



Extra-Curricular Activities

Academic Year 2016 to 2017 Term 2

Sign-up will be open from 4th January 2017 to 11th January 2017

ECAs will run from 20th January 2017 till 28th March 2017

Sports ECA (3pm -4pm)					
Activity	Day	Year group	Min Number	Max Number	Description
Athletics	Thursday	Year 4 – Year 12	10	40	For student who love to run, throw and jump. Come and improve a broad range of athletics skills and techniques over the major disciplines.
Basketball	Friday	Year 6 – Year 12	10	24	Please join our basketball group for some fun games. We will work on dribbling, shooting and match strategies.
Cosmic kids Yoga	Friday	Year 1 – Year 3	10	20	Cosmic Kids Yoga combines simple yoga routines with fun stories as you move through each adventure with the characters. This is beginners' yoga with a twist, both relaxing and active. Wear PE kit and a big smile.
DSE Specific Sports Skills*	Friday	Year 5 – Year 8	8	10	To improve gross motor skills and eye hand coordination. Suitable for students who have difficulties accessing mainstream ECA. Activities will include aiming, dribbling, catching, passing and throwing skills. These skills will eventually enable them to play invasion games/sports such football, basketball etc
DSE Yoga*	Thursday	Year 1 – Year 5	5	8	This is a Yoga ECA for children with additional learning needs, tailored to be developmentally appropriate on every level. A small number of children will be able to participate in specifically designed yoga sessions, targeting their specific movement and flexibility needs and delivered an accessible and engaging way.
Fitness Frenzy	Friday	Year 5 – Year 12	10	20	Fitness activities and circuit training for older students who are serious about keeping fit.
Football	Wednesday	Year 2 - Year 3	10	40	For players who are interested in developing their individual and team skills, as well as gaining knowledge and understanding in football. With emphasis on enjoyment and new "Let them play" concept.
	Friday	Year 4	10	40	
	Friday	Year 5 – Year 6	10	40	
	Thursday	Year 7 – Year 11	10	40	
Girls Football	Wednesday	Year 4 – Year 12	10	30	Girls only football available. Learn new skills and play fun games with your friends.
Girls Rugby	Wednesday	Year4 – Year 8	7	15	Girl's rugby will introduce you to the fundamental skills of touch rugby. Running, passing and dodging are key aspects in this fast paced exciting game. There is also the potential to represent the school in the girls touch rugby team.
Netball	Wednesday	Years 3 - Year 4	10	40	Whether you've played before or want to give Netball a go. Everyone is welcome to join the Netball ECA! Improve your individual skills & games in this fun and exciting way. There is also the potential to represent the school in the girl's netball team.
Yoga	Wednesday	Year 5 – Year 11	10	20	These classes will help you improve your posture, breathing and senses. Gain an opportunity to keep your body healthy and your mind clear. If you would like to further develop your yoga skills, come and join us!

*Places in these ECAs will be prioritised for children with additional learning needs within DSE

Music ECAs (3pm – 4pm)					
Activity	Day	Year group	Min Number	Max Number	Description
Singing Voices	Thursday	Year 2 – Year 5	10	40	All students who love their singing and who wish to develop skills and repertoire are warmly invited to join.
DSE Music Makers*	Friday	Year 2 – Year 6	5	10	Children will explore the sounds and patterns of many types of music. They will communicate through making music using different instruments. The children will learn songs with simple patterns to develop their speech and language skills. This ECA aims to build confidence and social skills.

*Places in these ECAs will be prioritised for children with additional learning needs within DSE

