

**Morning Activities**  
**7.30 – 8.00 am**

<b>Day</b>	<b>Activity</b>	<b>Place</b>	<b>Teacher &amp; Max Number</b>	<b>Description</b>
<b>Tuesday</b>	<b>Badminton</b> Year 3 - Seniors	Cooper Hall	Ms. Cutler <b>16</b>	Come and play the fantastic sport of badminton! Master the skills, learn the rules and have fun!
<b>Tuesday</b>	<b>Biathlon</b> Year 2- Seniors	Swimming Pool	Ms. Good <b>16</b>	Run and Swim to improve your own fitness and strokes.
<b>Tuesday</b>	<b>Swimming Development</b> Year 2 – Seniors	Swimming Pool	Mr. Liperis <b>16</b>	For all students who would like to come along and improve their stroke techniques and levels of fitness.
<b>Wednesday</b>	<b>X- Country</b> Year 2 - Seniors	Athletics Track	Ms. Good, Mr. Liperis <b>35</b>	For student who love to run and keep fit. Students who would like to represent the School X Country Team will be selected from this group.
<b>Wednesday</b>	<b>Ball Skills</b> Year 1 – Year 5	Cooper Hall	Ms. Kaur Ms. Swan <b>16</b>	This is a morning session for those pupils that need to develop their gross motor skills and improve their basic ball skills. It's a great way to help some pupils focus for the day.
<b>Wednesday</b>	<b>Guitar Club</b> Year 3-Year 5	Primary/Senior Music Room	Ms. Loxton <b>12</b>	Would you like to learn classical guitar? Would you like to learn to read music? Join this ECA and learn these skills in a term. Please bring a guitar if you have one. If not, we have some in school.
<b>Thursday</b>	<b>Yoga</b> Year 2 - Seniors	The Academy	Ms. Adams Ms. Ionescu <b>25</b>	The perfect ECA to relax and unwind before a busy day at school. Come to Yoga to join in with stretching, breathing poses and learning how to relax and de-stress your body.
<b>Friday</b>	<b>Swimming Development</b> Year 2 - Seniors	Swimming Pool	Mr. Rigby Mr. Johnson <b>25</b>	For all students who would like to come along and improve their stroke techniques and levels of fitness.
<b>Friday</b>	<b>Table Tennis</b> Year 4- Seniors	Table Tennis	Ms. Divers Mr. Liperis <b>18</b>	Show off your spin, learn to serve and rally with your friends. We have nine new tables for you. There will be the opportunity to play singles and doubles.
<b>Friday</b>	<b>Girls Football</b> Year 4 – Year 6	Field	Ms. Burk <b>16</b>	Girls only football available. Learn new skills and play fun games with your friends.

**Morning  
Paid ECA  
7.30am – 8.15am**

Activity		Place	Teacher & Cost & Max numbers	Description
<b>Monday</b>	<b>Multi Sports</b> Nursery – Reception	Cooper Hall	Sport4Kids Coaches \$200 for 8 Sessions <b>12</b>	Come and learn a range of skills and tactics for playing various team invasion games. Use all types of equipment and various small games to improve general coordination and spacial awareness.
<b>Thursday</b>	<b>Multi Sports</b> Year 1 – Year 2	Swimming Pool	Sport4Kids Coaches \$200 for 8 Sessions <b>12</b>	Come and learn a range of skills and tactics for playing various team invasion games. Use all types of equipment and various small games to improve general coordination and spacial awareness.

**Monday Afternoons  
Paid ECA  
3.05 – 4.05pm**

Activity	Place	Teacher & Cost & Max numbers	Description
<b>Brownies</b> Year 3 – Year 6	The Academy	Brownie leaders \$100 for 10 sessions	Brownies opens up a world of exciting challenges and the opportunity to try new things and to make brilliant new friends following a programme called the Brownie Adventure. For more information please email 10thsingaporebrownies@gmail.com
<b>Chelsea Football Coaching</b> Year 2 – Year 4	Field	Chelsea Coaches \$200 for 8 Sessions <b>Unlimited</b>	Join the Chelsea ECA and receive excellent football coaching through fun games and activities. Improve your skills and you will have the opportunity to play for the local weekend Chelsea teams.

