



**BIS HCMC  
Junior Campus**

# *Co-Curricular Clubs*

Term 2&3 / 2018 - 2019



**BRITISH INTERNATIONAL SCHOOL  
HO CHI MINH CITY**

A NORD ANGLIA EDUCATION SCHOOL

# Junior Campus Co- Curricular Activities Booklet

## Terms 2 and 3, 2018-2019

Co-Curricular Activities (CCAs) are an integral part of the education offered at BIS HCMC and provide our students with a broad range of learning opportunities which impact positively on many facets of their development, including academic progress.

**Monday 18<sup>th</sup> February to Sunday 16<sup>th</sup> June 2019 (13 weeks due to April holidays)**

Welcome to the Co-Curricular Activities (CCAs) programme at the Junior Campus, BIS HCMC. The extensive programme is designed to extend existing learning opportunities beyond the classroom and to give all children a wider range of fun experiences that enhance the core curriculum. This booklet will help your child to choose their activity/ies for Terms 2 and 3 of the 2018-2019 academic year.

There is an extensive range of CCAs available to choose from each week at the BIS Junior Campus and as we move into Term 2, we would like to challenge and encourage students to explore some of the exciting new activities being introduced. From our specialist external providers there are opportunities to join the Art and Craft, Gymnastics, Martial Arts, Dance, Basketball and Football clubs, as well as a large number of other excellent opportunities such as our new 'Zero Waste Club' which will focus solely on how we can reduce waste in line with our NAE Global Goals pledge. For a full list of CCAs, please see below.

As part of our continued enrichment programme, we have organised clubs into 5 categories to help all children choose a variety of clubs with the aim to vary their experiences.

The categories are: **Art, Community, Language, Sports, and Technology**

Clubs are divided into 3 different types:

- **Free clubs** – offered by teachers covering a wide range of different activities.
- **Paid clubs** – offered by outside providers, these clubs often require specialist tuition. Please note that during residential trips week, clubs will still take place. Overall fees will have taken this into account and there will not be a refund for sessions missed.
- **Additional clubs** – **musical clubs** and all **community** clubs come within this type of club.

In addition to this, **sport squads** will be chosen by the PE Dept based upon a strong ability level linked to prior performance. Children may be invited to join some of the initial sessions before final decisions are made. On sign up, always remember to select *general* club preferences and Squad selections to avoid possible disappointment if a Squad criterion is not met. Squad selections always take precedence over general club preferences.

**Each child in Y3 to Y6 is entitled to enrol in two free clubs and unlimited paid and additional clubs.**

**Please note that all musical clubs, community clubs and sport squads are considered as 'additional' preferences and will not count towards a child's age specific entitlement.**



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## Terms 2 and 3, 2018-2019

Co-Curricular Activities (CCAs) are an integral part of the education offered at BIS HCMC and provide our students with a broad range of learning opportunities which impact positively on many facets of their development, including academic progress.

### How do you register your child for a club?

You may register your child for a club from **Monday 7<sup>th</sup> January at 5.00pm until Friday 11<sup>th</sup> January at 12.00pm (noon)**. Clubs have maximum and minimum numbers which change according to the activity. See instructions below for CHQ Sign-up.

For those popular clubs that have set student limits, spaces are chosen randomly by CHQ and those who gain a place are notified. Children who sign up for paid clubs that are oversubscribed will be placed on a waiting list. Clubs may be cancelled if there are not enough children as required.

Paid clubs will be confirmed via email to those who have been allocated a place. The email will come with an attached letter for parents to print and complete. Both letter and payment will need to be submitted to the Junior Primary cashier within **the payment period (21<sup>st</sup> – 25<sup>th</sup> January)**. If payment is not made during this time, then the place may be offered to the children who have been placed on a waiting list. **Please note that all paid club payments are non-refundable (unless BIS cancel the programme).**

### On-line Activity Selection

All activities (free and paid) need to be selected on-line. Please see below for instructions. You will be able to see updates and changes to your approved activities through your on-line CHQ homepage.

**Please note that your first, second or third preferences may not always be possible to allocate.**

Please take time to read through the rest of this booklet and log on to CHQ.

If you have any questions please do not hesitate to contact Ms Thanh at [Thanh.Nguyen1@bisvietnam.com](mailto:Thanh.Nguyen1@bisvietnam.com).

I hope your children enjoy the clubs on offer.



