



BRITISH INTERNATIONAL SCHOOL
HANOI
A NORD ANGLIA EDUCATION SCHOOL

Extracurricular Activities Secondary (Years 7–13)

Term 3
2018-2019



Dear Parents,

Extracurricular Activities (ECAs) in Term 3 will start on **Monday 6th May 2019**. The activities will run through until **Thursday 13th June 2019**. Extracurricular activities provide a great opportunity for your child to take part in an activity that falls outside the realm of the normal curriculum. Your child can explore their physical, creative, social or political domains and share diverse interests with like-minded students, perhaps in a different subject area or different key stage.

Students will be asked for multiple preferences although they will be allocated to one, two or three activities only. Not all activities are available to all year groups, please see the descriptions in the brochure. Information on paid activities can also be found within the brochure. The sign up process tries to ensure all students are granted a place on either their first, second or third choice of preference, please see the application guidelines below for detailed instructions.

Mr. Edward Westropp
ECA Programme Coordinator

Application guidelines:

- All activities (free and paid) need to be selected online via **CHQ**.
- You will be able to register your child for 1 activity during 'sign-up period 1', which will be from **Friday 29th March at 9.00am 2019 until Saturday 30th March 2019 at 5.00pm**. You will be able to make multiple choices but at this stage you will only be accepted a place on one activity. You will then be able to register your child for another activity if you wish to do so during 'sign up period 2' which will be from **Sunday 31st March 2019 at 9.00am until Monday 1st April 2019 at 5.00pm**. Finally, you will be able to register your child for a third activity if you wish to do so during 'sign up period 3' which will be from **Tuesday 2nd April 2019 at 9.00am until Wednesday 3rd April at 5.00pm**.
- After **Wednesday 3rd April 2019 at 5.00pm**, students who have signed up for an activity must commit to it for the whole of the term. Children will not be allowed to swap activities.
- All choices will be allocated on a first come, first served basis.
- If students are absent from their activity without authorization on more than one occasion they will be removed from the activity and their place will be offered to a student on the waiting list.
- Children wishing to take part in paid activities can make payments by transfer money to school as soon as the child's activity is confirmed. Below are the BIS bank account details:

Bank name:	HSBC VIETNAM – HO CHI MINH BRANCH		
Bank address:	The Metropolitan, 235 Dong Khoi Street, District 1, HCMC, Vietnam.		
Account name:	BIS HA NOI		
Account No.VND:	091-255505-002	Account No.USD:	091-255505-102
SWIFT Code:	HSBCVNVX	Bank code:	79617001

Please include in the transfer instructions "Name of ECA" and your child's name and class.

- Activities have maximum and minimum numbers, which vary according to the activity.
- Once the maximum number of children has been reached, the activity will be 'closed' and the activity name will be highlighted in red.
- Children who sign up for activities that are oversubscribed will be placed on a waiting list.
- Activities may be cancelled if the total number of participants does not meet the required minimum.

Paid Activities

Paid activities will be confirmed via email to those who have been allocated a place. CHQ has information about each of the activities and all details can be found by expanding the blue information tab. In Term 3, by selecting a paid activity and paying the associated fees, you are agreeing to the school's liability waiver and agree to pay the required fee. **Payments need to be made by Friday 19th April 2019**, otherwise the place will be offered to the children who have been placed on a waiting list.

On-line Activity Selection

All activities (free and paid) need to be selected on-line via **CHQ**. Please see the next page for instructions. You will be able to see updates and changes to your approved activities through your on-line CHQ homepage. Please note

your first choices may not always be possible. Please take time to read through the rest of this booklet and log on to CHQ. If you have any questions please contact activities@bishanoi.com.

CHQ – Activities and Sports Online Portal

This system has been set up for you to use on a daily basis to select and track all of your child's chosen activities. It can be found by going to the school website (<http://www.nordangliaeducation.com/our-schools/vietnam/hanoi/bis>) and clicking on the CHQ tab, at the bottom of the homepage. Please follow the instructions below to log on and select your desired activities.

