

**CHELSEA FC**  
RESIDENTIAL 2015/16



## > CFC FOUNDATION RESIDENTIAL INTRODUCTION



Chelsea FC are pleased to offer our brand new and exciting International Residential Camps for the summer of 2014. Our camps are innovative and tailor-made to ensure they cater for the needs of each specific group. The camps are specifically designed to improve all-round ability and knowledge of the game and will ensure that all children will develop their footballing abilities.



Chelsea FC will liaise with Soccer School partners to create a bespoke residential camp that is tailored to the groups needs to produce a once in a lifetime experience. Players will have the opportunity to visit and train at The Chelsea FC Training Ground along with a visit and tour of the home of Chelsea FC; Stamford Bridge. The group will be able to gain an experience of London along with interacting with players of different nationalities to develop their social skills along with their football ability.

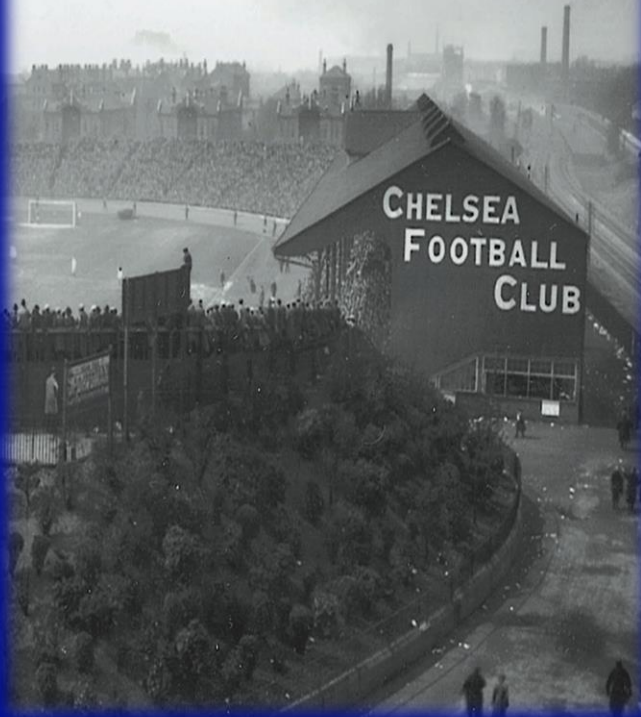
The training methods and philosophy we use ensures the experience and knowledge that is passed onto players is unique to our camps, improving players ability both as individuals and team members. The course will give players an opportunity to receive a wealth of information crucial to developing the modern day footballer. Across the course of the week we will spend time both on and off the pitches working towards individual and team development through the process of becoming technically proficient, innovative and develop excellent decision making skills. We want to encourage players to be creative and expressive. To achieve this through the week, players will be subject to a wide range of sessions focusing upon technical, tactical, social, physical and psychological development.



## > CFC FOUNDATION RESIDENTIAL STAMFORD BRIDGE



Chelsea FC Were Founded in  
the year 1905



- English League Champions in:  
1955, 2005, 2006, 2010
- Champions League Winners  
2012
- FA Cup Winners in:  
1970, 1997, 2000, 2007, 2009, 2010, 2012
- League Cup Winners in:  
1965, 1998, 2005, 2007
- Europa Winners in:  
1971, 1998, 2013
- Charity Shield Winners in:  
1955, 2000, 2005, 2009

Chelsea FC are the most successful Premier  
League Club in the last 10 years



# ➤ CFC FOUNDATION RESIDENTIAL STAMFORD BRIDGE



## Stamford Bridge

- Chelsea FC's home stadium is called Stamford Bridge and is located in West London.
- The current capacity stands at 41,623.
- The 12.5 acre site includes two four-star hotels, three restaurants, conference and banqueting facilities, underground car park, health club, a music venue and business centre.



# > CFC FOUNDATION RESIDENTIAL COBHAM TRAINING GROUND



- Players will have a once in a lifetime opportunity to train at the Chelsea FC Training Ground.
- Players will be able to follow in the footsteps of their Chelsea FC hero's and practice their skills at the state of the art complex.
- Players will be coached by Chelsea FC coaches to develop their football ability and to become better players in competitive fixtures.
- The complex has 34 football pitches and is 140 acre's in size.
- The state of the art training complex is located in Cobham, Surrey.
- The complex is used daily by the Chelsea FC First Team squad, U21's players, Academy players and Ladies First Team.