**Tuesday Afternoons  
3.05 – 4.05pm  
Supervisors: Ms. Chu Fang and Mrs. Evans**

Activity	Place	Teacher & Max Numbers	Description
<b>Art and Design</b> Year 2 – Year 4		Ms. Marsden <b>15</b>	To give children the opportunity to develop their design skills using different/mixed mediums. To create a display of children's art pieces. Let's explore line, texture, colour, shape and patterns in this exciting new ECA.
<b>Art and Design</b> Year 5 – Year 6		Ms. Hill <b>15</b>	To give children the opportunity to develop their design skills using different/mixed mediums. To create a display of children's art pieces. Let's explore line, texture, colour, shape and patterns in this exciting new ECA.

<b>Children's Craft &amp; Film Club</b> Year 2 - Year 4		Mrs. Gray <b>20</b>	Are you creative? Do you love films? Then this is the ECA for you. We create a variety of art related to movies. This is a wonderful way to spend your Tuesday afternoon.
<b>Cross Stitch</b> Year 2 - Seniors		Mrs. Lee <b>16</b>	Make a coaster a book mark or mat using cross stitch. Simple for beginners to more advanced by creating your own patterns using a wide variety of coloured threads. \$5 on first session towards the cost of materials.
<b>Electric Music Makers</b>	iMac Suite	Mr. McLoughlin <b>16</b>	A fun ECA open to all comers to enable you to make your own tunes using software in our iMac suite and on the iPads. Learn how to make sounds and then mix them together to make your own song in whatever style you like. Pop music, house music, drum and bass, experimental music and everything in between is possible.
<b>Radio Club</b> Year 4 - Seniors		Mrs. Castle <b>10</b>	Come and join the Radio ECA if you would like to learn how to present, produce and record your own show. Show us what you got.
<b>Chinese Crafts &amp; Games</b> Year 3 – Year		Ms. Soon <b>15</b>	Come join us for an afternoon of Chinese crafts and traditional games. Students will participate in paper folding and paper cutting activities with an emphasis on having fun.
<b>Tag Rugby</b> Year 4 – Year 6	Field	Mr. Rigby Ms. Vessey Mrs. Jakeman <b>Unlimited</b>	Learn to play touch rugby in small and large teams. Practise different skills and compete with classmates
<b>Football Team Training</b> Year 4 - Year 5	Pitch	Mr. Liperis Mr. Johnson Mr. Stannney <b>Unlimited</b>	For players who are interested in developing their individual and team skills, as well as the opportunity to represent Dover Court in inter-school matches/ tournaments and in the A.C.S.I.S. leagues.
<b>Hama Beads</b> Year 2 – Year 6		Ms. Somaya <b>16</b>	Join our fun & creative club where we will create many beautiful designs from these magical beads! They can be used as gifts or to decorate your room at home.
<b>Japanese Language for Beginners</b> Year 2- Year 6		Ms. Keyes Mrs. White <b>16</b>	Introduction to Japanese language. Talk to your new Japanese friends by learning numbers, greetings, hobbies and days of the week.
<b>Netball</b> All Juniors & Seniors	Hard Court 1 & 2	Ms. Good Mrs. Yates Ms. McWilliams <b>Unlimited</b>	Whether you've played before or want to give Netball a go, everyone is welcome to join the Netball E.C.A.! Train to improve your individual skills and apply games in this fun and exciting way of getting fit.
<b>Oil painting Club</b> Year 7 – Year 11	Art Room	Mrs. Dalton <b>12</b>	Are you intrigued by artworks and wondered how they are done? Have you always wanted to work in oil paint like the paintings you see in Art galleries? Oil painting is considered the most versatile of the painting mediums in regard to the blending of colours. This program will take you through the various stages of mastering the technique. <b>One off \$10 contribution for resources on first week.</b>
<b>Singing Voices</b> Year 2 - Year 3	Primary/Seni or Music Room	Mr. Henkel Mr. Fernandez Mr. Neeson <b>Unlimited</b>	In term 1 the School Choir will be involved in the UN Day Concert and the Carol Concert at St Theresa's. There may also be one or two further concerts, e.g. Voices for the Hospice and Raffles Hotel. All students who love their singing and who wish to develop skills and repertoire are warmly invited to join. Choir members from 2014-15 are strongly urged to re-join.
<b>Yoga</b> Juniors & Seniors	Cooper Hall &	Mrs. Hay Ms. Gander <b>24</b>	The perfect ECA to relax and unwind after a busy day at school. Come to Yoga to join in with stretching, breathing poses and learning how to relax and de-stress your body.

