

Primary PE Programme of Study – 2017-2018

Year Groups	Block 1 10 th Sept – 8 th Oct 5 weeks	Block 2 15 th Oct – 12 th Nov 5 weeks	Block 3 19 th Nov – 10 th Dec 4 weeks	Block 4 7 th Jan – 11 th Feb 6 weeks	Block 5 18 th Feb – 18 th March 5 weeks	Block 6 8 th April – 13 th May 6 weeks	Block 7 20 th May– 10 th June 4 weeks	Block 8 17 th June– 1 st July 3 weeks
Year 6 X Boys RB	Swim			Athletics	Gym/Dance (Shed)	Striking & Fielding (F)	Ramadan option block Units may include the following: Swimming/Lifesaving Orienteering Yoga Short Tennis Sports Leadership Fitness Literacy & Numeracy through sport	Extended option block
Year 6 W Boys PC	Fitness (FS)	Net & Wall (SH)	Invasion (SH)	Athletics	Gym/Dance (MH)	Striking & Fielding (F)		
Year 6 Y Boys DG	Invasion (SH)	Fitness (FS)	Net & Wall (SH)	Athletics	Striking & Fielding (F)	Gym/Dance (MH)		
Year 6 Z Boys MC	Fitness (FS)	Net & Wall (SH)	Invasion (SH)	Athletics	Striking & Fielding (F)	Gym/Dance (Shed)		
	Swim							
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Year 6 X Girls GL	Net & Wall (SH)	Gym/Dance (Shed)	Invasion (F)	Swim		Swim	Ramadan option block Units may include the following: Swimming/Lifesaving Orienteering Yoga Short Tennis Sports Leadership Fitness Literacy & Numeracy through sport	Extended option block
Year 6 Y Girls AC	Gym/Dance (MH)	Striking & Fielding (F)	Net & Wall (Cage)	Athletics	Fitness (FS)	Striking & Fielding (F)		
Year 6 Z Girls LG	Gym/Dance (Shed)	Net & Wall (Cage)	Striking & Fielding (F)	Athletics	Invasion (SH)	Fitness (FS)		
				Athletics	Invasion (SH)	Fitness (FS)		
				Swim		Swim		



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Year 5 X Boys DG	Swim			Athletics	Gym/Dance (Shed)	Striking & Fielding (F)	<u>Ramadan option block</u> Units may include the following: Swimming/Lifesaving Orienteering Yoga Short Tennis Sports Leadership Fitness Literacy & Numeracy through sport	<u>Extended option block</u>
Year 5 W Boys RB	Fitness (FS)	Net & Wall (SH)	Invasion (SH)	Athletics	Gym/Dance (MH)	Striking & Fielding (F)		
Year 5 Y Boys MC	Invasion (SH)	Fitness (FS)	Net & Wall (SH)	Athletics	Striking & Fielding (F)	Gym/Dance (MH)		
Year 5 X Girls AC	Block 1 10 th Sept – 8 th Oct 5 weeks	Block 2 15 th Oct – 12 th Nov 5 weeks	Block 3 19 th Nov – 10 th Dec 4 weeks	Block 4 7 th Jan – 11 th Feb 6 weeks	Block 5 18 th Feb – 18 th March 5 weeks	Block 6 8 th April – 13 th May 6 weeks	<u>Ramadan option block</u> Units may include the following: Swimming/ Lifesaving Orienteering Yoga Short Tennis Sports Leadership Fitness Literacy & Numeracy through sport	<u>Extended option block</u>
Year 5 W Girls GL	Gym/Dance (MH)	Invasion (SH)	Net & Wall (Primary PG)	Swim		Swim		
Year 5 Y Girls KH	Gym/Dance (Shed)	Striking & Fielding (F)	Net & Wall (Cage)	Swim		Swim		
Year 5 Z Girls LG	Invasion (SH)	Net & Wall (Cage)	Gym/Dance (Shed)	Athletics	Invasion (SH)	Fitness (FS)		
	Net & Wall (Cage)	Gym/Dance (Shed)	Striking & Fielding (F)	Athletics	Fitness (FS)	Striking & Fielding (F)		
				Swim		Swim		



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Year 4 X Boys MC	Swim			Athletics	Gym/Dance (Shed)	Striking & Fielding (F)	Ramadan option block Units may include the following: Swimming/Lifesaving Orienteering Yoga Short Tennis Sports Leadership Fitness Literacy & Numeracy through sport.	Extended option block
Year 4 W Boys PC	Invasion (SH)	Net & Wall (SH)	Invasion (F)	Athletics	Gym/Dance (MH)	Striking & Fielding (F)		
Year 4 Y Boys RB	Invasion (SH)	Invasion (F)	Net & Wall (SH)	Athletics	Striking & Fielding (F)	Gym/Dance (MH)		
Year 4 Z Boys DG	Swim			Athletics	Striking & Fielding (F)	Gym/Dance (Shed)		
Year 4 X Girls KH	Invasion (SH)	Net & Wall (SH)	Invasion (F)	Athletics	Striking & Fielding (F)	Gym/Dance (Shed)		
Year 4 Y Girls LG	Swim			Athletics	Invasion (SH)	Net & Wall (SH)	Ramadan option block Units may include the following: Swimming/Lifesaving Orienteering Yoga Short Tennis Sports Leadership Fitness Literacy & Numeracy through sport.	Extended option block
Year 4 Z Girls AC	Gym/Dance (MH)	Net & Wall (Cage)	Striking & Fielding (F)	Athletics	Invasion (SH)	Net & Wall (SH)		
Year 4 X Girls KH	Gym/Dance (Shed)	Striking & Fielding (F)	Invasion (Cage)	Athletics	Invasion (SH)	Net & Wall (SH)		
Year 4 Y Girls LG	Net & Wall (Cage)	Gym/Dance (Shed)	Invasion (F)	Athletics	Invasion (SH)	Striking & Fielding (F)	Ramadan option block Units may include the following: Swimming/Lifesaving Orienteering Yoga Short Tennis Sports Leadership Fitness Literacy & Numeracy through sport.	Extended option block
Year 4 Z Girls AC	Swim			Swim		Swim		

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Year 3 X Boys DG	Swim			Athletics	Gym/Dance (Shed)	Striking & Fielding (F)	<u>Ramadan option block</u> Units may include the following: Swimming/Lifesaving Orienteering Yoga Short Tennis Sports Leadership Fitness Literacy & Numeracy through sport.	<u>Extended option block</u>
Year 3 W Boys RB	Swim			Athletics	Gym/Dance (DS)	Striking & Fielding (F)		
Year 3 Y Boys PC	Invasion (SH)	Net & Wall (SH)	Invasion (SH)	Athletics	Striking & Fielding (F)	Gym/Dance (DS)		
Year 3 Z Boys MC	Swim			Athletics	Striking & Fielding (F)	Gym/Dance (Shed)		
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Year 3 X Girls LG	Invasion (Cage)	Gym/Dance (Shed)	Striking & Fielding (F)	Swim		Swim	<u>Ramadan option block</u> Units may include the following: Swimming/Lifesaving Orienteering Yoga Short Tennis Sports Leadership Fitness Literacy & Numeracy through sport.	<u>Extended option block</u>
Year 3 Y Girls AC	Gym/Dance (Shed)	Striking & Fielding (F)	Net & Wall (Cage)	Swim		Swim		
Year 3 Z Girls KH	Gym/Dance (DS)	Net & Wall (Cage)	Striking & Fielding (F)	Athletics	Invasion (SH)	Invasion (SH)		
				Swim		Swim		