# CFC FOUNDATION RESIDENTIAL EXAMPLE SCHEDULE



|       | Friday (Day 1)<br>Merrist Wood   | Saturday (Day 2)<br>Merrist Wood | Sunday (Day 3)<br>Merrist Wood                      | Monday (Day 4)<br>Merrist Wood  | Tuesday (Day 5)<br>Merrist Wood  | Wednesday (Day 6)<br>Merrist Wood   | Thursday (Day 7)<br>Merrist Wood     | Friday (Day 8)   |                              |
|-------|--|----------------------------------|---|---|--|---|--------------------------------------|--|------------------------------|
| 8am   | Arrival In The UK<br>CFC Collection Transport on Buses<br>Players arrive at Merrist Wood<br>Parents Depart to Hotel Site Tour and Briefing<br>Training Session at Merrist Wood With Chelsea FC Coaches 2:30pm - 5:30pm<br>Evening Meal 6:00pm - 7:00pm Merrist Wood<br>Woody's Dinning Area TV's / Playstations<br>Pool Table / Table Tennis<br>Stay At Merrist Wood | Breakfast (8am - 9am)            | Breakfast (8am - 9am)                               | Breakfast (8am - 9am)   | Breakfast (8am - 9am)  | Breakfast (8am - 9am)   | Breakfast (8am - 9am)                | Breakfast (8am - 9am)  |                              |
| 9am   |  | Free Time                        | Travel to Chelsea FC Training Ground                | Training Session at Merrist Wood With Chelsea FC Foundation Coaches 9:30am - 12pm   | Depart Merrist Wood for London   | Training Session at Merrist Wood With Chelsea FC Foundation Coaches 9:30am - 12pm | Travel to Chelsea FC Training Ground | Depart Merrist Wood Hotel  |                              |
| 10am  |  |                                  | Travel to London                                    |   |  |   |                                      |  | Stamford Bridge Stadium Tour |
| 11am  |  | Packed Lunch 12:30pm - 1:30pm    | Premier League or Championship Fixture 3pm Kick Off | Training Session at Chelsea FC Training Ground With Chelsea FC Coaches 2:30pm - 5pm | Pre Match Preparation  | London Sightseeing  | Free Time                            | Training Session at Chelsea FC Training Ground With Chelsea FC Foundation Coaches 2:30pm - 5pm | Activities                   |
| 12pm  |  |                                  |   |   |  |   |                                      |  |                              |
| 1pm   |  | Chinese Take Away Dinner         | Travel back to Merrist Wood                         | Evening Activities Guildford (10 Pin Bowling)                                       | Merrist Wood Bar Area TV's / Playstations<br>Pool Table / Table Tennis | Games Vs Local Opposition 6pm - 8pm   | Evening Meal BBQ 6:30pm - 7:30pm     | Informal Presentation Evening  | Leave the UK                 |
| 2pm   |  |                                  |   |   |  |   |                                      |  |                              |
| 3pm   |  | Stay At Merrist Wood             | Stay At Merrist Wood                                | Stay At Merrist Wood  | Stay At Merrist Wood   | Stay At Merrist Wood  | Stay At Merrist Wood                 | Stay At Merrist Wood   | Stay At Merrist Wood         |
| 4pm   |  |                                  |   |   |  |   |                                      |  |                              |
| 5pm   | Chelsea FC Training Ground (These Days are subject to switch)  |                                  |   |   | Chelsea FC Training Ground   | Chelsea FC Training Ground  |                                      |  |                              |
| 6pm   |  |                                  |   |   |  |   |                                      |  |                              |
| 7pm   |  |                                  |   |   |  |   |                                      |  |                              |
| 8pm   |  |                                  |   |   |  |   |                                      |  |                              |
| 9pm   |  |                                  |   |   |  |   |                                      |  |                              |
| 10pm  |  |                                  |   |   |  |   |                                      |  |                              |
| Notes |  |                                  |   |   |  |   |                                      |  |                              |

# CFC FOUNDATION RESIDENTIAL ACCOMMODATION – CATERHAM SCHOOL



Accommodation Block



Food & Beverage Provision



Auditorium & Leisure Time



2 Full Size Pitches

- Rooms within walking distance to pitches, restaurant and relax area.
- Players will sleep in individual rooms.
- A range of food will be served here for breakfast, lunch and evening meals (when on site).
- If you have any food requirements please inform before travelling.
- Pool tables.
- Table tennis tables
- PlayStation consoles
- Auditorium for educational talks
- Swimming Pool
- 2 full size pitches close by changing rooms, within walking distance from the residency.



