

# READY FOR SCHOOL TODAY?

Your simple *checklist* for a fantastic day!

1.



## Find your study space

- Well-lit
- Peaceful and quiet
- Hard surface

2.



## Got everything you need?

- Laptop or tablet
- Virtual School login details
- Pen, paper and other materials

3.



## Stick to a daily routine

- Set mealtimes
- Take breaks
- Daily movement/exercise

4.



## Make time to socialise

- Chat to your friends
- Work and learn collaboratively
- Share ideas

5.



## Help is at hand

- Real-time support in lessons
- Email your teacher at any time
- Revision help from your parents

6.



## Most importantly... reward yourself!

You're working really hard and you're doing great – you've earned it.



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Remember that you can ask your teacher a question any time through Teams or by email. They're there to help you.

Have a great day at school!