



BRITISH INTERNATIONAL SCHOOL
HO CHI MINH CITY
A NORD ANGLIA EDUCATION SCHOOL



Co-Curricular Activities

Term 1 / 2018 - 2019



Technology



Music



Creativity



Community Engagement



Sport



Art

Co-Curricular Activities Booklet

Term 1, 2018-2019

Co-Curricular Activities (CCAs) are an integral part of the education offered at BIS HCMC and provide our students with a broad range of learning opportunities which impact positively on many facets of their development, including academic progress.

There is an extensive range of CCAs on offer with over one hundred different activities to choose from each week at the BIS Secondary Campus. Whether you enjoy art, music, drama, sport, languages, solving mathematical or scientific problems, helping disadvantaged groups, completing in the Duke of Edinburgh International Award or just want to try something new, there should be a club available for you.

If, however, there is an activity that you would like the school to consider introducing and which is not already on offer, please contact Ms Brownrigg, the Co-Curricular Coordinator, as she would be happy to see if this can be facilitated. You may even want to consider applying to lead an activity you have an interest and passion for.

Paid Activities

There are a number of paid activities that students can sign up for. All of the information regarding these is detailed in the online activities booklet. If a student has selected a paid activity, an e-mail confirming their choice will be sent to both the student and their parents.

The payment deadline for all paid clubs is **Monday 17th September 2018**.

Activity dates for Term 1, 2018-19:

Start: **Monday 17th September 2018**
Half Term: *Saturday 20th to Sunday 28th October 2018 (No activities will run)*
End: **Sunday 9th December 2018**

CCAs may run before lessons and during lunchtimes, however, the majority are scheduled after lessons. There are two sessions each afternoon with a five-minute change-over period (2:50pm – 3:50pm and 3:55pm – 4:55pm). If activities finish beyond these times information is detailed in the booklet.

Note: Any students participating in CCAs from 3:55pm will need to arrange their own transport home and should consider this before selection.

The aims of our Co-Curricular activities (CCAs) at BIS, HCMC are:

- To provide a wide range of enjoyable and challenging experiences above and beyond the timetabled curriculum
- To allow competitive teams, drama companies and music ensembles to reach high standards of team/group and personal performance
- To provide opportunities for students to aspire to elements of the school's mission statement
- To continue to develop our involvement in community work
- To offer a balance of endeavour which provides the framework for the IBDP CAS Programme

CAS at BIS

Creativity, Activity and Service are woven throughout the Co-Curricular Activities. Originating from the International Baccalaureate Programme they set out to challenge our students to show initiative and perseverance as well as to develop skills such as collaboration, problem solving and decision making. For a balanced experience, we encourage students to take part in at least one of each of the three areas below:

- Creativity: The arts, music, languages and other experiences that involve creative thinking.
- Activity: Physical exertion contributing to a healthy lifestyle.
- Service: Any collaborative and reciprocal community engagement in response to an authentic need.

Sporting Activities

This year, the PE and Sport department will be trialling a new approach to the way in which competitive sport is structured. We will be moving to seasons of sports, as opposed to terms of sports, to fit in with the seasons of the SISAC competitions. This will allow double training sessions throughout the week for our competitive teams and stop the dead-time experienced with students not attending clubs after the City Championships have finished.

When in the off season, we will still provide one training session per week to prepare for the upcoming season in that sport. In that sports season, we would expect people who are serious to play in the school teams to attend both training sessions in the week.

On-line CCA Selection – using CHQ

Activities need to be selected using the online CHQ system. Please see the next page for further instructions.

You will be able to see updates and changes to your approved activities through your on-line CHQ homepage. Both the student and their parents will also receive notification when accepted for participation in a CCA.

For the majority of CCAs, the online system (CHQ) will randomly allocate students to each CCA. As it is not a first come first served system, you may not always get your first choice activity.

There are some exceptions to this rule as detailed below:

Sports

If the number of students for any sports activity is greater than the maximum capacity, students will undergo a trial and be notified of this during their first session. This may mean that you could initially be accepted for the CCA but possibly removed after the trial.

The PE department will endeavour to run a parallel programme during the same session for the same age group but in the form of a recreational club. Therefore, if a student has a poor trial or significantly improves their skill level, then the squad coach will be able to assess the student and potentially accept them into the squad at a later time.

Please note that:

- As competitive Sport will be moving to seasons and not terms (Sep - Nov, Nov - Feb, Feb - May and then May-June), some of the clubs advertised in September will stop in November and some of the clubs will start in November and span over into Term 2.

Drama

For those students who would like to be involved in the School Show, please sign up directly with the Drama Department once auditions have been announced.

Music

For any students interested in signing up for the Chamber Choir and/or Chamber Orchestra, please sign up for an audition on the Music Noticeboard.

Wishing you all a wonderful first term.



Ms Tracey Brownrigg
Co-Curricular Coordinator

Tracey.Brownrigg@bisvietnam.com

Guidelines for students using CHQ

Term 1, 2018-2019

Friday 24th August at 3pm **Students will be able to sign up on CHQ** (for Term 1 activities)

The activities booklet will be updated and available on the school website (link below)

<http://www.nordangliaeducation.com/our-schools/vietnam/ho-chi-minh-city/bis/our-students/clubs-and-activities/an-phu-secondary-campus-clubs-and-activities>

Friday 7th September at 3pm Selection on CHQ will close

Wednesday 12th September Students and parents to be notified of their chosen CCAs on CHQ. Notifications for paid clubs will also be sent.

CHQ has been set up for you to use on a daily basis to select and track all your chosen activities.

Please follow the instructions below to log on and select your desired activities/paid clubs:

To access the BIS CHQ portal please click on the following link:

<https://seasia.mychq.net/Login.aspx?Y2x1Yj0wMzky-tJBRd%2fDelyY%3d>

You can also access CHQ from a link on the school website (www.bisvietnam.com). Scroll down to the end of the main page to the “Useful Links” section.

Log in to CHQ using the same Windows account you use when logging in to your school computer/laptop. Your User Name and Password are the same as the ones used to log in at school e.g. “*John.Smith*” and your Password

Should you have any issues please contact tracey.brownrigg@bisvietnam.com

How to select your activities/paid clubs:

- **Step 1:** From the Home Page under **My Activities 2018-2019 Term 1** click **View/Manage/Submit Activity Choices**
- **Step 2:** For each activity/paid club add a different number e.g. Monday: Football club **add 1**, Wednesday: Board Games **add 2** then **3, 4, 5** etc. to all other clubs you would like to participate in.
- The **SAVE** button will appear to the right of the activity list click **SAVE**
- **Step 3:** Once you're happy with your choices you **MUST** press the **SUBMIT** button at the top of the page. You will receive an automated email confirming your club preferences.
- **Step 4:** To cancel a selection after submitting add a 0 to the desired box then save and submit
- **Step 5:** From the Home Page **My Activities 2018-2019 Term 1** you will be able to see which clubs you have been accepted into/denied from by Wednesday 12th September 2018. If you click onto **My Schedule** for week beginning Monday 17th September 2018, you can check your weekly club timetable.

Try to make sure you have a range of activities which allow you to develop physically, creatively as well as socially.



Season Sports Information

Term 1 Season 1 Beginning September > Beginning November	Term 1-2 Season 2 Beginning November > Beginning February	Term 2-3 Season 3 Beginning February > End May
U19 Volleyball U14 Basketball U19 Table Tennis U14-19 Cross Country U15 FOBISIA (end November)	U19 Basketball U14 Football U19 Badminton U14 Table Tennis U14-19 Swimming (beginning of December) U14-19 Bangkok Feeding Frenzy (beginning of December)	U14 Volleyball U14 Badminton U19 Football (end of Apr) U14-19 Athletics (end of Feb) U13 FOBISIA (end of Mar)

Recreational sessions and Paid Clubs will still take place weekly throughout the entire year, signing up at the start of each term.

Clubs that are termly			
Club	Sep>Dec	Jan>Apr	May>Jun
Red Swim Squad	4 sessions per week	3 sessions per week	3 sessions per week
Development Swim Squad	2 sessions per week	2 sessions per week	2 sessions per week
Learn to Swim Beg-Inter	1 session per week	1 session per week	1 session per week
Learn to Swim Inter-Adv	1 session per week	1 session per week	1 session per week
Recreational Netball	1 session per week	1 session per week	1 session per week
Recreational Basketball	1 session per week	1 session per week	1 session per week
Richard Soriano Volleyball	1 session per week	1 session per week	1 session per week
Richard Soriano U14 Basketball	1 session per week	1 session per week	1 session per week
Richard Soriano U19 Basketball	1 session per week	1 session per week	1 session per week
ALL PAID CLUBS	1+ session(s) per week	1+ session(s) per week	1+ session(s) per week

Please take a look carefully at the table(s) below which outlines when the sports are in/out of season. There will be some occasions where you have to sign up in September for a club that does not start until November. Please keep this in mind when signing up for other none sport related clubs at that time that last from September until December.

Clubs that are seasonal – By Season			
Club	Sep>Nov	Nov>Feb	Feb>May
U14 Football Pre Season	1 session per week	n/a	n/a
U19 Basketball Pre Season	1 session per week	n/a	n/a
U19 Badminton Pre Season	1 session per week	n/a	n/a
U14-19 Cross Country Squad	1 session per week	n/a	n/a
U19 Table Tennis Squad	1 session per week	n/a	n/a
U14 Basketball Squad	2 sessions per week	n/a	n/a
U19 Volleyball Squad	2 sessions per week	n/a	n/a
U15 FOBISIA Squad (Swimming, Athletics, Football, Basketball)	Up to 5 sessions per week	n/a	n/a
U14-19 Athletics Squad	2 sessions per week	2 sessions per week	n/a
U14 Badminton Pre Season	n/a	1 session per week	n/a
U19 Football Pre Season	n/a	1 session per week	n/a

Clubs that are seasonal – By Season			
U14 Volleyball Pre Season	n/a	1 session per week	n/a
U14 Table Tennis Squad	n/a	1 session per week	n/a
U14 Football Squad	n/a	2 sessions per week	n/a
U19 Badminton Squad	n/a	2 sessions per week	n/a
U19 Basketball Squad	n/a	2 sessions per week	n/a
U13 FOBISIA Squad (Swimming, Athletics, Football, Basketball)	n/a	Up to 5 sessions per week	Up to 5 sessions per week
U14 Badminton Squad	n/a	n/a	2 sessions per week
U14 Volleyball Squad	n/a	n/a	2 sessions per week
U19 Football Squad	n/a	n/a	2 sessions per week
Recreational Cricket	n/a	n/a	1 session May>Jun
Recreational Softball	n/a	n/a	1 session May>Jun
Recreational Touch Rugby	n/a	n/a	1 session May>Jun

