

## <u>Primary PE Programme of Study – 2017-2018</u>

| Year              | Block 1                                 | Block 2                                 | Block 3                                 | Block 4                                | Block 5                                 | Block 6                                      | Block 7                                     | Block 8                       |
|-------------------|---|---|---|--|---|--|---|-------------------------------|
| Groups            | 10 <sup>th</sup> Sept – 8 <sup>th</sup> | 15 <sup>th</sup> Oct – 12 <sup>th</sup> | 19 <sup>th</sup> Nov – 10 <sup>th</sup> | 7 <sup>th</sup> Jan – 11 <sup>th</sup> | 18 <sup>th</sup> Feb – 18 <sup>th</sup> | 8 <sup>th</sup> April – 13 <sup>th</sup> May | 20 <sup>th</sup> May– 10 <sup>th</sup> June | 17 <sup>th</sup> June-        |
|                   | Oct                                     | Nov                                     | Dec                                     | Feb                                    | March                                   | 6 weeks                                      | 4 weeks                                     | 1 <sup>st</sup> July          |
|                   | 5 weeks                                 | 5 weeks                                 | 4 weeks                                 | 6 weeks                                | 5 weeks                                 |  |   | 3 weeks                       |
| Year 6 X          |   | Swim                                    |   | Athletics                              | Gym/Dance                               | Striking & Fielding                          | Ramadan option block                        | <u>Extended</u>               |
| Boys<br>RB        | Fitness (FS)                            | Net & Wall (SH)                         | Invasion (SH)                           |  | (Shed)                                  | (F)  | Units may include the                       | <u>option</u><br><u>block</u> |
| Year 6 W<br>Boys  |   | Swim                                    |   | Athletics                              | Gym/Dance (MH)                          | Striking & Fielding<br>(F)                   | following:                                  |                               |
| PC                | Invasion (SH)                           | Fitness (FS)                            | Net & Wall (SH)                         |  |   | , ,  | Swimming/Lifesaving<br>Orienteering         |                               |
| Year 6 Y<br>Boys  | Invasion (SH)                           | Fitness (FS)                            | Net & Wall (SH)                         | Athletics                              | Striking & Fielding<br>(F)              | Gym/Dance (MH)                               | Yoga<br>Short Tennis                        |                               |
| DG                | Swim                                    |   |   |  |   |  | Sports Leadership<br>Fitness                |                               |
| Year 6 Z<br>Boys  | Fitness (FS)                            | Net & Wall (SH)                         | Invasion (SH)                           | Athletics                              | Striking & Fielding<br>(F)              | Gym/Dance<br>(Shed)                          | Literacy & Numeracy<br>through sport        |                               |
| MC                |   | Swim                                    |   |  | , ,                                     | (61.64)                                      |   |                               |
| Year<br>Groups    | Block 1                                 | Block 2                                 | Block 3                                 | Block 4                                | Block 5                                 | Block 6                                      | Block 7                                     | Block 8                       |
| Groups            | 10 <sup>th</sup> Sept – 8 <sup>th</sup> | 15 <sup>th</sup> Oct – 12 <sup>th</sup> | 19 <sup>th</sup> Nov – 10 <sup>th</sup> | 7 <sup>th</sup> Jan – 11 <sup>th</sup> | 18 <sup>th</sup> Feb – 18 <sup>th</sup> | 8 <sup>th</sup> April – 13 <sup>th</sup> May | 20 <sup>th</sup> May— 10 <sup>th</sup> June | 17 <sup>th</sup> June-        |
|                   | Oct                                     | Nov                                     | Dec                                     | Feb                                    | March                                   | 6 weeks                                      | 4 weeks                                     | 1 <sup>st</sup> July          |
|                   | 5 weeks                                 | 5 weeks                                 | 4 weeks                                 | 6 weeks                                | 5 weeks                                 |  |   | 3 weeks                       |
| Year 6 X<br>Girls | Net & Wall (SH)                         | Gym/Dance<br>(Shed)                     | Invasion (F)                            | Swim                                   |   | Swim   | Ramadan option block                        | Extended<br>option            |
| GL                |   | (55 5)                                  |   | Athletics                              | Fitness (FS)                            | Striking & Fielding<br>(F)                   | Units may include the following:            | block                         |
| Year 6 Y<br>Girls | ,                                       |   | Net & Wall<br>(Cage)                    | Swim                                   |   | Swim   | Swimming/Lifesaving                         |                               |
| AC                | (,                                      | 1.0.09 (1.7                             | (o ago)                                 | Athletics                              | Invasion (SH)                           | Fitness (FS)                                 | Orienteering<br>Yoga                        |                               |
| Year 6 Z<br>Girls | Gym/Dance<br>(Shed)                     | Net & Wall<br>(Cage)                    | Striking & Fielding<br>(F)              | Athletics                              | Invasion (SH)                           | Fitness (FS)                                 | Short Tennis<br>Sports Leadership           |                               |