Logging on

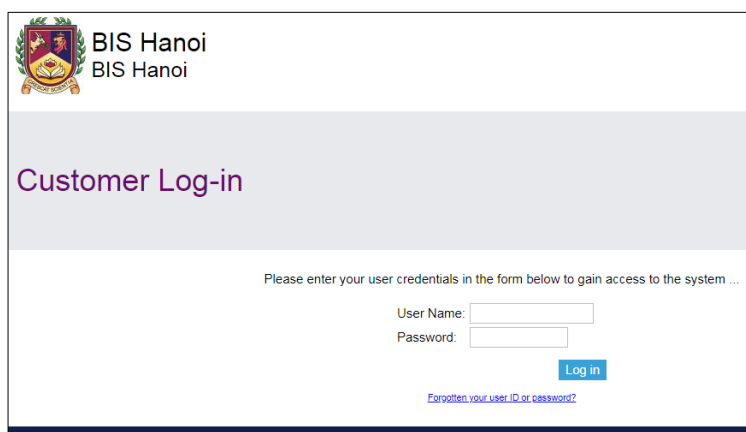
Log on using your child's school User name and Password. If your child is in the Primary school, their Password will be their Date of Birth, in the format DDMMYYYY. If your child is in the Secondary school, their password will be 'password' or their own personal password.

Primary Example:

User name: **H00123** Password: **23032007**

Secondary Example:

User name: **H00124** Password: **password**



How to select your child's activities?

Step 1: Click on **My Profile** tab.

Step 2: Expand **My Activities**.

Step 3: Select **View/Manage/Submit** Activity Choices (2018-2019 Term 3).

Step 4: For each activity/paid activity add a different number e.g. Monday: Football add 1, Wednesday: Board Games add 2 then 3, 4, 5 etc. to all other clubs you would like to participate in. The **SAVE** button will appear to the right of the activity list, click **SAVE**.

Step 5: Once you're happy with your choices you **MUST** press the **SUBMIT** button at the top of the page. You will receive an automated email confirming your club preferences.

Step 6: To cancel a selection after submitting add a 0 to the desired box then save and submit.

Step 7: If you click onto My Schedule after **Wednesday 3rd April 2019** you should be able to see your activities by scrolling through to Monday 6th May 2019 (start of Term 3 activities) you will also receive an email of the activities you have been accepted into and students can check display boards within school. Once your selected activities have been approved you will be able to see them by clicking on the **My Profile** tab to the right of the Home tab on your page.

CHQ Sign-Up Tips for Parents:

Parents please DO NOT place a number 1 in each activity box as this will make your child's favourite activity unclear and as a result your child may miss out on their favourite activity). Please remember to number all choices from 1 (most important activity) to 5, 6 or 7 (or least favourite activity) regardless of the day. Consider & discuss your choices with your child then click the **Submit** button. Clicking the **Submit** button will send your child's activity choices to school. Please remember that you may choose as many activities as you wish that fit into your child's schedule and all activities are subject to a minimum and maximum limit.

MONDAY

ACTIVITY NAME	YEAR GROUPS	TIME	MIN No.	MAX No.	TEACHER	LOCATION	ACTIVITY DESCRIPTION
Vietnamese Academic writing	Year 12-13	15:05-16:05	8	16	<u>Ms Hai Nguyen</u>	S306	Develop essay writing skills.
Mindfulness	Year 07-13	15:05-16:05	4	15	<u>Ms Lozano</u>	S317	Mindfulness is the practice of bringing ones attention to the present moment, experiencing and observing our thoughts and feelings without judging them. In these sessions we will be doing meditation and learning strategies to cope with stress.
Presentation and Public Speaking Skills	Year 07-13	15:05-16:05	4	12	<u>Mr Wheeler</u>	S202	This ECA will give the students the chance to develop and practice the skills needed to give an effective oral presentation. There will be a focus on presentation structure, using visual aids, body language, signposting language in addition to other functional vocabulary and language tips and tricks.
BIS CAS Green Team	Year 12-13	15:05-16:05	2	15	<u>Mr Agass& Mr Kelly</u>	C212	Help to develop BIS into a more eco-friendly green school.
Mural Art	Year 07-13	15:05-16:05	5	10	<u>Ms Goppert</u>	C111	Help us to design and create an Art mural for the student mentor room.
Fencing(Paid activity)	Year 04-13	15:05-16:05	6	12	<u>Mr Yong Hi Kim and Vietnamese coach</u>	Auditorium	The fencing club can help you to build strength and endurance. The students can learn basic skills, full of physical exercise for fencing. Each fencing session is a full-body workout. Also it is both a physical and mental sport and it is extremely stress reducing. Please join and have fun! Please note: Minimum number of children: 6 Total cost per student : 2,016,000 VND