<b>ESL Book Club</b> Year 5 – Year 7	Library	Mr. Edwards <b>14</b>	Come along to read, review and share your favorite books. Learn new vocabulary and extend your English language ability.

**Tuesday Afternoons**  
**Paid ECA**  
**3.05 – 4.05pm**

<b>Activity</b>	<b>Place</b>	<b>Teacher &amp; Cost &amp; Max numbers</b>	<b>Description</b>
<b>Gym with Me</b> Reception – Year 4	Cooper Hall	GYM with ME Gymnastics coaches \$30 per session <b>32</b>	An exciting new Gymnastics club. Multiple trained coaches and some excellent new equipment to use. Please see website for more details <a href="http://www.gymwithme.com/">http://www.gymwithme.com/</a>

**Wednesday Afternoons**  
**3.05 – 4.05pm**  
**Supervisor: Mrs. Fernandez**

<b>Activity</b>	<b>Place</b>	<b>Teacher &amp; Max Numbers</b>	<b>Description</b>
<b>Acapella Singing</b> Year 6 – Seniors		Mr. Rinaldi Ms. Mahoney <b>25</b>	An exciting singing ECA. Modern music, only voices, no instruments. Come and surprise yourself....
<b>Advanced Music Technology</b> Year 7- Year 11	iMac Suite	Mr McLoughlin <b>16</b>	An advanced class open to those who want to learn more about producing music. This ECA will delve further into how sounds that can be synthesized, manipulated and layered, as well as exploring key techniques for making a true master piece. You'll also get some important tips about the devices and hardware used in music technology and learn to set it up to make your songs sound truly professional.
<b>Basketball</b> Year 6 – Seniors	Single Hard Court	Mr. Woodhall Ms. Dolan <b>24</b>	Please join our basketball group for some fun games and matches. We will work on our dribbling, shooting and match strategies.
<b>Maths Club</b> Year 1- Year 4		Mr Marshall <b>12</b>	Learn to love Maths through using iPads. Exciting games and competitions to compete in.
<b>Football</b> Year 2 - Year 3	Football pitch	Mr. Rigby Mr. Johnson Mr. Fisher Mr. Liperis Mr. Castle	For players who are interested in developing their individual and team skills to represent Dover Court in inter-school matches/ tournaments and in the A.C.S.I.S. leagues.

		<b>Unlimited</b>	
<b>Fun with Fimo</b> Year 2 – Year 4		Mrs. Small Ms. Morley <b>24</b>	We will make a selection of models, figurines, buttons, charms, jewelry and ornaments from a range of brightly coloured and glow in the dark polymer clay that you heat in the oven for it to go hard. <b>A charge of \$10 to cover materials applies, which needs to be paid at the 1<sup>st</sup> session.</b>
<b>Yoga</b> Year 2 - Seniors	The Academy	Ms. Hay <b>25</b>	The perfect ECA to relax and unwind before a busy day at school. Come to Yoga to join in with stretching, breathing poses and learning how to relax and de-stress your body.
<b>Lego</b> Year 4 - Year 6		Ms. Goswell, Mrs. Ellingham <b>30</b>	Come along to design and make buildings and landmarks from around the world. Suitable for all future architects!
<b>Drama Games</b> Year 2 – Year 3		Ms. Taylor <b>15</b>	Improve your communication and social skills through fun games. Make new friends and create small sketches using your creative side.
<b>Rock Band</b> Year 5 - Seniors	Practise Room	Mr Townsend Mr Fernandez <b>16</b>	The aim of this ECA is for you to form your own bands and begin rehearsing a range of Rock / Pop songs. If you play Guitar, Bass, Drums, Keyboard or sing this ECA would be a great opportunity for you to rehearse and perform with the schools other talented individuals. The songs can be chosen by <i>you</i> and will be arranged to suit your range and ability. <b>Please note that you should be able to perform on your instrument to a basic level to be able to take part in this ECA.</b>
<b>School Newspaper</b> Year 6 - Seniors	Senior I.C.T. Suite	Mr. McCarthy <b>16</b>	Do you want to be part of a new and exciting online news experience? Would you like to be an editor? Do you want to review your favorite games or books? Then come and join the newspaper gang in the news room!
<b>Stained Glass</b> Year 3 - Seniors		Mrs. Lawson <b>15</b>	Join this E.C.A. and create your own stained glass windows. Please bring along an apron. <b>A charge of \$20 to cover materials applies, which needs to be paid at the 1<sup>st</sup> session.</b>
<b>Swimming Team Training</b> Year 2 – Year 5	Swimming Pool	Ms. Good Mr. O’Neill	Training for the Dover Fins. Come improve your strokes and fitness to represent the school
<b>Model United Nations</b> Year 7 – Year 11		Ms. McKernan Mrs. Smith	The MUN club is a simulation of the United Nations system. You will learn to debate, compromise, resolve conflicts and negotiate. The MUN conference will be both local and international. <b>No sign up. Please see Ms. McKernan if you are interested.</b>
<b>School Choir</b> Juniors - Seniors		Mr. Henkel Mr. Fernandez Mr. Casteels	In term 1 the School Choir will be involved in the UN Day Concert and the Carol Concert at St Theresa’s. There may also be one or two further concerts, e.g. Voices for the Hospice and Raffles Hotel. All students who love their singing and who wish to develop skills and repertoire are warmly invited to join. Choir members from 2014-15 are strongly urged to re-join.

