11 January 2019

# <u>Learning Enrichment Activity Program</u> - Grade 4 - Grade 5 Registration Form

# Dear Parents,

Attached to this letter is an outline of Semester 2 activities being offered *to you* and *your child* as part of LEAP. Learning Enrichment Activities Program (LEAP) is an after school program that provides quality co-curricular activities in *Arts*, *Sports*, *Technology*, *Languages*, *Academic Learning* and *Service* to our *Primary* and *Secondary students*, *parents* and *other adults* from 3:10-4:00pm (Primary) and 3:40-4:30pm (Secondary). The purpose of LEAP is to enrich the lives of our students, parents and other adults with activities that broaden the child's educational experience, compliment their daily schooling and provide a healthy and active experience for parents and other adults. The aim of the program is to develop further interests and build foundations for learning through after school activities that operate on a semester basis.

LEAP (Semester 2) will begin 21 January 2019 and finish on 31 May 2019 (19 WEEKS unless stated otherwise).

Sessions are <u>3:10 - 4:00pm</u> for Primary and <u>3:40 - 4:30pm</u> for Secondary (unless stated otherwise).

# Objectives:

- 1. To complement students, parents and other adults' daily schooling
- 2. To expand and enrich student interests
- 3. To provide teacher and student mentorship
- 4. To create foundational skills for students
- 5. To build alternative learning communities
- 6. To develop creativity
- 7. To have fun

#### **NEXT STEPS**

- 1. Please read over the activities being offered to you and your child's particular grade.
- 2. Discuss this with your child and make a plan of the week.
- 3. Complete the signup form.
- 4. Take to the Finance Office for payment. This constitutes your booking.
- 5. Please note:
  - a. There is a minimum of 5 students per activity (unless specified).
  - b. There is a maximum number of students per activity to ensure quality and proper student and teacher/coach ratio (this may differ per activity).

- c. The registration is <u>NOT</u> a guarantee that the student will participate in the chosen LEAP activity, nor that the activity will run. The LEAP Coordinator holds the right to cancel the activity if the registration is below the minimum number of students. If the LEAP activity is oversubscribed, the LEAP Coordinator will, if possible offer a second class or provide an additional teacher/coach.
- d. Students **must** be **<u>picked up promptly</u>** after their LEAP classes. Students who are **<u>NOT</u> regularly** picked up may be removed from their LEAP classes.
- e. In case of emergency, illness, or injury to a child, the parent or guardian will be notified immediately. If the parents/guardian cannot be reached immediately, the emergency numbers on the registration form will be called.
- f. On discipline, all students are expected to adhere to the school values and guidelines at all times. Any consistent behavioral problems may lead to the child being removed from their LEAP classes.
- g. Bus riders need to go straight to the bus service as soon as the LEAP class is finished. This is **strictly only** for those who are already on the bus plan after school.

If you have any questions, please ask Ms Somnang at the Hub Reception or contact Ms Hannah at hannah.gaffney@nisc.edu.kh

#### **Key information:**

Registration: Opens 11-18 January 2019
 Location of registration: Finance Office

LEAP Coordinator: Ms HannahStart date: 21 January 2019

• End date: 31 May 2019 (varies depending on the day of the particular activity)

• **Time**: 3:10 - 4:00 pm (Primary) and 3:40 - 4:30 pm (Secondary)

Cost of each activity: varies depending on the particular activity -- see list

# Please complete the following information:

Student Name:			Grade:	
Bus rider: Please encircle which applies	YES	NO		
Parent Name:				
Parent email:			Tel:	
Name of activity : (Mon)				Cost:\$
Name of activity : (Tues)				Cost:\$
Name of activity : (Wed)				Cost : \$
Name of activity : (Thurs)				Cost:\$
Name of activity : (Fri)				Cost:\$
Total costs:				
Parent Signature:				

# **Activities available:**

	Monday	Tuesday	Wednesday	Thursday	Friday
Category	G4-G5	G4-G5	G4-G5	G4-G5	G4-G5
ARTS	Colouring Club  Dance: Pre (3:30 sta  Junior Chefs Cooking Club  Rockin Rec Club		Rainbow Clay Art Piano Fun	Community Choir	
ACADEMIC LEARNING	Problem Solving and Teamwork				
SPORTS	SPORTS  Educational Soccer	Tennis (Beginner Level)	Taekwondo Primary Basketball Club (Grade 5 only)	Tennis (Intermediate Level)	Taekwondo SEA Games Prep (Grade 4 only)
TECHNOLOGY	STEAM Art and Engineering				ROBOTICS: MRT 3 (Senior Robotics)
LANGUAGES		Chinese Reading Comprehension		Chinese Grammar Club	
SERVICE	Basic First Aid (level 1)				Basic First Aid (level 2)
PARENTS	English Inquiry, for Parents!			Community Choir	Zumba for Parents and other Adults

#### **ACTIVITY DESCRIPTION**

#### **Football Focus**

Players will develop their technical skills to become better football players. They will learn about the different positions and roles of players in each position. They will also Improve fitness levels, stamina and understand the importance of a team mindset and a sense of fair play.