General ECAs (3pm -4pm)					
Activity	Day	Year group	Min Number	Max Number	Description
Aboriginal Art	Tuesday	Year 2 – Year 4	10	15	Aboriginal Art is a fantastic topic for children. They will learn a little about who the Australian Aboriginals are, their symbols and what and how they paint.
Art and Design	Friday	Year 4 – Year 6	10	20	To give students the opportunity to develop their design skills using different/mixed mediums. Let's explore line, texture, colour, shape and patterns in this exciting ECA.
Art: Grayson Perry inspired pots	Friday	Year 7 – Year 11	10	15	Students will learn about the work of Grayson Perry. They will also learn about the concepts that Perry uses in his work and they will use these to influence their own. They will create their own pot created from Papier Mache and decorate it with images, typography and photographs. There will be a cost of \$10 which needs to be paid at the 1st session.
Beading Fun	Friday	Year 2 – Year 4	10	20	Jewellery making is extremely fun, challenging and an affordable hobby. Students will get lot of hands-on experience with different types of material and beads. Think out of the box and get creative with us!! There will be a cost of \$10 which needs to be paid at the 1st session.
Book Club	Wednesday	Year 3 –Year 5	10	20	The ECA would involve book reviews, making your own comic book, story writing, and vocational activities such as promoting library skills to students.
Brain Teasers Club	Thursday	Year 2 - Year 4	10	20	This ECA offers different types of puzzles that are written or spoken and require mental reasoning to solve. It also involves praxis ability to develop spontaneity.
Chess Club	Friday	Year 3 - Year 11	10	30	Whether you are new to playing or a master come down and improve you're analytical and decision making skills.
Children's Craft & Film Club	Tuesday	Year 1 - Year 2	10	20	Are you creative? Do you love films? Then this is the ECA for you. We create a variety of art related to movies. This is a wonderful way to spend your afternoon.
Cookery Lite	Thursday	Year 4 - Year 5	10	15	This cookery ECA will focus on preparing healthy and balanced snacks, meals and desserts. Sessions will include taste testing and comparing processed foods to fresh foods, nutritional education, preparation, cooking or baking a variety of foods as well as food art and presentation. There will be a cost of \$35, which needs to be paid at the 1st session. Please note that this ECA is not be suitable for children with serious food allergies.

General ECAs (3pm -4pm)					
Activity	Day	Year group	Min Number	Max Number	Description
Digital Club	Thursday	Year 4 – Year 6	10	15	Come and learn how to write a script and make short films, information videos, news bulletins. You will learn how to make Prezi presentations using footage/photo's you have taken.
DSE * Construction	Wednesday	Year 3 – Year 5	5	10	This is a chance for DSE children to work on their social and communication skills through constructing models with Lego and blocks etc. Each week there will be a given theme and the children will be put into groups to construct something together in line with the topic. Each child will be given a specific role e.g. builder, designer or supplier and they have to rely on each other to get the job completed.
DSE Inclusive Team Challenge*	Thursday	Year 3 – Year 7	8	15	This ECA is for children who wish to work as a team to solve puzzles, to complete varied challenges together, including craft activities, and take part in some outdoor team games. This ECA welcomes children of all abilities, with a strong emphasis on teaching inclusivity. It will take place both inside and outside the classroom depending on the activity.
DSE Play Dough Art Therapy*	Tuesday	Year 2 – Year 3	5	10	Students in DSE will explore the art of play dough. Play dough play benefits the child's fine motor skills development, creativity and imagination, develops hand-eye co-ordination, social skills, literacy and numeracy development, promotes play and most of all it is calming and therapeutic. There will be a cost of \$15 which needs to be paid at the 1st session
Film Club	Thursday	Year 1 – Year 4	10	20	Investigate different children's films from around the world and explore a variety of different genres of films. Alongside this, children will have the opportunity to complete an activity based on the film.
Fun with Fimo	Friday	Year 2 – Year 3	10	20	We will make a selection of models, figurines, buttons, charms, jewellery and ornaments from a range of brightly coloured and glow in the dark polymer clay that you heat in the oven for it to go hard. There will be a cost of \$15 which needs to be paid at the 1st session.
Hama Beads	Tuesday	Year 2 – Year 4	10	16	Join our fun & creative club where we will create many beautiful designs from these magical beads! They can be used as gifts or to decorate your room at home.
Japanese Language for Beginners	Wednesday	Year 3 - Year 6	8	12	Introduction to Japanese language. Talk to your new Japanese friends by learning numbers, greetings, hobbies and days of the week.
Just Dance	Tuesday	Year 2 – Year 6	10	20	Love learning new moves whilst having fun with your friends? Everyone is welcome to enjoy the latest pop hits, developing coordination and fitness.

