

Self-discovery Expeditions Les Martinets- Switzerland Group 1



Participants

Yearim Lee

Manseok (Max) Han

Solji (Paul) Park

Minyoung Ryu

Minhyuk Lee

Seungmin Lee

Yeujia (Mia) Yu

Yiming (Angela)Wei

Xiu Yen (Charlize) Su

Daeseok Bae

Day 1 – 5th October

- Arrival at Geneva airport and transported by coach to the expedition site.
 - Briefing, dinner and rest.
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Day 2 – 6th October

- Train to Bern.
- Stay at hostel 77 Bern.
- Exploring the following sites :
- Nydegg Church
- Fountains
- Prison tower
- Bundes square-market street



Day 3 – 7th October

- Visit of the local mountain “Gurten”
- Visit of the Paul Klee Center
- Skills park lite – Trampoline park



Day 4 – 8th October

- Bern to Interlaken by train
- Stay at the “Interlaken youth hostel”
- Hike from Stechelberg to Schilthorn
- Visit of Interlaken adventure park
- Harder Kulm view point



Day 5 – 9th October

- Interlaken outdoor canyoning
- Travel to Lucerne after lunch
- Stay at the “Barabas Lucerne”



Day 6 – 10th October

- Visit of Rigi mountain (Through a cruise, train and cable)
- Visit of Jesuit church
- Spreur bridge visit
- Bourbaki panorama
- Visit of Lowendenkmal
- Lake Lucerne
- Return to expedition base for dinner and rest



Day 7 – 11th October

- Depart Geneva for Beijing
- Arrival at Beijing Terminal 3 at 7.55 am on the 12th of October.