



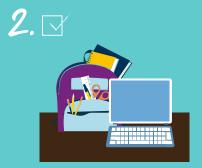
# **READY FOR SCHOOL TODAY?**

Your simple checklist for a fantastic day!



## Find your study space

Well-lit
Peaceful and quiet
Hard surface



### Got everything you need?

Laptop or tablet Virtual School login details Pen, paper and other materials



#### Stick to a daily routine

Set mealtimes Take breaks Daily movement/exercise



#### Make time to socialise

Chat to your friends Work and learn collaboratively Share ideas



#### Help is at hand

Real-time support in lessons Email your teacher at any time Revision help from your parents



# Most importantly... reward yourself!

You're working really hard and you're doing great – you've earned it.

Remember that you can ask your teacher a question any time through Google Meets or by email. We're here to help you, contact <a href="mailto:homelearning@standrews.ac.th">homelearning@standrews.ac.th</a> with any technical problems.

Have a great day at school!