Gymnastic club (Paid activity)	Year 02-08	15:05-16:05	10	16	<u>Gymkraft</u>	Sports Hall	This year we'll be working with GymKraft, a gymnastics company from Singapore. Students will develop a range of technical skills including rolling and rotating, balancing and travelling in a challenging and safe environment. Please note: Minimum number of children =10/ The cost per student in Term 3 = 1,980,000 VND
STEAM Tech/Robotics club	Year 07-13	15:05-16:05	6	15	<u>Mr Toner - Mrs Vaughan</u>	C123	We are looking to launch a house robotics competition and looking for interested students who are keen to build and program robots to compete in a variety of challenges. This ECA is designed to develop your programming ability and problem solving skills so we can begin the competition in term 3.
Parent Conversation Club	Parents	15:05-16:05	2	15	<u>Ms Hull</u>	Library	Meet other BIS parents and practice your English in parent conversation club. Covering a variety of different subjects and activities, meet others in the BIS community and learn about different cultures. Parents of all English speaking levels welcome.
Big Brass Club	Year 05-09	15:05-16:05	0	20	<u>Mr Scott</u>	C323	All Brass players are welcome! In this ECA we will put our big performance pieces together as a whole ensemble, as well as continuing to develop our skills and ability on our instruments.
JV Volleyball - Girls (Students to arrange own home transportation)	Year 09-11,	15:05-17:00	10	40	<u>Ms Fairbairn</u>	Sports Hall/Netball court	Participants selected from the trials. Training in preparation for the HAC Volleyball.
Varsity Volleyball - Girls (Students to arrange own home transportation)	Year 09-13	15:05-17:00	10	40	<u>Mrs Airdrie</u>	Sports Hall/Netball court	Participants selected from the trials. Training in preparation for the HAC Volleyball.

U15 FOBISIA Training (Students to arrange own home transportation) (Selected Students only)	Year 08-11	16:05-17:00	10	40	<u>Ms Allen - Mr Petricca - Mrs Airdrie</u>	Monday-Swimming pool & Thursday-Secondary Pitch & Sports Hall	Team already selected. Training for international event.
Model United Nations	Year 07-13	15:05-16:05	10	42	<u>Ms Price</u>		Model United Nations (MUN) is a simulation of the United Nations. The students work on researching and coming up with solutions to some of the world's most challenging problems. The skills they develop include: research, public speaking and develop a greater understanding of global politics.
Stockmarket Trading	Year 09-13	15:05-16:05	2	15	<u>Mr Graham</u>	S103	If you would like to learn about how the financial markets work and learn how to trade then look no further. You will learn how to interpret financial reporting and spot trading signals for the right entry and exit points for US stocks, shares and ETFs. You will use a dummy trading platform that is linked to the US market and can compete with your friends. Students need to bring devices.

TUESDAY

ACTIVITY NAME	YEAR GROUPS	TIME	MIN No.	MAX No.	TEACHER	LOCATION	ACTIVITY DESCRIPTION
SSA Basketball Junior (paid activity)	Years 05-08	15:30 - 17:00	6	15	SSA	Sport Halls	Primary & Secondary students who would like to get basketball coaching with VBA approved coaches and players. The cost per student in Term 3 = 1.620.000 VND
SSA Basketball Senior (paid activity)	Year 09-13	15:30 - 17:00	2	5	SSA	Hard court	Secondary students who would like to get basketball coaching with VBA approved coaches and players. The cost per student in Term 3 = 1.620.000 VND

WEDNESDAY

ACTIVITY NAME	YEAR GROUPS	TIME	MIN No.	MAX No.	TEACHER	LOCATION	ACTIVITY DESCRIPTION
Cross Stitch Club	Year 05-07	15:05-16:05	6	12	<u>Ms Hong - Ms Trang Chu - Ms Dung Hoang</u>	P311	This activity is great for the students' minds and keeping their hands and fingers flexible. Students can create their own sewing of their favourite patterns on coloured fabric that can be used as bookmarks or put in frames for decorations.
3 v 3 Basketball	Year 07-13	15:05-16:05	12	40	<u>Mr Langford</u>	Sports Hall	Come and play pick up 3v3 half court basketball with your friends. It's an opportunity to develop all the skills needed in basketball in a friendly game situation. Teams can be entered into a tournament or individuals can be made into a team on the day.
Netball	Year 05-08	15:05-16:05	10	16	<u>Ms Crombie</u>	Netball Court	This ECA offers the chance to learn and develop netball skills through playing friendly games. Players of all ability are welcome!
Moon Festival Preparation	Year 08, Year 10	15:05-16:05	10	25	<u>Ms Phuong Pham - Ms Hong Tran</u>	Auditorium	We will be practicing performances for next moon festival: dancing, singing and more.
DoE IA (Gold) NO NEW STUDENT SIGN UP	Year 12	15:05-17:10	4	FULL	<u>Ms Ajenjo - Mr Wheeler - Ms Fernandes - Mr Agass - Mr Mortimer - Mr Toner - Mr Minchin - Mr Hoare - Ms Price - Ms Goppert</u>		The International Award for Young People is a globally recognised programme of team building and leadership involving community service, learning skills, physical recreation and expeditions. Bronze is the first level, moving on through Silver to the ultimate challenge of Gold.

