



**BRITISH INTERNATIONAL SCHOOL  
HANOI**  
A NORD ANGLIA EDUCATION SCHOOL

# Extracurricular Activities Primary (Years 1–6)

**Term 1b  
2018-19**



Dear Parents,

Extracurricular Activities (ECAs) in Term 1b will start on **Monday 5<sup>th</sup> November 2018**. The activities will run through until **Thursday 13<sup>th</sup> December 2018**. As referred to in the ECA email at the beginning of the academic year, students will need to sign up again for this second block of ECAs. Including this extra sign up allows us to provide greater flexibility in the sporting ECAs that we offer so that the students are well-prepared for competitive sport with other schools. I have been in contact with CHQ who are the external service provider for the ECA sign up process and it is possible that the volume of people logging in to sign up for ECAs at the same time will again result in slow processing by the site. Apologies in advance if there is any disruption. Students will have an opportunity to sign up to different ECAs which will run in the second half of this term. Extracurricular activities provide a great opportunity for your child to take part in an activity that falls outside the realm of the normal curriculum. Your child can explore their physical, creative, social or political domains and share diverse interests with like-minded students, perhaps in a different subject area or different key stage.

Students will be asked for multiple preferences although they will be allocated to one, two or three activities only. Not all activities are available to all year groups, please see the descriptions in the brochure. Information on paid activities can also be found within the brochure. The sign up process tries to ensure all students are granted a place on either their first, second or third choice of preference, please see the application guidelines below for detailed instructions.

**Mr. Edward Westropp**  
ECA Programme Coordinator

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#### Application guidelines:

- All activities (free and paid) need to be selected online via **CHQ**.
- You will be able to register your child for 1 activity during 'sign-up period 1', which will be from **Thursday 11<sup>th</sup> October at 9.00am 2018 until Friday 12<sup>th</sup> October 2018 at 5.00pm**. You will be able to make multiple choices but at this stage you will only be accepted a place on 1 activity only. You will then be able to register your child for another 1 activity if you wish to do so during 'sign up period 2' which will be from **Saturday 13<sup>th</sup> October 2018 at 9.00am until Sunday 14<sup>th</sup> October 2018 at 5.00pm**. Finally, you will be able to register your child for a third activity if you wish to do so during 'sign up period 3' which will be from **Monday 15<sup>th</sup> October 2018 at 9.00am until Tuesday 16<sup>th</sup> October at 5.00pm**.
- After **Tuesday 16<sup>th</sup> October 2018 at 5.00pm**, students who have signed up for an activity must commit to it for the whole of the first half of the term. Children will not be allowed to swap activities.
- All choices will be allocated on a first come, first served basis.
- If students are absent from their activity without authorisation on more than one occasion they will be removed from the activity and their place will be offered to a student on the waiting list.
- Children wishing to take part in paid activities can make payments by transfer money to school as soon as the child's activity is confirmed. Below are the BIS bank account details:

|                        |   |                        |                          |
|------------------------|---|------------------------|--------------------------|
| <b>Bank name:</b>      | <b>EXIMBANK - SAI GON BRANCH</b>                                  |                        |                          |
| <b>Bank address:</b>   | <b>136-138 Le Thi Hong Gam Street, District 1, HCMC, Vietnam.</b> |                        |                          |
| <b>Account name:</b>   | <b>BIS HANOI</b>  |                        |                          |
| <b>Account No.VND:</b> | <b>1401 1485 1059534</b>  | <b>Account No.USD:</b> | <b>1401 1485 1059551</b> |
| <b>SWIFT Code:</b>     | <b>EBVIVNVXTTD</b>  | <b>Bank code:</b>      | <b>79305002</b>          |

Please include in the transfer instructions "Name of ECA" and your child's name and class.

- Activities have maximum and minimum numbers, which vary according to the activity.
- Once the maximum number of children has been reached, the activity will be 'closed' and the activity name will be highlighted in red.
- Children who sign up for activities that are oversubscribed will be placed on a waiting list.
- Activities may be cancelled if the total number of participants does not meet the required minimum.