**Wednesday Afternoon  
Paid ECAs  
3.05 – 4.05pm**

Activity	Place	Teacher & Cost & Max pupils	Description
<b>Ballet</b> Year 2- 5	Infant Music Room	Ms. Wong \$150 for 8 sessions <b>10</b>	Perfect for beginners who would love to learn to move gracefully and energetically. Improves strength, balance and posture with friends under experienced guidance.
<b>Tennis</b> Year 4-6	Double Hard Court	Sport4Kids Coaches \$200 for 8 sessions <b>6</b>	Learn and improve racket skills in a fun and small group size. Tennis coaches that will tailor the program to suit the ability and level of the students.
<b>Fitness Frenzy</b> Year 6 - Seniors	Cooper Hall	Sport4Kids Coaches \$200 for 8 Session <b>12</b>	Fitness Frenzy will build your strength, speed and agility, through diverse, <b>tough</b> , challenges each week. Your coaches will get you to work individually and in teams, to complete activities that will make you work <b>hard</b> and push you physically. Be prepared to test yourself, to get to the next level of fitness.

**Thursday Afternoons  
Supervisor: Rhona Chapman  
3.05 – 4.05pm**

<b>Rock Band</b> Year 5 - Seniors	Practise Room	Mr Townsend Mr Fernandez <b>16</b>	The aim of this ECA is for you to form your own bands and begin rehearsing a range of Rock / Pop songs. If you play Guitar, Bass, Drums, Keyboard or sing this ECA would be a great opportunity for you to rehearse and perform with the schools other talented individuals. The songs can be chosen by <i>you</i> and will be arranged to suit your range and ability. <b>Please note that you should be able to perform on your instrument to a basic level to be able to take part in this ECA.</b>
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**Thursday Afternoon  
Paid ECAs  
3.05 – 4.05pm**

Activity	Place	Teacher & Cost & Max Numbers	Description
<b>Chelsea Football Coaching</b> Year 5 - Seniors	Field	Chelsea Coaches \$200 for 8 sessions <b>Unlimited</b>	Join the Chelsea ECA and receive excellent football coaching through fun games and activities. Improve your skills and you will have the opportunity to play for the local weekend Chelsea teams.
<b>Judo Club</b> Year 1- Year 3	Primary/Senior or Music Room	Mr. Tan Yi \$280 for 8 sessions <b>12</b>	We are a group of Judo enthusiasts with rich experience in teaching Judo to both children and adults. You can find information on us and our activities on <a href="http://www.thedojo.com.sg">www.thedojo.com.sg</a> . Extra \$100 to buy Judo uniform.
<b>Tennis</b> Year 1- 3	Double Hard Court	Sport4Kids Coaches \$200 for 8 sessions <b>12</b>	Learn and improve racket skills in a fun and small group size. Tennis coaches that will tailor the program to suit the ability and level of the students.
<b>Young Leonardo's</b> Year 3- Year 5		Artist \$480 for 8 sessions <b>8</b>	Learn to draw using the right side of the brain system. Work intensively with an artist in a small group to be creative. A fun filled program that engages children from the start. Includes all materials.
<b>Gym with Me</b> Reception – Year 4	Cooper Hall	GYM with ME Gymnastics coaches \$30 per session <b>32</b>	An exciting new Gymnastics club. Multiple trained coaches and some excellent new equipment to use. Please see website for more details. <a href="http://www.gymwithme.com/">http://www.gymwithme.com/</a>