Table Tennis Club	Year 06-13	15:05-16:05	6	16	<u>Mr Forster</u>	Sports Hall - upstairs	Come and play Table Tennis with your friends. This ECA is an opportunity to develop your speed, reactions and hand-eye coordination in a friendly sporting environment
Secondary Dance	Year 07-13	15:05-16:05	10	18	<u>Ms Davis - Ms Hull</u>	P303	Students will enjoy coreographing dances to the latest hits.
Japanese Calligraphy art (For Japanese students only)	Year 03-09	15:05-16:05	3	8	<u>Mrs Miki</u>	Primary Science Room C127	Calligraphy art a traditional art originally from China. Generally, we use brush and ink to write characters. Japanese learn basic calligraphy at elementary school. Students should have syodou kits.
Rocket Club	Year 07-11	15:05-16:05	6	12	<u>Mr Forsythe</u>	C209	We will use our pressurised air pump to power your self made rockets. Your task is to evolve your design until it can go no further. You will be expected to maintain a weekly video diary of your efforts to chart your rocket evolution and results.
Secondary Drama Performance	Year 07-13	15:05-16:05	N/A	100	<u>Ms Loveday</u>	P303	Preparation for the Secondary Drama Performance in June.
CAS Teaching English	Year 12	15:05-16:05	N/A	100	<u>Mr Tchakov</u>	S208	Not open to new students. Full year participation required.
Mural Art	Year 07-13	15:05-16:05	5	10	<u>Ms Miller</u>	C115	Help us to design and create an Art mural for the student mentor room.
Golf Academy (Paid activity)	Year 03-13	15:05-16:05	8	15	<u>Mr Agass-Mr Minchin</u>	Long Bien Golf Course	Receive top tuition from a PGA professional, including skills for all abilities, ranging from grip to club swing, or putting to driving. Please note: Minimum number of students =8. The cost per student in Term 3 = 2,436,000VND

The Mass Music Project	Year 03-13	15:05-16:05	10	100	<u>Ms Rea</u>	C321	Calling all Music lovers from year 3 - year 13. This is your opportunity to get involved in one huge, epic rock/pop band. We will be learning some classic tunes whilst developing our performance and musical skills. Students can sing or play any instrument they want. Music is best enjoyed when it is shared.
Esperanto for Beginners	Year 05-13	15:05-16:05	2	10	<u>Ms Hoan Tran</u>	Primary 223	How many languages can you speak? Do you know any man-made ones? Esperanto is that kind of language. Do not hesitate to re-register to this ECA-group to get to know more about Esperanto and you will also have a chance to listen to some reflections of a real Esperantist in Vietnam about how the language has changed her life.
World Scholar's Cup	Year 07-09	15:05-16:05	6	12	<u>Ms Wilson</u>	C223	Develop your power of persuasion in preparation for the World Scholar's Cup.
BISCON Enterprise	Year 07-13	15:05-16:05	5	20	<u>Mr Croft</u>	S305	Students In KS3 who are interested in learning more about Business, Economics and Enterprise. Students in KS4 and KS5 who are currently studying Business and Economics and would like to develop their leadership skills in this subject area. BISCON ECA will provide students with opportunities to develop and support whole school Business Enterprise activities.
Running Club	Year 07-13	15:05-16:05	2	12	<u>Mr Dempsey</u>	Meet at Reception	Keep fit with a brisk jog around Riverside. Open to all secondary school age groups.
Korean Reading Club	Year 12	15:05-16:05	5	18	<u>Ms Unju Song</u>	S321	Korean book club for year 12 students. Students should be able to continue this activity for the rest of the year.