(19 weeks)

Teacher:	Day:	Venue:	No. of Students:	Cost:
Mr. David Fox	Monday	NISC Field	Min. 10 Max. 20	No Fee

#### **Junior Chefs Cooking Club**

Children will learn different cooking skills and prepare food using different recipes and techniques. Requirements- children will need to bring their own aprons. (14 weeks)

<b>Teacher:</b> Mr. Jordan and Ms. Sika	<b>Day:</b> Monday	Venue: Primary Staff Room	No. of Students: Min. 5 Max. 10	Cost: \$89
--	-----------------------	---------------------------------	------------------------------------	---------------

# Tennis (Beginner Level)

This course is designed for beginners, new players to the game of tennis who want to learn the basics of the game. We will develop the ABC's of tennis: agility, balance, and hand-eye coordination of the students, while also covering basic racket handling skills. Tennis Cambodia's coaches are trained to make it both educational and fun for the children. All the equipment, including rackets and balls will be provided by Tennis Cambodia. Requirements: comfortable activewear and proper white sole running shoes. (19 weeks)

Teacher: Mr. Phalkun	Day:	Venue:	No. of Students:	Cost:
(Tennis Cambodia)	Tuesday	NISC Tennis Court	Min. 4 Max. 8 per coach	\$140

# **Tennis (Intermediate Level)**

This course is designed for students with experience in the game of tennis and who know the basics. We will develop the technique required for the various shots of tennis as well as basic strategy of the game. Tennis Cambodia's coaches are trained to make it both educational and fun for the children. All the equipment, including rackets and balls will be provided by Tennis Cambodia. Requirements: comfortable activewear and proper white sole running shoes.

(19 weeks)

<b>Teacher:</b> Mr. Phalkun (Tennis Cambodia)	<b>Day:</b> Thursday		No. of Students: Min. 4 Max. 8 per coach	Cost: \$140
---	-------------------------	--	--	----------------

# Rainbow Clay Art



This activity specializes in teaching students to express themselves through creating unique works of art using non-toxic air-dry clay. Learning clay art develops concentration and fine motor skills. The materials are safe and environmentally friendly. Weekly, students will engage in fun art projects that they can bring home and be proud of. All materials and tools are included.



(12 weeks)

Teacher:	Day:	Venue:	No. of Students:	Cost:
Ms. Khae Pothipat	Wednesday	EL Room 2208	Min. 3 Max. 12	\$165

#### **TAEKWONDO: White to Green Tip Belt**

ALA has partnered with Induk, a premier Singapore-based Taekwondo school in offering classes to everyone from toddlers to adults. Known for its emphasis on kicking and self defense technique, Taekwondo physically helps develop strength, flexibility and stamina as well as encouraging positive mental attitude. We believe



that Taekwondo is for everyone of all ages and genders, with training programs designed with the ultimate goal of enhancing spirit and life through the training of mind and body. Uniforms will need to be purchased separately from the provider.

(19 weeks)

- Grading will be done at the end of the semester by the Cambodian Taekwondo Federation. Venue will be at Aeon Mall 2. Grading fees are charged separately.
- Students can participate on either Wednesday or Friday slots.

Teacher: Advance Learning Academy	<b>Day:</b> Wednesday <u>or</u> Friday	Venue: Performing Arts Room		Cost: \$275
-----------------------------------	--	-----------------------------	--	----------------

# **TAEKWONDO: Green Belt and Above**

ALA has partnered with Induk, a premier Singapore-based Taekwondo school in offering classes to everyone from toddlers to adults. Known for its emphasis on kicking and self defense technique, Taekwondo physically helps develop strength, flexibility and stamina as well as encouraging positive mental attitude. We believe that Taekwondo is for everyone of all ages and genders, with training programs



designed with the ultimate goal of enhancing spirit and life through the training of mind and body. Uniforms will need to be purchased separately from the provider. Students <u>must</u> attend <u>both</u> Wednesday and Friday sessions.

Grading will be done at the end of the semester by the Cambodian Taekwondo Federation. Venue will be at Aeon Mall
 Grading fees are charged separately.

