

13 December 2019

<u>Grade 8- Grade 9</u> Learning <u>Enrichment Activity Program (LEAP)</u> - Registration Form

Dear Parents

Attached to this letter is an outline of the Semester 2 activities being offered *to you* and *your child* as part of our Learning Enrichment Activities Program (LEAP). LEAP is an after-school program that provides quality co-curricular activities in *Arts*, *Sports*, *Technology*, *Languages*, *Academic Learning* and *Service* to our *Primary* and *Secondary students*, *parents* and *other adults* from 3:10 - 4:00 pm (Primary) and 3:40 - 4:30 pm (Secondary). The purpose of LEAP is to enrich the lives of our students, parents and other adults with activities that broaden the child's educational experience, compliment their daily schooling and provide a healthy and active experience for parents and other adults. The aim of the program is to develop further interests and build foundations for learning through after-school activities that operate on a semester basis.

LEAP (Semester 2) will begin on 20 January 2020 and finish on 5 June 2020.

Sessions are <u>3:10 - 4:00 pm</u> for Primary and <u>3:40 - 4:30 pm</u> for Secondary (unless stated otherwise).

Objectives:

- 1. To complement students, parents and other adults' daily schooling
- 2. To expand and enrich student interests
- 3. To provide teacher and student mentorship
- 4. To create foundational skills for students
- 5. To build alternative learning communities
- 6. To develop creativity
- 7. To have fun

<u>NEXT STEPS</u>

- 1. Please read over the activities being offered to you and your child's particular grade.
- 2. Discuss this with your child and make a plan for the week.
- 3. Complete the signup form.
- 4. Take your form and payment to the Finance Office. This constitutes your booking.
- 5. Please note:
 - a. There is a minimum of 5 students per activity (unless specified).
 - b. There is a maximum number of students per activity to ensure quality and proper student and teacher/coach ratio (this may differ per activity).
 - c. The registration is **NOT** a guarantee that the student will participate in the chosen LEAP activity, nor that the activity will run. The LEAP Coordinator holds the right to cancel the activity if the registration is below the minimum number of students. If the LEAP activity is

oversubscribed, the LEAP Coordinator will, if possible offer a second class or provide an additional teacher/coach.

- d. Students **must** be **<u>picked up promptly</u>** after their LEAP classes. Students who are <u>**NOT**</u> <u>**regularly**</u> picked up may be removed from their LEAP classes.
- e. In case of emergency, illness, or injury to a child, the parent or guardian will be notified immediately. If the parents/guardians cannot be reached immediately, the emergency numbers on the registration form will be called.
- f. All students are expected to adhere to the school values and guidelines at all times and follow our behaviour expectations. Any consistent behavioural problems may lead to the child being removed from their LEAP classes.
- g. Bus riders need to go straight to the bus service as soon as the LEAP class is finished. This is **strictly only** for those who are already on the bus plan after school.

If you have any questions, please ask Ms Somnang at the Hub Reception or contact Ms Hannah at <u>hannah.gaffney@nisc.edu.kh</u>

Key information:

- Registration: Opens 7 17 January 2020
- Location of registration: Finance Office
- LEAP Coordinator: Ms Hannah
- Start date: 20 January 2020
- End date: 5 June 2020 (may vary depending on the day of the particular activity)
- Time: 3:10 4:00 pm (Primary) and 3:40 4:30 pm (Secondary)
- Cost of each activity: varies depending on the particular activity -- see list



Please complete the following information:

| Student Name: | | | Grade: | |
|--|-----|----|--------|-----------|
| Bus rider: Please encircle which applies | YES | NO | | |
| Parent Name: | | | | |
| Parent email: | | | Tel: | |
| Name of activity : (Mon) | | | | Cost : \$ |
| Name of activity : (Tues) | | | | Cost : \$ |
| Name of activity : (Wed) | | | | Cost : \$ |
| Name of activity : (Thurs) | | | | Cost : \$ |
| Name of activity : (Fri) | | | | Cost : \$ |
| Total costs: | | | | |
| Parent Signature: | | | | |

