



23 August 2019

KG-Grade 1
Learning Enrichment Activity Program (LEAP)
- Registration Form

Dear Parents

Attached to this letter is an outline of the Semester 1 activities being offered **to you** and **your child** as part of LEAP. Learning Enrichment Activities Program (LEAP) is an after-school program that provides quality co-curricular activities in **Arts, Sports, Technology, Languages, Academic Learning** and **Service** to our **Primary** and **Secondary students, parents** and **other adults** from 3:10 - 4:00 pm (Primary) and 3:40 - 4:30 pm (Secondary). The purpose of LEAP is to enrich the lives of our students, parents and other adults with activities that broaden the child's educational experience, compliment their daily schooling and provide a healthy and active experience for parents and other adults. The aim of the program is to develop further interests and build foundations for learning through after-school activities that operate on a semester basis.

LEAP (Semester 1) will begin 2 September 2019 and finish on 29 November 2019 (13 WEEKS unless stated otherwise).

Sessions are **3:10 - 4:00 pm** for Primary and **3:40 - 4:30 pm** for Secondary (**unless stated otherwise**).

Objectives:

1. To complement students, parents and other adults' daily schooling
2. To expand and enrich student interests
3. To provide teacher and student mentorship
4. To create foundational skills for students
5. To build alternative learning communities
6. To develop creativity
7. To have fun

NEXT STEPS

1. *Please read over the activities being offered to you and your child's particular grade.*
2. *Discuss this with your child and make a plan for the week.*
3. **Complete the signup form.**
4. **Take to the Finance Office for payment. This constitutes your booking.**
5. Please note:
 - a. There is a minimum of 5 students per activity (unless specified).
 - b. There is a maximum number of students per activity to ensure quality and proper student and teacher/coach ratio (this may differ per activity).



- c. The registration is **NOT** a guarantee that the student will participate in the chosen LEAP activity, nor that the activity will run. The LEAP Coordinator holds the right to cancel the activity if the registration is below the minimum number of students. If the LEAP activity is oversubscribed, the LEAP Coordinator will, if possible offer a second class or provide an additional teacher/coach.
- d. Students **must** be **picked up promptly** after their LEAP classes. Students who are **NOT regularly** picked up may be removed from their LEAP classes.
- e. In case of emergency, illness, or injury to a child, the parent or guardian will be notified immediately. If the parents/guardians cannot be reached immediately, the emergency numbers on the registration form will be called.
- f. On discipline, all students are expected to adhere to the school values and guidelines at all times. Any consistent behavioural problems may lead to the child being removed from their LEAP classes.
- g. Bus riders need to go straight to the bus service as soon as the LEAP class is finished. This is **strictly only** for those who are already on the bus plan after school.

If you have any questions, please ask Ms Somnang at the Hub Reception or contact Ms Hannah at hannah.gaffney@nisc.edu.kh

Key information:

- **Registration:** Opens 26-30 August 2019
- **Location of registration:** Finance Office
- **LEAP Coordinator:** Ms Hannah
- **Start date:** 2 September 2019
- **End date:** 29 November 2019 *(may vary depending on the day of the particular activity)*
- **Time:** 3:10 - 4:00 pm (Primary) and 3:40 - 4:30 pm (Secondary)
- **Cost of each activity:** varies depending on the particular activity -- see list



Please complete the following information:

Student Name:	Grade:
Bus rider: Please encircle which applies	YES NO
Parent Name:	
Parent email:	Tel:
Name of activity : (Mon)	Cost : \$
Name of activity : (Tues)	Cost : \$
Name of activity : (Wed)	Cost : \$
Name of activity : (Thurs)	Cost : \$
Name of activity : (Fri)	Cost : \$
Total costs:	
Parent Signature:	



KG-Grade 1

Activities available:

