



NORD ANGLIA
INTERNATIONAL
SCHOOL
HONG KONG

Tuesday 15th
September 2015

Our sporting values and ethos



What we will give to our parents and pupils?



Nord Anglia International School PE Department

Vision & Values

- To be the hardest working and innovative Physical Education department in Hong Kong
- To be a trusted group of teachers who work hard for our pupils and each other
- Innovate by pushing accepted boundaries at all times
- Respect and encourage all abilities
- Care for every pupil and their families as individuals
- Develop a culture based on work ethic, discipline, honesty and humility
- Critically reflect on our own pursuits of personal excellence
- Be relentlessly positive and energised at all times

What do we want?





We want the best (but in the right way)

Athletics Top

Design A



Design B



Design C



What does the BEST look like?

The Ultimate Physical Education Department

Key features

- Happy, safe, engaged, active & highly motivated students enjoying their lessons
- Physically literate & highly skilled performers
- Broad curriculum delivered in an innovative manner
- Passionate & hard working professional staff
- Confident students that guide own learning
- All ability levels challenged to progress
- Specific focus for each Key Stage



Physical Education for each Key Stage

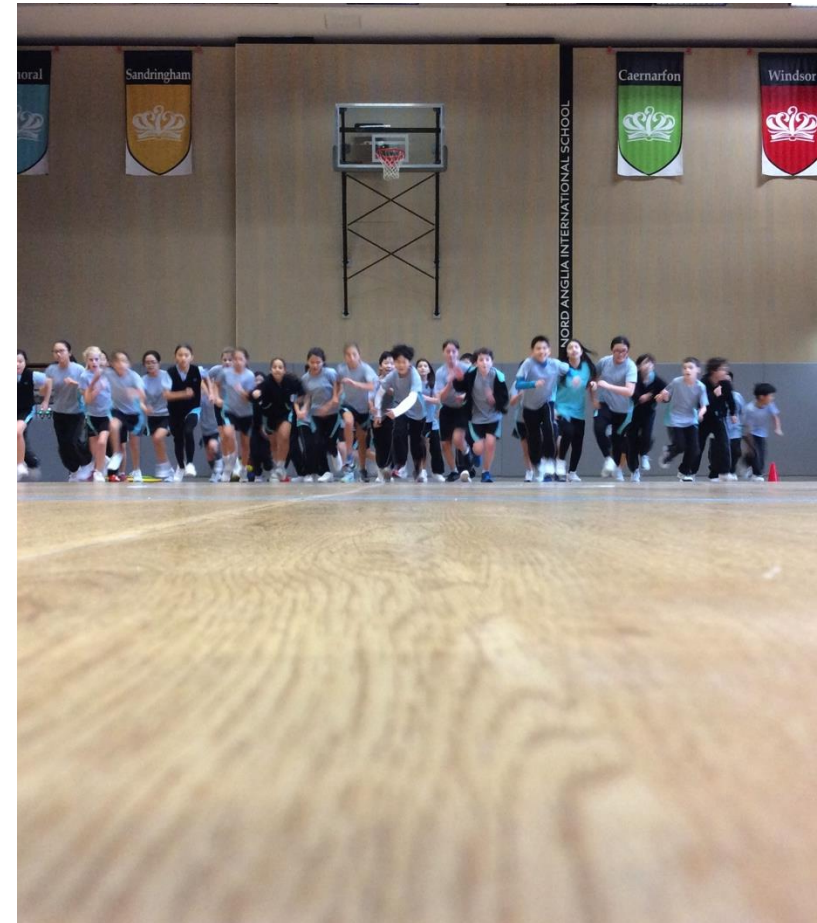
- KS1 - Physical Literacy, fun and playing nicely (taking turns/sharing/helping etc.)
- KS2 - Consolidation of fundamental skills, applying physical skills to modified games & introduction of game tactics/strategies
- KS3 - Games based approach (TG4U), Sport Education, greater choice & increased leadership opportunities
- KS4/5 – Physical performances optimised and continued involvement in physical activity for enjoyment/health benefits