Grade 8- Grade 9

Activities available:

| | Monday | Tuesday | Wednesday | Thursday | Friday |
|-------------------------|---|-------------------------------------|-----------|---|-----------------------------|
| Category | | | | | |
| ARTS | Comedy Improvisation Scripts in Drama Ballet Basics | Devising and Physical Theatre | | School Band Dance Club | |
| SPORTS | Frisbee Club Secondary Football Coaching (Grade 8 only) | | Yoga | | Mixed Touch |
| TECHNOLOGY | Robotics (Grade 8 only) | | | Creative Automation (Grade 8 only) | |
| ACADEMIC | Debate Team | | | | Basic First Aid- Level 1 |
| LANGUAGES | | | | Chinese Language | |
| PARENTS AND FAMILIES | | Little Nagas | | Little Nagas General English for Parents | Zumba |



| | | | - | ACTIVITY DESCR | PTIO | N | | |
|--|---|--|---------------------------|--|------------------|--|----------------|------------------------|
| confidence, cha needed! Throug | arn the aracter ghout f | e key princ r, games, s the year st | story and udents v | l most of all playing | and h | ontaneity, listening, naving fun with impro ate and perform on t | ovisa | ation. No scripts |
| Teacher: Ms. Kirsty | Day Mor | /: nday | Venue: Seconda Room | ary Multi Purpose | | o. of Students: in. 5 Max. 10 | | Cost: 6172.5 |
| haracters, plo 15 weeks) Teacher: | of scri | and styles Day: | of theat | re. ie: | No. | of Students: Min. 5 | | enres, Cost: FREE |
| Mrs. Phillipa | | Monday | Dran | na Studio | Max | 15 | | |
| Ballet Basics Ballet basics fo 15 weeks) Teacher: Mr. Alan | or deve | loping stre Day: Monday | ength, cc | ordination and flex Venue: Dance Studio | No. | of Students: 5 Max 20 | Co | st: \$42 |
| hrowing techn preathing in the 15 weeks) | eting w iques d | eekly after over the co air and ha | ourse of | the term. However | , the n ound! | s. Students will learn nain idea of the club Hope to see you th | is b ere! | eing outside, |
| Teacher: Mr. Will | | Day: Monday | | Field behind Secondary | | of Students: 5 Max 10 | Co FR | st: EE |
| used in moderr and team chall | l featur n footb enges tball C | e technica all. Player ensure kio olum is fro | s will pla ds are er | y games to practice gaged and challen | e their ged a | king to develop the t skills in match play nd make the action f has completed his L | situa ast-p | tions. Individua |

Before coming to Cambodia Colum coached with Northern Ireland's Youth International teams preparing them to face the world's leading football nations.

As a player, he spent 5 years at the Manchester United Academy in Belfast and represented Northern Ireland at International level numerous times. He won the 2019 MetFone Cambodian League as coach with Svay Rieng FC in his first season.

(15 weeks)

| Teacher: CJ Coaching | Day: Monday 8-9.30am | Venue: NISC Field | No. of Students: Min. 5 Max. 16 | Cost: \$317 |
|----------------------|----------------------------|-----------------------------|---|----------------|
|----------------------|----------------------------|-----------------------------|---|----------------|

Robotics Club

This LEAP activity is for the NISC Robotics Team. Students will participate in a number of inter-school Robotics tournaments this year using the Lego EV3 Robotics platform. See Mr. Jack to sign up!

(15 weeks)

| | Day: Monday | Venue: Makerspace | No. of Students: Min. 5 Max. 12 | Cost: FREE |
|--|-----------------------|-----------------------------|---|------------|
|--|-----------------------|-----------------------------|---|------------|

Debate Club Senior

This club is for training in debating, a key academic skill which can also be applied to

home and public situations. The club focuses on; effective preparation and research strategies, selecting and dividing points to between group members, supporting speaking points with evidence and facts, rebuttal tactics and much more ... we plan to enter all participants into next years' Scholars Cup competition, where you'll be able to compete against schools across the country and maybe even the globe if successful.

There will also be opportunities to Train the primary debate team, which will also count for earning CAS contributions.

(15 weeks)

| Teacher: Mr. Sam | Day: Monday | Venue: 2204 | No. of Students: Min. 5 Max 30 | Cost: FREE |
|---------------------|----------------|----------------------|-----------------------------------|---------------------------|
| | | | | |
| Using Drama ູ | | eatre techniques and | d improvisation, students wil | l learn a range of skills |

(17 weeks)

| | Teacher: Mrs. Phillipa | Day: Tuesday | Venue: Drama Studio | No. of Students: Min. 5 Max. 15 | Cost: \$60 |
|--|----------------------------------|------------------------|-------------------------------|------------------------------------|------------|
|--|----------------------------------|------------------------|-------------------------------|------------------------------------|------------|

Little Nagas Playgroup

Little Nagas is a friendly place to meet other parents with young children. We provide an informal play environment that enables your child to have opportunities to interact with other children and flourish within our creative school setting. Sand and water play, painting, large play apparatus, story time and music sessions are just some of the fun activities on offer.

