



13 <sup>th</sup> – 17 <sup>th</sup> Jan	Monday	Tuesday	Wednesday	Thursday	Friday
Soup of the Day	Spinach & egg soup	Carrot soup	Potato soup	White fungus & pear potage	Tomato & egg soup
Asian Influences	BBQ pork Stir-fried Chinese cabbage Poached green vegetable Steam Rice	Sweet & sour fish ball Poached lettuce Braised eggplant Steamed rice	Teriyaki chicken Stir-fried green vegetable Steam Rice	Pan fried duck breast with black pepper sauce Wok Fried bean sprout Fried celery with dry bean curd Steam Rice	Braised beef with bamboo shoot Wok fried green vegetable Steam Rice
Vegetarian	Braised turnip	Vegetarian Dumplings	Japanese Soya noodles	Stewed mix bean	Vegetable taco
Western Influences	Grilled harissa chicken leg Sauteed butter vegetable Potato wedge	Spaghetti Bolognese Roasted Zucchini & Celery Steamed pumpkin	Deep-fried fish with tartar sauce Stirred squash & carrot Chips	Grilled frankfurter sausage Sauteed broccoli Roasted Potato	Deep-fried chicken fillet Waffle potato Butter corn cob
Non- Pork Options	Grilled harissa chicken leg	Spaghetti Bolognese	Deep-fried fish with tartar sauce	Pan fried duck breast with black pepper sauce	Deep-fried chicken fillet
Sandwich Bar					
Homemade Juice	Lime & Waxberry Juice	Dark Plum, Mint with Sour Plum Juice	Honey Pear Juice	Mixed Berry Water	Fresh Lemonade
Salad & Fruit Bar & Dessert	Seasonal Greens and Fruits, Plain or Fruit Yoghurt / Pudding				