Ms Dee Grimshaw  
Head Teacher

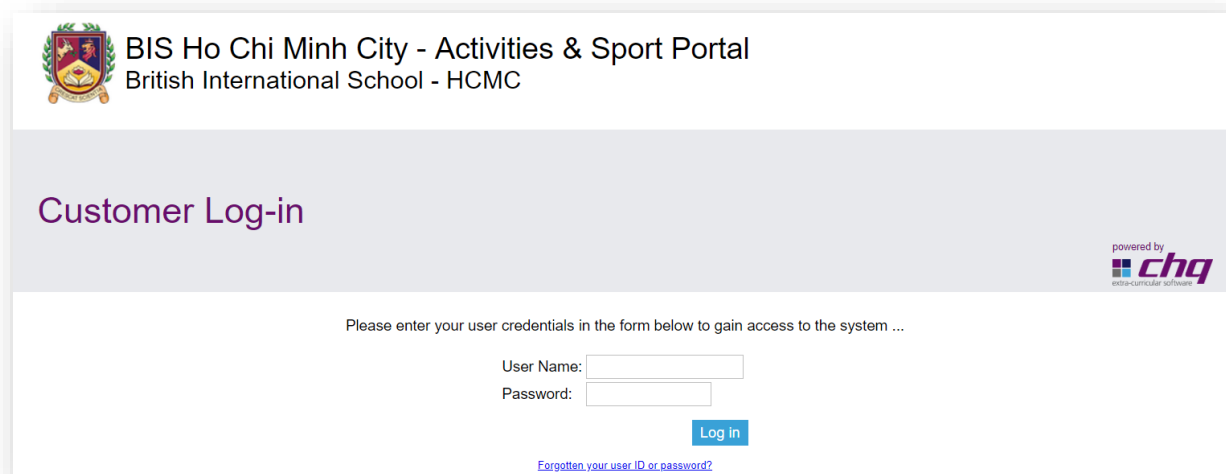
# Guidelines for accessing CHQ

## Terms 2 and 3, 2018-2019

**Please note that the information below can only be accessed after the system goes live at 5.00pm on Monday 7<sup>th</sup> January 2019 and before close at 12pm of Friday the 11th.**

This system has been set up for you to use on a daily basis to select and track all your child's chosen activities. It can be found by going to the school website ([www.bisvietnam.com](http://www.bisvietnam.com)) and clicking on the CHQ tab located on the home page.

Once your selected activities have been approved you will be able to see them on 'My Profile'. Please follow the instructions below to log on and select your desired activities.



The screenshot shows the login page for the BIS Ho Chi Minh City - Activities & Sport Portal. At the top left is the school crest. To its right, the text reads "BIS Ho Chi Minh City - Activities & Sport Portal" and "British International School - HCMC". Below this is a light purple header with the text "Customer Log-in". On the right side of the header is a logo that says "powered by chq extra-curricular software". The main content area has a light grey background with the instruction "Please enter your user credentials in the form below to gain access to the system ...". Below this instruction are two input fields: "User Name:" and "Password:". To the right of the "Password:" field is a blue "Log in" button. At the bottom of the form area is a blue link that says "Forgotten your user ID or password?".

Instructions will be easy to follow and can be found in the pale yellow section pointed out by the red arrow in the diagram below.

### **Signing up procedure**

**Step 1.** Click [here to access CHQ tab](#)

Log on using your child's school internet user name and password.

**Child's user name:** (E.g. tperson@bisvietnam.net)

**Password:** (this will have already been emailed to you, but if you cannot find it, simply use the forget password option and reset – see below for instructions on how to do this)

**Step 2.** You should now see a Home screen with instructions.



# Guidelines for accessing CHQ

## Terms 2 and 3, 2018-2019



**Step 3.** From the Home Page under 'My Activities 2018-2019 Term 2 and 3 select View/Manage/Submit Activity Choices'.

**Step 4.** Add 1, 2, 3 to the 'free' clubs (i.e. those offered by teachers **excluding** paid clubs, community clubs, and musical clubs). CHQ will now only allow you to add numbers 1, 2, 3 once. CHQ will **randomly** allocate this group of clubs by number preference once sign up has closed. Therefore, children are more likely to get their 1<sup>st</sup> choice.

**Step 5.** Add 4, 5, 6 etc to all paid clubs. CHQ will **randomly** allocate children into these clubs regardless of which number is given so if there is a limit on spaces each child stands an equal and fair chance of getting one.

**Step 6.** Finally, add numbers to all club selections that are additional clubs – community clubs, musical clubs and squads\*.