Academy Friday Performing Arts Room Min. 3 Max. 25 \$445	Teacher: Advance Learning Academy	•	Venue: Performing Arts Room	No. of Students: Min. 3 Max. 25	
--	---	---	--------------------------------	------------------------------------	--

#### **Dance: Pre Ballet**

The CSTD Classical Ballet syllabus is based on all the pedagogy of technique, musicality and artistry. Pre ballet offers an introduction to the joy of ballet. Dancers will improve their posture, develop their poise and coordination, and will have refined quality and control of their body through the discipline of ballet technique.

(19 weeks)

	<b>Teacher:</b> Advance Learning Academy	Day: Tuesday start 3:30	Venue: Performing Arts Studio	No. of Students: Min. 3 Max. 16	Cost: \$240	
--	--	-------------------------------	-------------------------------------	------------------------------------	----------------	--

#### Rockin' Recorder Club

The recorder is a great beginning wind instrument that is lots of fun for more advanced students too. It's easier to start on than the flute or clarinet and you can get to interesting music quickly. In the Rockin' Recorder club, we will play games, learn songs, and get to add in some other instruments as well such as the piano and xylophones. Soon the students will be rockin' on the recorder at home, on the playground, or even in the car! Any secondary students who are willing to assist with the recorder club will learn the recorder and get SA/CAS credit. (19 weeks)

Teacher:	Day:	Venue:	No. of Students:	Cost:
Ms. Jennifer Harris Lowe	Tuesday	Primary Room 3314	Min. 5 Max. 20	No Fee

#### STEAM Art and Engineering

STEAM- Art and Engineering Class is created to provide opportunities for students learn and develop foundation of skills (fine motor skill, problem-solving skill, concentration skill, team work, grit, communication skill), boost creativity and mental well-being in a collaborative learning-friendly environment through the combination of art and engineering. They will be instructed in the beginning and the task is to build, explore, and put together the pieces of materials, as mentioned below, to creative a cool structure or building which provides a fun and creative learning environment and freedom to explore their talents, and interest. Famous buildings and masterpieces from around the world will be used as an example to show the students and which in turn at the end of each session, they will build a masterpiece of their own which boosts their self-confidence and give them a sense of achievement and "can-do" attitude.

(15 weeks)

Teacher:	Day:	Venue:	No. of Students:	Cost:
Fluke Bankarawat	Monday	Makerspace	Min. 5 Max. 8	\$176

#### **Community Choir**

This year, the greater NISC community including parents and staff are invited to join our students singing in the choir! Beginner singers are most welcome - no prior experience necessary. It will be a great way to meet other members of our community while making music together. This is also a SA/CAS opportunity for secondary students who are willing to be a mentor to our young singers. (19 weeks)

Teacher: Ms. Jennifer Harris Lowe	Day: Thursday		No. of Students: Min. <u>5</u>	Cost: No Fee	
--------------------------------------	------------------	--	-----------------------------------	-----------------	--

#### **Problem Solving**

In this club you will be required to work closely with other students to create, act and think in order to solve problems!

(19 weeks)

Teacher:	Day:	Venue:	No. of Students:	Cost:
Ms. Miri Walton	Monday	Primary Room 3210	Min. 5 Max. 14	No Fee

# Chinese Grammar (Grade 3 only)

This class will be provided only to develop the grammar skills of Chinese speaking children and children learning Chinese.

(19 weeks)

Teacher:	Day:	Venue:	No. of Students:	Cost:
Ms. Miracle	Tuesday	Primary Room 3213	Min. 4 Max. 8	No Fee

# **Chinese Reading Comprehension (Grade 3 only)**

This class will be provided only to support and develop the comprehension reading skills of Chinese speaking children and children learning Chinese. (19 weeks)

Teacher:	Day:	Venue:	No. of Students:	Cost:
Ms. Miracle	Tuesday	Primary Room 3213	Min. 5 Max. 8	No Fee

#### **Educational Soccer**

Students will learn the basic skills needed to play soccer including, drills, skills and full games. Requirement: sportswear, soccer kit and sports shoes.

(19 weeks)

Teacher:	Day:	Venue:	No. of Students:	Cost:
Mr. Takahiro Unno	Monday	NISC Field	Min. 5 Max. 16	\$170

#### Basic First Aid (Level 1) Club starts from January 29th

Learning basic first aid techniques can help you cope with an emergency. The course will emphasize practical skills in a fun and interactive learning environment. (19 weeks)

BASIC
FIRST AID

Teacher:	Day:	Venue:	No. of Students:	Cost:
Nurse Cherry Rinoza	Monday	School Clinic	Min. 5 Max. 10	\$40

# Basic First Aid (Level 2) Club starts from January 29th

Learning basic first aid techniques can help you cope with an emergency. The course will emphasize practical skills in a fun and interactive learning environment.



