



Terratribes

Nord Anglia International School Hong Kong

Terratribes is an Experiential Education Company

We use the outdoors & adventure to teach students about the relationships between themselves, others, and their environments.

What do students learn?

Students learn to understand themselves more fully and relate to others more effectively.

Psycho-Social Skills Development

- Confidence
- Self-Esteem
- Self-Concept
- Perseverance
- Self-Efficacy
- Respect

Environmental Ethics Responsibility

Outdoor Skills



Terratribes programs for younger students focus more on affective learning, but also engage students in cognitive activities.

Affective outcomes of adventure programming include:

Intrapersonal: Emotional &
Individual

- New confidence in oneself
- Increased willingness to take risks
- Improved self-concept
- Enhanced leadership
- Increased logical reasoning
- Greater reflective thinking

Interpersonal: Social & Group

- Enhanced cooperation
- More effective communication skills
- Greater trust in others
- Increased sharing of decision making
- New ways to resolve conflicts
- Improved problem solving
- Enhanced leadership

Terratribes programs aid the development of Advanced Performance Characteristics

- **Generalisation** – *The ability to see how what is happening in this instance could be extrapolated to other situations*
- **Connection finding** – *Using connections from past experience to seek possible generalisations*
- **Ability to see alternative perspectives** – *Taking on the views of others to deal with complexity and ambiguity*
- **Meta-cognition** – *Ability to knowingly use a wide range of thinking approaches and to transfer knowledge from one circumstance to another*
- **Dealing with complex & multi-step problems** – *Can break down a task, decide on a suitable approach and then execute activity*
- **Strategy planning** – *Ability to approach new learning experiences by actively attempting to connect it to existing knowledge or concepts*
- **Critical or logical thinking** – *Ability to deduce ,hypothesise, reason, seek supporting evidence*
- **Flexible thinking** – *Ability to abandon one idea for a superior one or generate multiple solutions*
- **Self-regulatory processing** – *Ability to monitor, evaluate, and self correct*
- **Concentration, Persistence, & Resilience** – *The ability to keep going until the task is complete*



Years 6 & 7 – Getu Valley,
Guizhou
June 15 -19, 2015

Program Focus

- Adventure & Recreation
 - Rock-Climbing
 - Abseiling
 - Hiking
- Cultural Immersion
 - Miao Minority of the Getu Valley Area
- Community Service
 - Getu Valley Regional Primary School
 - Farming
- Psychosocial Development
 - Self-Esteem & Confidence
 - Perseverance & Self-Efficacy
 - Self-Concept

5 - Day Getu River Valley, Guizhou				
Day 1	Day 1	Group 1	Group 2	Group 3
	AM			
	Lunch	Lunch on Bus		
	PM	Transfer to Getu Valley/ Miao Sword Village Visit		
	Dinner	Hotel Restaurant		
	Evening	Trip Briefing/ Minority Dance Show/ Reflection		
	Night	Getu Valley Hotel		
Day 2	Day 2	Group 1	Group 2	Group 3
	Breakfast	Hotel Restaurant		
	AM	Rock Climbing	School Visit	Farming
	Lunch	DIY Sandwich	Hotel Restaurant	
	PM	School Visit	Rock Climbing	Abseiling
	Dinner	Hotel Restaurant		
	Evening	Evening Activity / Reflection		
Day 3	Day 3	Group 1	Group 2	Group 3
	Breakfast	Hotel Restaurant		
	AM	Farming	Abseiling	Rock Climbing
	Lunch	Hotel Restaurant		DIY Sandwich
	PM	Abseiling	Farming	School Visit
	Dinner	Hotel Restaurant		
	Evening	Evening Activity / Reflection		
Day 4	Day 4	Group 1	Group 2	Group 3
	Breakfast	Hotel Restaurant		
	AM	Bus transfer to Middle Cave/Visiting Middle Cave		
	Lunch	DIY Sandwich		
	PM	Hike to Getu River/Arch Cave		
	Dinner	Hotel Restaurant		
	Evening	Reflection & Disco Party		
Day 5	Day 5	Group 1	Group 2	Group 3
	Breakfast	Hotel Restaurant		
	AM	Say Good-Bye to Local Students & Depart to Guiyang Airport		
	Lunch	DIY Sandwich on Bus		
	PM	Flight Home		

Day 1

Travel to Getu Valley

- Pick-up at NAIS for transport to Shenzhen Airport
- Bus from Guiyang to Getu Valley
- Trip briefing & Hotel Check-in
- Miao "Sword Village" Visit
 - Introduction to the Miao minority
- Minority Show



Days 2 & 3 - Rotational Activities

Rock Climbing, Abseiling, Farming, School Visit

Rock Climbing



Rock climbing challenges students to push themselves, problem solve, and work on mental and physical obstacles as they climb the cliff of one of Getu Valley's famous limestone karst.

Abseiling



Students will learn to overcome fear and identify personal limits while abseiling off of one of the many mountains in Getu Valley.

Days 2 & 3 - Rotational Activities

Farm Work



Students will get their hands dirty, literally, while exercising their farming skills helping locals with their seasonal crops.

There are a many varieties of crops grown through out the year in Getu Valley. Students could help in the planting of corn and rice, or by preparing fields for planting by turning top-soil and removing debris.



Getu Valley Regional Primary School



Getu Valley Regional Primary School



Day 4 - "Middle Cave" Visit & Hike

"Middle" Cave



Hike to Getu Valley



Day 4 – Great Arches of Getu Valley



Day 5

Departure & Return to NAIS

- Breakfast
- Good-bye's
- Transport to Guiyang Airport for flight to Shenzhen
- Bus from Shenzhen to NAIS for pick-up



Addressing NAIS's Primary Concerns

Safety & Security

- Getu Valley is a secluded valley with only one road
- Students will be staying at Getu Valley Hotel, which is fenced and has 24 hour security.
- Terratribes trip leader & activity leaders are medically trained WAFA/WFR.
- Closest hospital is 30 minutes away in Ziyun city

Meals & Amenities

- A mix of Chinese and western dishes, with western food available to supplement meals
- Meals address dietary restrictions & medical conditions; vegetarian or allergies, etc.



Questions?

Thank You!



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