Evidence of excellence

Early days but signs are very positive

- Feedback from pupils/parents
- Survey pupils & parents
- Kit
- Participation levels
- Showcase events – whole school sports day 29/11/15



Sporting Opportunities

- Have Fun! (The #1 reason why children play sport)
- Teams well prepared & ready to compete
- Players are great ambassadors for NAIS
- Well resourced, quality facilities and great support
- Students challenged to improve & get better
- Develop school values & learning habits
- Opportunities to compete – Friendlies, HKSSF, BISP(Football tournament in Thailand),NAAG & COBIS



COBIS/NAAG

Exciting times ahead

Council of British International Schools

- Multi Sport - Athletics, Swimming, Football
- Y5/6 – Kazakhstan
- Years 7/8 – Dubai

Nord Anglia Asia Games

- Multi Sport - Athletics, Swimming, Football
- Proposed date - March 2016 (Hong Kong)



Challenges

- Bigger, established schools
- Balanced pupils (sport vs other extra curricular interests)
- Specialisation vs multi talented
- Inclusivity – ECAs, clubs, development squads, paid ECAs vs Teams
- Sports offered (cricket, golf, fencing)
- Facilities



Are we the BEST?

It depends on what is measured....



How is success measured?

- Sport is often measured in number of wins, medals won, goals scored etc.
- This may work for professional sport but for children?
- Year 5/6 is not the World Cup/Olympics!



Professional sports measures do not work in school sport

- Win at all costs “I'd run over my own mother to win the Super Bowl. - Joe Jacobi
- Blame culture
- Only end result that matters
- Opposition disparaged
- No thought to the overall development, self esteem and reputation of the school



How should we measure sporting success at NAIS?

Winning is great, but.....



Professional sports measures do not work in school sport

- It's seriously not all about the winning. So how do we measure?
- Difficult, but when you see it you know... COBIS Games, March to Athens Initiative, Family Sports Day.....goosebumps from the actions displayed by our pupils
- Pupils (plus coaches/parents) values & attributes when representing the school – our culture!



Sport the NAIS way!

Our Core School & Sporting Values

- Information shared with pupils, coaches & parents
- Convey our philosophy of being the best, in the right way
- Respect the referee & opposition
- Display resilience when things do not go well
- Celebrate wins with dignity
- Handle losses with dignity
- Show passion when playing



What role do parents play?



A very significant role

- Take pride in pupil achievements & efforts
- Reinforce educational messages
- Support your child in moments of stress
- Make it clear a child's worth is not defined by a narrow competitive success/loss
- Value effort, determination, team contributions & find positives
- Parents (like teachers/coaches) have a very powerful & positive role to play



NAIS guide to supporting school sport

- Endorse school message - wanting the best, the right way
- Reinforce positive sporting/school values - resilience, sportsmanship, values, endeavour and hard work
- Do we all want this?
- Challenges – heat of the moment, high emotions, scoreboard etc all influence our behaviour, sometimes in a negative manner



So how can we put this into practice?



Our behaviour & the questions we ask

Your child's success or lack of success in sports does not indicate what kind of parent you are.



But having an athlete that is coachable, respectful, a great teammate, mentally tough, resilient and tries their best IS a direct reflection of your parenting.

Programs developed by
 **NATIONAL COACHING INSTITUTE**

ATTENTION

Positive Role Models

- Pupils take the lead from who they watch - professional players, parents & coaches
- Keep school sport & our success measures in mind, not just the scoreboard/ref/coaches decisions
- Reflect then respond when emotions are taken out of it



What is often your first question after your child's sporting competition?



Did you win?



What about some alternatives?

- Did you have fun?
- Who impressed you today & why?
- Any funny moments happen today?
- Which teammate has improved the most?
- From the opposition, who would you like to join your team?
- If you were the coach what would you do differently?
- What were you proud of today?
- What would you like to do better for the next match?



We all want NAIS to be the best

Mistakes will happen, but I assure you we are working our hardest to help all NAIS students do their very best.

A strong parent and school partnership will ensure sporting success, the right way.





Thank you.
Any questions?



NORD ANGLIA
INTERNATIONAL SCHOOL
HONG KONG