Clubs that are seasonal – By Sport			
Club	Sep>Nov	Nov>Feb	Feb>May
U14-19 Athletics Squad	2 sessions per week	2 sessions per week	n/a
U14 Badminton Pre Season	n/a	1 session per week	n/a
U14 Badminton Squad	n/a	n/a	2 sessions per week
U19 Badminton Pre Season	1 session per week	n/a	n/a
U19 Badminton Squad	n/a	2 sessions per week	n/a
U14 Basketball Squad	2 sessions per week	n/a	n/a
U19 Basketball Pre Season	1 session per week	n/a	n/a
U19 Basketball Squad	n/a	2 sessions per week	n/a
U14-19 Cross Country Squad	1 session per week	n/a	n/a
U13 FOBISIA Squad (Swimming, Athletics, Football, Basketball)	n/a	Up to 5 sessions per week	Up to 5 sessions per week
U15 FOBISIA Squad (Swimming, Athletics, Football, Basketball)	Up to 5 sessions per week	n/a	n/a
U14 Football Pre Season	1 session per week	n/a	n/a
U14 Football Squad	n/a	2 sessions per week	n/a
U19 Football Pre Season	n/a	1 session per week	n/a
U19 Football Squad	n/a	n/a	2 sessions per week
U14 Table Tennis Squad	n/a	1 session per week	n/a
U19 Table Tennis Squad	1 session per week	n/a	n/a
U14 Volleyball Pre Season	n/a	1 session per week	n/a
U14 Volleyball Squad	n/a	n/a	2 sessions per week
U19 Volleyball Squad	2 sessions per week	n/a	n/a
Recreational Cricket	n/a	n/a	1 session May>Jun
Recreational Softball	n/a	n/a	1 session May>Jun
Recreational Touch Rugby	n/a	n/a	1 session May>Jun

MONDAY

ACTIVITY	Year	TIME	MAX No.	TEACHER	FACILITY	CAS ACTIVITY GROUPING	Gender specific	DETAIL/NOTES
<u>ACT (Act to Change Together)</u>	Y9- Y13	Monday 14:50 - 15:50	16	Ms Ker	Room 127	Creativity + Service	Both	ACT is suitable for anyone interested in supporting the children at the Cancer Wards, by raising funds through fun activities and campaigns. This term, our club will focus on the theme of Education where we will raise funds to make books for the children. If you're creative, enjoy drawing or simply want to help, come join us!
<u>AP2 Development Swimming Squad</u>	Y7 - Y13	14:50-15:50	26	Mr Dat Nguyen Mr Vinh Nguyen	Swimming Pool	Action	Both	This will be a selective squad for those who are successful through an initial trial process. Students will represent the school in fixtures and competitions at home and abroad. Therefore, dedicated attendance at training and events is essential. Sign up for one or both sessions is acceptable. *This CCA will run from September until December. January until April. May until June.
<u>Secondary Production</u>	Y7 - Y13	14:50 -15:50	35	Mr Ian Alexander Mrs Anne-Marie Astley Mrs Emma Husband Ms Keziah Jacombs	Room 210	Creativity	Both	The auditions for the Drama productions this year will be the 27th and 29th August, all students can audition and should sign up on the Drama notice board. The shows for this year will be announced in the first assembly back.
<u>AP2 Red Swimming Squad</u>	Y7 - Y13	16:00 - 17:30	24	Ms Emily McLelland, Mr Vinh Nguyen Mr Dat Nguyen	Swimming Pool	Action	Both	This will be a selective squad for those who are successful through an initial trial process. Students will represent the school in fixtures and competitions at home and abroad. Therefore, dedicated attendance at training and events is essential. Sign up for one or both sessions is acceptable. *This CCA will run from September until December. January until April. May until June.
<u>Board Games</u>	Y7 - Y13	12:40:13:20	20	Mrs Bee Smith	Room 408	Creativity	Both	Come and challenge your peers! Get a "Ticket To Ride" to find the "Cluedo" and get the "Monopoly" on winning. Use your "Cranium" to "Articulate" to the "King of Tokyo" how to "Dixit". Don't let anyone "Blockus" you from joining this fun and relaxing club!
<u>Chess Club</u>	Y7 - Y13	14:50 - 15:50	14	Win Dang Hi Leung Aryan Johari Supervised by Mr Mathew Coughlin	Room 108	Creativity	Both	Chess club is a place for you can come and play chess for fun. Chess club is open to people of every skill level.
<u>Contemporary Dance</u>	Y7 - Y13	14:50-15:50	16	SSA Coaches	Dance Studio	PAID Activities	Both	SSA will be offering a Contemporary Dance session to showcase dancing and choreography skills. PAID ACTIVITY (please see Paid Activities Notes section at the end of the booklet)
<u>Cross Country Training</u>	Y7 - Y13	15:55 - 16:55	36	Mr Ali Thom	Big Field	Action	Both	Keep our title of Cross Country Champions of HCMC and come along to improve fitness, tactical understanding and enjoyment of both running as an individual and as part of a team. *This CCA will run from September until November.

MONDAY

ACTIVITY	Year	TIME	MAX No.	TEACHER	FACILITY	CAS ACTIVITY GROUPING	Gender specific	DETAIL/NOTES
<u>Cross Stitch</u>	Y7 - Y13	12:40 - 13:20	10	Mrs Daphnee Deleporte	Room 121	Creativity	Both	Come and learn how to cross stitch beautiful designs
<u>Golf</u>	Y7 - Y13	14:50-17:00	12	Mr Ben Stiltoe (Coach Matt Burley)	Him Lam Golf Centre	PAID Activities	Both	This programme will take place at Him Lam Driving Range. Students will be required to bring their own golf clubs or you can rent them at the range. The lessons will contain a basic introduction to golf, preparing to hit, grip, posture and stance, correct grip, full swing, video camera analysis, putting, chipping & bunker play. PAID ACTIVITY (please see Paid Activities Notes section at the end of the booklet)
<u>Helping Hands at Thien Phuoc Club</u>	Y7 - Y13	14:50-17:30	22	Ms Rachael Lowry Ms Chau Duong Mr Timothy English Ms Ines Zhang	Thien Phuoc Orphanage (alternate weeks)	Creativity and Service	Both	Twice Monthly only - as it is a long club session when we go. Come and visit our friends at Thien Phuoc Home for Children with Disability. They so look forward to our visits, and give as much as they get. Activities are fun and simple - starting from just smiling and hugging through to anything from drawing and music to playing in the brilliant soft playroom BIS built there. For more information check out our website: http://helpinghands.bisvietnam.net
<u>International Award Silver/Gold</u>	Year 12	12:40 - 13:20	30	Mr Peter Cowen Mr James Quarrington Mark Jones	Room 522	Action and Creativity	Both	Challenge yourself to achieve the Duke of Edinburgh's International Award. You will need to carry out regular Physical, Skill and Service activities, complete a 2-day practice expedition and a final 4-day hiking and camping assessed expedition. We'll help you learn the expedition skills, but you'll need the motivation and determination to do it!
<u>Junior School of Rock</u>	Y7 - Y9	14:50 -15:50	10	Mr Ian Alexander Ms Keziah Jacombs	Room 212	Creativity	Both	All abilities and instruments welcome, particularly singers, guitarists, bassists and drummers
<u>KS3 Drama club</u>	Y7 - Y9	14:50-15:50	20	Ms Alice Roberson	Room 209	Creativity	Both	KS3 Drama Club is an opportunity to learn new skills and exercises, as well as to create innovative and student inspired performances.
<u>KS3 show</u>	Y7 - Y9	Monday 14:50 - 15:50, and Wednesday 14:50 - 16:55.	35	Ms Jessica Bostock Ms Emily Rhead	Auditorium	Creativity	Both	The auditions for the Drama productions this year will be the 27th and 29th August, all students can audition and should sign up on the Drama notice board. The shows for this year will be announced in the first assembly back.
<u>KS4-5 Cricket</u>	Y10-13	12:45 - 1:15	16	Mr Steve Whitely Mr Mustansaar Hussain	Sports Hall	Action	Both	This will be a student led club aimed at maximising game time for players who love Cricket! This CCA will run from September until December.

MONDAY

ACTIVITY	Year	TIME	MAX No.	TEACHER	FACILITY	CAS ACTIVITY GROUPING	Gender specific	DETAIL/NOTES
<u>LAMDA Reading for Performance</u>	Y7 - Y13	15:55-16:55	15	Ms Sian Davies	Room 210	Creativity	Both	LAMDA Reading for Performance is a great chance to develop your ability to read aloud in an interesting and convincing way. We'll be working with novel extracts, poems and monologues; trying out different tones and actions to make your reading a true 'Performance'. NOTE: the LAMDA qualification entry will be decided in Term 2; signing up to this CCA in Term 1 does not necessarily mean you have to take the exam in June.
<u>Male Vocal Group</u>	Y7 - Y13	12:40 - 13:20	N/A	Mrs Emma Husband Mr Ian Alexander Ms Keziah Jacombs	Room 202	Creativity	Boys	Exciting new repertoire for any male students who enjoy singing. For those interested/or involved in bands this will help in your vocal development.
<u>Project Impact</u>	Y9 - Y13	14:50-15:50	25	Mrs Daphnee Deleporte	Room 121	Creativity and Service	Both	A non-profit student volunteer group where students are given an opportunity to get creative and support our potential community partner Anh Minh School, by raising awareness for their cause.
<u>Richard Soriano Volleyball Club</u>	Y10 - Y12	17:00 - 18:30	60	Mr Richard Soriano	Sports Hall	Action	Both	This is an extension programme to further develop students Volleyball skills and understanding of game situations. *This CCA will run from September until December. January until April. May until June.
<u>RSFA Performance Programme - U14 Boys Football</u>	Y7 - Y9	17:00-18.30	20	Mr Matthew O'Brien	Field	PAID Activities	Boys	Rising Star Football Academy - Football in a fun, engaging and challenging environment delivered by highly qualified, experienced and sought after coaches. Our mission is to inspire every 'Rising Star' to develop their skills, confidence and performance, to help them be a better footballer each and every day PAID ACTIVITY (please see Paid Activities Notes section at the end of the booklet)
<u>RSFA Performance Programme - U19 Boys Football</u>	Y10 - Y13	18:15 - 19:45	20	Mr Matthew O'Brien	Field	PAID Activities	Boys	Rising Star Football Academy - Football in a fun, engaging and challenging environment delivered by highly qualified, experienced and sought after coaches. Our mission is to inspire every 'Rising Star' to develop their skills, confidence and performance, to help them be a better footballer each and every day. PAID ACTIVITY (please see Paid Activities Notes section at the end of the booklet)
<u>Senior School of Rock</u>	Y10 - Y13	15:55-16:55	8	Mr Ian Alexander Ms Keziah Jacombs	Room 212	Creativity	Both	All abilities and instruments welcome, particularly singers, guitarists, bassists and drummers

