



Sayram Campus – week one

04.02.2019	05. 02.2019	06. 02.2019	07. 02.2019	08. 02.2019	09. 02.2019
Snack					
Bananas	Bananas	Bananas	Bananas	Bananas	Cleaning day
Curd pancake	Rabbit cookies	Croissant with chocolate	cookies	Biscuit with jam	
Lunch					
Vegetable soup	Mastava soup	Shurpa soup	Mampar soup	Chicken noodle soup	Cleaning day
Chicken with vegetables	Beef cutlets	Chicken meatballs	Goulash	Miner fish	
Meat with vegetables	Chicken cutlets	Beef meatballs	British chicken	Asian meat	
Buckwheat, rice	Rice with vegetables, macaroni	Potato puree, spaghetti with cheese	Buckwheat , puree	Buckwheat with vegetables, macaroni	
Garden salad	Iceberg salad	Cellophane noodles salad	Spring salad	Ceaser salad	
Nejniy salad	Chaban salad	Rocket salad	Bavarian salad	Achichuk salad	
Bread assortment	Bread assortment	Bread assortment	Bread assortment	Bread assortment	
Mixed vegetables	Mixed vegetables	Mixed vegetables	Mixed vegetables	Mixed vegetables	
Tomato sauce	Tomato sauce	Tomato sauce	Tomato sauce	Tomato sauce	
Karkade tea	Rosehip water	Apple compote	Lemon tea	Dried fruit compote	
Snack					
Somsa with chicken	Meat pie	Turkish somsa	Pizza	Fruit tartlets	Cleaning day
Apples	Apples	Apples	Apples	Apples	
Bananas	Bananas	Bananas	Bananas	Bananas	



Sayram Campus – week two

11. 02.2019	12. 02.2019	13. 02.2019	14. 02.2019	15. 02.2019	16. 02.2019
Snack					
Bananas	Bananas	Bananas	Bananas	Bananas	Cleaning day
Poppy seed bun	Danish with chocolate	English cake	Biscuit with jam	Rabbit cookies	
Lunch					
Chicken noodle soup	Vegetable soup	Mampar soup	Shurpa soup	Mastava soup	Cleaning day
Chicken round rissoles	Beef bolognese	Chicken with vegetables	Chicken goulash	Fish sticks	
Beef round rissoles	Chicken bolognese	Meat with vegetables	Beef stroganoff	Chicken sticks	
Rice, buckwheat	Rice, spaghetti	Puree, buckwheat	Buckwheat, baked potato	Puree, macaroni	
Japanese salad	Spring salad	Green salad	Frigole salad	Achichuk salad	
Mexican salad	Greek salad	Rocket salad	Ceaser salad	Ceaser salad	
Bread assortment	Bread assortment	Bread assortment	Bread assortment	Bread assortment	
Mixed vegetables	Mixed vegetables	Mixed vegetables	Mixed vegetables	Mixed vegetables	
Tomato sauce	Tomato sauce	Tomato sauce	Tomato sauce	Tomato sauce	
Karkade tea	Apple compote	Rosehip water	Lemon tea	Dried fruit compote	
Snack					
Croissant with cheese	Chicken pizza	Cheese curd tart	Sandwich with cheese	Turkish somsa	Cleaning day
Apples	Apples	Apples	Apples	Apples	
Bananas	Bananas	Bananas	Bananas	Bananas	



Sayram Campus – week three

25. 02.2019	26. 02.2019	27. 02.2019	28. 02.2019	01. 03.2019	02. 03.2019
Snack					
Bananas	Bananas	Bananas	Bananas	Bananas	Cleaning day
Biscuit with chocolate	Chess cookies	Doughnuts with jam	Croissant	Cookies	
Lunch					
Pelmeni	Mampar soup	Kharcho soup	Shurpa soup	Vegetable soup	Cleaning day
Beef stroganoff	Chicken in sauce	Meat in sauce	Meat with vegetables	Fish sticks	
Chicken beef stroganoff	Asian meat	Chicken in sauce	Chicken with vegetables	Bolognese	
Buckwheat, rice	Macaroni, rice	Spaghetti, rice	Potato, buckwheat	Spaghetti, rice	
Spring salad	Rocket salad	Potato salad	Mexican salad	Cousa squash salad	
Eggplant salad	Achichuk salad	Mix salad	Chrysanthemum salad	Smak salad	
Bread assortment	Bread assortment	Bread assortment	Bread assortment	Bread assortment	
Mixed vegetables	Mixed vegetables	Mixed vegetables	Mixed vegetables	Mixed vegetables	
Tomato sauce	Tomato sauce	Tomato sauce	Tomato sauce	Tomato sauce	
Karkade tea	Rosehip water	Compote	Lemon tea	Compote	
Snack					
Pizza	Turkish somsa	Rasstegay with potato	Toast with cheese	Chicken pie	Cleaning day
Apples	Apples	Apples	Apples	Apples	
Bananas	Bananas	Bananas	Bananas	Bananas	