**Example:**

*My child would like to choose 'Sketching club' and then 'Board Game Development' (free clubs), Paid football (run by FOX Football) and Recorder (additional club).*

- Put a number 1 to select 'Sketching club' – first preference
- Put a number 2 to select 'Board Game Development' – second preference
- Put a number 4 to select the Paid football (a number 4 is used as there were only 2 free selections)
- Put a number 5 to select 'Recorder'

**Ensure that you click 'Save' after your selections are made to log each club preference.**

*\*Children will be selected to join the Squad clubs by the PE Department based upon high ability levels and prior performance.*

# Guidelines for accessing CHQ

## Terms 2 and 3, 2018-2019

**Step 7.** Consider & discuss your preference with your child then click the Submit button. Clicking the Submit button will send your child's club preferences to school and once this has been completed, CHQ will automatically send you a confirmation email, listing the clubs that have been submitted.

Before the club programme begins on Monday 18<sup>th</sup> February, click onto the 'My Schedule' tab and scroll through to Monday 18<sup>th</sup> February - you will be able to see your accepted clubs. In addition to this, all accepted clubs will be confirmed to you via email before the Term 2&3 club programme begins.

Please remember that you may choose as many paid or additional clubs as you wish that fit into your child's schedule and all clubs are subject to a minimum and maximum limit.

**Please note – If you forget your login details, please follow the instructions below.**

### **Forgotten/Lost Password!**

If you lose/forget your password, please click the log on screen where it will ask you if you have forgotten your password. When you click on this it will ask for:

Your child's date of birth and email address: please enter your designated email address to receive a password.

**Good luck with all club choices and we are looking forward to a huge two terms of outstanding CCA provision!**

# Art

[illegible]

## Sport

[illegible]



# Technology

Club	Day	Variants	Room	Time	Sign up require	Max	Description	Year	Cost	Teacher
Homework	Monday		Room 008	14.40-15.40	Required	15	If you need adult support with homework or you struggle to get your homework finished at weekends then come to Homework Club. Laptops and all other resources you need will be available. Year groups can work together to support each other with the tasks.	Y3-4	Free	Ms Andrea
Maths Tutoring	Monday		Room 124	14.40-15.40	Required	15	Teacher supervised Maths Homework help and extra Maths tuition from Secondary student volunteers.	Y5-6	Free	Ms Carli
Science Club	Monday		Room 107	14.40-15.40	Required	12	Due to pupil demand, Mr Gary's Advanced Science Club for Year 5 and 6 will be pupil led, investigative and will aim to develop children's understanding in greater detail and depth than is usually possible in lessons. Children wishing to attend should begin developing questions that they would like to answer, research or investigate.	Y5-6	Free	Mr Gary
Robotics	Monday		ICT Room	14.40-15.40	Required	10	Learn to build and code Lego EV3 Robots to complete a range of challenges.	Y6	Free	Mr Luke
Construction	Monday		ICT Room	14.40-15.40	Required	12	We will focus on learning basic woodworking and joining skills and designing and making a project	Y3	Free	Mr John
Community Chess	Monday		Room 005	14.40-15.40	Required	10	Chess club is catered for beginners to intermediate chess players. We will go through the basic rules for each piece as well as their comparative value on a chess board. In addition, we shall touch on some basic openings as well as simple tactics. Pupils from our local community school will join us weekly to give children the opportunity to meet and compete against children from an alternative background to BIS.	Y4-6	Free	Mr Robert, Ms Huyen
Junior Chef	Monday		Food & Tech Room	14.40-15.40	Required	16	Food is Fun, Cooking is Cool! It's also a really useful talent that you'll use for the rest of your life. Junior Chef is a fun programme, providing real cooking lessons to BIS students. Our classes are cool, creative and challenging. We will give you the skills to show off at home!	Y3-6	4,290,000 VND	Jchef Saigon
Creating a podcast	Monday	Wednesday	Room 013	12.30-13.00	Required	8	Students will plan create and edit a podcast that broadcasts all the news in school from a student's perspective. We may have regular spots in the programme where teachers are interviewed and of course discussing issues that matter most to students.	Y5-6	Free	Mr Mike M.