MONDAY

ACTIVITY	Year	TIME	MAX No.	TEACHER	FACILITY	CAS ACTIVITY GROUPING	Gender specific	DETAIL/NOTES
<u>Sound and Lighting Tech</u>	Y7 - Y13	14:50 - 15:50	8	Mr Ian Alexander Mr Jed Skoreyko	Room 202	Paid Activities	Both	Sound Engineer, Jed Skoreysky, will be teaching all you need to know in order to run the sound and lighting desk for a show or an event. Sessions will include: - How to set up the equipment - How to use both an analogue and a digital mixing desk - How to mix sound effectively - Microphone use and how to set them up effectively - Lighting rigs and programming the lighting desk and all tech related to the performing arts PAID ACTIVITY (please see Paid Activities Notes section at the end of the booklet)
<u>TEDx</u>	Y10 - Y13	14:50-15:50	30	Mr James Goundry Ms An Gulinck Ms Rebecca Kerr	Room 123	Creativity	Both	This club is for students who want to put together the programme for an official TEDx conference at BIS. We need student speakers, but also artists, musicians, graphic designers, photographers, organisers and marketing enthusiasts. You can take part in a specific aspect of the conference, or choose to join the organising team that will be responsible for the conference throughout the year.
<u>U14 Pre Season Boys Volleyball</u>	Y7-Y9	6:45 - 7:30am	24	Mr Tuan Vuong	Sports Hall	Action	Boys	This will be a session preparing the teams for the upcoming season of Volleyball. If you are serious about getting into the squad, attendance is essential. *This CCA will run from November until February.
<u>U15 FOBISIA/U19 Pre Season Boys Basketball</u>	Y9 - Y13	6:45 - 7:30 am	24	Mr Richard Soriano	Sportshall	Action	Boys	This will be a selective squad for those who are successful through an initial trial process for FOBISIA. Therefore, dedicated attendance at training and events is essential. It will also prepare the U19 team for their upcoming season. So if you are serious about getting into this squad, attendance is essential. *This CCA will run from September until November.
<u>U19 Boys Basketball Squad</u>	Y10 - Y13	15:55-16:55	24	Mr Richard Soriano	Sportshall	Action	Boys	This will be a selective squad for those who are successful through an initial trial process. Students will represent the school in fixtures and competitions at home and abroad. Therefore, dedicated attendance at training and events is essential. Sign up for BOTH CCAs is expected. *This CCA will run from November until February.
<u>U19 Boys Volleyball Squad</u>	Y10-Y13	15:55-16:55	24	Mr Philip Husband	Sportshall	Action	Girls	This will be a selective squad for those who are successful through an initial trial process. Students will represent the school in fixtures and competitions at home and abroad. Therefore, dedicated attendance at training and events is essential. Sign up for BOTH CCAs is expected. *This CCA will run from September until November.

MONDAY

ACTIVITY	Year	TIME	MAX No.	TEACHER	FACILITY	CAS ACTIVITY GROUPING	Gender specific	DETAIL/NOTES
<u>U19 Girls Basketball Squad</u>	Y10 - Y13	14:50-15:50	24	Mr Jonny McLoughlin	Sportshall	Action	Girls	This will be a selective squad for those who are successful through an initial trial process. Students will represent the school in fixtures and competitions at home and abroad. Therefore, dedicated attendance at training and events is essential. Sign up for BOTH CCAs is expected. *This CCA will run from November until February.
<u>U19 Girls Volleyball Squad</u>	Y10-Y13	14:50-15:50	24	Ms Stephanie Webb, Mr Andy Luke	Sportshall	Action	Girls	This will be a selective squad for those who are successful through an initial trial process. Students will represent the school in fixtures and competitions at home and abroad. Therefore, dedicated attendance at training and events is essential. Sign up for BOTH CCAs is expected. *This CCA will run from September until November.
<u>U19 Pre Season Girls Football</u>	Y10-13	6:45 - 7:30am	32	Mr Phil Husband	Big Football Field	Action	Girls	This will be a session prepare the teams for the upcoming season of Football. If you are serious about getting into the squad, attendance is essential. *This CCA will run from November until February.
<u>Yoga</u>	Y7 - Y13	15:55-16:55	16	(TDT Coaches)	Dance Studio	PAID Activities	Mixed	TDT will be offering a Yoga session to improve flexibility, strength and stress relief to our students.

TUESDAY

ACTIVITY	Year	TIME	MAX No.	TEACHER	FACILITY	CAS ACTIVITY GROUPING	Gender specific	DETAIL/NOTES
<u>AP2 Red Swimming Squad</u>	Y7 - Y13	06.00 - 07.30	24	Ms Emily McLelland Mr Vinh Nguyen Mr Dat Nguyen	Swimming Pool Secondary	Action	Both	This will be a selective squad for those who are successful through an initial trial process. Students will represent the school in fixtures and competitions at home and abroad. Therefore, dedicated attendance at training and events is essential. Sign up for one or both sessions is acceptable. *This CCA will run from September until December. January until April. May until June.
<u>Athletics- Field Events</u>	Y7 - Y13	15:55-16:55	36	Mr Philip Husband Ms Stephanie Webb	Big Field	Action	Both	This will be a selective squad for those who are successful through an initial trial process. Students will represent the school in fixtures and competitions at home and abroad. Therefore, dedicated attendance at training and events is essential. Sign up for one or both Athletics sessions is acceptable. *This CCA will run from September until December. January until February.
<u>Athletics- Track Events</u>	Y7 - Y13	14:50-15:50	36	Ms Laura Gallagher Mr Ali Thom	Big Field	Action	Both	This will be a selective squad for those who are successful through an initial trial process. Students will represent the school in fixtures and competitions at home and abroad. Therefore, dedicated attendance at training and events is essential. Sign up for one or both Athletics sessions is acceptable. *This CCA will run from September until December. January until February.
<u>Book Club - Sci-Fi Dystopias</u>	Y7-Y11	12:40-13:20	15	Mr Andrew Bligh	Library	Creativity	Both	Book Club is for students who enjoy reading, like to talk about and share new books with friends, and reading different genres of books. The Term 1 theme is 'Sci-Fi Dystopias' which means books set in a future world where life has changed to become more dangerous and difficult for the characters. Think 'The Hunger Games' the 'Gone' series and Patrick Ness' 'The Knife of Never Letting Go' as well as classics like Orwell's '1984' and Bradbury's 'Fahrenheit 451'. Students of all reading abilities welcome.
<u>Brass Club</u>	Year 7 - Y9	12:40-13:20	10	Mr Ian Alexander Ms Keziah Jacombs	Room 202	Creativity	Both	An opportunity for year 7-9 students to continue building on their trumpet and trombone skills.
<u>Chamber Choir</u>	Y7 - Y13	12:40:13:20	N/A	Mr Ian Alexander Ms Keziah Jacombs	Auditorium	Creativity	Both	This activity is by audition only. An exciting new repertoire for a busy programme of events this term, including the vibrant school performances and other external events. The Chamber Choir works on developing your voice, learning challenging harmonies and blending your voice as a group. From demanding classical choral music to 'Pitch Perfect' Acapella, this group highlights some of our elite singers!
<u>Chamber Orchestra</u>	Y7 - Y13	14:50-15:50	N/A	Mr Ian Alexander Ms Keziah Jacombs	Auditorium	Creativity	Both	An auditioned Orchestra with repertoire for a busy programme of events this term, including the vibrant school performances. This orchestra is a challenge and performs some adventurous material. Come on, push yourselves! Audition only.
<u>Club CURE (Conservation of Underwater Reefs Effort)</u>	Y7 - Y13	12:40:13:20	12	Ms Lois Topping	Room 410	Creativity and Service	Both	This club is a committee of students who plan to raise awareness and raise money to help towards the care of underwater reefs. The group will work towards many projects possibly including beach clean ups and sinking an artificial reef.
<u>Concert Band</u>	Y7 - Y13	14:50-15:50	N/A	Mr Ian Alexander Ms Keziah Jacombs	Room 209	Creativity	Both	The concert band is a band for all woodwind, brass and percussion players. Both the music and the atmosphere will be fun practising a real mix of music ready for performances in various venues this year.
<u>English Language Testing and IELTS prep</u>	Y10-Y13	14.50-15.50	10	Mr Simon Finnigan	The Curve	AP2 Creativity	Both	The English Language Testing and IELTS preparation and practice CCA will give you all the input and insights needed to be successful in the additional language tests required for admission to university.
<u>Events Committee</u>	Y12 - Y13	12:40-13:20	10	Ms Bostock Mrs Lanyon Jones	Room 301	Creativity	Both	A sixth form committee that organises and runs whole school events
<u>Feliz Navidad Video</u>	Y7 - Y13	12:40-13:20	16	Ms Claire Easter Ms Chelsea Pattison	Room 111	Creativity	Both	We are hoping to produce a Google-Translate-La-Bamba style video for Feliz Navidad to show off the school and highlight the languages we have (and how the tech works sometimes but not others). Students keen to solve problems, create the resources and carry out test filming.