THURSDAY

ACTIVITY NAME	YEAR GROUPS	TIME	MIN No.	MAX No.	TEACHER	LOCATION	ACTIVITY DESCRIPTION
Advanced Swimming	Year 05-13	15:05-16:05	5	24	<u>Ms Henney</u>	Swimming Pool	Swimming for those who wish to refine the technical and physical aspects of multiple strokes as well as improve fitness and endurance. To join this ECA you MUST be able to confidently swim 100m in ALL strokes.
Strategy Games	Year 06-13	15:05-16:05	4	20	<u>Mr Schofield</u>	S316	This ECA is for those that like to develop their teamwork, communication and problem-solving skills in a friendly and lively environment with peers from different age-groups
Gardening BIS Coop ECA	Year 06-09	15:05-16:05	6	13	<u>Ms Greenwood</u>	C214	Taking part in the Gardening and BIS Coop ECA means you will be growing and harvesting vegetables from our garden, helping to look after our chickens and enjoying team work outdoors.
Japanese Beginners	Year 07-13	15:05-16:05	5	10	<u>hanh.nguyen@bishanoi.com</u>	C216	Do you want to learn Japanese? Join us for the Japanese ECA to get some basic conversation skills. Priority will be given to students who have been leaning from Term 2.
Chess Club	Year 07-11	15:05-16:05	6	20	<u>Ms Thommas</u>	Library	An opportunity for students to learn the game of chess, improve their chess skills, and to enjoy competition against their peers. Open to novice and more experienced players.
Drama Fun	Year 06-09	15:05-16:05	6	20	<u>Ms Loveday</u>	P303	An ECA for anybody who wants to improve their confidence and drama skills in a fun environment. We will be using drama games and short improvisation tasks to get you thinking quickly, practicing English speaking and building confidence.
Tennis Club (Paid Activity)	Year 07-09	15:05-16:05	4	4	<u>hung.dinh@bishanoi.com</u>	Hardcourt	Students will discover and develop basic tennis strokes such as forehand and backhand ground strokes, volleys and serves. Please note: Minimum number of children =4/The cost per student in Term 3 = 786,000VND.

STEAM Tech Maker club	Year 07-13	15:05-16:05	5	10	<u>Mr Toner</u> - <u>Mr Duckett</u>	C123	Using robotics, Micro: bits, 3D printers, electronic circuitry to create many fun projects. You bring the ideas, we offer the expertise to make them reality. Time to get creative!
Secondary Orchestra	Year 07-13	15:05-16:05	0	40	<u>Mr Scott</u>	C323	Secondary Orchestra returns in preparation for summer events and concerts. As always we will be learning music from both the classical world and modern orchestral music from, film, television and musicals. All orchestral instruments welcome and all abilities as each piece of music is arranged specially for the musicians in the group.
K'NEX Club	Year 07-11	15:05-16:05	2	10	<u>Mr Russell</u>	S103	Design and create amazing structures, vehicles or contraptions using the awesome K'NEX equipment.
Acapella Choir	Year 06-13	15:05-16:05	10	100	<u>Ms Rea</u>	C321	Come and join the acapella to work on singing techniques, harmonisation and general musical skills development, both as a soloist and as part of an ensemble. We will be learning some of the most current pop classics.
Secondary Badminton	Year 07-12	15:05-16:05	6	30	<u>Ms Gordon</u>	Sports Hall	Students will develop their skills in Badminton, focusing on serving, forehand and backhand serves in practice games.
Running Club	Year 07-13	15:05-16:05	2	12	<u>Mr Dempsey</u>	Reception	Keep fit with a brisk jog around Riverside. Open to all secondary school age groups.
JV Volleyball - Boys (Students to arrange own home transportation)	Year 09-11	16:00-17:30	10	40	<u>Mr Vu Nguyen</u>	Sports Hall/Netball court	Participants selected from the trials. Training in preparation for the HAC Volleyball.
Varsity Volleyball - Boys (Students to arrange own home transportation)	Year 09-13	16:00-17:30	10	40	<u>Ms Minh Nguyen</u>	Sports Hall/Netball court	Participants selected from the trials. Training in preparation for the HAC Volleyball.
U15 FOBISIA Training (Students to arrange own home transportation) (Selected Students only)	Year 08-11	16:05-17:00	10	40	Mr Petricca - Miss Allen - Mrs Airdrie	Monday-Swimming pool & Thursday-Secondary Pitch & Sports Hall	Team already selected. Training for international event.

KOTO	Year 12-13	15:05-16:05	4	12	<u>Mr Westropp</u>	Bus provided to and from KOTO centre	CAS students run English workshops and other activities and fundraisers with the students at KOTO. The activity will finish at about 5pm and students will need to make their own way home.
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