

BSB Year 11 Nanbeihu Itinerary Oct 2016

	Time	Group 1	Group 2	
Day 1	Morning A	Transport from School		
	Morning B	Briefing & Bag Check		
	Midday	Lunch		
	01:30	Goal setting & expectations session		
	2:00 - 5:00	Team Ship Challenge		
	05:30	Clean up time		
	6PM	Dinner		
	7:00 - 8:30	Team Flags		
	9PM	Hotel	Hotel	
	Please Note: Day 1 activities are dependent upon arrival times.			
Day 2	8:30 - 9:00	Western Breakfast		
	9:00 - 10:30	Group Games	Kayaking	
	10:30 - 12:00	Low Ropes		
	12:15 - 1:00	Chinese Lunch		
	1:00 - 2:30	Kayaking	Archery	
	2:30 - 4:00		Camp Set up	
	4:00-5:00	Team Challenges		
	5:00 - 5:45	Clean up		
	6PM	Chinese Dinner		
	7:00 - 8:00	Reflection Time		
	8:00 - 9:30	Hotel	Camping	
	9PM	Bedtime		
Day 3	8:30 - 9:00	Western Breakfast		
	9:00 - 10:30	Survival Skills	Low Ropes	
	10:30 - 12:00		Group Games	
	12:15 - 1:00	Lunch		
	1:00 - 2:30	Archery	Survival Skills	
	2:30 - 4:00	Camp Set up		
	4:00 - 5:00	Reflection Time		
	5:30 - 6:30	Chinese Dinner		
	7:00 - 8:30	Night Games		
	9PM	Camping	Hotel	
Day 4	8:30 - 9:00	Western Breakfast		
	9:00 - 10:30	Raft Building	Cargo Net	
	10:30 - 12:00		Leap of Faith	
	12:15 - 1:00	Lunch		
	1:00 - 2:30	Cargo Net	Raft Building	
	2:30 - 4:00	Leap of Faith		
	4:00 - 5:00	Reflection Time		
	5:30 - 6:30	BBQ Dinner		
	6:30 - 8:00	Camp fire		
	9PM	Bedtime		
Day 5	8:00 - 8:30	Hotel Check out		
	8:30 - 9:00	Western Breakfast		
	9:00 - 10:45	Hike		
	11:00	Group Photo & Bag Pick-Up		
	11:30	Packed Lunch & Transport to Shanghai		
Please Note: Day 5 activities are dependent upon departure times.				