#### Paid Activities

Paid activities will be confirmed via email to those who have been allocated a place. CHQ has information about each of the activities and all details can be found by expanding the blue information tab. In Term1b, by selecting a paid activity and paying the associate fees, you are agreeing to the school's liability waiver and agree to pay the required fee. **Payments need to be made by Friday 26<sup>th</sup> October 2018**, otherwise the place will be offered to the children who have been placed on a waiting list.

## On-line Activity Selection

All activities (free and paid) need to be selected on-line via **CHQ**. Please see the next page for instructions. You will be able to see updates and changes to your approved activities through your on-line CHQ homepage. Please note your first choices may not always be possible. Please take time to read through the rest of this booklet and log on to CHQ. If you have any questions please contact [activities@bishanoi.com](mailto:activities@bishanoi.com).

## CHQ – Activities and Sports Online Portal

This system has been set up for you to use on a daily basis to select and track all of your child's chosen activities. It can be found by going to the school website (<http://www.nordangliaeducation.com/our-schools/vietnam/hanoi/bis>) and clicking on the CHQ tab, at the bottom of the homepage. Please follow the instructions below to log on and select your desired activities.

### Logging on

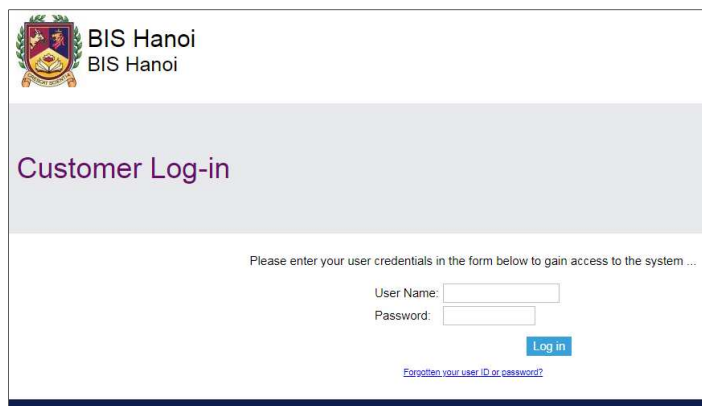
Log on using your child's school User name and Password. If your child is in the Primary school, their Password will be their Date of Birth, in the format DDMMYYYY. If your child is in the Secondary school, their password will be 'password' or their own personal password.

#### Primary Example:

User name: **H00123** Password: **23032007**

#### Secondary Example:

User name: **H00124** Password: **password**



### How to select your child's activities:

**Step 1:** Click on **My Profile** tab.

**Step 2:** Expand **My Activities**.

**Step 3:** Select **View/Manage/Submit** Activity Choices (2018-2019 Term 1b).

**Step 4:** For each activity/paid activity add a different number e.g. Monday: Football add 1, Wednesday: Board Games add 2 then 3, 4, 5 etc. to all other clubs you would like to participate in. The **SAVE** button will appear to the right of the activity list, click **SAVE**.

**Step 5:** Once you're happy with your choices you **MUST** press the **SUBMIT** button at the top of the page. You will receive an automated email confirming your club preferences.

**Step 6:** To cancel a selection after submitting add a 0 to the desired box then save and submit.

**Step 7:** If you click onto My Schedule after **Tuesday 16<sup>th</sup> October 2018** you should be able to see your activities by scrolling through to Monday 5<sup>th</sup> November 2018 (start of Term 1b activities) you will also receive an email of the activities you have been accepted into and students can check display boards within school. Once your selected activities have been approved you will be able to see them by clicking on the on **My Profile** tab to the right of the Home tab on your page.

### CHQ Sign-Up Tips for Parents:

Parents please DO NOT place a number 1 in each activity box as this will make your child's favourite activity unclear and as a result your child may miss out on their favourite activity). Please remember to number all choices from 1 (most important activity) to 5, 6 or 7 (or least favourite activity) regardless of the day. Consider & discuss your choices with your child then click the **Submit** button. Clicking the **Submit** button will send your child's activity choices to school. Please remember that you may choose as many activities as you wish that fit into your child's schedule and all activities are subject to a minimum and maximum limit.