| LG                | (0.100)                                 | (Cago)                                  | (1)                                     |  |   |  | Fitness<br>Literacy & Numeracy              |                               |
|                   |   |   |   | Swim                                   |   | Swim   | through sport                               |                               |



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| Year                    | Block 1                                 | Block 2                                 | Block 3                    | Block 4                                | Block 5                                 | Block 6                                      | Block 7  | Block 8                                |
|-------------------------|---|---|----------------------------|--|---|--|--|--|
| Groups                  | 10th Sept – 8th                         | 15th Oct – 12th                         | 19th Nov – 10th            | 7th Jan –                              | 18th Feb – 18th                         | 8th April – 13th May                         | 20th May– 10th June                              | 17th June-                             |
|                         | Oct                                     | Nov                                     | Dec                        | 11th Feb                               | March                                   | 6 weeks                                      | 4 weeks  | 1st July                               |
|                         | 5 weeks                                 | 5 weeks                                 | 4 weeks                    | 6 weeks                                | 5 weeks                                 |  |  | 3 weeks                                |
| Year 5 X<br>Boys        | Fitness (FS)                            | Swim                                    | Invasion (SH)              | Athletics                              | Gym/Dance<br>(Shed)                     | Striking & Fielding                          | <u>Ramadan option</u><br>block                   | Extended<br>option block               |
| DG                      | riiriess (rs)                           | Net & Wall (SH)                         | invasion (sn)              |  | (SHEQ)                                  | (F)  | Units may include the following:                 | <u>opiion block</u>                    |
| Year 5 W<br>Boys        |   | Swim                                    |                            | Athletics                              | Gym/Dance (MH)                          | Striking & Fielding                          | Swimming/Lifesaving                              |  |
| RB                      | Invasion (SH)                           | Fitness (FS)                            | Net & Wall (SH)            |  |   | (F)  | Orienteering<br>Yoga<br>Short Tennis             |  |
| Year 5 Y<br>Boys<br>MC  | Invasion (SH)                           | Fitness (FS)                            | Net & Wall (SH)            | Athletics                              | Striking & Fielding<br>(F)              | Gym/Dance (MH)                               | Sports Leadership<br>Fitness                     |  |
| MC                      |   | Swim                                    |                            |  |   |  | Literacy & Numeracy<br>through sport             |  |
| Year                    | Block 1                                 | Block 2                                 | Block 3                    | Block 4                                | Block 5                                 | Block 6                                      | Block 7  | Block 8                                |
| Groups                  | 10 <sup>th</sup> Sept – 8 <sup>th</sup> | 15 <sup>th</sup> Oct – 12 <sup>th</sup> | $19^{th}Nov$ – $10^{th}$   | 7 <sup>th</sup> Jan – 11 <sup>th</sup> | 18 <sup>th</sup> Feb – 18 <sup>th</sup> | 8 <sup>th</sup> April – 13 <sup>th</sup> May | 20 <sup>th</sup> May– 10 <sup>th</sup> June      | 17 <sup>th</sup> June- 1 <sup>st</sup> |
|                         | Oct                                     | Nov                                     | Dec                        | Feb                                    | March                                   |  |  | July                                   |
|                         | 5 weeks                                 | 5 weeks                                 | 4 weeks                    | 6 weeks                                | 5 weeks                                 | 6 weeks                                      | 4 weeks  | 3 weeks                                |
| Year 5 X<br>Girls<br>AC | Gym/Dance<br>(MH)                       | Invasion (SH)                           | Net & Wall<br>(Primary PG) | Athletics                              | Fitness (FS)                            | Striking & Fielding<br>(F)                   | Ramadan option<br>block<br>Units may include the | Extended<br>option block               |
|                         |   |   |                            | Swim                                   |   | Swim   | following:<br>Swimming/Lifesaving                |  |
| Year 5 W                | Gym/Dance                               | Striking &                              | Net & Wall                 | Swim                                   |   | Swim   | Orienteering                                     |  |
| Girls<br>GL             | (Shed)                                  | Fielding (F)                            | (Cage)                     | Athletics                              | Invasion (SH)                           | Fitness (FS)                                 | Yoga<br>Short Tennis                             |  |
| Year 5 Y<br>Girls       | Invasion (SH)                           | Net & Wall                              | Gym/Dance                  | Swim                                   |   | Swim   | Sports Leadership<br>Fitness                     |  |
| KH                      |   | (Cage)                                  | (Shed)                     | Athletics                              | Fitness (FS)                            | Striking & Fielding<br>(F)                   | Literacy & Numeracy<br>through sport             |  |
