

		Monday 1-Jan			Tuesday 2-Jan			Wednesday 3-Jan			Thursday 4-Jan			Friday 5-Jan
<b>SCHOOL HOLIDAY</b>														
		Monday 8-Jan			Tuesday 9-Jan			Wednesday 10-Jan			Thursday 11-Jan			Friday 12-Jan
A		Pork Loin with Pineapple with Rice	A		Chicken Steak with Onion with Wild Rice	A		Eggplant with Beef with Rice	A		Sweet and Sour Pork with Corn Rice	A		Chicken Curry (Not Spicy) with Rice
B		Vegetable Lasagna	B		Spaghetti Bolognaise	B		Vegetarian Fried Noodles	B		Sauteed Peppers with Shrimps and Pineapple with Penne	B		Fried Rice Vermicelli with Shredded Pork & Vegetables
C		Chicken Salad	C		Tomato and Cheese Sandwich	C		Ham and Sweet Corn Salad	C		Avocado, Lettuce & Tomato Sandwich	C		Veggie Salad
		Monday 15-Jan			Tuesday 16-Jan			Wednesday 17-Jan			Thursday 18-Jan			Friday 19-Jan
A		Chicken with Cheesy Cream Sauce with Rice	A		Roasted Chicken 'Mexican Style' with Wild Rice	A		Beef Curry (Not Spicy) with Rice	A		Pork Loin with Garlic Gravy with Corn Rice	A		Sauteed Beef with Tomato with Penne
B		Fried Noodles "Shanghai Style"	B		Teriyaki Fish with Spaghetti	B		Tandoori Chicken with Penne	B		Spaghetti Bolognaise	B		Fried Rice "Fuk Kin Style"
C		Egg Mayo Sandwich	C		Potato Salad	C		Avocado and Cheese Sandwich	C		Greek Salad	C		Tomato and Cheese Sandwich
		Monday 22-Jan			Tuesday 23-Jan			Wednesday 24-Jan			Thursday 25-Jan			Friday 26-Jan
A		Sweet and Sour Pork with Rice	A		Chicken Steak with Honey with Wild Rice	A		Eggplant with Beef with Rice	A		Chicken and Potato Curry (Not Spicy) with Corn Rice	A		Lemon Grass Pork Loin with Rice
B		Penne Napoleon	B		Fried Spaghetti with Seafood	B		Chicken Cabonara with Penne	B		Meat Lasagna	B		Sweetcorn Macaroni Cheese
C		Roasted Beef Salad	C		Avocado, Lettuce & Tomato Sandwich	C		Potato and Egg Salad	C		Egg Mayo Sandwich	C		Turkey Salad
		Monday 29-Jan			Tuesday 30-Jan			Wednesday 31-Jan			Thursday			Friday
A		Beef Stroganoff with Rice	A		Chicken Portuguese with Wild Rice	A		Chicken Fillet with Garlic with Spaghetti						
B		Fried Noodles with Shredded Pork	B		Mixed Vegetables Cabonara with Penne	B		Fried Rice with Minced Beef						
C		Avocado and Cheese Sandwich	C		Orange and Ham Salad	C		Veggie Sandwich						

**Please note :**

- 1 Please choose (tick) ONE lunch option "A", "B" or "C" for each day.
- 2 The price for each lunch option is **\$33 (Received payment on or before 29 December 2017) / \$35 (Received payment after 29 December 2017)**

**Payment Details :**

- 1 Please make a crossed cheque payable to : **Sodexo (HK) Ltd**
- 2 Please write your child's name, class and a contact phone number at the back of the cheque.

- Choose often - Contains low levels of fat
- Good Choice - Contains moderate amount of fat
- On Occasion - Contains high level of fat

\*The above traffic information is provided by nutritionist from Sodexo (HK) Limited. All Information is for reference only.

\*Should the school be closed due to a Typhoon or bad weather, that day's menu will be postponed and served the following day.

The scheduled menu will resume the day after that.

For all enquires, please email : unit.nais.hk@sodexo.com

Student Name : \_\_\_\_\_

Class : \_\_\_\_\_

Contact Number : \_\_\_\_\_

Contact Email : \_\_\_\_\_

Cheque Number : \_\_\_\_\_