# MONDAY

| ACTIVITY NAME                            | YEAR GROUPS | TIME                | MIN No. | MAX No. | TEACHER                | LOCATION                   | ACTIVITY DESCRIPTION  |
|--|-------------|---------------------|---------|---------|------------------------|----------------------------|---|
| Crafty Kids                              | Year 1      | 14:55<br>-<br>15:55 | 5       | 15      | Ms. Passmore           | 1B classroom (E209)        | In this ECA you will have the opportunity to create different things using different materials and enjoy showcasing them at the end to other people   |
| Junior Tech Club                         | Year 1      | 14:55<br>-<br>15:55 | 5       | 10      | Ms. Valdes             | E120                       | Join junior tech club to learn basic and useful computer and iPad skills. Explore multiple educational apps and games that will deepen your knowledge about technology.   |
| Creative Drawing                         | Year 1      | 14:55<br>-<br>15:55 | 2       | 12      | Ms. Mai and Ms. Huong  | EYC Share area             | Students will know how to create their drawing using numbers, letters and pictures.   |
| Rugby                                    | Year 1      | 14:55<br>-<br>15:55 | 5       | 20      | Mr. Carroll            | EYC Multipurpose Room E218 | Introduction to rugby union. Children will learn basic tag rugby skills. Basic ball skills, running, catching, throwing and kicking. Children will learn to communicate effectively. Grow in confidence and learn to work as a team.  |
| Go Green club                            | Years 2-3   | 15:05<br>-<br>16:05 | 6       | 10      | Ms. Huong Year 1       | 2B classroom P106          | Students know how to make use of crafts in their lives and create many useful eco-friendly products which encourages students to value things. For example, students can make their own fabric bags, or colorful paper flowers, woolly hat and so on.   |
| Lego Construction                        | Years 2-4   | 15:05<br>-<br>16:05 | 4       | 15      | Ms. Ngoc and Ms. Huong | P320                       | This is a great opportunity to build and get creative with Lego. Come up with new designs and be challenged using this fantastic equipment.   |
| Primary Reading club                     | Years 2-4   | 15:05<br>-<br>16:05 | 4       | 20      | Ms. Gosset             | Library                    | This ECA allows students the opportunity to read for pleasure and share books with other students across the Primary age range.   |
| Primary Science Club                     | Years 2-4   | 15:05<br>-<br>16:05 | 4       | 15      | Mrs. Langford          | Primary Science Room C127  | Primary Science Club allows children to use their scientific enquiry skills to carry out a range of fun, practical science experiments.   |
| Gymnastic club<br><b>(Paid activity)</b> | Years 2-8   | 15:05<br>-<br>16:05 | 10      | 16      | GymKraft               | Sports Hall                | This year we'll be working with GymKraft, a gymnastics company from Singapore. Students will develop a range of technical skills including rolling and rotating, balancing and travelling in a challenging and safe environment.<br><b>Please note:</b><br><b>Minimum number of children: 10</b><br><b>Total cost per student in Term 1b: 1,980,000 VND</b> |

| ACTIVITY NAME              | YEAR GROUPS | TIME                | MIN No. | MAX No. | TEACHER                           | LOCATION               | ACTIVITY DESCRIPTION   |
|----------------------------|-------------|---------------------|---------|---------|-----------------------------------|------------------------|--|
| Clay art club              | Years 3-5   | 15:05<br>-<br>16:05 | 5       | 15      | Ms. Van Anh Hoang and Ms. Hanh Le | Primary art room P219  | Come and relax while learning the art of clay. Use colorful clay to practise and improve your concentration and creation whilst keeping calm and mindful in a creative and relaxing music setting.   |
| Chinese Beginners          | Years 4-6   | 15:05<br>-<br>16:05 | 5       | 15      | Ms. Hien Dang                     | Primary P309           | This is an ABC Chinese course for beginners, including introduction of phonetics and daily expressions. After taking this class, learners can have a basic understanding of Chinese Mandarin and make basic conversations of daily living such as exchanging personal information, talking about daily arrangements and food, asking about price, introducing the city and the weather, telling your hobbies, etc. |
| Girls' Tech Club           | Years 4-6   | 15:05<br>-<br>16:05 | 2       | 14      | Mr. Allison                       | C125                   | Develop your tech skills by designing things to print in 3D, programming and flying drones, building Lego robots, making our own robots and interactive objects using Raspberry Pis and mBots, and so much more. Come and develop your skills whilst having lots of fun in a girls only environment.   |
| Primary Running Club       | Years 4-6   | 15:05<br>-<br>16:05 | 5       | 20      | Ms. Hill                          | P106                   | Get your sports gear on and let's get fit and healthy! Jogging around Vinhomes and building up distance week by week.  |
| Maths Madness              | Years 4-6   | 15:05<br>-<br>16:05 | 10      | 14      | Mr. Driver                        | P315                   | If you like riddles, logic puzzles, or optical illusions then this is the club for you. Using mathematical knowledge as a starting point we will work together to find solutions and answers to increasingly weird and strange ideas and problems.   |
| Young Graphic Designers    | Years 4-6   | 15:05<br>-<br>16:05 | 3       | 10      | Miss Niobe                        | Primary art room P219  | If you are interested in art and design and love using iPads then this is for you! We will take a look at different logos and packaging in the world and focus on creating our own innovative designs too! A great opportunity to mix creativity and an interest in technology.  |
| Food from Around the World | Years 4-6   | 15:05<br>-<br>16:05 | 4       | 12      | Mr. Baines                        | Student's kitchen S210 | Each week children will prepare, create and taste a different dish from a country within our Global campus.  |