| Year 5 Z<br>Girls       | Net & Wall<br>(Cage)                    | Gym/Dance<br>(Shed)                     | Striking &<br>Fielding (F) | Athletics                              | Invasion (SH)                           | Fitness (FS)                                 | , i  |  |
| LG                      | , ,                                     | , ,                                     | 3 ( ,                      | Swim                                   |   | Swim   |  |  |



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| Year                   | Block 1                                 | Block 2                                 | Block 3                | Block 4                                | Block 5                                 | Block 6                                      | Block 7  | Block 8                                |
|------------------------|---|---|------------------------|--|---|--|--|--|
| Groups                 | 10th Sept – 8th                         | 15th Oct – 12th                         | 19th Nov – 10th        | 7th Jan – 11th                         | 18th Feb – 18th                         | 8th April – 13th                             | 20th May– 10th June                              | 17th June-                             |
|                        | Oct                                     | Nov                                     | Dec                    | Feb                                    | March                                   | May  | 4 weeks  | 1st July                               |
|                        | 5 weeks                                 | 5 weeks                                 | 4 weeks                | 6 weeks                                | 5 weeks                                 | 6 weeks                                      |  | 3 weeks                                |
| Year 4 X               |   | Swim                                    |                        | Athletics                              | Gym/Dance                               | Striking & Fielding                          | Ramadan option                                   | <u>Extended</u>                        |
| Boys<br>MC             | Invasion (SH)                           | Net & Wall (SH)                         | Invasion (F)           |  | (Shed)                                  | (F)  | <u>block</u><br>Units may include the            | option block                           |
| Year 4 W<br>Boys       | Swim                                    |   |                        | Athletics                              | Gym/Dance (MH)                          | Striking & Fielding<br>(F)                   | following:                                       |  |
| PC                     | Invasion (SH)                           | Invasion (F)                            | Net & Wall (SH)        |  |   | , ,  | Swimming/Lifesaving<br>Orienteering              |  |
| Year 4 Y<br>Boys<br>RB | Invasion (SH)                           | Invasion (F)                            | Net & Wall (SH)        | Athletics                              | Striking & Fielding<br>(F)              | Gym/Dance (MH)                               | Yoga<br>Short Tennis<br>Sports Leadership        |  |
|                        |   | Swim                                    |                        |  |   |  | Spons Leadership<br>Fitness                      |  |
| Year 4 Z<br>Boys<br>DG | Invasion (SH)                           | Net & Wall (SH)                         | Invasion (F)           | Athletics                              | Striking & Fielding<br>(F)              | Gym/Dance<br>(Shed)                          | Literacy & Numeracy through sport.               |  |
|                        | Swim                                    |   |                        |  |   |  |  |  |
| Year<br>Groups         | Block 1                                 | Block 2                                 | Block 3                | Block 4                                | Block 5                                 | Block 6                                      | Block 7  | Block 8                                |
|                        | 10 <sup>th</sup> Sept – 8 <sup>th</sup> | 15 <sup>th</sup> Oct – 12 <sup>th</sup> | $19^{th}Nov - 10^{th}$ | 7 <sup>th</sup> Jan – 11 <sup>th</sup> | 18 <sup>th</sup> Feb – 18 <sup>th</sup> | 8 <sup>th</sup> April – 13 <sup>th</sup> May | 20 <sup>th</sup> May– 10 <sup>th</sup> June      | 17 <sup>th</sup> June- 1 <sup>st</sup> |
|                        | Oct                                     | Nov                                     | Dec                    | Feb                                    | March                                   |  |  | July                                   |
|                        |   |   |                        |  |   | 6 weeks                                      | 4 weeks  |  |
|                        | 5 weeks                                 | 5 weeks                                 | 4 weeks                | 6 weeks                                | 5 weeks                                 |  |  | 3 weeks                                |
| Year 4 X<br>Girls      | Gym/Dance                               | Net & Wall                              | Striking &             |  | Swim                                    | Swim   | Ramadan option                                   | <u>Extended</u>                        |
| KH                     | (MH)                                    | (Cage)                                  | Fielding (F)           | Athletics                              | Invasion (SH)                           | Net & Wall (SH)                              | block Units may include the                      | option block                           |
| Year 4 Y               | Gym/Dance                               | Striking &                              | Invasion (Cage)        | Swim                                   |   | Swim   | following:                                       |  |
| Girls<br>LG            | (Shed)                                  | Fielding (F)                            |                        | Athletics                              | Invasion (SH)                           | Net & Wall (SH)                              | Swimming/Lifesaving<br>Orienteering              |  |
| Year 4 Z               | Net ♦ Wall                              | Gym/Dance                               | Invasion (F)           | Athletics                              | Invasion (SH)                           | Striking & Fielding                          | Yoga   |  |