TUESDAY

ACTIVITY	Year	TIME	MAX No.	TEACHER	FACILITY	CAS ACTIVITY GROUPING	Gender specific	DETAIL/NOTES
<u>First Aid Club</u>	Y7 - Y13	14:50-15:50	30	Ms Love Condes	Room 225	Service	Both	Teaching first aid to empower young people with the skills to help in an emergency. And also to train young people to keep each other safe and to understand how to help if faced with a medical emergency.
<u>FOBISIA/SEAMC Maths Teams</u>	Y7 - Y10	12.40-13.20		Mr James Quarrington	Room 521	Creativity	Both	Training for selected teams competing in the SEAMC/FOBISIA competitions. A trial will be held on the first Tuesday session where any students interested are welcome to attend. Following this, each Tuesday lunch session will be looking to improve students Mathematical competencies, and familiarity with the style of questions students can expect.
<u>Handball Club</u>	Y10-12	12.40-13.20	18	Ms Stephanie Webb	Sports Hall	Action	Both	Want to try a new sport? Olympic Handball is a very entertaining sport, which many people can enjoy and participate in. Since this is student led, it'll be all matches!
<u>Handlettering and modern calligraphy</u>	Y7 - Y10	12:40 - 13:20	15	Ms Silvia Torta	Room 120	Creativity	Both	Learn modern calligraphy and handlettering using brush pens and you will elevate any ordinary text into extraordinary art.
<u>Kick Boxing</u>	Y7 - Y13	15:55-16:55	16	(Coach Mike Sherry)	Dance Studio	PAID Activities	Both	Thai Boxing is known as the art of 8 limbs; learn how to punch, kick, knee and elbow an opponent in a safe and controlled environment. Come and learn a new skill that improves your fitness and self-defence skills. PAID ACTIVITY (please see Paid Activities Notes section at the end of the booklet)
<u>Learning Technology Support</u>	Y7 - Y13	12:40 - 13:20	N/A	Mr Greg Roberts	Room 307	Creativity	Both	The Learning Technology Support CCA helps and offers support to staff and students with technology issues in the classroom. You will be trained and certified to ensure that staff and students utilise the schools current software and hardware in creative ways to develop teaching and learning experiences.
<u>Learn To Swim Programmes- Paul Sadler Swimland BEG-INTER</u>	Y7 - Y13	Beg/Inter 14:50-15:50	16	Paul Sadler Swimland	Secondary Pool	Action	Both	All of the BIS Learn to Swim Programmes this year will be delivered by the world renowned Paul Sadler Swimland company. This will be entirely free of charge to BIS students. Come along and learn to swim all major strokes in a fun and friendly environment.
<u>Richard Soriano Junior Basketball</u>	Y7 - Y9	17:00 - 18:30	36	Mr Richard Soriano	Sports Hall	Action	Both	This is an extension programme to further develop students Basketball skills and understanding of game situations. *This CCA will run from September until December. January until April. May until June.
<u>RSFA Performance Programme - U14-19 Girls Football</u>	Y7 - Y13	18:15 - 19:45	20	Mr Matthew O'Brien	Big Football Field	PAID Activities	Girls	Rising Star Football Academy - Football in a fun, engaging and challenging environment delivered by highly qualified, experienced and sought after coaches. Our mission is to inspire every 'Rising Star' to develop their skills, confidence and performance, to help them be a better footballer each and every day
<u>RSFA Performance Programme - U19 Boys Football</u>	Y10 - Y13	17:00-18:30	20	Mr Matthew O'Brien	Big Football Field	PAID Activities	Boys	Rising Star Football Academy - Football in a fun, engaging and challenging environment delivered by highly qualified, experienced and sought after coaches. Our mission is to inspire every 'Rising Star' to develop their skills, confidence and performance, to help them be a better footballer each and every day. PAID ACTIVITY (please see Paid Activities Notes section at the end of the booklet)
<u>String Ensemble</u>	Y7 - Y13	12:40:13:20	N/A	Mrs Emma Husband Mr Ian Alexander Ms Keziah Jacombs	Room 212	Creativity	Both	String instruments playing Classical music - all violins, violas and cellos welcome.
<u>String Orchestra</u>	Y7 - Y13	14:50-15:50	N/A	Mr Ian Alexander Mrs Emma Husband Ms Keziah Jacombs	Room 202	Creativity	Both	This is for any student who plays a string instrument. Performing new repertoire for a busy programme of events this year. Training you up, to be part of our Chamber Orchestra.
<u>Study Club</u>	Y7 - Y13	14:50-15:50	20	Mrs Yvonne Cullen Mrs Christine Laddaran Mr Mark Spalton Mr Ian Young	Skills for Learning	Creativity	Both	We believe that this is an excellent opportunity for you to either receive support or clarification with any aspect of your class work in which you may be having difficulty or to complete homework before leaving school. The staff members running the Study Support sessions are knowledgeable about the content being taught in your classes as well as the teacher's expectations of particular

TUESDAY

ACTIVITY	Year	TIME	MAX No.	TEACHER	FACILITY	CAS ACTIVITY GROUPING	Gender specific	DETAIL/NOTES
<u>U13 FOBISIA Boys Basketball</u>	Y7- Y8	15:55-16:55	16	Mr Jonny McLoughlin	Sports Hall	Action	Boys	This will be a selective squad for those who are successful through an initial trial process for FOBISIA. Therefore, dedicated attendance at training and events is essential. *This CCA will run from November until March.
<u>U14 Boys Basketball Squad</u>	Y7 - Y9	14:50-15:50	36	Mr Jonny McLoughlin	Sports Hall	Action	Boys	This will be a selective squad for those who are successful through an initial trial process. Students will represent the school in fixtures and competitions at home and abroad. Therefore, dedicated attendance at training and events is essential. Sign up for BOTH CCAs is expected. *This CCA will run from September until November.
<u>U14 Girls Basketball Squad</u>	Y7 - Y9	15:55 - 16:55	36	Ms Laura Gallagher	Sports hall	Action	Girls	This will be a selective squad for those who are successful through an initial trial process. Students will represent the school in fixtures and competitions at home and abroad. Therefore, dedicated attendance at training and events is essential. Sign up for BOTH CCAs is expected. *This CCA will run from September until November.
<u>U14 Girls Football Squad</u>	Y7 - Y9	15:55 - 16:55	36	Mr Ali Thom Mr Steve Porter	Big Football Field	Action	Girls	This will be a selective squad for those who are successful through an initial trial process. Students will represent the school in fixtures and competitions at home and abroad. Therefore, dedicated attendance at training and events is essential. Sign up for BOTH CCAs is expected. *This CCA will run from November until February.
<u>U14 Pre Season Girls Volleyball</u>	Y7- Y9	6.45 - 7.30	24	Mr Tuan Vuong	Sports Hall	Action	Girls	This will be a session preparing the teams for the upcoming season of Volleyball. If you are serious about getting into the squad, attendance is essential. *This CCA will run from November until February.
<u>U15 FOBISIA/U19 Pre Season Girls Basketball</u>	Y9 - Y13	6:45 - 7:30am	24	Mr Richard Soriano	Sportshall	Action	Boys	This will be a selective squad for those who are successful through an initial trial process for FOBISIA. Therefore, dedicated attendance at training and events is essential. It will also prepare the U19 team for their upcoming season. So if you are serious about getting into this squad, attendance is essential. *This CCA will run from September until November.
<u>U19 Badminton Squad</u>	Y10 - Y13	14:50-15:50	24	Ms Stephanie Webb	Sports Hall	Action	Both	This will be a selective squad for those who are successful through an initial trial process. Students will represent the school in fixtures and competitions at home and abroad. Therefore, dedicated attendance at training and events is essential. *This CCA will run from November until February.
<u>U19 Pre Season Boys Football</u>	Y10 - Y13	6:45 - 7:30	32	Mr Phil Husband	Big Football Field	Action	Boys	This will be a session preparing the teams for the upcoming season of Football. If you are serious about getting into the squad, attendance is essential. *This CCA will run from November until February.

WEDNESDAY

ACTIVITY	Year	TIME	MAX No.	TEACHER	FACILITY	CAS ACTIVITY GROUPING	Gender specific	DETAIL/NOTES
<u>Secondary Production</u>	Y7 - Y13	14:50-15:50	35	Mr Ian Alexander Mrs Anne-Marie Astley Mrs Emma Husband Ms Keziah Jacombs	Room 210	Creativity	Both	The auditions for the Drama productions this year will be the 27th and 29th August, all students can audition and should sign up on the Drama notice board. The shows for this year will be announced in the first assembly back.
<u>AP2 Red Swimming Squad</u>	Y7 - Y13	06.00 - 07.30	24	Ms Emily McLelland Mr Vinh Nguyen Mr Dat Nguyen	Swimming Pool Secondary School	Action	Both	This will be a selective squad for those who are successful through an initial trial process. Students will represent the school in fixtures and competitions at home and abroad. Therefore, dedicated attendance at training and events is essential. Sign up for one or both sessions is acceptable. *This CCA will run from September until December. January until April. May until June.
<u>Art Matters-Batik workshop and exploring Art</u>	Y9 - Y10	14:45- 15:45	10	Ms Janet Williams	Room 309	Creativity	Both	A great opportunity to explore and develop new art techniques and be creative. You'll work alongside a teacher and a small number of y5 and y6 to create some beautiful BATIK paintings amongst other pieces. You need to be passionate about art and prepared to experiment and take risks. Enjoy!
<u>Children's Cancer Ward Visits - Binh Thanh</u>	Y10 - Y13	14:50-16:30	20	Mr Darryl Cullen Ms Kim McWilliam	Oncology hospital in Binh Thanh District	Creativity and Service	Both	Weekly planning and activities to support the lives of the children and their families of the HCMC Cancer ward in Binh Thanh
<u>Children's Cancer Ward Visits - District 2</u>	Y10 - Y13	14:50-16:30	20	Mr Robert Brownrigg Ms Duong Mr Nguyen Vu Mr Matthew Lambert Mrs Bee Smith	Benh Vien Quan 2, 130 Le Van Thinh street, Binh Trung Tây Ward, District 2	Creativity and Service	Both	Weekly planning and activities to support the lives of the children and their families of the HCMC Cancer ward in the Hospital in District 2
<u>Community Committee</u>	Y12	15:50-16:50	N/A	Mrs Nesta Lanyon_Jones	Room 221	Creativity and Service	Both	This club is a committee of students who plan and organise community activities including the Go Vap orphanage visits. They are responsible for advertising trips as well as carefully selecting the activities we do.
<u>Computing Skills for Christina Noble Students</u>	Y9 - Y13	14:50-15:50	12	Ms Claire Easter	Room 110	Service	Both	A basic computing skills workshop with students from Christina Noble Foundation. We need students who are willing to be patient and help create activities for younger students with no expose to technology - so basic word processing and so forth. It will be advantageous if a number of the group members can speak Vietnamese, but this is not a requirement.
<u>Craft Club</u>	Y7 - Y13	14:50-15:50	15	Ms Nicola Tingey	Room 308	Creativity	Both	In this student run craft club, we are planning to make different types of slime and other crafty things.
<u>CrossFit Thao Dien</u>	Y7 - Y13	14:50 - 15:50	20	Ms Lois Topping	Cross Fit Thao Dien	PAID Activities	Both	CrossFit is the revolutionary fitness program taking the world by storm, and is now in Thao Dien! CrossFit creates healthy people by making exercise fun, teaching excellent mechanics, and catering for everyone. With the support of the coaches you will learn how to move efficiently, better understand exercise physiology, practice a huge variety of skills and movements, and get a great workout - all in one hour. You don't need to be sporty or fit, you just need an open mind and a 'can do' attitude. This CCA is the only opportunity in Vietnam for young people to try CrossFit! PAID ACTIVITY (please see Paid Activities Notes section at the end of the booklet)
<u>Drama Games club</u>	Y7 - Y13	12:40 - 13:20	20	Ms Anne Marie Astley	Room 209	Creativity	Both	An opportunity to play your favourite Drama games and to learn some new ones.
<u>F1 in schools Club</u>	Y10 - Y12	14:50-15:50	Yr 10 &11 : 12 Yr 12 : 10	Mr Chris Diver Mr Greg Roberts	Room 326, Mac Suite	Creativity	Both	The aim of the CCA is to develop the skills to be able run a simulated Formula 1 team, by designing, developing and testing a car to race nationally, and/or internationally, at the F1 in schools world finals. The CCA will also require the students to learn how to fund raise and liaise with outside sponsors and run awareness raising events during the year. This will be of particular interest to students wishing to pursue a careers which might include; project management, engineering or design, business and marketing, or social media design and implementation of a web based activities.

