



THE BRITISH SCHOOL
OF GUANGZHOU

A NORD ANGLIA EDUCATION SCHOOL

*PE & Sport
Parent Guide
2019/20*



HOME
OF THE
RHINOS

Welcome to another exciting sporting year here at BSG. We would like to share with you our PE & Sports structures that will allow all students to find enjoyment and sporting success during our engaging curriculum and expansive after-school provision.

Physical Education Philosophy

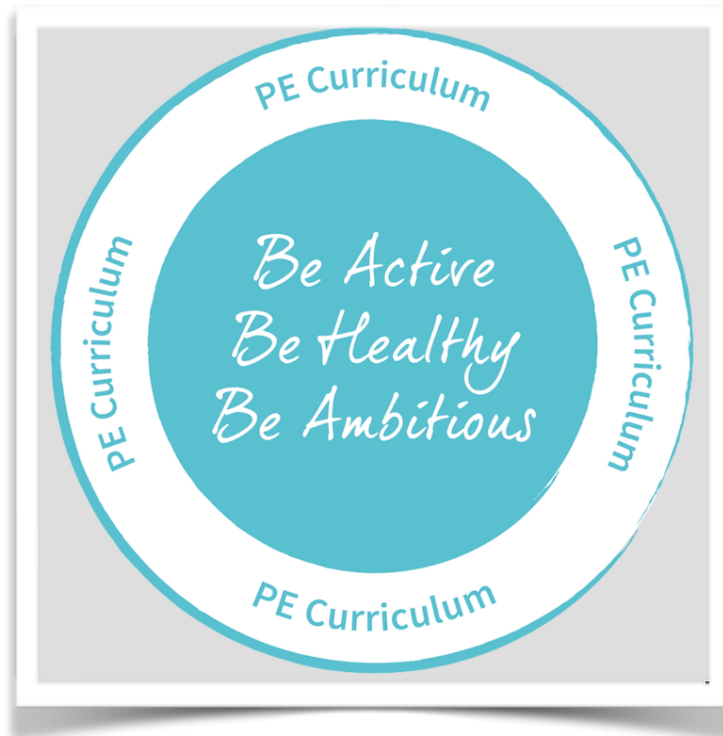
Our Vision: To create a lifelong love of sport within all students.

Our Mission: To regularly provide varied, fun and competitive sporting opportunities for all students.

Our Aim: The British School of Guangzhou's Physical Education programme allows all students to develop fundamental skills and the knowledge of how to maintain an active and healthy lifestyle.

Students experience a positive learning environment as they are encouraged to be ambitious each day through regular participation and competition. This builds confidence and enjoyment, allowing all students to find a level of achievement in varied individual and team activities.

The core values of respect, responsibility, integrity and commitment provide the platform as students are inspired to develop a life long love of sport.



Staff	Responsibility	Email
Roslyn McConnell	Director of Sport	roslyn.mcconnell@bsg.org.cn
Tom Hart	Head of Secondary PE	thomas.hart@bsg.org.cn
Tom Magson	Head of Primary PE	thomas.magson@bsg.org.cn
Alicia Smith	Swimming Director	alicia.smith@bsg.org.cn
Michelle Cuming	Teacher of PE + Head of Year 8	michelle.cuming@bsg.org.cn
Denica Howell	Teacher of PE + Head of Year 9	denica.howell1@bsg.org.cn
Samuel Thorley	Teacher of PE	samuel.thorley@bsg.org.cn
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Yuki Xu	Teacher of PE & Dance	yuki.xu@bsg.org.cn
Tracy Liao	Teacher of PE & TA	tracy.liao@bsg.org.cn

PE Staffing & Responsibilities

Our PE staff will be teaching across all age groups from EYFS to KS5 and we are delighted to welcome Mr Hart, Miss Smith, Mr Thorley, Miss Heron and Mr Wyatt to BSG. They bring a wealth of knowledge and sporting expertise to join our dedicated PE team who will be based in our new PE office next to the swimming pool.