## > CFC FOUNDATION RESIDENTIAL ARRANGED ACTIVITIES – STADIUM TOUR



This tour of Stamford Bridge is not to be missed, home of the incredible Chelsea Football Club. It's a fun, informative and unforgettable experience, enjoyed by sports fans of all ages, from all over the world.

The fully guided one-hour tour will take you behind the scenes at one of the world's greatest football clubs, giving you access to areas normally reserved for players and officials.

Imagine meeting the press as you sit behind the desk in the press room. Soak up the atmosphere in the spectacular home dressing room where John Terry and Frank Lampard prepare to represent the Blues. Feel the excitement as you walk down the tunnel to the pitch side with the roar of a capacity crowd ringing in your ears.

Stadium tours include entry to the Museum, giving you the chance to see how Chelsea has evolved on and off the pitch to become one of the greatest football clubs in the world.





# > CFC FOUNDATION RESIDENTIAL ADDITIONAL ACTIVITIES



## Theme Park

(Thorpe Park/ Chessington World Of Adventures)



Thrill seekers of all ages can experience a non-stop adrenaline rush at Thorpe Park Resort, home to some of Europe's most exhilarating rides and attractions, with fun and thrills for the whole family.



## London sight seeing

An introduction tour to see some of London's top attractions (Big Ben, Buckingham Palace, Tower of London to name a few) on either a boat ride up the River Thames or a hop on /off bus ride.

Spend a day seeing the great sights



\* CFC will plan activities around the Soccer School needs and will be discussed between CFC London and individual Soccer Schools. Above are possible options.



## > CFC FOUNDATION RESIDENTIAL MATCH TICKETS



- All match tickets will be charged in addition to the package cost; These are subject to availability, please note that the availability of the tickets to selected and Chelsea home matches are subject to the fixture programme and the level / category of the game. (Please note that games at Stamford Bridge last season did not go on general sale due to the demand).
- Access to other matches will be based on availability and an agreed budget.
- Where possible inclusion to watch CFC Ladies games, U21's, 18's fixture will be included at a minimal cost.



1<sup>st</sup> Team



Ladies 1<sup>st</sup> Team



U18's Academy Team



## > CFC FOUNDATION RESIDENTIAL OTHER INFORMATION



### Meals

- Meals are included in the camp and a meat and vegetarian option will be offered with a selection of vegetables and deserts available.
- Breakfast consists of a selection of cereals, toast or cooked breakfast options. All meals are served with a range of juices and drinks for players. Chelsea FC Foundation will ensure that players take regular water breaks throughout training sessions.
- Any players with food allergies should inform the staff at the registration desk upon arrival and include these to the player medical form.

### Code of Conduct

- We operate a strict anti-bullying policy and do not tolerate bullying in any form. If players are found bullying they will be cautioned once and could potentially risk being dismissed from the course. Players are expected to be polite and courteous to staff and peers at all times.
- Discipline and supervision are a priority and our aim is to ensure that all players have an enjoyable and enriching experience. Alcohol, cigarettes or illegal substances are strictly prohibited and any player found to be in possession of any such items will be dismissed from the course immediately. **If a player is dismissed from the course refunds will not be given.**

### Child Welfare

- The welfare of players is paramount and all our staff are CRB checked, FA qualified and hold valid Emergency Aid and Safeguarding Children certificates. We have pastoral staff and a qualified sports therapist on duty



## > CFC FOUNDATION RESIDENTIAL ADDITIONAL INFORMATION



### WHAT CHELSEA FC LONDON COVER

- Airport transfers
- Accommodation
- All meals (breakfast, lunch, evening meals)
- Chelsea FC coaches delivering all training sessions
- Chelsea FC Stadium Tour
- One additional activity

### WHAT CHELSEA FC SOCCER SCHOOL COVER

- Flights
- Visas
- Insurance
- Match tickets ( \*see attached page)