	Monday	Tuesday	Wednesday	Thursday	Friday
Category					
ARTS	Rainbow Clay Art Storytime with Ms. Mitty Junior Theatre Club		Beginner Drama (KG only) Jewelry Making Rainbow Clay Art (Grade 1 only)	Community Choir (Grade 1 only) Paper crafts (Grade 1 only) Gardening Club	Dance Company
SPORTS	Dance Company Educational Soccer (Grade 1 only)	Beginner Soccer skills (KG only) Traditional Khmer Dance Beginner Swimming Primary Hip Hop (boys only) Taekwondo	Mixed Touch (Grade 1 Only)	Tiny Tots Multi Sports (Grade 1 only)	Beginner Swimming Tennis
ACADEMIC				Reading and Writing (KG only)	
TECHNOLOGY			STEAM Art and Engineering	Robotics	
LANGUAGES				Creative Khmer Fun	
PARENTS AND FAMILIES		Friendly Football	Little Nagas Playgroup	Fun Tennis Inquiry, for Parents!	Little Nagas Playgroup Zumba



ACTIVITY DESCRIPTION

Rainbow Clay Art

This activity specialises in teaching students to express themselves through creating unique works of art using non-toxic air-dry clay. Learning clay art develops concentration and fine motor skills. The materials are safe and environmentally friendly. Weekly, students will engage in fun art projects that they can bring home and be proud of. All materials and tools are included.



(10 weeks)

Teacher: Ouk Daraphea	Day: Monday	Venue: Room 2202	No. of Students: Min. 3 Max. 10	Cost: \$128
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Storytime with Ms. Mitty

In this club, we will choose different stories each week to read and talk through. We will then use different materials to make crafts which relate to the stories.

(10 weeks)

Teacher: Ms. Mitty	Day: Monday	Venue: 3115	No. of Students: Min. 5 Max 10	Cost: FREE
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Junior Theatre Club

Be a risk taker and try out Drama Club! During our sessions, we will discover how to be confident when performing, learn how to move and speak on stage and, most importantly, have lots of fun whilst doing it!

(10 weeks)

Teacher: Ms. Elizabeth	Day: Monday	Venue: 2208	No. of Students: Min. 5 Max. 10	Cost: FREE
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Dance Company 3.40-5pm

Meeting twice weekly the Dance Company will work on conditioning for dancers, learn basic ballet technique and create and perform their own choreography.

(10 weeks)

Teacher: Mr. Alan	Day: Monday	Venue: Dance Studio	No. of Students: Min. 5 Max 15	Cost: \$35
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Educational Soccer- Grade 1 only

Students will learn the basic skills needed to play soccer including, drills, skills and full games.

Requirement: sportswear, soccer kit and sports shoes.

(10 weeks)

Teacher: Mr. Shuhei Hasuike	Day: Monday	Venue: NISC Field	No. of Students: Min. 5 Max. 15	Cost: \$110
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Beginner Soccer Skills- KG only

Each session is structured to introduce key soccer skills as well as help support children's motor skills. All sessions are delivered in a fun, active and engaging environment to help support maximum growth physically and mentally.

(9 weeks)

Teacher: Elite Soccer	Day: Tuesday	Venue: School Field	No. of Students: Min. 5 Max. 10	Cost: \$63
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Traditional Khmer Dance

Learn the skills of traditional Khmer dancing!

(9 weeks)

Teacher: Ms. Sreynith	Day: Tuesday	Venue: 2202	No. of Students: Max 5	Cost: \$26
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Beginner Swimming

Strict ratio of 1 adult to 4 children

This class is for students with basic swimming experience who want to improve. The skills worked on will be at an intermediate level, however, students need only to be willing to practice to get better.

Requirements: swimsuit, cap, goggles, a towel.

Please be aware that lessons cancelled due to bad weather cannot be rescheduled or refunded.

(9 weeks)

Teacher: Mr. K and Mr. James	Day: Tuesday	Venue: School Pool	No. of Students: Min. 4 Max 8	Cost: \$50
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Primary Hip Hop- boys only

Learn more about the world of Hip Hop, develop your style, learn a ton of new moves and get ready to battle, this club is open to all.

(9 weeks)

Teacher: Mr. Alan	Day: Tuesday	Venue: Dance Studio	No. of Students: Min. 5 Max 15	Cost: \$32
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TAEKWONDO

ALA has partnered with Induk, a premier Singapore-based Taekwondo school in offering classes to everyone from toddlers to adults. Known for its emphasis on kicking and self defense technique, Taekwondo physically helps develop strength, flexibility and stamina as well as encouraging positive mental attitude. We believe that Taekwondo is for everyone of all ages and genders, with training programs designed with the ultimate goal of enhancing spirit and life through training of the mind and body.