| ACTIVITY NAME  | YEAR GROUPS | TIME                | MIN No. | MAX No. | TEACHER                       | LOCATION                    | ACTIVITY DESCRIPTION  |
|--|-------------|---------------------|---------|---------|-------------------------------|-----------------------------|---|
| Tech team 3.0  | Years 4-6   | 15:05<br>-<br>16:05 | 2       | 12      | Mr. Labelle                   | P218 & C121                 | Do you enjoy technology? Are you interested in developing your problem solving skills? Then join the Primary Tech Team and make a real difference! The Tech Team supports the school in a wide range of ways. Some of the interesting projects you will work on are movie filming and editing and graphic design. You will also learn to solve problems and support teachers and students across the school by teaching them to use a range of apps. You will also learn how to be a theatre technician by learning how to control lights and sounds for productions! |
| Ukulele  | Years 5-6   | 15:05<br>-<br>16:05 | 2       | 15      | Ms. Burden                    | P110                        | This club is suitable for beginners or more experienced ukulele players. We will learn some fun songs whilst developing skills and confidence. We have ukuleles you can borrow at school or you can bring your own.   |
| Year 5 & 6 International Competitions- Global Games/ FOBISIA | Years 5-6   | 15:05<br>-<br>16:05 | 40      | 50      | Ms. Allen and Ms. Fitzpatrick | Sports Hall & Primary Field | An opportunity to develop your Basketball, T-Ball, Football, Swimming and Athletics skills. There will be opportunities for some members to represent the school at the Global games in Cambodia and the FOBISIA games in Thailand throughout the year. This ECA will run throughout the year, on some occasions own transport would be needed as the timings may vary slightly.  |
| Netball  | Years 5-8   | 15:05<br>-<br>16:05 | 10      | 15      | Ms. Crombie                   | Netball Court               | This ECA offers the chance to learn and develop netball skills through playing friendly games. Players of all ability are welcome!  |
| Swimming Intermediate  | Years 5-13  | 15:05<br>-<br>16:05 | 6       | 24      | Miss. Henney                  | Swimming Pool               | Swimming for those who wish to refine the technical and physical aspects of multiple strokes as well as improve fitness and endurance. To join this ECA you must be able to confidently swim 100m in a range of strokes.  |
| Crochet Club   | Years 5-13  | 15:05<br>-<br>16:05 | 5       | 16      | Mrs. Ower                     | P322                        | In Crochet Club, we will be crocheting 'granny squares' and stitching them together into colourful blankets to donate to one of our community partners. Open to both beginners and experts. Learn a new stitch and have a chat whilst you crochet.  |

# TUESDAY

| ACTIVITY NAME                   | YEAR GROUPS | TIME                | MIN No. | MAX No. | TEACHER           | LOCATION | ACTIVITY DESCRIPTION   |
|---------------------------------|-------------|---------------------|---------|---------|-------------------|----------|--|
| Japanese Language Mother Tongue | Years 2-13  | 15:05<br>-<br>16:05 | 4       | 15      | Mrs. Brooke-Smith | Library  | Keeping up with mother tongue language by self-study, reading and fun games. Study materials should be prepared by the students themselves. This class is for native Japanese speakers only. |