General ECAs (3pm -4pm)					
Activity	Day	Year group	Min Number	Max Number	Description
Lego	Thursday	Year 1 – Year 2	10	20	Come along to design and make buildings and landmarks from around the world. Suitable for all future architects! There will be a different building challenge each week ranging from famous buildings to animals from around the world!
Mandala Colouring	Friday	Year 3 - Year 6	10	20	Mandala is a Sanskrit word which loosely translates as circle. By focusing on a mandala and colouring, you allow your brain to calm. It is a wonderful way to relax and show your creativity.
Minecraft Club	Tuesday	Year 3 – Year 4	10	23	This ECA is for students that are interested in the Minecraft platform, both playing the game and developing new levels. Using Java, students will play head to head with each other, developing sections of code, and then playing the game with one-another. We will also look at game coding from different perspectives reviewing different consoles. Basically, an ECA for computer enthusiasts to learn Minecraft, play with tablets and develop apps. There will be a cost of \$15 which needs to be paid at the 1st session.
	Tuesday	Year 7 – Year 11	10	21	
	Friday	Year 5 – Year 6	10	21	
Mindfulness Colouring	Friday	Year 2 – Year 3	10	20	During this ECA students will colour in templates to create exquisite scenes full of intricate and sophisticated patterns. They will creatively and mindfully complete beautiful and vivid pictures. Take a few minutes out of your day to colour your way to a more peaceful and calm mind.
Radio club	Thursday	Year 4 - Year 11	6	10	Learn how to use the radio equipment and have fun creating radio programs that may even be aired to the whole school.
Robotics Club	Friday	Year 8 – Year 11	6	12	Do you like programming and problem solving? The Robotics Club will allow you to explore your ideas. You will have the opportunity to apply your sequential thinking skills while working to overcome technical challenges. You will be working collaboratively and applying technology to solve a range of problems and learn through experimentation and testing.
Secondary Mandarin Clinic	Wednesday	Year 7 – Year 11	6	12	This is a Secondary Language Club to engage the students for a variety of activities. This ECA will provide additional support for those who will join the school with no Mandarin experience. Furthermore, differentiated activities will be organised to cater those Mandarin native speaker if they are interested to join.
Sketching & Drawing	Tuesday	Year 4 – Year 6	10	40	Learning to draw objects/animals more accurately using various techniques. Add shading and gradual tints to make objects look 3D. Using colouring pencils to shade.
Skoolbo	Tuesday	Year 1 – Year 3	10	20	Using iPads, dive into the world of Skoolbo and practice your Numeracy and Literacy skills with friends. You need to know your Skoolbo login details for this club and bring them along on the first session.
Stained Glass Club	Friday	Year 3 –Year 6	10	24	Come and create your very own stained glass windows. You can hang them up at home and watch the sun shine through them to make pretty patterns on your wall. Sign up for Stained Glass club Now! There will be a cost of \$20 which needs to be paid at the 1st session.

General ECAs (3pm -4pm)					
Activity	Day	Year group	Min Number	Max Number	Description
Sewing Club	Thursday	Year 3 – Year 6	10	15	In the sewing club we'll be learning useful skills to sew beautiful creations. There will be a cost of \$10 which needs to be paid at the 1 st session.
Story time	Thursday	Year 1 –Year 3	10	20	Story time ECA will have a fun story for every session. It will be then followed by a fun activity related to the story analysing characters in the story and may re-enact it or draw the story out in picture format.
Story, Art and Craft	Tuesday	Year 1	10	20	Each week we read a different book, discuss the story and then completed and art and craft activity to do with the story.
Super Hero Art Club	Wednesday	Year 1 – Year 2	10	20	Do you love super heroes? Come and join us to develop sketching skills and techniques while having fun drawing your favourite super hero.

Paid ECA						
Activity	Day	Year group	Min Number	Max Number	Cost	Description
Advanced Race Car Engineering	Thursday	Year 2 – Year 4	10	45	\$280	Now that you have mastered the basics, get ready to take things to the next level! In this level 2 course, build and design your very own advanced twin shaft car. You'll learn advanced car design, electronic engineering and racing strategies. Yes, this time, we're putting you in the driver's seat. Think you've got what it takes? Sign up now! *The cost also covers material fee for the race car parts.
		Year 5 – Year 6	10	45	\$280	
Ballet	Wednesday	Year 2- Year 5	10	20	\$210	Perfect for beginners who would love to learn to move gracefully and energetically. Improves strength, balance and posture with friends under experienced guidance. Please note dance attire is additional.
Basic Race Car Engineering	Thursday	Year 2 – Year 4	10	45	\$280	Build and race your very own race car! Students will learn how to build, customize, and tune every part of their car wheels, motors and even the transmission for ultimate speed. They will discover how to use physics and engineering concepts to push the limits of what it means to go fast. During the last session they will take part in a championship race to prove once and for all, who is the fastest racer around. *Students will bring home their cars in the end of the course.
		Year 5 – Year 6	10	45	\$280	
Brush Lettering	Tuesday	Year 2 – Year 4	10	45	\$280	Brush lettering is an art of writing that can be easily picked up regardless of age. Come and join us as we learn a new craft together and to explore the world of possibilities with brush lettering. Discover your own unique style today! *Students will bring home their artworks and art tools in the end of the course.
		Year 5 – Year 6	10	45	\$280	