Requirements: Uniforms will need to be purchased separately from the provider.





- Grading will be done at the end of the semester by the Cambodian Taekwondo Federation. Grading fees are charged separately.

(9 weeks)

Teacher: Advance Learning Academy	Day: Tuesday- for all levels	Venue: Primary Cafeteria	No. of Students: Min. 5 Max. 15	Cost: \$117
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Friendly Football

Open to all staff and parents (men and women), come and join in a fun 7-aside football kick about every Tuesday after school from 4pm-5.30pm, held on Northbridge's green, grass pitches. A great way to enjoy football in a social setting, all abilities welcome.

Teacher: Mr. Simon	Day: Tuesday, 4pm-5.30pm	Venue: Football Field	No. of Students: N/A	Cost: FREE
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Beginner Drama- KG only

Beginner Drama workshops are designed with the ESL emerging performer in mind, learning through play, imagination and storytelling. We introduce students to different forms of theatre including clowning, puppetry and improvisation. We introduce rhythm, timing and sound formation through fun songs and rhymes. Including games for group cohesion and fun; improving motor skills and coordination; working with basic scripts and character development.

(10 weeks)

Teacher: Ms. Kirsty	Day: Wednesday	Venue: Studio	No. of Students: Min. 5 Max. 10	Cost: \$115
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Jewelry Making

Learn how to make different types of jewelry using a range of resources!

(10 weeks)

Teacher: Ms. Thika	Day: Wednesday	Venue: 2201	No. of Students: Min. 5 Max 7	Cost: \$35
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Rainbow Clay Art- Grade 1 only



This activity specialises in teaching students to express themselves through creating unique works of art using non-toxic air-dry clay. Learning clay art develops concentration and fine motor skills. The materials are safe and environmentally friendly. Weekly, students will engage in fun art projects that they can bring home and be proud of. All materials and tools are included.

(10 weeks)





Teacher: Ouk Daraphea	Day: Wednesday	Venue: Room 2202	No. of Students: Min. 3 Max. 12	Cost: \$138
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Mixed Touch- Grade 1 Only

KAMPUCHEA BALOPP (KB) has been providing sports access to NGO's, organisations and international schools for over 6 years in Cambodia. KB uses sport as a tool of social inclusion and education for children. Through sport, children are able to build self-confidence, develop physical well-being, and are able to develop important human qualities that sport promotes. For Northbridge's LEAP component, KB provides a structured program for TOUCH, a fast-growing sport in Asia that is easy to pick up and allows girls and boys to play together due to its non-contact nature. A fast, fun and agile game, TOUCH is a great team sport and will provide many health benefits and important sporting synergy to the students under the program.

Requirements- Students need to wear sports clothes and trainers, and have water. Sunscreen and a hat (sports cap) are recommended.

(10 weeks)

Teacher: Kampuchea Baloop	Day: Wednesday	Venue: NISC Field	No. of Students: Min. 5 Max. 15	Cost: \$70
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STEAM Art and Engineering

STEAM- Art and Engineering Class is created to provide opportunities for students to learn and develop foundation of skills (fine motor skills, problem-solving skills, concentration skills, team work, grit, communication skills), boost creativity and mental well-being in a collaborative learning-friendly environment through the combination of art and engineering. They will be instructed in the beginning and the task is to build, explore, and put together the pieces of materials, as mentioned below, to create a cool structure or building which provides a fun and creative learning environment and freedom to explore their talents, and interest. Famous buildings and masterpieces from around the world will be used as an example to show the students and which in turn at the end of each session, they will build a masterpiece of their own which boosts their self-confidence and give them a sense of achievement and "can-do" attitude.