Tuesday 21 January 2020- Tuesday 2 June 2020

Requirements- Parents, guardians or nannies must attend and children must be signed up for Tuesday and Thursday.

| Teacher: Ms. KiriDay: Tuesday, 8am-9.30am | Venue: | No. of Students: | Cost: |
|--|----------------|------------------|-------|
| | Early Learning | Max 12 | \$765 |

Yoga

Teaching yoga to kids is a uniquely wonderful way to guide them into a healthy lifestyle. From a young age, they should be taught how to calm the mind and become more emotionally stable. Kids go through a lot of physical exertion; yoga helps them calm down and yet builds their strength. They love learning through fun and not through routine patterns, so yoga poses need to be specifically portrayed for kids to enjoy them. Yoga also increases their flexibility and reduces anxiety and stress among kids. (17 weeks)

| Teacher: Art of LivingDay: WednesdayVen Sec Cafe | , No. of Students: Cost: Min. 5 Max. 15 \$200 |
|--|--|
|--|--|

School Band

An opportunity for students who play an instrument to get together and make music! New members are always welcome. This activity is particularly aimed at students who play wind, brass and percussion instruments and is also suitable for guitar, bass and piano players who are looking for more opportunities to perform.

Open to Grades 6 - 12.

(17 weeks)

| Teacher: Mr. AdamDay: ThursdayVenue: 3312 | No. of Students: Max. 5 | Cost: FREE |
|--|-------------------------|------------|
|--|-------------------------|------------|

Secondary Dance Club

Open to secondary pupils only, we will work with a variety of genres including hip hop and basic ballet, there will be an emphasis on creating solos and group dances for performances.

(17 weeks)

| Teacher: | Day: | Venue: | No. of Students: | Cost: \$60 |
|----------|----------|--------------|------------------|------------|
| Mr. Alan | Thursday | Dance Studio | Min. 5 Max 20 | |

DoyDoy Creative Automation level 1 (Grade: G6-G8)

Creative Automation is a 17-week-project based programme with the most playful and innovative curriculum based on the world's most famous block-based coding language - Scratch, the current globally adorable STEAM platform, Makeblock, and DoyDoy robot for grade 6-8 students who are passionate about digital literacy, develop critical thinking skills through coding and machine learning, intend to create a functional robots, or/and have fun exploring exciting things with robots. Within our fun interactive 17-week programme, they will also learn leadership and entrepreneurial skill sets and mindsets. After they completed the programme, they will gain key coding concepts, design and create their own animations, games, and robots, develop 21st century skills including problem-solving skills, creative thinking skills, communication skills, and inspire themselves and others to be potential future innovators, leaders, and creative thinkers of the next generation.

The course is designed by the founder of new modular building game, DoyDoy, having graduated with a bachelor degree in Education, critically involved with early childhood education and research (with UNICEF, Kulan Research Award 2018), and winning several accolades including Outstanding Young Startup Entrepreneur Award 2017, Social Impact Enterprise Award (Asean Rice Bowl Award 2017), and Social Educational Leader 2018 (Social Leader Prize 2018 Nepal).

(17 weeks)

| Teacher: A. Teacher Supervisor: Chanrithykol Em B.Automation Cambodia (2 lead teachers) C. 1 teacher assistant | Day: Thursday | Venue: Computer Room | No. of Students: Min. 5 Max. 10 | Cost: \$343 |
|---|-------------------------|-----------------------------------|---|----------------|
|---|-------------------------|-----------------------------------|---|----------------|

Chinese Language

The secondary Beginners' Club is a supplementary after-school learning Program designed to further improve student's proficiency in Chinese language as well as introduce them to a diverse range of Chinese cultures, philosophies and traditions.

The club will operate every Thursday from 3:30-4:30 and is opened to all secondary students at NISC. (17 weeks)

| Teacher: | Day: | Venue: | No. of Students: | Cost: |
|----------|----------|--------|------------------|-------|
| Ms. Coco | Thursday | 3204 | Min. 5 Max 15 | \$60 |

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Thursday 23 January 2020- Thursday 4 June 2020



Requirements- Parents, guardians or nannies must attend and children must be signed up for Tuesday and Thursday.

| Teacher: | Day: Thursday, 8am-9.30am | Venue: Early Learning | No. of Students: Max 12 | Cost: \$765 | |
|----------|--|--------------------------|-----------------------------------|----------------|--|
|----------|--|--------------------------|-----------------------------------|----------------|--|

General English for Parents

This club is for parents to develop their general English skills, no matter how basic or advanced parents are when joining, there is something for everyone at these classes. Most people think their English is too weak to join and are afraid of embarrassment or slowing others down, but if you have managed to read and understand this descriptor (translating some words, but not all), then your English is above average. (17 weeks)

| Teacher: | Day: | Venue: | No. of Students: | Cost: |
|----------|----------|-----------|------------------|-------|
| Mr Sam | Thursday | Room 2204 | Min. 5 Max 12 | \$60 |

Mixed Touch- All Secondary

KAMPUCHEA BALOPP (KB) has been providing sports access to NGO's, organisations and international schools for over 6 years in Cambodia. KB uses sport as a tool of social inclusion and education for children. Through sport, children are able to build self-confidence, develop physical well-being, and are able to develop important human qualities that sport promotes. For Northbridge's LEAP component, KB provides a structured program for TOUCH, a fast-growing sport in Asia that is easy to pick up and allows girls and boys to play together due to its non-contact nature. A fast, fun and agile game, TOUCH is a great team sport and will provide many health benefits and important sporting synergy to the students under the program.