Paid ECA						
Activity	Day	Year group	Min Number	Max Number	Cost	Description
Chelsea Football Coaching	Tuesday	Year 1 – Year 3	10	30	\$200	Join the Chelsea ECA and receive excellent football coaching through fun games and activities. Improve your skills and you will have the opportunity to play for the local weekend Chelsea teams.
		Year 4 – Year 6	10	30	\$200	
Cricket	Thursday	Year 2 – Year 4	15	30	\$320	High-quality cricket coaching academy for girls and boys of all ages with the goal of promoting the game of cricket, healthy lifestyles and build character. Our objective is to have a positive impact and contribution to society by using cricket as a medium. Cost includes uniform.
		Year 5 – Year 6	15	30	\$320	
		Year 7 – Year 11	15	30	\$320	
DSE Lego Story Building*	Tuesday	Year 1 – Year 3	6	12	\$210	Using LEGO® bricks and SPECIALITY EDUCATION pieces, students will explore the creation of ideas and stories through play. Students will gain experience with creativity, problem-solving, fine-motor skills, abstraction, and learn how they can express their thoughts through physical objects. Each week, the students will learn about a different type of story (or will imagine their own story with ideas initiated by teacher), then use LEGO blocks to create their own story and in the end will demonstrate it to the fellow mates in the session.
Drama	Wednesday	Year 1-Year 3	10	20	\$288	We introduce students to a world of theatre and creativity, helping them to develop performance skills, theatre knowledge, teamwork, individual expression and confidence. All groups are led by experienced and highly trained drama teachers, with emphasis throughout on providing high quality workshops that our members enjoy.
		Year 4- Year 7	10	20	\$288	
French Basic Level 1	Wednesday	Year 2 – Year 6	10	20	\$200	This ECA is for students who have no prior knowledge of French. It aims to introduce students to basic vocabulary (including numbers, colours, school) and conversation skills (presentation, greetings) Learning will be done through games, songs, interactive and written activities. The ECA will also provide some insights into French culture.
French Basic Level 2	Wednesday	Year 2 – Year 6	10	20	\$200	This ECA is for students who have studied French before (Term 1 of ECA or previously). It aims to reinforce knowledge of the basic vocabulary (including numbers, colours and school) and introduce new topics (i.e. family, food, animals, clothing). Students will also develop further their understanding and conversation skills. Learning will be done through games, songs, interactive and written activities. The course will also provide some insights into the French culture.

*Places in these ECAs will be prioritised for children with additional learning needs within DSE