Your child has PE each week and students are expected to participate in all lessons with the correct PE kit. If you have any questions regarding the PE curriculum or if your child has an injury / illness and needs to be excused from their PE lesson, then please email their teacher directly before the lesson begins. Thank you.



Extra-Curricular opportunities at BSG

There are many opportunities for your child to be active in sport after-school at BSG. The opportunities for each year group and the list of the team trial dates for Term 1 are below. All students are welcomed to try out for teams selection, if they wish, and if your child is successful then they will be expected to commit to attending all training and fixtures. This dedication to the Rhino teams will help to nurture our elite athletes. Parents must be aware that no buses will be provided for all Rhinos Team practices and it is therefore parents responsibility to arrange transport after each training session. A list of term 1 practices are included in this document.

Rhino Team Trial Dates Term 1			
Date	Team	Time	Location
Wed 21st Aug	U19 Volleyball GISAC	3-4:30pm	Primary Field
	U14 Football GZ	3-4:30pm	Secondary Field
Thurs 22nd Aug	U15 Football NAE Games	3-4:30pm	Secondary Field
Mon 26th Aug	U13 Football NAE Games	3-4:30pm	Secondary Field
Tues 27th Aug	U11 Football NAE Games	3-4:30pm	Secondary Field
Wed 28th Aug	U19 Basketball GISAC	3-4:30pm	Basketball Court
	U13 NAE Games	3-4:30pm	Pool + Basketball Court
Mon 2nd Sept	U11 Swimming Squad time trials	3-4:30pm	Pool
Tues 3rd Sept	U19 Swimming Squad time trials	3-4:30pm	Pool
Wed 4th Sept	U13 NAE Games	3-4:30pm	Secondary Field
Wed 23rd Oct	U15/U14 Volleyball NAE Games + GZ	3-4:30pm	Primary Field
	U14 Touch Rugby GZ	3-4:30pm	Secondary Field
Mon 18th Nov	U15 Basketball NAE Games	3-4:30pm	Basketball Court
Mon 25th Nov	U11 NAE Games	3-4:30pm	Pool + Secondary Field
Tues 26th Nov	U11 NAE Games	3-4:30pm	Secondary Field

