

	Monday		Tuesday		Wednesday		Thursday		Friday
	20-Aug		21-Aug		22-Aug		23-Aug		24-Aug

## School Holiday

	Monday		Tuesday		Wednesday		Thursday		Friday
	6-Aug		7-Aug		8-Aug		9-Aug		10-Aug

## School Holiday

	Monday		Tuesday		Wednesday		Thursday		Friday
	13-Aug		14-Aug		15-Aug		16-Aug		17-Aug

## School Holiday

### Please note Year 1 start on 20 August / Year 2-11 start on 21 August

		Monday 20-Aug	FOR YEAR 1 ONLY		Tuesday 21-Aug			Wednesday 22-Aug			Thursday 23-Aug			Friday 24-Aug						
A		Sweet and Sour Pork with Rice			A		Chicken and Potato Curry with Wild Rice (Not Spicy)		A		Eggplant with Beef with Rice		A		Pan-fried Sole Fillet with Gravy with Corn Rice		A		Honey Glazed Pork Loin with Rice	
B		Penne Pasta with Pesto			B		Sweetcorn Macaroni Cheese		B		Meatballs with Tomato Sauce with Spaghetti		B		Chicken Carbonara with Penne		B		Spaghetti Bolognese	
C		Roasted Beef Salad			C		Ham and Cheese Sandwich		C		Greek Salad		C		Avocado and Cheese Sandwich		C		Veggie Salad	
		Monday 27-Aug			Tuesday 28-Aug			Wednesday 29-Aug			Thursday 30-Aug			Friday 31-Aug						
A		Char Siu (BBQ Pork) with Scrambled Egg with Rice			A		Beef Stroganoff with Wild Rice		A		Yang Zhou Fried Rice		A		Beef Curry with Corn Rice (Not Spicy)		A		Teriyaki Fish with Rice	
B		Penne Napoleon			B		Vegetable Lasagna		B		Chicken A La King with Spaghetti		B		Fried Ramen with Seafood		B		Chicken with Cheesy Cream Sauce with Penne	
C		Turkey Sandwich			C		Chicken Salad		C		Egg Mayo Sandwich		C		Pasta Salad with Bell Pepper in Basil Sauce		C		Tomato and Cheese Sandwich	

**Please note :**

- 1 Please choose (tick) ONE lunch option "A", "B" or "C" for each day.
- 2 The price for each lunch option is **\$35 (Received payment on or before 10 August 2018) / \$37 (Received payment after 10 August 2018)**

**Payment Details :**

- 1 Please make a crossed cheque payable to : **Sodexo (HK) Ltd**
- 2 Please write your child's name, class and a contact phone number at the back of the cheque.

- Choose often - Contains low levels of fat
- Good Choice - Contains moderate amount of fat
- On Occasion - Contains high level of fat

\*The above traffic information is provided by nutritionist from Sodexo (HK) Limited. All Information is for reference only.  
 \*Should the school be closed due to a Typhoon or bad weather, that day's menu will be postponed and served the following day.  
 The scheduled menu will resume the day after that.

For all enquires, please email : unit.nais.hk@sodexo.com

Student Name : \_\_\_\_\_

Class : \_\_\_\_\_

Contact Number : \_\_\_\_\_

Contact Email : \_\_\_\_\_

Cheque Number : \_\_\_\_\_