Paid ECA						
Activity	Day	Year group	Min Number	Max Number	Cost	Description
Fun in Aviation	Wednesday	Year 1 - Year 4	10	30	\$290	This ECA is a fun filled enrichment program that is aimed to inspire the aviators of the future. The program will educate basic principles of aerodynamics through scientific experiments, such as – flying the quadcopter and building and flying the hand glider. Every class consists of a theory and practical part. The cost include a mini drone for the student to keep.
		Year 5 - Year 8	10	30	\$290	
Fencing	Thursday	Year 5 – Year 8	10	18	\$230	This new ECA will teach the basic Fencing skills. All equipment will be provided.
Gym with Me	Tuesday/ Thursday	Year 1 – Year 4	10	30	\$240	An exciting Gymnastics club. Multiple trained coaches and some excellent new equipment to use.
Hip Hop Dance	Tuesday	Year 3- Year 5	10	25	\$100	Students will learn basic hip hop choreography and how these dance moves fit in with the music. They will develop a sense of rhythm and beat and will gain a better appreciation of this musical genre.
Judo Club	Friday	Year 1- Year 3	10	25	\$320	We are a group of Judo enthusiasts with rich experience in teaching Judo to both Students and adults. You can find information on us and our activities on www.thedojo.com.sg . There will be an additional \$100 to buy Judo uniform.
		Year 4 – Year 6	10	15	\$320	
Language art	Thursday	Year 2 – Year 5	6	12	\$210	During this hands-on Story Telling session, children naturally collaborate and develop speaking and listening skills as they build their stories and role play. Students will explore their creation of ideas and will learn how they can express their thoughts in simple and complex sentences in English language. This ECA is aimed at ESL students.
Mandarin Learning Fun Club	Tuesday	Year 1 – Year 2	10	16	\$180	This course is specially catered to students to learn Mandarin. The aim is to help them learn Mandarin in a fun and easy way. This includes stimulating stories, fun games, dynamic drama adventures, lively songs, rhymes and role play adventures. All the activities allow the students to explore the Chinese characters, sentences and cultures. It stimulate interest in Mandarin and help to build up their confidence to use Mandarin while having a lots of fun!
	Wednesday	Year 3 – Year 4	10	16	\$180	
	Friday	Year 5 – Year 6	10	16	\$180	

Paid ECA						
Activity	Day	Year group	Min Number	Max Number	Cost	Description
Rock Bands	Tuesday/ Friday	Year 5 – Year 11	5	6	\$130	Rock band ensembles are designed to allow aspiring bands to create their original music in a rock band setting with their friends or fellow aspiring musicians. These bands will be led by one of our peripatetic teachers, who will refine and rehearse bands to get to a level of performance standard at one of DCIS upcoming music events. It is suitable for music students with at least one year playing ability.
StratMax: Tactics Unveiled	Friday	Year 2 – Year 4	6	45	\$260	Become a master at strategy! Through a series of exciting team-based activities, discover the secrets of time-tested war principles and apply them to overcome difficult trials and challenges while having loads of fun with your friends.
		Year 5 – Year 6	6	45	\$260	Students will understand how to plan ahead, evaluate alternatives, use logic and creativity to make the best plans for success! (Psssst you can apply this for school projects!)
Tennis	Tuesday	Beginner Year 1 – Year 9	10	15	\$240	Tennis for Beginners who have played once or twice and are new to the game. We teach the basics of the game including the introduction to the different tennis strokes through an array of fun games and coordination drills.
	Wednesday	Intermediate Year 1 – Year 9	10	15	\$240	For Intermediate players who have 1 - 2 years of experience, and who have knowledge of the shot types but are now ready to start playing points. Players will learn more about moving around the court, shot preparation, putting their shots into point situations and consistency.
	Friday	Advanced Year 1 – Year 9	10	15	\$240	Tennis for Advanced Students who have been playing the game for over 2 years and know the fundamentals of the shot types as well as being able to rally with the coach and/or each other. More development will be on playing matches and increasing consistency as well as learning the different spin types

Offsite Paid ECA						
Activity	Day	Year group	Min Number	Max Number	Cost	Description
Junior Gym 3:30pm to 5:00pm	Wednesday	Year 3 –Year 5	10	20	\$360	Building fitness, strength and a greater understanding of the core gymnastic elements of each of the different gender-specific apparatus in The Yard's state of the art facility. Price includes coaching and transport to the Yard. Students to be picked up at the Yard Science Centre Rd, Jurong.
Parkour 3:30pm to 4:30pm	Wednesday	Year 3 –Year 5	5	10	\$330	Our FreestyleGym program combines acrobatic and gymnastics elements with the movement principles of parkour to give children a strong technical background to perform the latest Parkour skills in a soft and safe environment. Price includes coaching and transport to the Yard. Students to be picked up at the Yard Science Centre Rd, Jurong.
		Year 6 –Year 8	5	10	\$330	
Trampolining 3:30pm to 4:30pm	Wednesday	Year 3 –Year 5	5	8	\$330	Learn to bounce, flip and twist with our custom made trampolines, 16m trampoline track, trampettes and safety foam pits. Price includes coaching and transport to the Yard. Students to be picked up at the Yard Science Centre Rd, Jurong.
		Year 6 –Year 8	5	8	\$330	
		Year 6 –Year 8	5	10	\$330	

ECAs subject to change till sign-up.