Age Groups

U19 = Y10,11,12,13

U15 = Y9,10

U14 = Y7,8,9

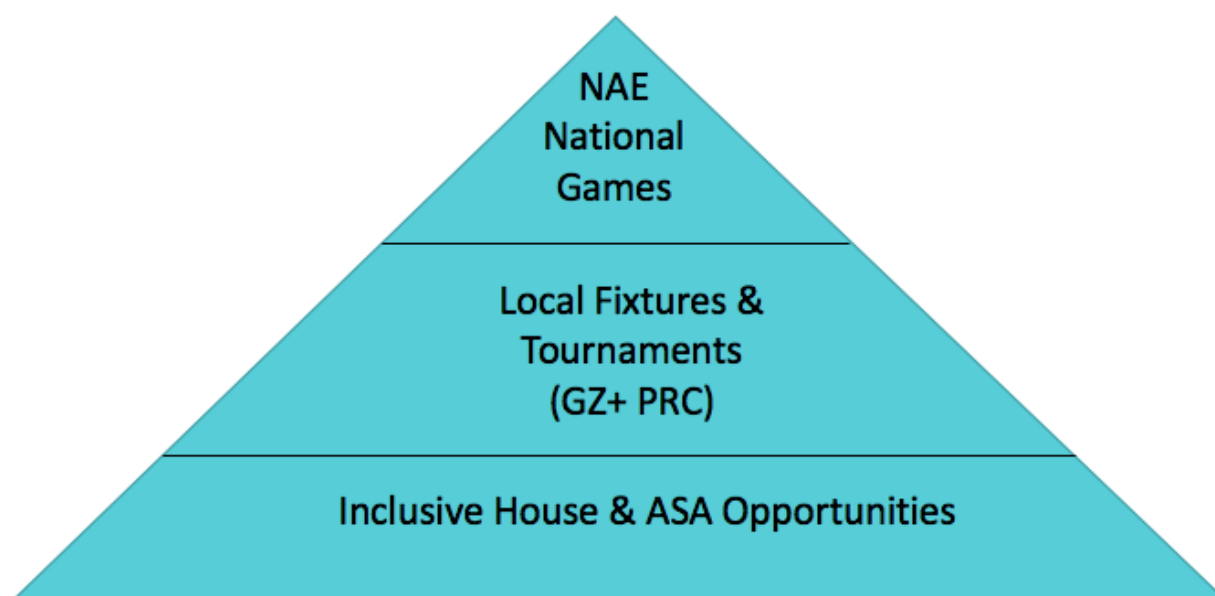
U13 = Y7,8

U11 NAE = Y5,6

U19 Swim = Y7,8,9,10,11,12,13

U11 Swim = Y3,4,5,6

Competition Structure at BSG from 2019



House Events

All students from EY to KS5 will have the opportunity to represent their House in a variety of sporting competitions, each half term within their PE lessons. These house competitions will also help PE staff to choose students who will be selected to represent the school at local Primary GISES tournaments.

ASA's (After-school activities)

Each term there are a range of ASA's on both a Tuesday and Thursday that will offer Rhino team training and Sport for All opportunities for all students from Y2-Y13.

U19 (GISAC)

Guangzhou International Schools Athletics Conference.

Trials to determine A Teams and training takes place on a Wednesday afternoon.

3 core sports (Volleyball - Term 1, Basketball - Term 1, Football - Term 2)

1 invitational sport (Badminton - Term 2)

Fixtures played after school in each of the 3 core sports and finishing with a tournament during the school day.

Saturday tournament for invitational sport.

Schools involved - BSG: International School Of Dongguan (ISD); Utahloy International School Guangzhou (UISG); Utahloy International School Zengcheng (UISZ); American International School of Guangzhou (AISG); Clifford International School (CIS)

<https://gisac.weebly.com/> for further information.

U14 (GZ)

Guangzhou Cup.

Trials to determine A Teams and training takes place either during ASA's or a Wednesday afternoon.

3 core sports (Football - Term 1, Volleyball - Term 2, Basketball - Term 3)

4 invitational sports (Cross-Country - Term 1, Swimming - Term 1, Touch Rugby - Term 1, Badminton - Term 2)

Fixtures played after school in each of the 3 core sports and finishing with a tournament starting at 3pm.

After-school tournaments for invitational sports starting at 3pm.

Schools involved - BSG; Utahloy International School Guangzhou (UISG); American International School of Guangzhou (AISG); Clifford International School (CIS).

U11 (GISES)

Guangzhou International School Elementary Sports.

Teams will be chosen through House events, swim trials and training will take place at lunchtimes if required.

Core Sports - Term 1 = Y3-6 Cross Country, Y3-6 Swimming, Y3-6 Athletics, Y3-6 Football

Term 2 = Y3-6 Cross Country, Y3+4 Football, Y5+6 Basketball

Term 3 = Y5+6 Football, Y5+6 Teeball, Y5+6 Badminton

All core sports take place during the school day apart from Badminton and Swimming which is on a Saturday.

Schools involved - BSG; Utahloy International School Guangzhou (UISG); American International School of Guangzhou (AISG); Utahloy International School Zengcheng (UISZ); Canadian International School of Guangzhou (CISGZ); Huamei International School; Canadian Foreign Language School (CIS); Yew Weh International School; International School of Guangzhou (ISA), Guangzhou Nanfang International School (GNIS).

<https://gises.weebly.com/> for further information.

U14 (PRC)

Pearl River Conference for our B Rhino Teams who are in Division 3 Green.