Requirements- Students need to wear sports clothes and trainers, and have water. Sunscreen and a hat (sports cap) are recommended.

(15 weeks)

| Teacher: | Day: | Venue: | No. of Students: | Cost: |
|------------------|-------------|------------|-------------------------|-------|
| Kampuchea Baloop | Friday | NISC Field | Min. 5 Max. 15 | \$105 |

Basic First Aid (Level 1)

Learning basic first aid techniques can help you cope with an emergency. The course will emphasise practical skills in a fun and interactive learning environment.

(15 weeks)

| Teacher: Nurse Cherry | Day: Friday | Venue: School Clinic | No. of Students: Min. 5 Max 10 | Cost: \$42 | |
|------------------------------------|-----------------------|-------------------------|--|---------------|--|
|------------------------------------|-----------------------|-------------------------|--|---------------|--|

A NORTHBRIDGE INTERNATIONAL SCHOOL

Zumba for Parents and other Adults

An aerobic fitness dance party mixed with low-intensity and high-intensity moves for interval-style training. This program features movements inspired by various styles of Latin American dance and performed primarily to Latin American dance music. Crush calories to the rhythm with this super effective and fun workout in disguise.

Requirements: Comfortable active dance clothes.

(15 weeks)

| | Teacher: Advanced Learning Academy | Day: Friday 8:00-9:00 | Venue: TBC | No. of Students: Min. <u>5</u> | Cost: \$8 per session |
|--|--|------------------------------------|----------------------|--|--------------------------|
|--|--|------------------------------------|----------------------|--|--------------------------|



| | January | | | | | | We | ek 18 | | | | V | Veek 1 | 9 | | | W | leek 2 | 0 | | | W | leek 2 | I | |
|-------|-------------|------|-----------|---|---|--------------------------|-----------|-------|----|--------|---------|----|---------|----|----|---------|---------|--------|----|----|---------|----|--------|----|----|
| | | | 6 | 7 | 8 | 9 | 10 | 13 | 14 | 15 | 16 | 17 | 20 | 21 | 22 | 23 | 24 | 27 | 28 | 29 | 30 | 31 | | | |
| Feb | | We | ek 22 | | | | We | ek 23 | | | | N | o Scho | ol | | | W | leek 2 | 4 | | | | | | |
| | 3 | 4 | 5 | 6 | 7 | 10 | 11 | 12 | 13 | 14 | 17 | 18 | 19 | 20 | 21 | 24 | 25 | 26 | 27 | 28 | | | | | |
| March | Week 25 | | Week 26 | | | | | | V | leek 2 | 7 | | Week 28 | | | | Week 29 | | | | | | | | |
| MaiGi | 2 | 3 | 4 | 5 | 6 | 9 | 10 | 11 | 12 | 13 | 16 | 17 | 18 | 19 | 20 | 23 | 24 | 25 | 26 | 27 | 30 | 31 | | | |
| April | Week 29 con | | No School | | | | No School | | | | Week 30 | | | | | Week 31 | | | | | | | | | |
| Артп | | | 1 | 2 | 3 | 3 6 7 8 9 10 13 14 15 16 | 17 | 20 | 21 | 22 | 23 | 24 | 27 | 28 | 29 | 30 | | | | | | | | | |
| May | | Week | 31 co | 1 | _ | | We | ek 32 | _ | _ | | V | Veek 3 | 3 | | | N | leek 3 | 4 | _ | Week 35 | | | | |
| way | | | | | 1 | 4 | 5 | 6 | 7 | 8 | 11 | 12 | 13 | 14 | 15 | 18 | 19 | 20 | 21 | 22 | 25 | 26 | 27 | 28 | 29 |
| June | | We | ek 36 | | - | | | | | | | | | | | | | | | | | | | | |
| Julic | 1 | 2 | 3 | 4 | 5 | | | | | | | | | | | | | | | | | | | | |

LEAP Programme Calendar Semester 2

Gray - No School

PD Day (no students)- January 6 School Holiday- February 17-21 3 Way Conferences- March 16 Half day- April 3 Khmer New Year- April 6-17 PD Day (no students)- April 20 King's Birthday- May 15