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Class	Block 1 2 nd Sept – 14 th Oct 7 weeks	Block 2 21 st Oct – 9 th Dec 8 weeks	Block 3 7 th Jan – 3 rd Feb 5 weeks	Block 4 24 th Feb – 24 th March 5 weeks	Block 5 14 th April – 19 th May 6 weeks	Block 6 26 th May- 30 th June 6 weeks
Fs 1	Introductory Body Control and Spatial Awareness Games using space and travelling Swimming 	Basic Movement to Music (3-4 weeks) Introduction to exploring Gymnastics (3-4 weeks) Swimming 	Sports Day Practice Basic Fundamental Athletic Skills  Swimming 	Introduction to Games Exploring basic skills  Swimming 	Introductory Outdoor and Adventure Challenge Games  Swimming 	Basic Playground and Indoor Games Swimming 
Fs 2	Developing Body Control and Spatial Awareness Games using space and travelling Swimming 	Developing Movement to Music (3-4 weeks) Developing and Exploring of Gymnastics (3-4 weeks) Swimming 	Sports Day Practice Developing Fundamental Athletic Skills  Swimming 	Developing Games Refining basic skills  Swimming 	Developing Outdoor and Indoor Challenge Games  Swimming 	Developing Playground and Indoor Games Swimming 

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Year 1	Acquiring fundamental movement activities  Swimming 	Junior Gymnastics  Swimming 	Athletics Sports Day Practice  Swimming 	Introduction to Team Games  Swimming 	Acquiring within Games  Swimming 	Acquiring problem solving skills  Swimming 
Year 2	Exploratory Fundamental Movement activities  Swimming 	Invasion Games  Swimming 	Sports Day Practice Fundamental Athletics Skills  Swimming 	Gymnastics  Swimming 	Team Games  Swimming 	Developing problem solving skills  Swimming 