



Physical Education Policies

As a school and a Physical Education department we would like to ensure that all pupils are given a wide range of opportunities within lessons. In doing this we need to make sure that there are policies in place to support students, staff and parents. Please see below:

General Approach to participation in Physical Education

- All pupils to wear P.E to lessons adhering to the P.E kit policy below.
- Students to be excused from P.E by presenting a note or parents to email. Student will be expected to still get changed into P.E kit and adopt another role within the lesson.
- For swimming the same policy applies with students unable to take part will be asked to change into their P.E Kit.
- Following these guidelines will allow students to take an active role within the lesson and reduce students being inactive during this important curriculum time.
- Pupils that do not bring their kit to P.E will be offered to borrow kit and if this happens more than once in a term an MBI will be recorded on their file.
- In the unlikely situation of a student regularly forgetting their kit or not taking part in P.E will result in their class teacher contacting home to ask for your support.

PE Kit

- Students up to Year 3, wear PE kit all day on the day of PE lessons only.
- From Year 4, students should wear school uniform, bringing PE kit in a sports bag. Students should change before and after lessons, only wearing PE kit for the PE lesson.
- All PE kit should be named (often misplaced so especially important!).
- PE shoes should be one colour only in EYFS, white or black. From Year 1, students may wear any colour shoe as long as footwear is suitable for the activity students are participating in. Metal studs for field games are not permitted.
- Wearing official school swimming kit is encouraged but is not compulsory (unless the student is representing the school in a competition). If parents decide not to use school swim kit for PE class use, alternatives should be plain in colour (black or dark blue). Boys should wear 'jammers' and girls should wear a standard one-piece swimsuit. Board shorts and two-piece swimsuits are not permitted.
- School P.E kit is to be worn for lessons and it is not permitted to wear team kit or FOBISIA kit during curriculum time.
- Swimming lessons require swimming kit to be brought in a suitable named bag.
- Students training for FOBISIA are subject to normal PE uniform policy unless express permission from the Head of School has been communicated to students and staff.
- Should there be a PE lesson in the afternoon and later an ASA requiring PE kit is taken, students may change into the PE kit for the lesson and remain in the PE kit for the ASA.

The extracurricular sports programme is continually expanding and now has competitive opportunities for Year 4 upwards.



TEAM SELECTIONS FOR LOCAL COMPETITION

Students who take part in the sports ASA such as football, basketball, athletics, etc, will be given the option to take part in the sports fixtures for that team. Students who do not choose the sports ASA programme will only be selected in exceptional circumstances.

These events are usually free of charge and take place after school or on Saturdays. School will provide transport and staffing however students will need to bring pack lunches, snacks or money for food as necessary. It is advisable for students to purchase the BSG sport kit for team fixtures. However, the school will provide kit where necessary. Students are also expected to bring their PE kit and any other equipment required such as goalkeeper gloves, shin pads and knee pads etc.

Please note that the externally run academies are not included in the ASA programme and so therefore will not count towards selection. However, we do appreciate that these opportunities will support our students to higher levels of sporting performance.

Students that take part in 3 Saturday TOURNAMENTS/COMPETITIONS over the course of the academic year will be eligible for Sports Colours at the end of year awards.

TEAM SELECTION FOR NATIONAL/INTERNATIONAL COMPETITION

Students will trial or meet certain requirements such as times and distances in order to be selected. These opportunities will be open to all students within the constraints of the rules of competition. Students will not have to attend the ASA programme but attending the ASA programme should help develop the skills further in order to meet the requirements.

These events usually charge a fee to cover transport, food, accommodation and entry fees. Generally speaking, information regarding these events will take place during school time and over the weekend. Additional kit may also be required to be purchased prior to the event.

These events, due to being selective will not count towards the Sports Colours.