(19 weeks)				
Teacher:	<b>Day:</b>	Venue:	No. of Students:	Cost:
Nurse Cherry Rinoza	Friday	School Clinic	Min. 5 Max. 10	\$48

# **ROBOTICS: MRT3 (Senior Robotics)**

MRT 3 curriculum is supporting students to learn essential STEM (Science, Technology, Engineering and Math) concepts. The curriculum includes the assembly process and its scientific principles help students to understand easily. It has hands-on activities that will help students to understand mechanical and structural principles.



(19 weeks)

Teacher:	Day:	Venue:	No. of Students:	Cost:
Advance Learning Academy	Friday	EL Room 2208	Min. 3 Max. 16	\$320

#### **SEA Games Prep (Grade 4 only)**

This is a program to get our students ready for Nord Anglia South East Asia Games next year. We will focus on Tee Ball and Basketball, learning about the rules of each game as well as developing strategies and techniques necessary to be successful. This is not a requirement to try out for SEA games next year but will help better prepare you to be part of the program. (19 weeks)

<b>Teacher:</b> Ms. Emma and Mr. K	<b>Day:</b> Friday	Venue: Basketball courts and NISC field	No. of Students: Min. 5 Max. 30	Cost: \$108
--	-----------------------	---	------------------------------------	----------------

# Primary Basketball Club (Grade 5 only)

This is a chance for students who are interested in developing their skills in basketball to prepare to move up to Junior Basketball once they go to MYP next year. This program will cover the basic skills as well as slightly more advanced strategies and game play.

Teacher:	Day:	Venue:	No. of Students:	Cost:
Mr Nick	Wednesday	Basketball courts	Min. 5 Max. 20	\$64

#### **Colouring Club**

This club offers students a space to create art. Students will relax, and color while listening to calming music.

(19 weeks)

Teacher:	Day:	Venue:	No. of Students:	Cost:
Ms. Tina	Monday	G2B classroom	Min. 5 Max. 10	No Fee

# Piano Fun

A keyboard encounter for those with no piano experience; weekly exploration of easy songs aimed at introducing young students to the piano.

(19 weeks)				
<b>Teacher:</b>	<b>Day:</b>	Venue:	No. of Students:	Cost:
Ms. Jen Bird	Wednesday	Primary Room 3314	Min. 5 Max. 12	\$64

# **Zumba for Parents and other Adults**

An aerobic fitness dance party mixed with low-intensity and high-intensity moves for interval-style training. This program features movements inspired by various styles of Latin American dance and performed primarily to Latin American dance music. Crush calories to the rhythm with this super effective and fun workout in disguise. Comfortable active dance clothes.

(19 weeks)

	riday	Venue: Primary Cafeteria	IVIIN. 5	Cost: \$8 dollars per session.
--	-------	-----------------------------	----------	--------------------------------------

# **English Inquiry, for Parents!**

This club aims to give parents the necessary skills to seek information in a formal/informal setting. Areas of focus will be: How to ask specific questions, expanding, follow up questions, responding to answers, and more.

(19 weeks)

<b>Teach</b>	<b>Day:</b>	Venue:	No. of Students:	Cost:
Mr. Sa	Monday	Room 2205	Min. 5 Max 15	\$50

# **LEAP Programme Calendar Semester 2**

lan.				Week 2 Registration					Week 3				Week 4												
Jan					14	15	16	17	18	21	22	23	24	25	28	29	20	31	1						
Week 5				Week 6						Week 7					Week 8										
Len	4	5	6	7	8	11	12	13	14	15	18	19	20	21	22	25	26	27	28	1					
Mar	Week 9					Week 10				Week 11				Week 12											
	4	5	6	7	8	11	12	13	14	15	18	19	20	21	22	25	26	27	28	29					
Anuil	Week 13					Week 14				Week 15				Week 16					Week 17						
April	1	2	3	4	5	8	9	10	11	12	15	16	17	18	19	22	23	24	25	26	29	30			
May	Week 17				Week 18					Week 19					Week 20					Week 21					
May			1	2	3	6	7	8	9	10	13	14	15	16	17	20	21	22	23	24	27	28	29	30	31

Gray - No School

**February 4-5-** Lunar New Year **March 18-** Three way conferences **April 12-22-** Khmer New Year **May 13-** King's Birthday