### Friday Afternoons

3.05 – 4.05pm

Supervisor: Ms. Mayhew and Ms. Scott

Activity	Place	Teacher & Max Numbers	Description
<b>Beading Club</b> Year 4 - Seniors		Ms. Singh Ms. Nikoletta <b>15</b>	Jewelry making is definitely one fun and relaxing hobby allowing you to explore your creative side. Just a one off <b>\$10</b> for resources.
<b>Chinese Dance</b> Year 3- Year 11	The Academy	Mrs. Mu <b>15</b>	The training was based on children Chinese dance syllabus which was designed by Beijing Dance Academy. It includes music with poem & song accompaniments, Children Chinese National and Folk dances, skills on mattress and rhythm awareness. It is a comprehensive program that addresses the elements of flexibility, strength, coordination, performance and rhythm and dancers have chances to perform on school UN Day and other concerts.
<b>Speed Stacking</b> Year 4 – Year 6		Mrs. Vincent <b>12</b>	Join this exciting team sport which involves stacking cups against other teams. Use both sides of your brain and body to improve hand-eye co-ordination and sharpen concentration skills. A great ECA for beginners or experienced stackers!
<b>Brain Teasers Club (BTC)</b> Year 2 - Year 4		Mr. Kumar <b>16</b>	BTC will offer different types of puzzles that are written or spoken and require mental reasoning to solve. It also involves praxis ability to develop spontaneity.

<b>Trash to Treasure</b> Year 6 - Seniors	Art Room	Mr. Lim Ms. Garcia <b>15</b>	Come along and let your amazing creativity and handiworks inspire you to roll up your sleeves and turn some trash into treasure. Creations such as 'MINONS' 'STARWARS' characters and many more! <b>\$20 dollars needed for resources.</b>
<b>Fun Chinese Character Writing</b> Year 2	Room 41	Mrs. Liu Ms. Cheung <b>16</b>	Writing Chinese Characters can be fun! Drawing pictograph characters helps you to understand the beauty of Chinese language.
<b>Chess &amp; Chinese Chess Club</b> Year 3- Seniors	Room 9	Mr. Cairns Mr. Leow <b>25</b>	After being so popular last term we now have two days where chess is available. Whether you are new to playing or a master come down and improve your analytical and decision making skills. Also, new this term, learn Chinese chess.
<b>Construction Club</b> Year 2- Year 3	Room 45/46	Ms. Evetts <b>18</b>	Do you like building things? Come along to the construction Club and enjoy the challenge of planning, designing and building lots of different structures using a huge range of materials. Explore interesting building of Singapore and reproduce them!
<b>Cookery</b> Year 2 - Year 3	Infant Cookery Area	Ms. Regado Ms. Bulos <b>14</b>	Learn and enjoy cooking simple and yummy recipes. <b>There will be an extra cost of \$20, which must be paid on the 1st session. Please inform school if any child has any food allergies.</b>
<b>Football</b> Year 6- Seniors	Football Pitch	Mr. Mr. Liperis Mr. DeSousa <b>Unlimited</b>	For players who are interested in developing their individual and team skills to represent Dover Court in inter-school matches/ tournaments and in the A.C.S.I.S. leagues.
<b>Sketching &amp; Drawing</b> Year 3 – Year 6		Ms. Morgan <b>16</b>	Come and learn exciting drawing techniques, produce works of art and share your wonderful new talents.
<b>Hockey</b> Year 3- Year 6	Cooper Hall	Mrs. Smith Mr. Johnson <b>20</b>	For both beginners and experts. Improve your stick skills and work in teams to play games of indoor hockey with plastic sticks.
<b>Animation Club</b> Year 3-Year 6	iMac Suite	Mrs. Hopkin Ms. Prince <b>21</b>	In animation club we will play with a variety of animation styles including cut-out puppets, drawn animation and 3D figures. We will learn techniques for bringing any object to life! The club is perfect for first-time animators!
<b>Smart Art</b> Year 2- Year 4		Ms. Willmot <b>14</b>	Express yourself at Smart Art! Learn exciting new styles and techniques, whilst exploring paints, pastels and clay!
<b>School Orchestra</b> Juniors & Seniors	Primary/ Senior Music Room	Mr. Henkel Mr. Fernandez Mr. Townsend <b>Unlimited</b>	More than just an ECA, the School Orchestra is a vital School institution, since its playing underpins the key concepts. Concerts in term 1 include the UN Day concert and Carol concert at St Teresa's. All students who have private music lessons or have played in ensembles before ought to have no hesitation over joining. Recorder, guitar and keyboard players are also very welcome.
<b>Swim Team Training</b>	Swimming Pool	Ms. Good Ms. Boysen	As before
<b>Design Technology Club</b> Year 5 – Seniors	Technology Suite	Mr. Jauk <b>10</b>	If you love making things, this exciting new ECA is for you. Learn to use a range of workshop tools, work with real materials and have lots of fun!