# Community

Club	Day	Variants	Room	Time	Sign up require	Max	Description	Year	Cost	Teacher
Thien Phuoc - Helping Hands	Monday		Off Campus	14.40-17.30	Required	10	Students will need to meet in the canteen and walk over the bridge to Secondary School to take the bus. Visiting one of our Community Partner Foster Homes for children with disabilities and playing with the children there. A chance to share some smiles! Please note this club is off campus with a late return time	Y4-6	Free	Ms Samantha, Ms Chi



# Technology

Club	Day	Variants	Room	Time	Sign up require	Max	Description	Year	Cost	Teacher
Junior Chef	Tuesday		Food & Tech Room	14.40-15.40	Required	16	Food is Fun, Cooking is Cool! It's also a really useful talent that you'll use for the rest of your life. Junior Chef is a fun programme, providing real cooking lessons to BIS students. Our classes are cool, creative and challenging. We will give you the skills to show off at home!	Y3-6	4,290,000 VND	Jchef Saigon

## Language

Club	Day	Variants	Room	Time	Sign up require	Max	Description	Year	Cost	Teacher
Vietnamese for Beginners	Tuesday		Room 010	14.40-15.40	Required	10	Learn to speak basic words and sentences, play traditional games or cook 1 traditional food	Y3-6	Free	Ms Uyen
Vietnamese for Intermediate Level	Tuesday		Room 004	14.40-15.40	Required	10	For children who have basic communication. They learn the alphabet, blend sounds and read some basic sentences.	Y3-6	Free	Ms Cu

WEDNESDAY

# Art

Club	Day	Variants	Room	Time	Sign up require	Max	Description	Year	Cost	Teacher
Calligraphy and Chinese Story Books	Wednesday		Room 228	14.40-15.40	Required	10	The club concentrates in Chinese Calligraphy and painting	Y3-5	Free	Ms Grace
Go Green	Wednesday		Room 103	14.40-15.40	Required	12	Get creative and messy while learning new skills with an environmental zero waste theme. From printing and making your very own beeswax wraps, to designing and creating soaps with your unique choice of scents and colours. Plus lots of other imaginative and useful crafts for upcycling throw-away objects into beautiful gifts and treasures you'll want to keep!	Y3-4	2,900,000 VND	Ms Elinor Walker
Library Book Club	Wednesday		Library	7.30-8.00	Required	15	Students will look at various authors, play version of a book, or a viewing of the movie version. Learning how to compare film, theatre and books to develop thinking critically. The meetings will be interactive and engaging for bookworms!	Y3-6	Free	Ms Hazel
Global Goals	Wednesday		Secondary School - Study Room (1st Floor)	14.50-15.50	Required	6	The Global Goals Project is an opportunity to further develop your participation in the United Nation's Sustainable Development Goals and start to make a difference within the Global and Local community. This year we are working on projects relating to Goal 4: Quality Education and Goal 16: Peace, Justice and Strong Institutions. We support global projects such as World Children's Day and World Clean-Up day, and are committed to creating a more sustainable BIS. You can make a difference by joining secondary children to take action! Parents please collect children from the Secondary School. <b>Please note that the club will end on 3rd April.</b>	Y5-6	Free	Ms Binnington
MP3 Choir	Wednesday		Black Box Theatre	14.40-15.40	Required	80	A club for children who love to sing. We will be working towards a performance in Term 3.	Y5-6	Free	Ms Linden
Harmony Choir	Wednesday		R112	7.00-7.45	No sign up available	25	A club for children who love to sing and would like to try some more difficult music with multiple parts. We will be working towards a performance at the end of Term 2. Entry to this choir is by audition only.	Y5-6	Free	Ms Frances
MP3 Drumming	Wednesday		Band Room	12.00-12.30	No sign up available	20	A club for children who would like to learn more about world drumming techniques.	Y5-6	Free	Ms Beth, Mr Davis
Food Sculpture	Wednesday		Room 205	14.40-15.40	Required	12	From marshmallows to tropical fruits and a variety of other local delicacies, students will construct and build their 3D and edible sculptures ranging from fruit cityscape to cucumber train or marshmallow sculptures of Easter Bunnies or superhero Baymax	Y3-6	3,900,000 VND	Ms Ngoc
				15.40-16.40						
Water Colour painting	Wednesday		Art Room	14.40-15.40	Required	15	learn how to sketch & colour with water colour paintings on the paper. Will improve children's knowledge of the colour shading & mixing	Y3-6	4,485,000 VND	Ms Thilani
				15.40-16.40						



Sketching and Acrylic Painting	Wednesday		Art Room	14.40-15.40	Required	10	Fundamentals of drawing and painting: From in-depth understanding of basic drawing skills starting from line all the way up to highlight and shadows; this course ensures that students get to experience and practice with different materials such as pencils, charcoals, ink, pastel...From learning about how perspective works, to create textures, surfaces and to apply it to drawings/sketches; to observe and draw from life, seeing objects and human figures and portray them creatively and artistically. Introduction to painting will provide students with experiences of using and combining various mediums such as watercolors, acrylic paints, gouche...with inspirations from other famous artists, cultures, environments, literatures.	Y3-6	3,850,000 VND	VinSpace
				15.40-16.40						

