!!	7.00 – 8.30pm	Noel Wallace	N/A	The School Field
Thursday	Boot Camp	Looking to get in shape after summer? Then Bootcamp is for you. This is the ultimate physical training programme using a recipe of 'constantly varied, high-intensity and functional movement' to build strength, fitness and of course get you in shape. This will be both indoor/outdoor weekly exercise sessions, Tuesday's and Thursday's. It will push your limits and burn that excess body fat.	6.30 – 7.30pm	Steffen Eichhorn	90rmb a session	A variety of locations meet at Dance Studio
Thursday	Advanced Experiencing Chinese - Living in China Mandarin Class II	A class for parents who have learnt Advanced Living in China Mandarin course or for those who have middle level of Chinese proficiency after 100 classes. This class will be continue to focus on the book of advanced experience Chinese for enhancing students' listening and speaking skills.	8:45 - 10:15	Susanna Su	600	B203

<p>Thursday</p>	<p>METRO Elementary (CEFR level A2)</p> <p>15 places max</p> <p>Requirements: A little Basic English</p>	<p>This class is for parents who have a little English but want to make big improvements in their spoken and written English. Students who join this class will learn about and improve the following language and skills:</p> <ul style="list-style-type: none"> • Taking part in conversations with other people about simple and predictable topics • Understand and create sentences and everyday English used for basic personal and family information, shopping, local geography and occupations • Communicate for simple and routine tasks that need simple and direct exchanges of information • Describe his/her background using simple language and grammar forms • Describe the environment and immediate surroundings • Describe and express matters of immediate need <p>This course runs for 3 terms and all students have the chance to take the Cambridge ESOL International Examination: Key English test during Term 3.</p>	<p>8.30 - 9.30am</p>	<p>Dennis Smith and Rhonda Hughes</p>	<p>N/A</p>	<p>B203</p>
<p>Friday</p>	<p>METRO Intermediate (CEFR level B2)</p> <p>15 places Max</p> <p>Requirements: Intermediate English</p>	<p>This class is for parents who have intermediate English with some degree of confidence but want to make big improvements in their spoken and written English, and wish to reach an academic standard that could lead to further study at Higher Education level. Students who join this class will learn about and improve the following language and skills:</p> <p>Listening Understand extended speech and lectures and follow even complex lines of argument provided the topic is reasonably familiar. I can understand most TV news and current affairs programmes. Understand the majority of films in standard dialect.</p> <p>Reading Read articles and reports concerned with contemporary problems in which the writers adopt particular attitudes or viewpoints. Understand contemporary literary prose.</p> <p>Spoken interaction Interact with a degree of fluency and spontaneity that makes regular interaction with native speakers quite possible. Take an active part in discussion in familiar contexts, accounting for and sustaining my views.</p> <p>Spoken production Present clear, detailed descriptions on a wide range of subjects related to my field of interest. Explain a viewpoint on a topical issue giving the advantages and disadvantages of various options.</p> <p>Writing Write clear, detailed text on a wide range of subjects related to my interests. Write an essay or report, passing on information or giving reasons in support of or against a particular point of view. Write letters highlighting the personal significance of events and experiences.</p> <p>This course runs for 3 terms and all students have the chance to take the Cambridge ESOL International Examination: First Certificate and / or Preliminary English Test during Term 3</p>	<p>8.30 - 9.30am</p>	<p>Dennis Smith</p>	<p>N/A</p>	<p>B202</p>