**Friday  
Paid ECAs  
3.05 – 4.05pm**

<b>Activity</b>	<b>Place</b>	<b>Teacher &amp; Cost &amp; Max Numbers</b>	<b>Description</b>
<b>Heartlands Golf Academy</b> Year 4 - Seniors	Jurong Country Club (JCC) 3pm -4.30pm	Mr. Rigby Mr. Randall 9hrs of coaching for \$300 <b>16</b>	For all those future Rory McIlroys at Dover Court. In this E.C.A. we will hit JCC's driving range and be coached by PGA, Class A, golf coaches from Heartlands Golf Academy. Students will also learn to play in sand, putting, chipping and out on the course. For more information visit: <a href="http://www.heartlandgolfsg.com/">www.heartlandgolfsg.com/</a>
<b>Sailing Club</b> Year 4 – Seniors	Mana Mana Beach Club	Ms. Alison Ms. Duda \$600 for 8 sessions <b>17</b>	Calling all ocean explorers and marine adventures! Would you like to learn to Sail? Mana Mana Sailing Club in East Coast Park are offering a sailing Course for Dover Court Students. No experience necessary. School bus will take students from Dover. Students will need collecting at 6.00pm at Mana Mana Beach Club.
<b>Kid Fit</b> Year 2- Year 4	Cooper Hall	Sport4Kids Coaches \$200 for 8 Session <b>12</b>	Stretch and exercise to relieve the stress of the day. Learn new exercises and boast your stamina.

**Saturday Morning  
Supervisor – Ms. Good**

<b>Activity</b>	<b>Place &amp; Time</b>	<b>Teacher &amp; Max Numbers</b>	<b>Description</b>
<b>Netball training</b> Year 5- Seniors	Hard Court 9.30am-11.00am	Ms. Good <b>Unlimited</b>	Come along for training, fitness, tactics and preparation for interschool matches next term. Open to both boys and girls.
<b>Dover Swim Squad</b> All Ages	Swimming Pool 9.00am-10.00am	Coach Menno Moerman \$15 per session <b>20</b>	Swim training for advanced and intermediate swimmers, where you will learn correct stroke technique and build swim stamina.
<b>Sport 4 Kids Learn to Swim</b>	Swimming Pool 10am-12pm	Coach Menno Moerman	Learn to swim: swim classes to children of all ages and abilities in Singapore. Our classes are designed to build

All Ages		<b>\$30 per session</b> <b>6</b>	confidence in the water, enhance water safety and most importantly develop a passion and love for swimming.
<b>Rythmic Gymnastics</b> (Karpenko gymnastics academy)  Beginners	Hall 9:00am- 10:00am	Victoria Karpenko \$550 for 10 sessions <b>12</b>	Rhythmic gymnastics is one of the most beautiful sports for girls of all ages. Children develop greater flexibility, core strength, stamina, balance and coordination. KGA help every child reach their hopes, dreams and ambitions by being healthy, active and most importantly having fun.
<b>Rythmic Gymnastics</b> (Karpenko gymnastics academy)  Intermediate and Advanced	Hall 10am-12pm	Victoria Karpenko <b>\$550 for 10 sessions</b> <b>15</b>	Description: Rhythmic gymnastics is one of the most beautiful sports for girls of all ages. Children develop greater flexibility, core strength, stamina, balance and coordination. KGA help every child reach their hopes, dreams and ambitions by being healthy, active and most importantly having fun.
<b>Gym With Me</b> Nursery – Year1	The Academy 9am-10am or 10-11am	GYM with ME Gymnastics coaches \$30 per session <b>16</b>	An exciting new Gymnastics club. Multiple trained coaches and some excellent new equipment to use. Please see website for more details. <a href="http://www.gymwithme.com/">http://www.gymwithme.com/</a>