WEDNESDAY

ACTIVITY	Year	TIME	MAX No.	TEACHER	FACILITY	CAS ACTIVITY GROUPING	Gender specific	DETAIL/NOTES
<u>Feminist Literature Book Club</u>	Y9 - Y13	12:40 - 13:20	12	Ms Anita Curley	Library	Creativity	Both	Dip in to feminist books recommended by Emma Watson, UN Women Goodwill Ambassador, in her online book club: 'Our Shared Shelf'. We'll look at synopses, extracts, and reviews of her recommendations, whilst also discussing some of the key ideas the books explore in an informal and friendly forum.
<u>Global Goals Project</u>	Y7 - Y13	14:50-15:50	N/A	Miss Lauren Binnington	Study Room	Creativity and Service	Both	The Global Goals Project is an opportunity to further develop your participation in the United Nation's Sustainable Development Goals and start to make a difference. We are planning an awareness campaign focused on Global Goal 4: Quality Education to take place in Term 1, and we will prepare for the Global Issues Network Conference in March.
<u>GIN Council</u>	Y10 - Y13	12:40 - 13:20	20	Ms Nesta Lanyon Jones	Room 327	Service	Both	Students plan and organise a GIN event as well as help AIS plan and organise the GIN Conference 2019 taking place in February.
<u>GreenR Minds</u>	Y7 - Y13	14:50-15:50	20	Ms Silvia Torta	Room 120	Service	Both	This is your chance to make an impact on the environment. Being a student-led club we are extremely open and want all people's opinions and ideas so that we can enact positive change. Last year we were able to start an e-waste disposal system and upcycling and the upcoming school year we hope to do a lot more.
<u>Historical War Games Club</u>	Y7 - Y13	14:50-15:50	25	Mr James Goundry	Room 525	Creativity	Both	Unleash your inner Rommel and defend the D-Day beaches. Outdo Monty and capture that elusive bridge. Emulate Zhukov and sweep the Hun from Stalingrad. As the club expands, new historical era will be added.
<u>Ice Skating</u>	Y7 - Y13	14:40-16:30	10	Mr Ian Young	VinCom Thao Dien Ice Rink	PAID Activities	Both	This club that would give students the opportunity to learn how to ice skate or practice their ice skating ability. The basics of ice skating will be addressed in this club, including forwards and backwards skating, as well as stopping and turning. It is not a figure skating club. It is a paid club and will be held at the skating rink at Vincom Megamall. There will be a need to rent ice skating and safety equipment (which is mandatory), however, you may bring your own skates if you have them. PAID ACTIVITY (please see Paid Activities Notes section at the end of the booklet)
<u>International Award Bronze</u>	Y10	12:40:13:20	25	Mr Peter Cowen Mr James Quarrington Mr Mark Jones	Room 522	Action and Creativity	Both	Challenge yourself to achieve the Duke of Edinburgh's International Award. You will need to carry out regular Physical, Skill and Service activities, complete a 2-day practice expedition and a final 2-day hiking and camping assessed expedition. We'll help you learn the expedition skills, but you'll need the motivation and determination to do it!
<u>KS3 Cricket</u>	Y7-9	12.45 - 1.15	16	Mr Steve Whitely Mr Mustansaar Hussain	Sports Hall	Action	Both	This will be a student led club aimed at maximising game time for players who love Cricket! This CCA will run from September until December.
<u>KS3 History Debate Club</u>	Y7 - Y9	14:50-15:50	24	Ms Rachael Lowry	Room 526	Creativity	Both	This is a student led club. In this club the 2 year 11 leaders (Arun and Carl) will help you to debate on a range of Historical topics, to improve debating skills and historical knowledge. If you have a passion for History and/or Current Affairs and wish to express your opinion about it, then this is the club for you.
<u>KS3 show</u>	Y7 - Y9	Monday 14:50 - 15:50, and Wednesday 14:50 - 16:55.	35	Ms Jessica Bostock Ms Emily Rhead	Auditorium	Creativity	Both	The auditions for the Drama productions this year will be the 27th and 29th August, all students can audition and should sign up on the Drama notice board. The shows for this year will be announced in the first assembly back.
<u>LAMDA Reading for Performance</u>	Y7 - Y13	14:50-15:50	15	Miss Sian Davies	Room 323	Creativity	Both	Reading for Performance is a great chance to develop your ability to read aloud in an interesting and convincing way. We'll be working with novel extracts, poems and monologues; trying out different tones and actions to make your reading a true 'Performance'. NOTE: the qualification entry will be decided in Term 2; signing up to this CCA in Term 1 does not necessarily mean you have to take the exam in June.
<u>Learn To Swim Programmes-Paul Sadler Swimland INTER-ADV</u>	Y7 - Y13	Inter/Adv 14:50 - 15:50	16	Paul Sadler Swimland	Swimming Pool Secondary School	Action	Both	All of the BIS Learn to Swim Programmes this year will be delivered by the world renowned Paul Sadler Swimland company. This will be entirely free of charge to BIS students. Come along and learn to swim all major strokes in a fun and friendly environment.

WEDNESDAY

ACTIVITY	Year	TIME	MAX No.	TEACHER	FACILITY	CAS ACTIVITY GROUPING	Gender specific	DETAIL/NOTES
<u>Mindfulness Colouring</u>	Y7 - Y13	14:50-15:50	25	Mr Darryl Cullen	Room 421	Creativity	Both	Need a break? Are you looking for some time to relax, reflect and develop better strategies for living your hectic life? Join Mindfulness Colouring to participate in colouring and art activities while developing mindfulness skills that will help you to manage stress, feel calmer and have a more positive attitude to everything life has to throw at you.
<u>Richard Soriano Senior Basketball</u>	Y10 - Y13	17:00 - 18:30	36	Mr Richard Soriano	Sports Hall	Action	Both	This is an extension programme to further develop students Basketball skills and understanding of game situations. *This CCA will run from September until December. January until April. May until June.
<u>RSFA Performance Programme - U14 Boys Football</u>	Y7 - Y9	17:00-18:30	20	Mr Matthew O'Brien	Field	PAID Activities	Boys	Rising Star Football Academy - Football in a fun, engaging and challenging environment delivered by highly qualified, experienced and sought after coaches. Our mission is to inspire every 'Rising Star' to develop their skills, confidence and performance, to help them be a better footballer each and every day PAID ACTIVITY (please see Paid Activities Notes section at the end of the booklet)
<u>RSFA Performance Programme - U14-19 Girls Football</u>	Y7 - Y13	18:15 - 19:45	20	Mr Matthew O'Brien	Field	PAID Activities	Girls	Rising Star Football Academy - Football in a fun, engaging and challenging environment delivered by highly qualified, experienced and sought after coaches. Our mission is to inspire every 'Rising Star' to develop their skills, confidence and performance, to help them be a better footballer each and every day
<u>Saigon Enterprise Challenge</u>	Year 12	14:50-15:50	20	Mr Robbie Alexander	Room 222	Creativity	Both	The Saigon Enterprise Challenge offers students in Year 12 a fantastic opportunity to make all the decisions about their business enterprise, from deciding on the name and product to creating a business plan, managing the business finances, marketing their product or service successfully, selling to the public and trying to generate a profit. The Challenge helps students develop skills and experience which are in great demand within the business world globally.
<u>Science Project</u>	Y10 - Y13	14:50 - 15:50	15	Ms Jodie Westwood	Room 407	Creativity	Mixed	The Science Project CCA allows students to explore an area of science that they are curious about. Students will research their topics of interest and use this research to plan and conduct an investigation. Finally the students will have the opportunity to showcase their findings to their peers.
<u>Scooter Club</u>	Y10 - Y13	14:50 - 15:50	6	Mr David Gould Ms Sam Mackenzie	Room 413	Action	Both	This is your opportunity to get your hands dirty restoring a 1966 C70 Honda Cub! If you have an interest in maintaining your own scooter, mechanics or engineering this could be the CCA for you. We will be learning as we restore the scooter, replacing parts which are no longer serviceable but also refurbishing what we can. At the end, the finished Cub will be sold to recoup expenses. Any profit will be put towards the purchase of the next project bike. To document the process we are planning a weekly blog with a short update, including photographs, on our progress.
<u>STEAM Challenge Club</u>	Y7 - Y13	14:50-15:50	20	Mr James Chandler	STEAM Room 306	Creativity	Both	Are you interested in STEAM activities? Would you like to apply trans-disciplinary skills and knowledge to different problems? If so then this club is for you!
<u>Study Club</u>	Y7 - Y13	14:50-15:50	20	Mrs Yvonne Cullen Mrs Christine Laddaran Mr Mark Spalton Mr Ian Young	Skills for Learning	Creativity	Both	We believe that this is an excellent opportunity for you to either receive support or clarification with any aspect of your class work in which you may be having difficulty or to complete homework before leaving school. The staff members running the Study Support sessions are knowledgeable about the content being taught in your classes as well as the teacher's expectations of particular homework and assignments.
<u>Sudoku</u>	Y7 - Y11	14:50-15:50	20	Mr Vinton Shine	Room 220	Creativity	Both	Improve your math and problem solving skills in a relaxed and fun environment. All levels welcome.
<u>Teaching English at Huynh Van Ngoi School</u>	Y9 - Y13	14:50-15:50	26	Mrs Victoria Zahraoui	Huynh Van Ngoi school	Creativity and Service	Both	A rewarding and fun opportunity to work as a group teaching English at a local school. The students are aged 7-9 and are full of enthusiasm.
<u>Thao Dien Disabled School Visits</u>	Y7 - Y13	14:50-15:50	15	Ms Ker Ms Elena Fuentes	Thao Dien School/Undercroft	Creativity and Service	Both	Weekly visits with games and interactive learning.
<u>The Great Reading Race</u>	Y7-Y11	12.40 - 13.20	20	Ms Sam Mackenzie	Library	Creativity	Both	Love to read? Looking for ideas on what to read next? Want to challenge yourself? Then this is the place to be. Wednesday lunchtimes in the Library is where you can explore different books, swap recommendations and challenge yourself to enter different reading challenges. It will be a place to discuss, share, read and celebrate all things reading. Open to everyone in Years 7 - 11.