## Sport

Club	Day	Variants	Room	Time	Sign up require	Max	Description	Year	Cost	Teacher
Swimming - Paul Saddler	Wednesday		Pool	6.30-7.30	Required	12	The BIS Learn to Swim Programmes will be delivered by the world renowned Paul Sadler Swimland company. This will be entirely free of charge to BIS students. Come along and learn to swim all major strokes in a fun and friendly environment.	Y3-6	Free	
Multi Sports	Wednesday		Gym	7.00-7.45	Required	15	A variety of different sports will be played, for example; frisbee, lacross, hockey, long ball, basketball, dodge ball	Y3-4	Free	Ms Joie
T-ball General	Wednesday		Big Field	7.00-7.45	Required	20	Fun teeball club - all abilities welcome from Y3-4. Fun skills and teeball games will be played	Y3-4	Free	Mr Tom
Cricket	Wednesday		Small Field	7.00-7.45	Required	18	Fun cricket club for all budding cricket stars. Male and Female players of all abilities welcome	Y3-6	Free	Mr Chris
Yoga	Wednesday		Black Box Theatre	7.00-7.45	Required	15	Children will enjoy practising yoga poses and exercises that help to cultivate health, relaxation, inner fulfilment and body awareness, help them learn healthy lifestyle habits and set the foundation for a fit future, children need to bring mats	Y3-4	Free	Ms Charlotte, Ms Emily H.
Basketball General	Wednesday		Gym	14.40-15.40	Required	25	Basketball club / training will enhance knowledge and practical skills for basketball games against local schools	Y5-6	Free	Mr Richard, Mr Mark, Mr Lamech
Football General (Boys)	Wednesday		Big Field	14.40-15.40	Required	16	Fun football club - all abilities welcome from Y4-6. Fun skills and football games will be played	Y4-6	Free	Mr Chau, Mr Dinh
Football General (Girls)	Wednesday		Big Field	14.40-15.40	Required	16	Fun football club - all abilities welcome from Y4-6. Fun skills and football games will be played	Y4-6	Free	Mr Chau, Mr Dinh
Hip Hop	Wednesday		Room 216	14.40-15.40	Required	12	Dance like a music video Hip Hop star in this exciting and high energy dance class.	Y3-6	2,135,000 VND	TDT Dance
Basketball	Wednesday		Basketball Court	14.40-15.40	Required	24	SSA Basketball is the most popular basketball program in Saigon, directed by the only Vietnam professional team - the Saigon Heat. In this dedicated sports class, children of all abilities and ages will learn the fundamental moves and skills of the game such as dribbling, passing and shooting whilst having plenty of FUN! Players progress are from learning fundamental movement and basketball specific sport skills to understanding more complex offensive and defensive tactical play. To achieve maximum enjoyment and improvement, game understanding scenarios and game play are emphasized throughout all courses.	Y3-6	1,950,000 VND	Saigon Sports Academy
Taekwondo	Wednesday		Mini MUGA	14.40-15.40	Required	12	Taekwondo is the art of self defense that originated in Korea. Come and learn the basic skills of one of the oldest forms of martial arts in the world!	Y5-6	2,860,000 VND	Body Shape
Football (run by FOX)	Wednesday		Small Field	14.40-15.40	Required	18	Learn to play football the FOX football way!	Y3-4	1,690,000 VND	FOX
Ballet	Wednesday		Secondary Dance Studio	15.50-16.50	Required	12	Ballet is the basis of all dance techniques. Children will learn to improve coordination, flexibility, strength, posture, grace and elegance!	Y3-6	3,900,000 VND	Ms Elise

# Technology

Club	Day	Variants	Room	Time	Sign up require	Max	Description	Year	Cost	Teacher
Dreams Lab Year 3-4	Wednesday		ICT Room	14.40-15.40	Required	12	Come to the DREAMS Lab and enjoy exploring all that it has to offer. Computer Science and design and STEAM based activites which will change each week.	Y3-4	Free	Ms Maria
Junior Chef	Wednesday		Food & Tech Room	14.40-15.40	Required	16	Food is Fun, Cooking is Cool! It's also a really useful talent that you'll use for the rest of your life. Junior Chef is a fun programme, providing real cooking lessons to BIS students. Our classes are cool, creative and challenging. We will give you the skills to show off at home!	Y3-6	4,290,000 VND	Jchef Saigon