# WEDNESDAY

| ACTIVITY NAME         | YEAR GROUPS | TIME          | MIN No. | MAX No. | TEACHER                             | LOCATION         | ACTIVITY DESCRIPTION  |
|-----------------------|-------------|---------------|---------|---------|-------------------------------------|------------------|---|
| Mindfulness Colouring | Year 1      | 14:55 - 15:55 | 5       | 10      | Ms. Policarpio                      | E102             | Colouring is an easy way to calm the mind and occupy the hands. Relax and express yourself as you use a variety of mark-making tools to colour in your favourite pictures.  |
| Sign language club    | Year 1      | 14:55 - 15:55 | 3       | 12      | Ms. Tiffany                         | E104             | An introduction to sign language for young children. This is an exciting opportunity for children to learn non-verbal communication   |
| Junior Origami Club   | Year 1      | 14:55 - 15:55 | 10      | 15      | Ms. Linh and Miss Luyen             | E205             | Let's come and discover the Japanese art of paper folding. "Origami is excellent for developing fine motor skills, spatial intelligence, stress control and math," says Japanese origami expert. Here we start with some very easy origami for kids, and build our way up to some slightly harder models, or an extra challenge. It's very rewarding for small kids to be able to make their own toys and play with it. Come and join us to make your origami collection all by yourself. |
| Year 1 Football       | Year 1      | 14:55 - 15:55 | 6       | 12      | Mr. Brooke-Smith                    | EYC- Sports area | An introduction to association football with a focus on fun, lots of games and mini matches.  |
| Just Dance Kids       | Years 2-4   | 15:05 - 16:05 | 4       | 20      | Ms. Hien Nguyen and Ms. Luyen Trieu | Gym room C118    | Children learn fun routines which will release their mind, stretch their dancing ability, enhance their confidence and improve their coordination. Sessions involve a warm-up and dance moves to pop music. That is a great time to cool down and freshen up after a long day in classes.   |
| Yoga (Paid activity)  | Years 2-4   | 15:05 - 16:05 | 4       | 12      | Mrs. Bouaziz                        | C315             | Students will discover yoga in a fun and relaxing environment. They will improve fundamental movements, specifically flexibility, and develop focus.<br><b>Please note:</b><br><b>Minimum number of children: 4</b><br><b>Total cost per student in Term 1b: 1.238.000 VND (Approx.)</b>  |
| Mindfulness Colouring | Years 2-4   | 15:05 - 16:05 | 4       | 10      | Ms. Xuyen                           | P326             | Mindfulness colouring is an art therapy, a way to relieve pressures and worries in order to focus on just the moment. With some music on, let your hand take you to surprising pieces of art.   |



