

Rationale

Our students will receive high quality swimming teaching in a safe and enjoyable manner delivered by our BSG staff.

To create an environment where our students can develop their swimming confidence, skills and stroke enhancement.

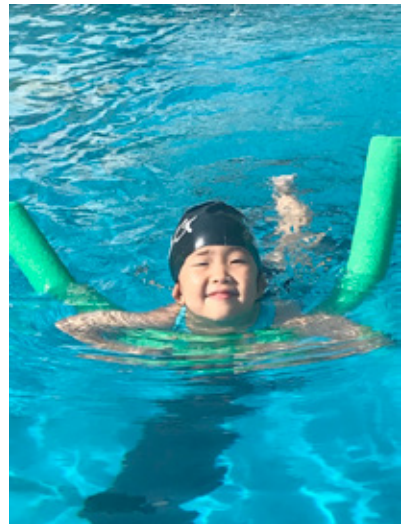
Providing our students with a lifelong skill and love for swimming and water safety.

Dates

Tuesday (8-week Programme)	
April	16, 23
May	7, 14, 21, 28
June	4, 11

Thursday (9-week Programme)	
April	18, 25
May	2, 9, 16, 23, 30
June	6, 13

Saturday (6-week Programme)	
April	20
May	4, 18, 25
June	1, 15



Swimming

Lead Teacher – Denica Howell

Email – denica.howell@bsg.org.cn

Swimming Academy Plus Price

150 RMB per session

Tuesday = 1,200 RMB

Thursday = 1,350 RMB

Saturday = 900 RMB

Timings, Age Groups And Location

Tuesday Swimming Academy			
Location	Time	Category and Age Group	BSG Teacher
Primary Swimming Pool	16:00 – 17:00	Development Yr 2, 3, 4, 5, 6	Denica Howell & Roslyn McConnell

Thursday Swimming Academy			
Location	Time	Category and Age Group	BSG Teacher
Primary Swimming Pool	16:00 – 17:00	Learn to Swim Reception + Yr 1	Denica Howell & Roslyn McConnell

Saturday Swimming Academy			
Location	Time	Category and Age Group	BSG Teacher
Primary Swimming Pool	09:00-09:30	Learn to swim Pre-Nursery + Nursery	Denica Howell & Roslyn McConnell
	09:30-10:15	Learn to swim Reception + Yr 1	
	10:15-11:00	Development Yr 2- Yr 6	

Numbers in each class will be limited

Learn to Swim

Children are taught to submerge, float and swim with assistance to increase water confidence and to become “water safe”.

Confidence in the water is achieved swimming short distances (5-10 metres) with and without aids. Teaching efficient kicks in all strokes, perfect body position and balance in the water. Swimmers will gradually build up to being competent to swim 25m on their front and back unaided.

Development

Swimmers must be competent and confident at swimming 25 meters freestyle or backstroke unaided. Swimmers in this stage will be working on full stroke techniques for every stroke (both arms and legs). The drills and practices will increase in difficulty and gradually the distance the swimmers achieve within each session will be increased as the term progresses. Swimming terminology will be introduced and swimmers will begin the basics of IM swimming, starts, turns, and diving.



ACADEMY

Rationale

Our students will receive high quality football coaching in a safe and enjoyable manner delivered by our BSG staff.

To create an environment where our students can develop their football skills, game play and teamwork.

Providing our students with a lifelong skill and love for football.

Dates

Tuesday (8-week Programme)	
April	16, 23
May	7, 14, 21, 28
June	4, 11

Thursday (9-week Programme)	
April	18, 25
May	2, 9, 16, 23, 30
June	6, 13

Lead Teacher – Benjamin Murphy

Email – ben.murphy@bsg.org.cn



Football Academy Plus Price

150 RMB per session

Tuesday = 1,200 RMB

Thursday = 1,350 RMB

Timings, Age Groups And Location

Tuesday Football Academy			
Location	Time	Age Group	BSG Teacher
Primary Football Field	16:00 – 17:30	Yr 5, 6 & 7	Benjamin Murphy

Thursday Football Academy			
Location	Time	Age Group	BSG Teacher
Primary Football Field	16:00 – 17:30	Development Yr 2, 3, 4	Benjamin Murphy

Numbers in each class will be limited

Time

3 - 4pm Years 5 & 6

4 - 5:30pm Years 7-11

Friday (7-week Programme)

April	19
May	3, 10, 17, 24, 31
June	14

Location

Sports Hall

Teacher - Miss Tracy

Tracy.liao@bsg.org.cn

Cost: 50RMB per session

(Total: 350RMB)





ACADEMY

ACADEMY

Rugby

Friday (7 week Programme)	
April	19
May	3, 10, 17, 24, 31
June	14

Time

3:30pm -5pm

Age group

Yr 4 – Yr 13

Location

Primary Sports Field

Coaches – Mr Cuming & Mr Corr

To register, please contact

paul.corr@bsg.org.cn

Cost: Currently FREE!



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A NORD ANGLIA EDUCATION SCHOOL

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ACADEMY

Rationale

Our young students will receive high quality Multi-Skills coaching in a safe and enjoyable manner delivered by our BSG staff.

To create an environment where our younger students can develop their fundamental movement skills through a range of activities (throwing, catching, kicking etc).

Providing our younger students with lifelong skills and love for being active.

Wednesday (8-week Programme)	
April	17, 24
May	8, 15, 22, 29
June	5, 12

Wednesday Multi Skills Academy			
Location	Time	Age Group	BSG Teacher
South Park sports area	15:00 – 16:00	Reception + Yr 1	Tracy Liao + Yuki Xu

Numbers in each class will be limited

To register, please contact
yuki.xu@bsg.org.cn

Cost:
150RMB per session
(Total: 1200RMB)