Trials to determine B Teams and training takes place either during ASA's or a Wednesday afternoon.

3 core sports (Football - Term 1, Volleyball - Term 2, Basketball - Term 3)

3 invitational sport (Swimming - Term 1 inc U19; Cross-Country - Term 1, Badminton - Term 1+2)

All PRC sports are played on a Saturday. Core sports have an Exchange tournament to determine seedings for the final Tournament.

Schools involved - BSG; American International School of Guangzhou (AISG); Canadian International School of Guangzhou (CISGZ); Nansha College Preparatory Academy (NCPA); Quality Schools International Shenzhen (QSIG); Shekou International School (SIS).

<https://pearlriverconference.weebly.com> for further information.

NAE Games

As a part of the Nord Anglia Schools China we have to endeavor to provide competitive sports teams for each age group and sport throughout the year.

Trials to determine NAE teams and training takes place regularly throughout the week from Mon-Thurs with some Saturday mornings too. Training fixtures will be shared with all parents in due course.

U15 - Football - Term 1, Volleyball - Term 2, Basketball - Term 3.

U13 - Football - Term 1, Multi-Sport Games (Swimming, Athletics, Basketball, Football) - Term 2

U11 - Football - Term 1, Multi-Sport Games (Swimming, Athletics, Teeball, Football) - Term 3 (A's =Y6, B's = Y5)

Schools involved- BSG; The British School of Beijing, Shunyi (BSBSY); The British School of Beijing, Sanlitun (BSBSLT); The British School of Nanjing (BSN); The British School of Shanghai, Puxi (BISSPX); Leman International School Chengdu (LIS); Nord Anglia International School Hong Kong (NAISHK); Nord Anglia International School, Pudong (NAISPD); Nord Anglia Chinese International School of Shanghai (NACIS); Nord Anglia School Ningbo (NASNB)

BSG Academy and External Clubs

BSG Academy provision is an opportunity for students to develop their skills in the following areas, Swimming, Football, Games skills, Badminton, Rugby and Cambridge English Programme. These clubs are a paid provision that is delivered by BSG staff.

We currently have 10 external providers that provide sport for all and academic opportunities here at BSG after-school each week. These clubs are offered from Reception to Y10 students and are as follows: Ballet, Tennis, Science and Coding club, Karate, Scratch + Lego club, Skateboarding, Basketball, Fencing, Tee ball, Golf.

Sports Awards Evenings

There are two planned sports awards evenings for 2019/20 where we celebrate the success and thank students for their dedication and commitment when representing the school Rhino Teams both in local competitions and within China. The new format and details will be shared with you at a later date.

Summary of the PE structure 2019-20

Physical Education Structure 2019-20



Please find the Rhino Team Training Schedule Term 1 below.

Rhino Team Training Term 1

Day	Team	Time	Location
Monday	U11,U13, U15 NAE Football	3-5pm	Tonghe
	U13 NAE Games	3-5pm	Nanhu campus
	Swimming Squad	3-4:30pm	Pool
Tuesday	U14 A+B Boys Football	ASA	Secondary field
	Development swim squad	ASA	Pool
Wednesday	U19 Volleyball	3-4:30pm	Primary Field
	U19 Boys Basketball	3-4:30pm	Basketball Court
	U19 Girls Basketball	3-4:30pm	Sportshall
	U15 Volleyball (starts 23rd Oct)	3-4:30pm	Primary Field
	U14 Touch Rugby (starts 23rd Oct)	3-4:30pm	Secondary field
Thursday	U14 A+B Girls Football	ASA	Secondary field
	Development swim squad	ASA	Pool
Friday	Swimming Squad	6:30-7:30am	Pool

Looking forward to an exciting and successful year within PE and sport this academic year.....if you have any further questions then please get in touch. Term 2 + 3 Rhino Team training will be shared with you later this term.

Thank you in advance for all your support for PE and Sport and '.....Go Rhinos'!



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