| ACTIVITY NAME  | YEAR GROUPS | TIME          | MIN No. | MAX No. | TEACHER                    | LOCATION                  | ACTIVITY DESCRIPTION   |
|--|-------------|---------------|---------|---------|----------------------------|---------------------------|--|
| Amazing Board Game Creators                              | Years 2-6   | 15:05 - 16:05 | 6       | 14      | Ms. Hong and Ms. Trang Chu | Class 6I P311             | This is an opportunity for the children to create their own board games that can be a combination of Arts and Maths. Children can make it step by step, plan for the game, pair up with a friend, think of the rules and draw the board, decorate them using their art skills and play together.   |
| Puppets  | Years 2-6   | 15:05 - 16:05 | 8       | 12      | Ms. Lan and Ms. Anh        | P208                      | For students who want to try making puppets and find out how to make a puppet. This is also a great opportunity for students who want to explore their creative and clever.  |
| Tennis Club<br><b>(Paid Activity)</b>                    | Years 2-6   | 15:05 - 16:05 | 4       | 4       | Mr. Thuong                 | Hardcourt                 | Students will discover and develop basic tennis strokes such as forehand and backhand ground strokes, volleys and serves. <b>Please note: Minimum number of children: 4 Total cost per student in Term 1b: 786,000VND (Approx.)</b>  |
| Japanese Calligraphy art<br>(for Japanese students only) | Years 2-9   | 15:05 - 16:05 | 3       | 14      | Mrs. Miki                  | Primary Science Room C127 | Calligraphy art a traditional art originally from China. Generally, we use brush and ink to write characters. Japanese learn basic calligraphy at elementary school. Students should have syodou kits.   |
| Maths Art  | Years 3-6   | 15:05 - 16:05 | 2       | 20      | Ms. Baines                 | P320                      | Come and explore the world of parabolic art, using straight lines to create curves. We will develop our understanding of this mathematical phenomenon and create designs and patterns which will inspire awe from everyone who sees them.  |
| Powerpoint Presentation Club                             | Years 3-6   | 15:05 - 16:05 | 5       | 12      | Ms. Mi and Ms. Trang       | C125                      | If you are fond of giving a presentation but you have no idea how to use Microsoft PowerPoint then this ECA is for you. The students taking part in this ECA are instructed to create their own unique PowerPoint presentation, full of animations and effects. Furthermore, they have a chance to practice their speaking skill by giving a presentation based on their PowerPoint show. Some presentation skills like body language and signposting language are also provided to help them develop their public speaking skill. |
| Golf Academy<br><b>(Paid activity)</b>                   | Years 3-13  | 15:05 - 16:05 | 8       | 15      | Mr. Bradley                | Long Bien Golf Course     | Receive top tuition from a PGA professional, including skills for all abilities, ranging from grip to club swing, or putting to driving. <b>Please note: Minimum number of students: 8 Total cost per student in Term 1b: 2,436,000VND</b>   |

| ACTIVITY NAME  | YEAR GROUPS  | TIME          | MIN No. | MAX No. | TEACHER             | LOCATION                    | ACTIVITY DESCRIPTION   |
|--|--------------|---------------|---------|---------|---------------------|-----------------------------|--|
| Beginner's Swimming  | Years 3-9    | 15:05 - 16:05 | 3       | 10      | Ms. Nguyen          | Swimming pool               | Students need to be water safe and able to swim 15 metres unaided.   |
| Primary Orchestra  | Years 3-6    | 15:05 - 16:05 | N/A     | N/A     | Mr. Scott           | Mr Scott's Room C323        | Primary Orchestra returns this year to give our students a fantastic opportunity to experience performing as an ensemble and working together towards performing at some of the upcoming school events and concerts. We will play exciting music arranged especially for the group, which will provide students with an experience that engages and challenges them, whilst continually developing their skills as a musician. Students of all abilities from year 3 to year 6 are welcome to join |
| Watercolour art club   | Years 4-6    | 15:05 - 16:05 | 4       | 12      | Ms. Dung and Ms. Ha | P218                        | This is a great opportunity to learn how to use watercolour to make your own outstanding art work.   |
| Paper Maché Club   | Years 4-6    | 15:05 - 16:05 | 4       | 12      | Mrs. Lee            | Primary Art P219            | Learn how to use paper maché techniques to build sculptures and creative art pieces.   |
| Badminton  | Years 4-6    | 15:05 - 16:05 | 8       | 16      | Mr. Wray            | Sports Hall                 | This ECA is for those who have played badminton before and would like to develop their abilities and challenge themselves against others. The sport is active and exciting and develops teamwork alongside strategy and fitness.   |
| BISCON Enterprise Club                                       | Years 4 - 13 | 15:05 - 16:05 | 5       | 20      | Mr. Kelly           | S307                        | Interested in Business, Economics and Enterprise but not able to study it yet? Are you in KS4 or KS5 and would like to improve your leadership skills in this subject area? Then this is the ECA for you. Learn about, present, create and sell at the BIS cafe Queen Bean's the pop up shop area.   |
| Lego Construction  | Years 5-6    | 15:05 - 16:05 | 5       | 20      | Mrs. Crofts         | Year 6S P315                | This is a great opportunity to build and get creative with Lego. Come up with new designs and be challenged using this fantastic equipment.  |
| Year 5 & 6 International Competitions- Global Games/ FOBISIA | Years 5-6    | 15:05 - 16:05 | 40      | 50      | Ms. Allen           | Sports Hall & Primary Field | An opportunity to develop your Basketball, T-Ball, Football, Swimming and Athletics skills. There will be opportunities for some members to represent the school at the Global games in Cambodia and the FOBISIA games in Thailand throughout the year. This ECA will run throughout the year, on some occasions own transport would be needed as the timings may vary slightly.   |