WEDNESDAY

ACTIVITY	Year	TIME	MAX No.	TEACHER	FACILITY	CAS ACTIVITY GROUPING	Gender specific	DETAIL/NOTES
<u>The Role-Playing Group</u>	Y7 - Y13	14:50-15:50	24	Mr Darryl Cullen	Room 421	Creativity	Both	No acting at all (unless you want). Role-playing is about getting creative and making your friends endure the insanity that is your imagination. Be a game master and control the story as you like. Will you be benevolent and kind, or cruel and unrelenting? Or be a character, making good (or bad) choices and let circumstance and dice make a mockery of your efforts!
<u>The Zelda Dungeon</u>	Y7-Y9	12:40 - 13:20	10	Ms Silvia Torta	Room 120	Creativity	Both	Do you like The Legend of Zelda? This CCA is for anyone who enjoys discussing game theories, Gameplay videos and talking about the game series loved across the globe. Come and show your love for Hyrule!
<u>U13 FOBISIA Fitness</u>	Y7-8	6:45 - 7:30	32	Mr Tuan Vuong	Sports Hall	Action	Both	We WILL be the fittest team at FOBISIA. Get strong, fast and durable for the FOBISIA Games. If selected in the FOBISIA squad it is an expectation to attend this club. *This CCA will run from November until March.
<u>U14 Boys Football Squad</u>	Y7 - Y9	14.50 - 15.50	36	Mr Matthew O'Brien Mr Mark Spalton	Big Football Field	Action	Boys	This will be a selective squad for those who are successful through an initial trial process. Students will represent the school in fixtures and competitions at home and abroad. Therefore, dedicated attendance at training and events is essential. Sign up for BOTH CCAs is expected. *This CCA will run from November until February.
<u>U14 Girls Football Squad</u>	Y7 - Y9	15.55 - 16.55	36	Mr Ali Thom Mr Steve Porter	Big Football Field	Action	Girls	This will be a selective squad for those who are successful through an initial trial process. Students will represent the school in fixtures and competitions at home and abroad. Therefore, dedicated attendance at training and events is essential. Sign up for BOTH CCAs is expected. *This CCA will run from November until February.
<u>U14-19 Boys Basketball Recreational</u>	Y7 - Y13	15:55-16:55	24	Mr James Goundry	Outdoor Court	Action	Boys	Come to learn the basics of Basketball or just play for fun. This session is aimed at playing Basketball with your friends in a fun and none competitive environment.*This CCA will run from September until December. January until April. May until June.
<u>U14-19 Girls Basketball Recreational</u>	Y7 - Y13	14:50-15:50	24		Outdoor Court	Action	Girls	Come to learn the basics of Basketball or just play for fun. This session is aimed at playing Basketball with your friends in a fun and none competitive environment.*This CCA will run from September until December. January until April. May until June.
<u>U15 FOBISIA Fitness</u>	Y9-10	6:45 - 7:30	32	Mr Tuan Vuong	Sports Hall	Action	Both	We WILL be the fittest team at FOBISIA. Get strong, fast and durable for the FOBISIA Games. If selected in the FOBISIA squad it is an expectation to attend this club. *This CCA will run from September until November.
<u>U19 Boys Basketball Squad</u>	Y10 - Y13	15:55-16:55	24	Mr Richard Soriano	Sports Hall	Action	Boys	This will be a selective squad for those who are successful through an initial trial process. Students will represent the school in fixtures and competitions at home and abroad. Therefore, dedicated attendance at training and events is essential. Sign up for BOTH CCAs is expected. *This CCA will run from November until February.
<u>U19 Boys Volleyball Squad</u>	Y10 - Y13	15:55-16:55	24	Mr Philip Husband	Sports Hall	Action	Girls	This will be a selective squad for those who are successful through an initial trial process. Students will represent the school in fixtures and competitions at home and abroad. Therefore, dedicated attendance at training and events is essential. Sign up for BOTH CCAs is expected. *This CCA will run from September until November.
<u>U19 Girls Basketball Squad</u>	Y10 - Y13	14:50-15:50	24	Ms Jonny McLoughlin	Sports Hall	Action	Girls	This will be a selective squad for those who are successful through an initial trial process. Students will represent the school in fixtures and competitions at home and abroad. Therefore, dedicated attendance at training and events is essential. Sign up for BOTH CCAs is expected. *This CCA will run from November until February.
<u>U19 Girls Volleyball Squad</u>	Y10 - Y13	14:50-15:50	24	Ms Stephanie Webb Mr Andy Luke	Sports Hall	Action	Girls	This will be a selective squad for those who are successful through an initial trial process. Students will represent the school in fixtures and competitions at home and abroad. Therefore, dedicated attendance at training and events is essential. Sign up for BOTH CCAs is expected. *This CCA will run from September until November.
<u>Uniform Upcycling</u>	Y7 - Y13	15:55-16:55	15	Miss Nicola Tingey	Room 308	Creativity and Service	Both	Are you passionate about re-using materials to reduce waste. Come along and make some cool products using old school uniform that has been donated. Learn to use the sewing machine and to cut fabrics for making products. This project was started last year by Mr Roman through the Greenr club. Let's continue to grow this project and make a difference!

WEDNESDAY

ACTIVITY	Year	TIME	MAX No.	TEACHER	FACILITY	CAS ACTIVITY GROUPING	Gender specific	DETAIL/NOTES
<u>Vietnamese Art-Craft products</u>	Y10-Y11	14:50-15:50	15	Mr Toan Nguyen Ms Linh Nguyen	Room 226	Service	Both	When participating in this club, students will be able to make some Vietnamese Art-Craft products such as cutting animals, making paper flowers , folding planes, houses, boats. They will also be taught how to make key chains . Throughout this club, students will develop their working skills such as collaboration in group & individual work. Students will also learn more about Vietnamese culture.

THURSDAY

ACTIVITY	Year	TIME	MAX No.	TEACHER	FACILITY	CAS ACTIVITY GROUPING	Gender specific	DETAIL/NOTES
<u>ABRSM Theory Club</u>	Y7 - Y11	12:40-13:20	15	Mr Ian Alexander Ms Keziah Jacombs	Room 202	Creativity	Both	All students welcome. A session to help prepare for your theory grades. Remember you need to take grade 5 theory to take grade 6-8 practical ABRSM exams.
<u>BIS Model United Nations</u>	Y8 - Y13	14:50-15:50	90	Ms Gemma Archer Miss Sian Davies Mr Stuart Elliott Mr Timothy English Mr Daniel Gamwell Miss Lauren Binnington	Room 109 & 110	Creativity	Both	The Model United Nations is a simulation of the real UN general assembly and other legislative councils. It involves debating wide ranging issues, and offers the opportunity to partake of academic conferences in Seoul, Hanoi and here in Ho Chi Minh City. Sharpen your debate and speaking skills at MUN.
<u>Book Club</u>	Y7 - Y9	14:50-15:50	20	Ms Sam Mackenzie	Room 328	Creativity	Both	For students who love reading and want to talk about the books they have read. Will also include activities such as creating posters and mind maps about books, compiling suggested reading lists for different year groups, and promoting reading across both school sites
<u>Christina Noble Swimming Club</u>	Y9 - Y13	14:50-15:50	10	Mrs Nesta Lanyon Jones Mr Gavin Donnelly	Secondary Swimming Pool	Creativity and Service	Both	If you're a confident swimmer in years 10-13, teach someone else the essential life skill of being able to swim! This fantastic new club involves working with students from the Christina Noble Foundation, an organisation which works with disadvantaged young people across the city.
<u>Choir KS3</u>	Y7 - Y9	12:40-13:20	130	Mr Ian Alexander Mrs Frances Amos Mrs Emma Husband Ms Keziah Jacombs	Auditorium Secondary School	Creativity	Both	If you enjoy singing and want to know how to develop your skills, learn with a big group of people and have fun doing it by coming along to Choir on Thursday lunchtimes. This term our repertoire will range from pop to rock, from jazz right through to classical.
<u>Choir KS4&5</u>	Y10 - Y13	12:40-13:20	N/A	Ms Emma Husband	Auditorium	Creativity	Both	A Key Stage 4 & 5 choir only for any male or female who is interested in singing (no audition required)
<u>Developing Drama Theory</u>	Y10 - Y13	14:50-15:50	20	Ms Anne Marie Astley	Room 210	Creativity	Both	An opportunity to develop your theory and knowledge within Drama and Theatre.
<u>Engineering Masters</u>	Y11 - Y12	14:50-15:50	15	Mr Andy Luke	Room 409	Creativity	Both	This CCA invites students to participate in activities which require some knowledge of physics in order to design various objects/devices and test them. A few of the activities that have been planned are making rockets, designing the most stable barges and much more! This CCA is an opportunity for students who wish to pursue an engineering course to have a pre-taste of what it is like to work as an engineer. It is also open to any students who enjoy making things in general. Don't hesitate to join us even if you are not confident in physics or in designing things – it will be a fun semester and you will learn as you go!
<u>Fantasy Football</u>	Y7 - Y13	14:50-15:50	16	Mr Owen Lewis	Room 426	Creativity	Both	Season-long competition requiring a laptop - pick a squad of English Premiership footballers within a given budget. Your team scores points according to how they perform in real life.
<u>Film Critiques Club</u>	Y7 - Y13	14:50-15:50	20	Mr James Quarrington	Room 521	Creativity	Both	This club is for students who love films. In this club, we will be watching a variety of films which have been released in different years. After watching the films students will discuss a variety of issues, and topics regarding the film they watched. It is a relaxing club, and can act as a stress reliever for students as they enjoy an afternoon watching and talking about different films.
<u>Fitness at Nutrifort</u>	Y9 - Y13	14:50-16:00	20	Mr Jim Dace	Nutrifort Dist. 2	Action	Both	Ideal for students who are fit and active, this CCA will include circuit training, kick-boxing, spinning, TRX and weight training. Nutrifort trainers will lead these fun sessions and push you to complete a challenging workout. Get fitter during your CCA time! PAID ACTIVITY (please see Paid Activities Notes section at the end of the booklet)
<u>Growing Minds</u>	Y9 - Y13	14:50-15:50	15	Mr Christopher Paine Ms Phan Ms Tran	Bistro	Creativity + Service	Both	Join this club where students from the Binh Tho school come along to BIS to experience what we have to offer. Improve your leadership skills by designing games and leading activities for the Binh Tho students to improve their English and most importantly have fun. This term we have carried out Drama, ICT, Sport and Art activities, what could we do next term?

