



ILS PROGRAM

International Life Skills Program (August - December 2019)

Communication with Parents

Quarterly Isams messages were sent on the first day of school and upon returning from Pchum Bpen to all MYP Parents updating the program for their child's ILS learning for the upcoming months.

Another communication will be sent in January 2020 and again in March/April 2020 with further information about the topics being taught.



What is SEL and Why It Matters

The Why?

- proactive, less reactive
- high need for this kind of support for our kids
- support the outcomes of school - Learner Profile and ATLs
- to compliment, not replace, our already existing Pastoral Program
- allows time for more team building in existing advisory



The How?

- Lana has been coordinating a team since April 2019, Callum Finlay will be taking over in January 2020
- an outlined [curriculum](#) that can be adjusted as social-emotional issues come up throughout the year (informed by our Grade Level leaders and Advisors)
- program utilized another Nord Anglia school as the basis/scaffold for the lessons



Nord Anglia MLP Change Project

Since January 2019, Lana has participated in the Nord Anglia Middle Leadership Program. Her change project was to implement a stronger pastoral care/Advisory program that aligned with the IB's ATLs, in particular the affective skills (resilience, mindfulness, perseverance, emotional management and self-motivation). The hypothesis was the explicit teaching of these skills will have a positive impact on student ATL attainment and academics.

NISC Podcast Link by G9

<https://anchor.fm/nisc/episodes/What-is-ILS-at-NISC-all-about-e9ab3n>





Visual of ATLs/LP and ILS connection: Teachers supported with brainstorming initiatives they'd like to see our kids take to build their ATL and LP development

Collaboration	Caring Communicator	Student Leadership; Social Skills; Relationships	<ul style="list-style-type: none">- Writing and Homework Support Clubs - students play a role in leading, too?- DP and Upper MYP tutoring younger students (mandated for those who are identified as at-risk)- LEAP: student-led initiatives and more non-sports options- Cafe Blends & Cafeteria - environmental initiatives (no straws, paper cups, styrofoam, recycling)- House System?/Points System?- Children's Day
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Visual of ATLs/LP and ILS connection

ATLs	Learner Profile	Related Topics
Information Literacy Media Literacy Communication	Inquirer Communicator Principled	Responsible tech use; social media; self-regulation; online safety; gaming; cyberbullying; digital citizenship, our future online
Collaboration	Caring Communicator	Student Leadership; Social Skills; Relationships
Reflection and Affective	Reflective Caring	1. Mindfulness 2. Perseverance 2. Emotional Management 4. Self-Motivation 5. Resilience

ATLs	Learner Profile	Related Topics
Transfer	Knowledgeable Thinker Risk-Taker	Assemblies MIA Trips SA/CAS LEAP Global Campus Trips
Organization	Balanced	Time Management Personal Organization
Critical Thinking Creative Thinking	Thinker Open-Minded Knowledgeable	Global Campus Trips CAS/SA experiences

School-Wide Initiatives

The ILS Team has worked with:

1. the SA/CAS Coordinator (James Giallombardo) to assist student with their service action component for this year
2. STUCO (Necy Simbahan & Craig Zeigler), Nurse Cherry and the Maintenance Team (under Dave van Rooyen) for a “Green Thumb” project and raising awareness of the Importance of Mental Health
3. Global Campus Lead (Emma Walker) and MUN (Nancy Calimlim) for a World Children’s Day Initiative

<https://www.nordangliaeducation.com/en/our-schools/cambodia/article/2019/10/21/northbridge-begins-initiative-to-provide-continued-holistic-approach-to-our-students-education>



The What

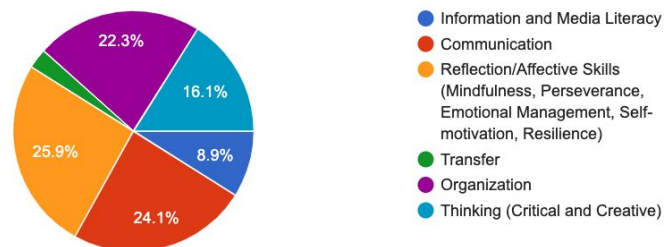
- 1 hour/week to be dedicated to the social-emotional learning needs of our kids
- a non-IB subject, not assessed
- connects directly to the IB philosophy: ATLs being a foundation of our teaching and learning and the embodiment of Learner Profile attributes

Feedback from Students (April 2019)

To help meet the needs of the students, we conducted a survey to find out what needs students have and their own self-assessment of their skills

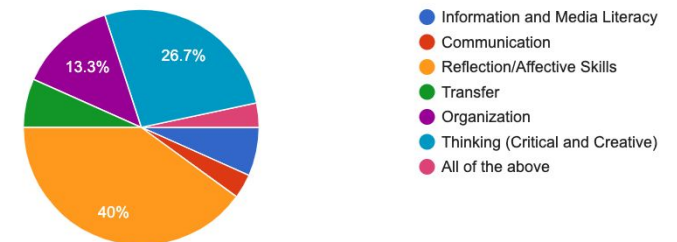
Which ATL would you like to improve/you have the most challenges with?

112 responses



Which of the ATLs do you feel needs to be most developed in our students?

30 responses



Feedback from Students (December 2019)

This week the ILS team collected feedback from the various classes on this padlet: https://padlet.com/lana_lautamus/xidt16hxsav

This will help to build the curriculum moving forward next semester.

Next Steps

Our ILS Team will be doing some [Common Sense Media](#) lessons with our MYP students in January, to outline the importance of digital citizenship, online safety, security and privacy.

Continuing to build the curriculum, liaising with the Advisors and Grade Level Leaders and providing a platform for students needs to be addressed are the focus for Semester Two.



Take Away

Social and Emotional Learning Explained: How
SEL Helps Students in College, Career and Life