| ACTIVITY NAME  | YEAR GROUPS             | TIME          | MIN No. | MAX No. | TEACHER       | LOCATION     | ACTIVITY DESCRIPTION   |
|--|-------------------------|---------------|---------|---------|---------------|--------------|--|
| Esperanto for Beginners  | Years 5-13              | 15:05 - 16:05 | 4       | 10      | Ms. Tran      | Primary P108 | How many languages can you speak? Do you know any manmade ones? Esperanto is that kind of language. Do not hesitate to register to get to know more about Esperanto and you also have a chance to listen to some sharing of a real Esperantist in Vietnam about how the language has changed her life. |
| Gardening BIS Coop ECA   | Years 6-9               | 15:05 - 16:05 | 6       | 13      | Ms. Greenwood | C214         | Exciting times in term one! Would you like to help hatch our very first chicks at BIS? Be green, be healthy by planting, nurturing and harvesting our very own fruits and vegetables to sell at the International fair   |
| Strategy Games   | Years 6-13              | 15:05 - 16:05 | 4       | 20      | Mr Schofield  | S316         | This ECA is for those that like to develop their teamwork, communication and problem-solving skills in a friendly and lively environment with peers from different age-groups.   |
| Running Club   | Years 6-13              | 15:05 - 16:05 | 4       | 12      | Mr. Witton    | Vinhomes     | Developing fitness through running. Timing the length of running a set distance and working to improve your speed, whatever your starting level.   |
| Parent Conversation Club (sign up by emailing Primary/ Secondary Office) | <b>FOR PARENTS ONLY</b> | 15:05 - 16:05 | 4       | 15      | Ms. Hull      | Library      | A conversation club for parents to come and practise English at school with a teacher and other members of the school community. We will discuss a range of topics including those related to school and education and other areas of interest (current affairs, culture, travel).                     |

# THURSDAY

| ACTIVITY NAME                             | YEAR GROUPS | TIME          | MIN No. | MAX No. | TEACHER                                | LOCATION                          | ACTIVITY DESCRIPTION  |
|---|-------------|---------------|---------|---------|--|-----------------------------------|---|
| KS1 Coding                                | Year 1      | 14:55 - 15:55 | 5       | 12      | Ms. Reilly                             | E206                              | Coding using iPads for Year 1 - a chance to develop basic coding skills with fun characters and visual images.  |
| International Club                        | Year 1      | 14:55 - 15:55 | 3       | 15      | Ms. Yusi                               | F1B Classroom (E118)              | Explore the different nationalities we have in school! Learn interesting facts about countries other than yours; play international games and cook local delicacies and experience first-hand how diverse the world we live in is. If we're lucky, we might have special guests joining us every week to talk about our chosen country. |
| Year 1 Juicing                            | Year 1      | 14:55 - 15:55 | 2       | 10      | Ms. Phuong Nguyen & Ms. Van Anh Nguyen | EYC Staffroom                     | It's a chance for the Y1 children group to learn how to make fruit based drinks such as smoothies and juices.   |
| Young Artists                             | Year 1      | 14:55 - 15:55 | 5       | 12      | Ms. Thao and Ms. Huong                 | EYC                               | Students can learn how to draw and paint using different mark-making tools. They will have chance to participate in various activities that cultivates drawing skills, develops hand-eye coordination, and encourages self-expression. Playful, colourful and totally hands-on, come and join us!                                       |
| Gymnastics Club<br><b>(Paid activity)</b> | Year 1      | 14:55 - 15:55 | 10      | 16      | GymKraft                               | EYC Multipurpose & Soft play room | This year we will be working with GymKraft, a gymnastics company from Singapore. Students will develop a range of technical skills including rolling and rotating, balancing and travelling in a challenging and safe environment. <b>Please note: Minimum number of children: 10 Total cost per student in Term 1b: 1,980,000 VND</b>  |
| Phase 2 Football                          | Years 2-4   | 15:05 - 16:05 | 10      | 15      | Mr. Brooke-Smith                       | Primary Field                     | This ECA is for those who have football experience and enjoy playing the game; there will be lots of drills and lots of matches.  |
| Trampolining                              | Years 2-4   | 15:05 - 16:05 | 6       | 12      | Ms. Upton                              | Sports Hall                       | This ECA is for Trampolining beginners looking to practise new skills. Enjoy learning a variety of different trampoline based skills and sequence the skills into a simple routine.   |
| Primary Mindfulness                       | Years 2-6   | 15:05 - 16:05 | 6       | 20      | Ms. Tong                               | C315                              | The club will allow children to practise focusing one's awareness on the present moment, while calmly acknowledging and accepting one's feelings, thoughts, and bodily sensations, used as a therapeutic technique.   |
| Fun games                                 | Years 2-6   | 15:05 - 16:05 | 8       | 30      | Ms. Hai                                | Hard court                        | These fun games will definitely enhance students' real-life interaction with peers and teach life skills.   |