THURSDAY

ACTIVITY	Year	TIME	MAX No.	TEACHER	FACILITY	CAS ACTIVITY GROUPING	Gender specific	DETAIL/NOTES
<u>Jazz Band</u>	Y7 - Y13	14:50-15:50	N/A	Mr Ian Alexander Ms Keziah Jacombs	Auditorium	Creativity	Both	An opportunity to play some of the classic jazz, funk and blues charts. Saxophones Brass and Rhythm section players.
<u>Knit and Natter</u>	Y7 - Y13	14:50-15:50	24	Ms Claire Easter Ms Jodie Westwood	Room 122	Creativity	Both	Knit and Natter welcomes new, improving and expert knitters. Returning knitters may wish to branch out from the beginner scarves and hats to the small scale toys and puppet projects on offer and learn how to purl stitch, cable, increase and decrease and follow patterns. Beginner knitters are very welcome, along with those that want to continue to develop their skills and have fun clicking, clacking and chatting. A small charge will be made for consumables (needles and wool) this year, or you can supply your own.
<u>KS3 Volleyball</u>	Y7 - Y9	12:45 - 1:15	16	Mr Phil Husband	Sports Hall	Action	Both	This will be a student led club aimed at maximising game time for players who love Volleyball! This CCA will run from September until December.
<u>Netball</u>	Y7 - Y13	14:50-15:50	40	Ms Camilla Ruddin	Outdoor Court Secondary School	Action	Both	Come to learn the basics of Netball or just play for fun. This session is aimed at playing Basketball with your friends in a fun and none competitive environment.*This CCA will run from September until December. January until April. May until June.
<u>Physical theatre exploration club</u>	Y7 - Y13	14:50 - 15:50	15	Ms Emily Rhead Ms Anne Marie Astley	Room 209	Creativity	Both	An opportunity to explore the exciting and dynamic work of Frantic Assembly with our new Frantic Assembly expert Miss Rhead.
<u>Pottery Class</u>	Y7	14:50-15:50	10	Ms Lisa Auligny	External	PAID Activities	Both	Learn basic ceramic techniques including the use of the hand wheel as you create beautiful bowls and dishes. PAID ACTIVITY (please see Paid Activities Notes section at the end of the booklet)
<u>Study Club</u>	Y7 - Y13	14:50-15:50	20	Mrs Yvonne Cullen Mrs Christine Laddaran Mr Mark Spalton Mr Ian Young	Skills for Learning	Creativity	Both	We believe that this is an excellent opportunity for you to either receive support or clarification with any aspect of your class work in which you may be having difficulty or to complete homework before leaving school. The staff members running the Study Support sessions are knowledgeable about the content being taught in your classes as well as the teacher's expectations of particular homework and assignments.
<u>The Caterers Academy Cookery Class</u>	Y7 - Y9	14:50-15:50	12	Ms Rebecca Morgan-Director, The Caterers Academy	AP1 Food Technology Room	PAID Activities	Both	The Caterers Academy is a hands on cooking program which will give students the opportunity to learn valuable life skills through the art of preparing food. You will not only be taught a repertoire of both savoury and sweet recipes but you will be encouraged to work in teams, use basic maths skills and increase your common sense, all in a FUN and EDIBLE way!!! You will take home what you have cooked in the class and at the end of the season you will receive a cookbook which contains all the recipes you would have mastered. PAID ACTIVITY (please see Paid Activities Notes section at the end of the booklet)
<u>U14 Girls Basketball Squad</u>	Y7 - Y9	14:50 - 15:50	36	Ms Laura Gallagher	Sports hall	Action	Girls	This will be a selective squad for those who are successful through an initial trial process. Students will represent the school in fixtures and competitions at home and abroad. Therefore, dedicated attendance at training and events is essential. Sign up for BOTH CCAs is expected. *This CCA will run from September until November.
<u>U14 Pre Season Badminton</u>	Y7-9	6:45 - 7:30	24	Ms Laura Gallagher	Sportshall	Action	Both	This will be a session preparing the teams for the upcoming season of Badminton. If you are serious about getting into the squad, attendance is essential. *This CCA will run from November until February.
<u>U14 Table Tennis Squad</u>	Y7 - Y9	14:50-15:50	16	Mr Simon Williams	Dance studio	Action	Both	This will be a selective squad for those who are successful through an initial trial process. Students will represent the school in fixtures and competitions at home and abroad. Therefore, dedicated attendance at training and events is essential. *This CCA will run from November until February.
<u>U15 FOBISIA/U14 Pre Season Girls Football</u>	Y7 - Y10	15:55 - 16:55	36	Mr Matthew O'Brien	Big Football Field	Action	Girls	This will be a selective squad for those who are successful through an initial trial process for FOBISIA. Therefore, dedicated attendance at training and events is essential. It will also prepare the U14 team for their upcoming season. So if you are serious about getting into this squad, attendance is essential. *This CCA will run from September until November.

THURSDAY

ACTIVITY	Year	TIME	MAX No.	TEACHER	FACILITY	CAS ACTIVITY GROUPING	Gender specific	DETAIL/NOTES
<u>U19 Badminton Squad</u>	Y10 - 13	14:50-15:50	24	Ms Stephanie Webb	Sports Hall	Action	Both	This will be a selective squad for those who are successful through an initial trial process. Students will represent the school in fixtures and competitions at home and abroad. Therefore, dedicated attendance at training and events is essential. *This CCA will run from November until February.
<u>U19 Pre Season Badminton</u>	Y10-13	6:45 - 7:30	24	Mr Tuan Vuong	Sports Hall	Action	Both	This will be a session preparing the teams for the upcoming season of Badminton. If you are serious about getting into the squad, attendance is essential. *This CCA will run from September until November.
<u>U19 Table Tennis Squad</u>	Y10 - 13	14:50-15:50	16	Mr Simon Williams	Dance studio	Action	Both	This will be a selective squad for those who are successful through an initial trial process. Students will represent the school in fixtures and competitions at home and abroad. Therefore, dedicated attendance at training and events is essential. *This CCA will run from September until November.
<u>Vietnamese Grammar club</u>	Y7 - Y10	14:50-15:50	7	Mrs Mai Le	Room 326	Creativity	Both	This club is designed to help Vietnamese students with a deeper understanding of Vietnamese grammar in both speaking and writing. Students will have an opportunity to review basic grammar which they may have missed. Students will learn how to ask questions in order to check their knowledge and terminologies when they get stuck in reading and writing skills.

FRIDAY

ACTIVITY	Year	TIME	MAX No.	TEACHER	FACILITY	CAS ACTIVITY GROUPING	Gender specific	DETAIL/NOTES
<u>AP2 Development Swimming Squad</u>	Y7 - Y13	14:50-15:50	26	Mr Dat Nguyen Mr Vinh Nguyen	Swimming Pool Secondary	Action	Both	This will be a selective squad for those who are successful through an initial trial process. Students will represent the school in fixtures and competitions at home and abroad. Therefore, dedicated attendance at training and events is essential. Sign up for one or both sessions is acceptable. *This CCA will run from September until December. January until April. May until June.
<u>AP2 Red Swimming Squad</u>	Y7 - Y13	06.00 - 07.30	24	Ms Emily McLelland Mr Vinh Nguyen Mr Dat Nguyen	Swimming Pool Secondary	Action	Both	This will be a selective squad for those who are successful through an initial trial process. Students will represent the school in fixtures and competitions at home and abroad. Therefore, dedicated attendance at training and events is essential. Sign up for one or both sessions is acceptable. *This CCA will run from September until December. January until April. May until June.
<u>Chemistry Club</u>	Y10 - Y12	14:50 - 15:50	15	Mr Stuart Pine	Room 407	Creativity	Both	Chemistry club is an opportunity for students to engage in practical science outside of class time. Being student led this is a chance for students to carry out experiments they find fun and interesting, or to design and carry out their own investigation with the guidance of year 12 and 13 students.
<u>Dumbledore's Army (Fandom Club)</u>	Y7 - Y13	12:40 - 13:20	20	Mr Rick Jackson	Room 301	Creativity	Both	Dumbledore's army is where we go on Friday lunchtime to have fun with other people that have a weird obsession with the wizarding world of Harry Potter. Dumbledore's army is a place where both book and movie Harry Potter fans may come to form part of theme based activities including quidditch and house competitions. We will together discuss the different books, movies and characters present while finding new and fun ways to share our appreciation of the different houses. We all love it because it is a way of expressing our inner craziness and obsessions and we know you will love it too!
<u>Groovin' It</u>	Y9 - Y11	14:50 - 15:50	10	Mr Toan Nguyen Ms Linh Nguyen	Dance Studio	Action	Both	Groovin' It is highly recommended for students who are already engaged in (any type of) dancing. The ECA is a space for dancers to pump their dancing muscles and potentially a place where they can learn dancing tips as well as interact with each other. Please note that the Groovin' It is not responsible for teaching students choreography or formal dance instruction.
<u>Lunchtime Art</u>	Y7 - Y8	12.40 - 13.20	15	Ms Janet Williams	Room 309	Creativity	Both	A chance to improve your artistic skills in an open work space.
<u>Mai Am Club</u>	Y7 - Y13	14:50-15:50	10	Mr Mark Jones	Room 108	Creativity and Service	Both	Help the boys from Mai Am Shelter improve their English skills through games and activities.
<u>Irish Folk</u>	Y7 - Y13	12:40 - 13:20	N/A	Mrs Emma Husband Mr Ian Alexander Ms Keziah Jacombs	Room 212	Creativity	Both	An instrumental folk group for violins, flutes, guitars and percussion players that focuses on traditional music from Ireland and Scotland.
<u>KS4-5 Volleyball</u>	Y10-13	12.45 - 1.15	16	Ms Stephanie Webb	Sports Hall	Action	Both	This will be a student led club aimed at maximising game time for players who love Volleyball! This CCA will run from September until December.
<u>Student Maths Leaders</u>	Y12	14:50 - 15:50	10	Mr Ben Sillitoe	Room 424	Action	Both	Organise and run fun and engaging maths-related activities for use with our younger students
<u>Study Club</u>	Y7 - Y13	14:50-15:50	20	Mrs Yvonne Cullen Mrs Christine Laddaran Mr Mark Spalton Mr Ian Young	Skills for Learning	Creativity	Both	We believe that this is an excellent opportunity for you to either receive support or clarification with any aspect of your class work in which you may be having difficulty or to complete homework before leaving school. The staff members running the Study Support sessions are knowledgeable about the content being taught in your classes as well as the teachers' expectations of particular homework and assignments.
<u>Tennis</u>	Y10-12	14.50 - 15.50	8	Ms Stephanie Webb	Offsite location	Action	Both	Play Tennis with friends and improve shot selection and accuracy in a fun game based session. Cost = 250,000 VND per week

FRIDAY

ACTIVITY	Year	TIME	MAX No.	TEACHER	FACILITY	CAS ACTIVITY GROUPING	Gender specific	DETAIL/NOTES
<u>U13 FOBISIA Girls Basketball</u>	Y7-8	14:50 -15:50	16	Mr Laura Gallagher	Sportshall	Action	Girls	This will be a selective squad for those who are successful through an initial trial process for FOBISIA. Therefore, dedicated attendance at training and events is essential. *This CCA will run from November until March.
<u>U14 Boys Basketball Squad</u>	Y7-Y9	14:50 -15:50	36	Mr Jonny McLoughlin	Sports Hall	Action	Boys	This will be a selective squad for those who are successful through an initial trial process. Students will represent the school in fixtures and competitions at home and abroad. Therefore, dedicated attendance at training and events is essential. Sign up for BOTH CCAs is expected. *This CCA will run from September until November.
<u>U14 Boys Football Squad</u>	Y7 - Y9	14:50 - 15:50	36	Mr Matthew O'Brien Mr Mark Spalton	Big Football Field	Action	Boys	This will be a selective squad for those who are successful through an initial trial process. Students will represent the school in fixtures and competitions at home and abroad. Therefore, dedicated attendance at training and events is essential. Sign up for BOTH CCAs is expected. *This CCA will run from November until February.
<u>U15 FOBISIA/U14 Pre Season Boys Football</u>	Y7 - Y10	14:50 - 15:50	36	Mr Matthew O'Brien	Big Football Field	Action	Boys	This will be a selective squad for those who are successful through an initial trial process for FOBISIA. Therefore, dedicated attendance at training and events is essential. It will also prepare the U14 team for their upcoming season. So if you are serious about getting into this squad, attendance is essential. *This CCA will run from September until November.