(10 weeks)

Teacher: Fluke Bankarawat	Day: Wednesday	Venue: Makerspace	No. of Students: Min. 6 Max. 18	Cost: \$175
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Little Nagas Playgroup

Little Nagas is a friendly place to meet other parents with young children. We provide an informal play environment that enables your child to have opportunities to interact with other children and flourish within our creative school setting. Sand and water play, painting, large play apparatus, story time and music sessions are just some of the fun activities on offer.

(12 weeks)



Teacher: Ms. Kiri	Day: Wednesday, 8am-10am	Venue: Early Learning	No. of Students: Max 12	Cost: \$750 per semester.
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Community Choir- Grade 1 only

This year, the greater NISC community, including parents and staff, are invited to join our students singing in the choir! Beginner singers are most welcome - no prior experience necessary. It will be a great way to meet other members of our community while making music together. This is also a SA/CAS opportunity for secondary students who are willing to be a mentor to our young singers.
(11 weeks)

Teacher: Ms. Jen	Day: Thursday- finishes at 4.15	Venue: 3114	No. of Students: Min. 5	Cost: FREE
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Paper Crafts- Grade 1 only

In this club, the children will make different crafts and designs using paper.
(11 weeks)

Teacher: Ms. Sokun	Day: Thursday	Venue: 2202	No. of Students: Min. 5 Max 7	Cost: \$31
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Gardening Club

During our time together, we aim to make our school garden a beautiful place. We will learn about planting and the responsibilities of a gardener. We will do composting and harvest the fruits of our garden. Lastly, we hope to share what we have created with the school community.
(11 weeks)

Teacher: Ms. Sinead	Day: Thursday	Venue: School Garden	No. of Students: Min. 5 Max 8	Cost: \$20
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DANCE: Tiny Tots

Tiny Tots Theatrical and Performing Arts syllabus is offered by The Commonwealth Society of Teachers of Dancing – Australia (CSTD). This provides creative movements with an introduction to dance techniques, rhythm, props and jazz fun dance.
(11 weeks)

Teacher: Advanced Learning Academy	Day: Thursday	Venue: Studio	No. of Students: Min. 5 Max. 15	Cost: \$121
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Multi Sports- Grade 1 only

Multi Sports is an introductory programme to a variety of different sports. Each week the students will be introduced to a different sport learning the basics and fundamentals of that particular sport with all sessions centered around fun and active games.



Requirements: Proper sports attire and running shoes.

(11 weeks)

Teacher: Elite Soccer	Day: Thursday	Venue: School Field	No. of Students: Min. 5 Max. 10	Cost: \$78
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Kindergarten: Reading and Writing Club

Students will develop their writing skills (including handwriting skills) and reading skills throughout the semester.

(11 weeks)

Teacher: Ms. Lisa	Day: Thursday	Venue: 2207	No. of Students: Min. 4 Max 12	Cost: FREE
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ROBOTICS MRT 3 New Kicky

This is a special educational kit for kids that is designed by the educational brand My Robot Time. With asymmetric blocks and mainboard with different motions, it is a comprehensive and creative project for kids. Kids will improve their concentration, hands-on skills and expressive ability while learning how to use different sensors and building robot models.

(11 weeks)

Teacher: Advanced Learning Academy	Day: Thursday	Venue: Room 3201	No. of Students: Min. 5 Max. 15	Cost: \$154
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Creative Khmer Fun

In this club, children will learn how to read or/and write with games and some other activity with friends and technology.

(11 weeks)

Teacher: Mr. Savuth	Day: Thursday	Venue: 3203	No. of Students: Min. 5 Max 10	Cost: \$38
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Fun Tennis

Open to all staff and parents (men and women), come and join in fun tennis every Thursday after school from 4pm-5.30pm, held in the Sports Hall. A great way to enjoy tennis in a social setting, all abilities welcome.



Teacher: Mr. Simon	Day: Thursday, 4pm-5.30pm	Venue: Sports Hall	No. of Students: N/A	Cost: FREE
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English Inquiry, for Parents!

This club aims to give parents the necessary skills to seek information in a formal/informal setting. Areas of focus will be: How to ask specific questions, expanding, follow up questions, responding to answers, and more.