| Girls<br>AC            | (Cage)                                  | (Shed)                                  |                        |  |   | (F)  | Short Tennis<br>Sports Leadership                |  |
|                        |   |   |                        | Swim                                   |   | Swim   | Fitness<br>Literacy & Numeracy<br>through sport. |  |



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| Year              | Block 1                | Block 2                | Block 3                    | Block 4               | Block 5                    | Block 7                          | Block 7                            | Block 8                       |
|-------------------|------------------------|------------------------|----------------------------|-----------------------|----------------------------|----------------------------------|------------------------------------|-------------------------------|
| Groups            | 10th Sept –<br>8th Oct | 15th Oct – 12th<br>Nov | 19th Nov –<br>10th Dec     | 7th Jan – 11th<br>Feb | 18th Feb – 18th<br>March   | 8th April- 13th May<br>4 weeks   | 20th May– 10th June<br>4 weeks     | 17th June-<br>1st July        |
|                   | 5 weeks                | 5 weeks                | 4 weeks                    | 6 weeks               | 5 weeks                    | T WEEKS                          | + Weeks                            | 3 weeks                       |
| Year 3 X          |                        | Swim                   |                            | Athletics             | Gym/Dance                  | Striking & Fielding              | Ramadan option                     | <u>Extended</u>               |
| Boys<br>DG        | Invasion (SH)          | Net & Wall (SH)        | Invasion (SH)              |                       | (Shed)                     | (F)                              | <u>block</u>                       | <u>option</u><br><u>block</u> |
| Year 3 W<br>Boys  | Swim                   |                        | Athletics                  | Gym/Dance<br>(DS)     | Striking & Fielding<br>(F) | Units may include the following: |                                    |                               |
| RB                | Invasion (SH)          | Net & Wall (SH)        | Invasion (SH)              |                       |                            |                                  | Swimming/Lifesaving                |                               |
| Year 3 Y<br>Boys  | Invasion (SH)          | Net & Wall (SH)        | Invasion (SH)              | Athletics             | Striking &<br>Fielding (F) | Gym/Dance (DS)                   | Orienteering<br>Yoga               |                               |
| PC                | Swim                   |                        |                            |                       |                            |                                  | Short Tennis<br>Sports Leadership  |                               |
| Year 3 Z<br>Boys  | Invasion (SH)          | Net & Wall (SH)        | Invasion (SH)              | Athletics             | Striking &<br>Fielding (F) | Gym/Dance<br>(Shed)              | Fitness<br>Literacy & Numeracy     |                               |
| MC                | Swim                   |                        |                            |                       |                            | (0.100.)                         | through sport.                     |                               |
| Year Groups       | Block 1                | Block 2                | Block 3                    | Block 4               | Block 5                    | Block 6                          | Block 7                            | Block 8                       |
|                   | 10th Sept –            | 15th Oct – 12th        | 19th Nov –                 | 7th Jan – 11th        | 18th Feb – 18th            | 8th April – 13th                 | 20th May– 10th June                | 17th June-                    |
|                   | 8th Oct                | Nov                    | 10th Dec                   | Feb                   | March                      | May                              | 4 weeks                            | 1st July                      |
|                   | 5 weeks                | 5 weeks                | 4 weeks                    | 6 weeks               | 5 weeks                    | 6 weeks                          | 4 WEEKS                            | 3 weeks                       |
| Year 3 X<br>Girls | Invasion               | Gym/Dance              | Striking &<br>Fielding (F) | Swi                   | im                         | Swim                             | Ramadan option<br>block            | Extended<br>option            |
| LG                | (Cage)                 | (Shed)                 | riciding (r)               | Athletics             | Invasion (SH)              | Net & Wall (SH)                  | Units may include the following:   | <u>block</u>                  |
| Year 3 Y          | Gym/Dance              | Striking & Fielding    | Net & Wall                 | Swim                  |                            | Swim                             | Swimming/Lifesaving                |                               |
| Girls<br>AC       | (Shed)                 | (F)                    | (Cage)                     | Athletics             | Invasion (SH)              | Invasion (SH)                    | Orienteering<br>Yoga               |                               |
| Year 3 Z<br>Girls | Gym/Dance<br>(DS)      | Net & Wall (Cage)      | Striking &<br>Fielding (F) | Athletics             | Invasion (SH)              | Invasion (SH)                    | Short Tennis<br>Sports Leadership  |                               |
| КН                | (רס)                   |                        | ricidirig (F)              |                       |                            |                                  | Fitness                            |                               |
|                   |                        |                        |                            | Swim                  |                            | Swim                             | Literacy & Numeracy through sport. |                               |