31 August 2017

## RE: TANZANIA INFORMATION EVENING: 7 SEPTEMBER 2017: 1830-2000

Dear Parent/Guardian,

Nord Anglia Education students are once again being given an amazing opportunity to participate in an expedition to Arusha, in Tanzania. They will have the chance to discover new cultures, meet new people, explore new and exciting places, and make a difference to the lives of others in the local communities. All of this will be achieved while having lots of fun and adventure, gaining invaluable experiences and making a positive impact on their own and others' futures.

All students will have the opportunity to take part in a variety of activities, both in the local community of Arusha and within the surrounding areas. The trip is split between service work within the community and a two day safari. The safari gives a unique opportunity to see wild animals within their natural habitat and offers the students the chance to camp within a national park.

Building a community and working together is another important aspect of this trip and, as such we will work with other Nord Anglia Education pupils to complete various service projects, helping make a difference to the lives of others. Last year, they were involved in building goat sheds, building smokeless cooking areas and fitting lights for families living in poverty in rural areas.

In order to fund the various service projects, the students are expected to fund-raise around 3000 RMB before they commence on their expedition. This is an opportunity for your son/daughter to be as creative as they like. They can work either individually or work together in a group and encourage the whole school to get involved. I would like to stress that the fundraising is an extremely important part of this trip. We believe it is important that the students invest both financially and emotionally in this trip, raising funds to support those less privileged is the first part of this.

Responsibilities and Costs of the Expedition:

Each pupil will be responsible for the following (approximate costs stated in brackets):

- Flights to Kilimanjaro Airport (9000 11000 RMB)
- Insurance which includes repatriation (500 RMB)
- Tanzanian Tourist Visa (450 RMB)
- Inoculations and antimalarial tablets (prices vary between providers)

Nord Anglia Education will be responsible for the following:

- Camp costs
- Food and accommodation

111 Jinguang Road, Huacao Town Minhang, Shanghai, 201107 T 021 5226 3211

- Two day and one night safari trip (full board)
- All transportation within Tanzania
- Emergency evacuation cover (not insurance)

There will also be an expectation for all pupils to:

- Attend the Tanzania Extra-Curricular Activity for the Autumn Term, as this will provide vital information.
- Participate in whole school fundraising activities

Parents/Guardians whose son/daughter have signed up for this expedition are invited to accompany him/her to the **Tanzania Information Evening** at **6.30 p.m.** on **Thursday 7<sup>th</sup> of September** in the Secondary Auditorium. The talk will last around 45 minutes - at this time we'll provide you with Nord Anglia information packs - as well as relay important details about topics such as what to pack and how to prepare for the expedition. In addition, there will be time for you to ask any possible questions that you have.

We will also be requesting a **deposit of 5000 RMB** for flights by this date (the remaining balance to be paid in October). Money can be paid using a **debit card** at the Uniform Shop in Primary and the school bank details are listed at the end of this letter if you wish to pay via bank transfer.

Eimear Reen Tanzania Expedition Organiser

## Bank Transfer Information for 1st and 2nd payment:

Conversion from USD or other currencies to RMB is based on the market exchange rate at the time of actual payment.

The school bank account details are as follows:

	For RMB:	For USD:
Account Name:	上海英国外籍人员子女学校	British International School, Shanghai 上海英国外籍人员子女学校
A/C Number:	31001628616050003155	404294-15836000001
Swift Code:		ANZBCNSH
Bank Name:	China Construction Bank, Shanghai Huacao Subbranch 建设银行华漕支行	ANZ Bank Shanghai Branch 澳新银行上海分行
Bank Address:	No. 492-500 Jinfeng Road, Minhang, Shanghai 201107	1F Mirae Asset Tower, 166 Lujiazui Road, Shanghai 200120

Please do not forget to mention the **name of the student** and the following message:

<sup>&</sup>quot;Tanzania payment 1"

## **Inoculations and malaria tablets**

In readiness for the group travelling to Tanzania, we recommend the following actions to prepare for the trip:

- It is important that you ask your doctor for advice on vaccines and medication for hepatitis A, typhoid, hepatitis B, malaria and rabies, as there are risks of these diseases in Tanzania. Furthermore, make sure your son/daughter is up-to-date on routine vaccines before the trip. These vaccines include measles-mumps-rubella (MMR) vaccine, diphtheria-tetanus-pertussis vaccine, varicella (chickenpox) vaccine and polio vaccine.
- There is also a Shanghai Healthcare International Travel Centre that you can visit for vaccinations and travel health related consultations. The centre can be found on Jinbang Road near Hami Road, please see their website for more information: http://www.sithc.com/sithcen/travelhealth/diseases/
- •
- Please note that malaria medication is best bought outside of China, as the recommended forms of **Malarone** or its generic version **Atavaquone/Proguanil** are not available in China. Other medication such as doxycycline, which is available in China, can have unpleasant side effects. In addition, it is important that you go through the instructions on these tablets with your son/daughter so that he/she understands when and how to take them (e.g. Malaria tablets must be taken with plenty of water).
- Yellow Fever: A change in Chinese Government regulations means that the Yellow Fever vaccination is no longer compulsory, however, for parental peace of mind you may wish to consider this to avoid any possible risk. Please visit the CDC website for more information as well as your doctor for further guidance: <a href="http://wwwnc.cdc.gov/travel/destinations/traveler/none/tanzania">http://wwwnc.cdc.gov/travel/destinations/traveler/none/tanzania</a>.