



Lunch Menu, week beginning 22nd October 2018

	Monday	Tuesday	Wednesday	Thursday	Friday
Asian	Westlake beef soup Mushroom stewed chicken Bok Choy Rice	Seaweed egg soup Sautéed meat shreds with Soybean paste Boiled Cabbage Fried rice noodles	Vegetable porridge Chinese Cabbage Stewed pork balls Tomato Cauliflower Rice	Tomato Egg Soup Carrot stew pork Boiled Cabbage Rice	Spinach Fans Soup Salt and Pepper Fish Fillet Eggplant & Green Pepper Rice
Western	Tomato Soup Wiener Pork Schnitzel Cauliflower Roast Potato	Russian beetroot soup Provence Roasted Chicken Boiled Corn Paprika Potato	Goulash Soup Cajun Chicken Broccoli Baked Potato & Cheese	Potato and Leek Soup Beef Bolognese Grill Vegetable Fusilli	Onion Soup Tandoori Chicken Boiled Green beans Mashed potato
Vegetarian	Vegetable Lasagna	Doufu Taco & Cheese	Vegetable Couscous & Chick peas	Tomato Sauce & Fusilli	Chinese Vegetable Pancake
Sandwich	Sandwich Bar	Sandwich Bar	Sandwich Bar	Sandwich Bar	Sandwich Bar
Dessert		Banana Cake		Yellow Peach Cake	Apple Juice
Salad	Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar
Fruit	Fruit	Fruit	Fruit	Fruit	Fruit
Yoghurt	Yogurt	Yogurt	Yogurt	Yogurt	Yogurt