## THURSDAY

# Art

Club	Day	Variants	Room	Time	Sign up require	Max	Description	Year	Cost	Teacher
Crocheting with Plarn	Thursday		Room 211	14.40-15.40	Required	15	By up-cycling plastic carrier bags into 'plarn', we will be crocheting mats for the homeless, and the flood or typhoon victims to sleep on. It will be a wonderful project which will give back not only to those people in need, but also to the environment by re-using plastic bags which have become such a problem.	Y5-6	Free	Ms Sacha
Production	Thursday		Secondary Auditorium	14.40-16.30	No sign up available	Students from Term 1 only	A club for children who love to act, sing, dance, and generally perform on stage. Please note that this club will run for the whole year.	Y3-6	Free	Ms Beth, Ms Liz, Ms Elaine, Ms Dee, Ms Kirstine, Ms Deb, Ms Linden, Mr Greg
Sound and Lighting	Thursday		Secondary Auditorium	14.40-16.30	Required	4	Students will learn how to use sound and lighting equipment to help support the Primary Production of Mulan Jr in Term 3.	Y6	Free	Mr Rhys
Young Authors	Thursday		Room 226	14.40-15.40	Required	10	Creative writing sessions for aspiring young authors. Practise writing short stories for an audience (the focus is on creativity not grammar)	Y5-6	Free	Mr Steve
Junior String Orchestra	Thursday		Room 112	14.40-15.40	Required	20	A club for those children who are already learning string instrument but would like to play in a smaller ensemble than the full orchestra.	Y3-6	Free	Ms Beth, Ms Tam, Ms Huong
Viola	Thursday		Room 112	12.30-13.00	No sign up available	2	A club for students who wish to learn a more unusual stringed instrument.	Y5	Free	Ms Beth, Ms Huong
Busy Hands	Thursday		Room 228	14.40-15.40	Required	8	Come and make friends in the community whilst doing a range of activities such as cooking, painting, games, eco friendly initiatives and more!	Y4-6	Free	Mr Luke, Ms Rachel
Friendship	Thursday		Room 101	14.40-15.40	Required	16	Have fun playing games and being creative whilst getting to know other children from BIS and the children from one of our community partner schools.	Y3-4	Free	Ms Jude, Ms Melanie, Mr Shane
Go Green	Thursday		Room 004	14.40-15.40	Required	12	Get creative and messy while learning new skills with an environmental zero waste theme. From printing and making your very own beeswax wraps, to designing and creating soaps with your unique choice of scents and colours. Plus lots of other imaginative and useful crafts for upcycling throw-away objects into beautiful gifts and treasures you'll want to keep!	Y5-6	2,900,000 VND	Ms Elinor Walker
Drawing and painting	Thursday		Art Room	14.40-15.40 15.40-16.40	Required	15	Learn how to draw & colour with different kind paints on the paper. Will learn how to draw figures of people, animals & objects. Will improve children's sketching & shading skills..	Y3-6	4,485,000 VND	Ms Thilani
Cake Decorating	Thursday		Room 115	14.40-15.40 15.40-16.40	Required	12	Fun and creative, the club offers students a journey into the wonderful world of cake decorating. With all materials and tools provided, students will learn techniques, cakedecorating ideas and develop skills to produce a creative and artistic outcome. Not only working with cakes, students will also decorate cupcakes into characters or explore different seasonal themes each week Please be aware that this club is not suitable for students who have egg and dairy allergies	Y3-6	4,160,000 VND	Ms Ngoc

Mixed Arts	Thursday		Art Room	14.40-15.40	Required	10	Mixed Media Art Course: From drawing, painting and collage, this course introduces students to fun and experimental lessons and activities that are designed to develop skills and confidence. A range of mediums from pencil, charcoal, ink, pastel, acrylic paints, handmade or found textures, reference images, collage papers... are used to design and develop the artworks. Learning objectives include the use of mixed media art materials, combine mediums in painting, drawing and collage to create an original work; understanding of basic color theories, apply and build tone/texture; self-expression and a logical creative process.	Y3-6	3,850,000 VND	VinSpace
				15.40-16.40						