SATURDAY

ACTIVITY	Year	TIME	MAX No.	TEACHER	FACILITY	CAS ACTIVITY GROUPING	Gender specific	DETAIL/NOTES
<u>Richard Soriano Basketball</u>	Y7 - Y13	14:45 - 16:15	30	Mr Richard Soriano	Secondary Sports Hall	PAID Activities	Both	Refine those Basketball skills. Develop your attacking and defensive strategies. Improve your tactical understanding with game play at the forefront of this weekend CCA. PAID ACTIVITY (please see Paid Activities Notes section at the end of the booklet)
<u>RSFA Performance Programme - U14 Boys Football</u>	Y7 - Y9	10:30 - 12:00	20	Mr Matthew O'Brien	Field	PAID Activities	Boys	Rising Star Football Academy - Football in a fun, engaging and challenging environment delivered by highly qualified, experienced and sought after coaches. Our mission is to inspire every 'Rising Star' to develop their skills, confidence and performance, to help them be a better footballer each and every day PAID ACTIVITY (please see Paid Activities Notes section at the end of the booklet)
<u>RSFA Performance Programme - U14-19 Girls Football</u>	Y7 - Y13	10.30 - 12.00	20	Mr Matthew O'Brien	Field	PAID Activities	Girls	Rising Star Football Academy - Football in a fun, engaging and challenging environment delivered by highly qualified, experienced and sought after coaches. Our mission is to inspire every 'Rising Star' to develop their skills, confidence and performance, to help them be a better footballer each and every day PAID ACTIVITY (please see Paid Activities Notes section at the end of the booklet)
<u>RSFA Performance Programme - U19 Boys Football</u>	Y10 - Y13	10:30 - 12:00	20	Mr Matthew O'Brien	Field	PAID Activities	Boys	Rising Star Football Academy - Football in a fun, engaging and challenging environment delivered by highly qualified, experienced and sought after coaches. Our mission is to inspire every 'Rising Star' to develop their skills, confidence and performance, to help them be a better footballer each and every day. PAID ACTIVITY (please see Paid Activities Notes section at the end of the booklet)

SUNDAY

ACTIVITY	Year	TIME	MAX No.	TEACHER	FACILITY	CAS ACTIVITY GROUPING	Gender specific	DETAIL/NOTES
<u>Richard Soriano Softball</u>	Y7 - Y13	10:30 - 12:00	30	Mr Richard Soriano	Big Field	PAID Activities	Both	Refine those Softball skills. Develop your attacking and defensive strategies. Improve your tactical understanding with game play at the forefront of this weekend CCA. PAID ACTIVITY (please see Paid Activities Notes section at the end of the booklet)

PAID ACTIVITY NOTES - Administration

DAY	ACTIVITY	TIME	Administration Notes
Monday	<u>Golf</u>	14:50-17:00	<p>Starts : Mon 17 September Ends : Mon 3 December 230,000 VND tuition/week plus 85,000 VND Ball Fee = 315,000 VND x 11 weeks = 3,465,000 VND. Plus cost of bus 1.300,000 VND Total Cost: 4,765,000 VND</p> <p>Payment deadline for all clubs is: Monday 10th September 2018</p>
Monday	<u>RSFA Performance Programme - U14 Boys Football</u>	17:00-18.30	<p>Starts : Mon 17 September Ends : Sat 8 December</p> <p>Returning Students: 1 Session Per Week - 1,500,000 2 Sessions Per Week - 3,000,000 3 Sessions Per Week - 4,500,000</p> <p>New Students: 1 Session Per Week - 2,000,000 2 Sessions Per Week - 3,500,000 3 Sessions Per Week - 5,000,000</p> <p>Payment deadline for all clubs is: Monday 10th September 2018</p>
Monday	<u>RSFA Performance Programme - U19 Boys Football</u>	18:15 - 19:45	<p>Starts : Mon 17 September Ends : Sat 8 December</p> <p>Returning Students: 1 Session Per Week - 1,500,000 2 Sessions Per Week - 3,000,000 3 Sessions Per Week - 4,500,000</p> <p>New Students: 1 Session Per Week - 2,000,000 2 Sessions Per Week - 3,500,000 3 Sessions Per Week - 5,000,000</p> <p>Payment deadline for all clubs is: Monday 10th September 2018</p>

Monday	Sound and Lighting Tech	14:50 - 15:50	Starts : Mon 17 September Ends : Mon 3 December 150,000 VND per week x 11 weeks = 1,650,000 VND Payment deadline for all clubs is: Monday 10th September 2018
Monday	<u>Yoga</u>	15:55-16:55	Starts : Mon 17 September Ends : Mon 3 December 175,000 VND x 11 weeks = 1.925,000 VND. Payment deadline for all clubs is: Monday 10th September 2018
Monday	<u>Contemporary Dance</u>	14:50-15:50	Starts : Thursday 20 September Ends : Thursday 6 December 175,000 VND x 11 weeks = 1.925,000 VND. Payment deadline for all clubs is: Monday 10th September 2018
Tuesday	<u>RSFA Performance Programme - U19 Boys Football</u>	17:00-18:30	Starts : Mon 17 September Ends : Sat 8 December Returning Students: 1 Session Per Week - 1,500,000 2 Sessions Per Week - 3,000,000 3 Sessions Per Week - 4,500,000 New Students: 1 Session Per Week - 2,000,000 2 Sessions Per Week - 3,500,000 3 Sessions Per Week - 5,000,000 Payment deadline for all clubs is: Monday 10th September 2018

Tuesday	<u>RSFA Performance Programme - U14-19 Girls Football</u>	18:15 - 19:45	<p>Starts : Tue 18 September Ends : Sat 8 December</p> <p>Returning Students: 1 Session Per Week - 1,500,000 2 Sessions Per Week - 3,000,000 3 Sessions Per Week - 4,500,000</p> <p>New Students: 1 Session Per Week - 2,000,000 2 Sessions Per Week - 3,500,000 3 Sessions Per Week - 5,000,000</p> <p>Payment deadline for all clubs is: Monday 10th September 2018</p>
Tuesday	<u>Kick Boxing</u>	15:55-16:55	<p>Starts : Tuesday 18 September Ends : Tuesday 4 December</p> <p>175,000 VND x 11 weeks = 1.925,000 VND.</p> <p>Payment deadline for all clubs is: Monday 10th September 2018</p>
Wednesday	<u>Ice Skating</u>	14:40-16:30	<p>Starts : Wed 19 September Ends : Wed 5 December</p> <p>275,000 VND week x 11 weeks = 3.025,000 VND Plus cost of bus 1.540,000 VND .</p> <p>Total Cost: 4.565,000 VND</p> <p>Payment deadline for all clubs is: Monday 10th September 2018</p>
Wednesday	<u>RSFA Performance Programme - U14 Boys Football</u>	17:00-18:30	<p>Starts : Mon 17 September Ends : Sat 8 December</p> <p>Returning Students: 1 Session Per Week - 1,500,000 2 Sessions Per Week - 3,000,000 3 Sessions Per Week - 4,500,000</p> <p>New Students: 1 Session Per Week - 2,000,000 2 Sessions Per Week - 3,500,000 3 Sessions Per Week - 5,000,000</p> <p>Payment deadline for all clubs is: Monday 10th September 2018</p>

Wednesday	<u>RSFA Performance Programme - U14-19 Girls Football</u>	18:15 - 19:45	Starts : Tue 18 September Ends : Sat 8 December Returning Students: 1 Session Per Week - 1,500,000 2 Sessions Per Week - 3,000,000 3 Sessions Per Week - 4,500,000 New Students: 1 Session Per Week - 2,000,000 2 Sessions Per Week - 3,500,000 3 Sessions Per Week - 5,000,000 Payment deadline for all clubs is: Monday 10th September 2018
Wednesday	<u>CrossFit Thao Dien</u>	14:50 - 15:50	Starts : Wed 19 September Ends : Wed 5 December 250,000 VND tuition/week x 11 weeks = 2,750,000 VND. Payment deadline for all clubs is: Monday 10th September 2018
Thursday	<u>The Caterers Academy Cookery Class</u>	14:50-15:50	VND 270,000/class per student (Includes all equipment, ingredients and cookbook) Payment deadline for all clubs is: Monday 10th September 2018
Thursday	<u>Fitness at Nutrifort</u>	14:50-16:00	Starts : Thur 20 September Ends : Thur 6 December Please note that this activity will not take place on Thursday 22nd November due to teacher school commitments. 50,000 VND x 10 weeks = 500,000 VND. (Free sessions with proof of membership) Free one way bus Payment deadline for all clubs is: Monday 10th September 2018
Thursday	<u>Pottery Class</u>	14:50-15:50	VND 275,000/session per student (Includes all equipment and materials) Payment deadline for all clubs is: Monday 10th September 2018

Saturday	<u>RSFA Performance Programme - U14 Boys Football</u>	10:30 - 12:00	<p>Starts : Mon 17 September Ends : Sat 8 December</p> <p>Returning Students: 1 Session Per Week - 1,500,000 2 Sessions Per Week - 3,000,000 3 Sessions Per Week - 4,500,000</p> <p>New Students: 1 Session Per Week - 2,000,000 2 Sessions Per Week - 3,500,000 3 Sessions Per Week - 5,000,000</p> <p>Payment deadline for all clubs is: Monday 10th September 2018</p>
Saturday	<u>RSFA Performance Programme - U19 Boys Football</u>	10:30 - 12:00	<p>Starts : Mon 17 September Ends : Sat 8 December</p> <p>Returning Students: 1 Session Per Week - 1,500,000 2 Sessions Per Week - 3,000,000 3 Sessions Per Week - 4,500,000</p> <p>New Students: 1 Session Per Week - 2,000,000 2 Sessions Per Week - 3,500,000 3 Sessions Per Week - 5,000,000</p> <p>Payment deadline for all clubs is: Monday 10th September 2018</p>
Saturday	<u>RSFA Performance Programme - U14-19 Girls Football</u>	10.30 - 12.00	<p>Starts : Tue 18 September Ends : Sat 8 December</p> <p>Returning Students: 1 Session Per Week - 1,500,000 2 Sessions Per Week - 3,000,000 3 Sessions Per Week - 4,500,000</p> <p>New Students: 1 Session Per Week - 2,000,000 2 Sessions Per Week - 3,500,000 3 Sessions Per Week - 5,000,000</p> <p>Payment deadline for all clubs is: Monday 10th September 2018</p>
Saturday	<u>Richard Soriano Basketball</u>	14:45 - 16:15	<p>Starts : Saturday 22 September Ends : Saturday 8 December</p> <p>161.000VND x 10 weeks = 1.610,000 VND.</p> <p>Payment deadline for all clubs is: Monday 10th September 2018</p>

Sunday	<u>Richard Soriano Softball</u>	10:30 - 12:00	Starts : Saturday 22 September Ends : Saturday 8 December 180.000VND x 10 weeks = 1.800,000 VND. Payment deadline for all clubs is: Monday 10th September 2018
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