| ACTIVITY NAME                            | YEAR GROUPS | TIME                | MIN No. | MAX No. | TEACHER                    | LOCATION                        | ACTIVITY DESCRIPTION  |
|--|-------------|---------------------|---------|---------|----------------------------|---------------------------------|---|
| Beginners Golf<br><b>(Paid activity)</b> | Years 2-6   | 15:05<br>-<br>16:05 | 8       | 15      | Mr. Bradley                | Hardcourt                       | An introduction to the fundamentals of Golf using the new SNAG programme (Starting New At Golf). Learn how to grip a club, how to swing effectively and have fun chipping and putting at a range of engaging targets.<br><b>Please note:</b><br><b>Minimum number of children: 8</b><br><b>Total cost per student in Term 1b: 1,626,000 VND</b> |
| Primary Choir                            | Years 3-6   | 12:55<br>-<br>13:25 | 5       | N/A     | Mrs. Carroll and Mrs. Ower | Music Room C323                 | Do you enjoy singing as part of a group? Come along and learn to sing well-known songs with the Primary Choir. You will also get the chance to take part in Live Lunches and other performances throughout the year.  |
| Origami Club                             | Years 3-6   | 15:05<br>-<br>16:05 | 2       | 12      | Mr. Clarke                 | P115                            | Come and relax while learning the art of paper folding. Use origami to practice and improve your concentration whilst keeping calm and mindful in a quiet setting.  |
| Basketball Club                          | Years 4-6   | 15:05<br>-<br>16:05 | 10      | 16      | Mr. Millis                 | Sports Hall/Hard Court          | An introduction to basketball and learning the basic skills. The sessions will focus on drills and game style activities before leading into full practice games.   |
| Vietnamese traditional games             | Years 4-6   | 15:05<br>-<br>16:05 | 2       | 12      | Ms. Dung and Ms. Lien      | P315                            | It's such a long time that Vietnamese traditional games (Ô ĂN QUAN, NHẢY DÂY, CHƠI TRẮC) are faded away. It would be a crime if you miss them. They are absolutely fantastic games! Come and join us!   |
| Drama Club                               | Years 5-6   | 15:05<br>-<br>16:05 | 5       | 20      | Miss Buckley               | P316                            | In this ECA, you will have the opportunity to perform, develop your speaking and listening skills and build your confidence. We will play improvisation games, learn scripts and acquire more knowledge about the performing arts.  |
| Table tennis                             | Years 5-8   | 15:05<br>-<br>16:05 | 12      | 20      | Mr. Callan                 | Sports Hall (table tennis area) | For both beginners and experienced players. An introduction to the sport, learning the basic skills and playing games against each other.   |
| Athletics                                | Years 5-11  | 15:05<br>-<br>16:05 | 8       | 20      | Mr. Vu                     | Secondary Field                 | Training all the different athletics events.  |
| Advanced swimming                        | Years 5-13  | 15:05<br>-<br>16:05 | 5       | 24      | Mr. Dempsey                | Swimming pool                   | Students need to be able to swim 3 strokes 25m minimum. This would be for swimming fitness.   |