



NORD ANGLIA
INTERNATIONAL SCHOOL
DUBAI

Secondary Weekly Sporting Achievements

15.11.18



NAS SPORTS HOUSE POINTS

1 st = 20points
2 nd = 15 points
3 rd = 10 points
4 th = 5 points



Scorpions	Falcons	Leopards	Vipers

Our GCSE groups in Years 9 & 10 attended the MEFIT launch at Hamdan Sports Complex last week. The students had the opportunity to complete different fitness workshops, including TRX sessions, cross fit and Zumba Active. They also had two seminars on Sports Nutrition and Health and Wellbeing. All students enjoyed the event and are looking forward to the next one.

Well done to all those students that are attending strength and conditioning sessions, regular training sessions and weekly fixtures.

Good luck to the U14 Boys Rugby Team that are travelling to Abu Dhabi for the BSAK 7'S Tournament on Friday 9th November.

Congratulations to all the sports leaders in year 7-11 that have been given a role of a sports leader. Successful students will be put up on the notice board and celebrated in assembly.

Mrs. Chaters (Head of Secondary PE)

Year 11 Boys Football vs Kings Al Barsha @ Kings Al Barsha

The Year 11 boys picked up what could turn out to be a vital point away to Kings Al Barsha tonight. The boys were fantastic throughout and were unlucky in the end not to walk away with all three points.

Final score NAS 1 - KINGS 1

Mr. Smith (PE Teacher)



Year 9 Boys Football vs DIA @ NAS Dubai

The Year 9 boy's football team came up against Dubai International Academy this afternoon. In a thrilling end to end game the game was in the balance at half time at 1-1. However DIA raced into a 3-1 lead within minutes of the restart before further goals from both sides made the final score 4-3 to DIA.

Final score: NAS 3 – 4 DIA

Mr. Smith (PE Teacher)



Year 8 Boys Football vs JESS @ JESS

Year 8 Boys Football team struggled to get the result they deserved on the small pitch against JESS. With excellent passing going up the pitch and winning possession, the boys were cut out with the tight space and got caught out with two counters and a free kick. Final score 3-0 to JESS.

Final Score: JESS Ranches 3 – 0 NAS Dubai

Man of Match- Martin Berg

Mr. Khadir (PE Teacher)



Year 7 Boys Football vs Jumeriah College @ NAS Dubai

Year 7 Boys Football secured a 1-0 victory against Jumeirah College on Thursday afternoon. A fantastic strike from Omar to seal the win. Well done!

Final score NAS Dubai 1 – 0 Jumeirah College

Mr. Smith & Mr. Khadir (PE Teacher)



U16 Girls football vs JBS @ NAS Dubai

The u16 girl's football team continued their impressive form and totally dominated this game. Izzie in goal hardly had to make a save but she was alert throughout the game did come to the rescue on one occasion. The girls were simply fantastic and JBS couldn't cope with our constant pressure and movement of the ball.

Final score:

NAS Dubai 10 -1 JBS

Mr. Collin (Head of PE)



U14 Girls Football Squad v Repton @ Repton School

The U14 girl's football squad again gave another impressive win against a tough Repton side. The girls held their own throughout the whole match against a strong attacking side. An early goal meant we had the lead from the beginning and continued this throughout the whole game to finish with a strong 6- 0 win. Well played everyone.

Final Score: Repton School 0 – 6 NAS Dubai

Player of the Match: Lalya Akilie

Miss Lea (PE Teacher)





NAS DUBAI



SECONDARY HOUSE FITNESS CHALLENGE



**Inviting All Secondary Students,
Teachers & Parents!**

20 Minute Fitness & Fun Session



**Earn House Points
Biggest House turn out wins!**

**Thursday 1st November
7:15am - 7:35am • Sports Hall**



Students & adults wear House shirts
or colors. For more info contact:
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