## Sport

Club	Day	Variants	Room	Time	Sign up require	Max	Description	Year	Cost	Teacher
Badminton	Thursday		Gym	7.00-7.45	Required	16	Fun badminton club - all abilities welcome from Y5-6. Fun skills and badminton games will be played	Y5-6	Free	Ms Joie, Mr John
FOBISIA Athletics	Thursday		Big Field	6.45-7.45	No sign up available	N/A	FOBISIA Team will be selection only - Teeball, Athletics, Swimming and Football are the sports that will be played in this International competition	Y5-6	Free	Mr Simon, Ms Lindsey, Mr Mark, Mr Dinh, Mr Lamech
Netball	Thursday		Basketball Court	14.40-15.40	Required	15	Learn the rules of this fast-paced ball game and improve your throwing, shooting, catching, defending and attacking skills. We will be training to improve fitness, playing fun games and practising drills as well as playing full netball matches.	Y4-6	Free	Ms Alicia
Community Basketball	Thursday		Gym	14.40-15.40	Required	12	A sports club in which you can learn basic basketball skills, get some exercise and have fun playing games and tournaments.	Y3-4	Free	Ms Maria
General Basketball	Thursday		Gym	14.40-15.40	Required	15	Fun basketball club - all abilities welcome from Y3-4. Fun skills and games will be played	Y3-4	Free	Ms Sophie
FOBISIA T-ball	Thursday		Big Field	14.40-15.40	No sign up available	N/A	FOBISIA Team will be selection only - Teeball, Athletics, Swimming and Football are the sports that will be played in this International competition	Y5-6	Free	Mr Simon, Ms Lindsey, Mr Mark, Mr Richard
T'ai Chi	Thursday		Black Box Theatre	14.40-15.40	Required	15	Learn T'ai Chi Chuan (yang style) short form with Mr Matt. Kung Fu comes from T'ai Chi so it's a recognised martial style, but internal and soft. The form will be taught over the weeks and some basic martial applications will be imparted through control and discussion. Looking for dedicated students to sign up. Mai Am school to join	Y5-6	Free	Mr Matt
Golf	Thursday		Him Lam	14.40-16.30	Required	Max 12 Min 7	The lessons will contain a basic introduction into golf, preparing to hit, grip, posture and stance, correct grip, full swing, video camera analysis, putting, chipping & bunker play.	Y3-6	6,305,000 VND including transport	Mr Matt Burley
Football (run by FOX)	Thursday		Small Field	16.00-17.00	Required	18	Learn to play football the FOX football way!	Y5-6	1,690,000 VND	FOX
Community Football	Thursday		Small Field	14.40-15.40	Required	8	Come along for fun, football, goals, saves, excitement! Learn new skills and develop old ones. Make new friends from Inside and outside of BIS	Y4-6	Free	Mr Pete, Mr Rob

## Technology

Club	Day	Variants	Room	Time	Sign up require	Max	Description	Year	Cost	Teacher
Educational Apps	Thursday		Room 213	14.40-15.40	Required	20	Improve your ICT skills by learning "techie" tricks and tips	Y3-6	Free	Mr Jonathan
Boardgame Fun	Thursday		Room 205	14.40-15.40	Required	Min 4 Max 12	Learn and play new card and boardgames with friends old and new	Y5-6	Free	Ms Ellie
FOBISIA Maths	Thursday		Room 105	14.40-15.40	No sign up available	N/A	Preparing the FOBISIA Maths team for the competition	Y5-6	Free	Mr John, Mr Andy
Dreams Lab Year 5-6	Thursday		ICT Room	14.40-15.40	Required	12	Come to the DREAMS Lab and enjoy exploring all that it has to offer. Computer Science and design and STEAM based activities which will change each week.	Y5-6	Free	Mr Luke
I-Robo	Thursday		Room 203	14.40-15.40	Required	20	Robot is consist of Electronic, Electricity, mechanic and computer, therefore student can increase Creative talent, logical power, Concentration power, Thinking Power, Teamwork by themselves. Moreover student can participate in local and world festival and increase Educational achievement by themselves	Y3-6	3,795,000 VND	Mr Shin



# FRIDAY

## Art

Club	Day	Variants	Room	Time	Sign up require	Max	Description	Year	Cost	Teacher
Craft Club	Friday		Art Room	14.40-15.40	Required	15	An activity involving skill in making things by hand: using paper, fabric, beads & different materials.	Y3-6	4,485,000 VND	Ms Thilani
				15.40-16.40						
3D Building	Friday		Art Room	14.40-15.40	Required	10	Three-dimensional design: Through fundamental lessons on design, experiment and construct; students get to explore the principles of visual perception and the meaning of form, space, function and structure. With personal, self-directed and group projects, the course introduce the use of materials range from found/collected to traditional ones such as plastic, cardboard, clay, wire...Outcomes included sculpture, installation, elements, designed space, set/theater design...as ways to express a specific theme, subject or story. Critical thinking/ planing and tactility, design and construct skills are highly emphasized and practiced.	Y3-6	3,850,000 VND	VinSpace
				15.40-16.40						