(11 weeks)

Teacher: Mr Sam	Day: Thursday	Venue: Room 2204	No. of Students: Min. 5 Max 15	Cost: \$38
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Dance Company 3.40-5pm

Meeting twice weekly the Dance Company will work on conditioning for dancers, learn basic ballet technique and create and perform their own choreography.

(10 weeks)

Teacher: Mr. Alan	Day: Friday	Venue: Dance Studio	No. of Students: Min. 5 Max 15	Cost: \$35
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Beginner Swimming

Strict ratio of 1 adult to 4 children

This class is for students with basic swimming experience who want to improve. The skills worked on will be at an intermediate level, however, students need only to be willing to practice to get better.

Requirements: swimsuit, cap, goggles, a towel.

Please be aware that lessons cancelled due to bad weather cannot be rescheduled or refunded.

(10 weeks)

Teacher: Mr. K and Mr. James	Day: Friday	Venue: School Pool	No. of Students: Min. 4 Max 8	Cost: \$50
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Tennis

This course is designed for beginners, new players to the game of tennis who want to learn the basics of the game. We will develop the ABC's of tennis: agility, balance, and hand-eye coordination of the students, while also covering basic racket handling skills.

Tennis Cambodia's coaches are trained to make it both educational and fun for the children. All the equipment, including rackets and balls will be provided by Tennis Cambodia.

Requirements: comfortable activewear and proper white sole running shoes.



Teacher: Mr. Phalkun	Day: Friday	Venue: NISC Tennis Court	No. of Students: Min. 4 Max. 8 per coach	Cost: \$100
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Little Nagas Playgroup

Little Nagas is a friendly place to meet other parents with young children. We provide an informal play environment that enables your child to have opportunities to interact with other children and flourish within our creative school setting. Sand and water play, painting, large play apparatus, story time and music sessions are just some of the fun activities on offer.

(12 weeks)

Teacher: Ms. Kiri	Day: Friday, 8am-10am	Venue: Early Learning	No. of Students: Max 12	Cost: \$750 per semester
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Zumba for Parents and other Adults

An aerobic fitness dance party mixed with low-intensity and high-intensity moves for interval-style training. This program features movements inspired by various styles of Latin American dance and performed primarily to Latin American dance music. Crush calories to the rhythm with this super effective and fun workout in disguise.



Requirements: Comfortable active dance clothes.

(10 weeks)

Teacher: Advanced Learning Academy	Day: Friday 8:00-9:00	Venue: Primary Cafeteria	No. of Students: Min. <u>5</u>	Cost: \$8 per session
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Swim Team- Calling all swimmers!

We are looking for children interested in joining our Nagas competitive swim team. We have 3 swimming groups, gold silver and bronze. **Below are the requirements for each group.**

Swim Team - All year for both primary and secondary currently teams are split:

- Gold (50m in 40sec or less in all strokes),
- Silver (50m in less than 1 min in at-least 3 strokes)
- Bronze (25m without stopping in freestyle)

If you are interested in improving your swimming, having fun and competing against other athletes at swim meets, please come to a practice.

- Gold: Mon - Friday (6:15 - 7:15 am).
- Silver: Mon and Thurs (3:00 - 4:00)
- Bronze: Tuesday (3:00 - 4:00)



LEAP Programme Calendar Semester 1

August		Week 1					Week 2					Week 3													
		12	13	14	15	16	19	20	21	22	23	26	27	28	29	30									
Sep	Week 4					Week 5					Week 6					Week 7					Week 8				
	2	3	4	5	6	9	10	11	12	13	16	17	18	19	20	23	24	25	26	27	30				
Oct	Week 8					Week 9					Week 10					Week 11					Week 12				
		1	2	3	4	7	8	9	10	11	14	15	16	17	18	21	22	23	24	25	28	29	30	31	
Nov	Week 12					Week 13					Week 14					Week 15					Week 16				
					1	4	5	6	7	8	11	12	13	14	15	18	19	20	21	22	25	26	27	28	29
Dec	Week 17					Week 18																			
	2	3	4	5	6	9	10	11	12	13															

Gray - No School

School Holidays- 23-27 September

Commemoration of the King's Father- 15 October

PD Day no students in school- 8 November

Water Festival- 11-13 November