## Sport

Club	Day	Variants	Room	Time	Sign up require	Max	Description	Year	Cost	Teacher
FOBISIA Swimming	Friday		Junior Pool	7.00-7.45	No sign up available	N/A	FOBISIA Team will be selection only - Teeball, Athletics, Swimming and Football are the sports that will be played in this International competiton	Y5-6	Free	Ms Emily, Mr Vinh
Table Tennis	Friday		Gym	7.00-7.45	Required	12	Fun table tennis club - all abilities welcome from Y4-6. Fun skills and table tennis games will be played	Y4-6	Free	Ms Joie, Mr Dinh
T-ball General	Friday		Big Field	7.00-7.45	Required	20	Fun teeball club - all abilities welcome from Y5-6. Fun skills and teeball games will be played	Y5-6	Free	Mr Richard
Swimming Paul Saddler	Friday		Pool	14.40-15.40	Required	12	The BIS Learn to Swim Programmes will be delivered by the world renowned Paul Sadler Swimland company. This will be entirely free of charge to BIS students. Come along and learn to swim all major strokes in a fun and friendly environment.	Y3-4	Free	
Kick Boxing	Friday		Secondary Dance Studio	14.40-15.40	Required	12	Thai Boxing is known as the art of 8 limbs; learn how to punch, kick, knee and elbow an opponent in a safe and controlled environment. Come and learn a new skill that improves your fitness and self-defence skills.	Y3-6	2,210,000 VND	Mr Mike Sherry
Basketball	Friday		Gym	14.40-15.40	Required	24	Come and improve Basketball skills of passing, dribbling, lay ups and shooting to become the all around team player!	Y3-6	2,015,000 VND	Mr Richard
Multi Sports	Friday		Basketball Court	14.40-15.40	Required	24	Learn the basic skills of passing, dribling and shooting, as well as attacking and defensive play in a range of sports.	Y5-6	1,950,000 VND	Saigon Sports Academy
Mixed Swim Squads	Friday		Junior Pool	16.00-17.30	No sign up available	N/A	FOBISIA Team will be selection only - Teeball, Athletics, Swimming and Football are the sports that will be played in this International competiton	Y3-6	Free	Ms Emily, Mr Vinh

## Technology

Club	Day	Variants	Room	Time	Sign up require	Max	Description	Year	Cost	Teacher
Junior Chef	Friday		Food & Tech Room	14.40-15.40	Required	16	Food is Fun, Cooking is Cool! It's also a really useful talent that you'll use for the rest of your life. Junior Chef is a fun programme, providing real cooking lessons to BIS students. Our classes are cool, creative and challenging. We will give you the skills to show off at home!	Y3-6	4,290,000 VND	Jchef Saigon

# SATURDAY

## Sport

Club	Day	Variants	Room	Time	Sign up require	Max	Description	Year	Cost	Teacher
Basketball	Saturday		Secondary Sport Hall	10.00-11.30	Required	24	Come and improve Basketball skills of passing, dribbling, lay ups and shooting to become the all around team player!	Y3-4	2,015,000 VND	Mr Richard
Basketball	Saturday		Secondary Sport Hall	12.30-14.00	Required	24		Y5-6	2,015,000 VND	Mr Richard
Swimming	Saturday		Junior Pool	11.00-12.00	Required	12	Prepare for the BIS Barracudas swim squad improving stroke technique and endurance in all four major strokes No clubs on 11th May and 8th June	Y3-6	1,430,000 VND	Mr Vinh
Swimming	Saturday		Junior Pool	12.00-13.00	Required	12	Prepare for the BIS Barracudas swim squad improving stroke technique and endurance in all four major strokes No clubs on 11th May and 8th June	Y3-6	1,430,000 VND	Mr Vinh

# SUNDAY

## Sport

Club	Day	Variants	Room	Time	Sign up require	Max	Description	Year	Cost	Teacher
T-ball	Sunday		Big Field	8.30-10.00	Required	24	Learn to play T ball. Developing the skills of catching and throwing, hitting and base running. No clubs on 17th and 31st March	Y3-6	2,090,000 VND	Richard