



## Lunch Menu, week beginning 28<sup>th</sup> October 2019

	Monday	Tuesday	Wednesday	Thursday	Friday
Asian	Rice Congee Pork Dumpling Sauteed Cabbage	Spicy & Sour Soup Curry Chicken Sauteed Garlic Rape Rice	White Mushroom Soup Pork Stew Braised Tofu with Agarics and Bamboo Shoot Rice	Seaweed Cucumber & Egg Soup Steam Fish Braised Eggplant with Green Bean Rice	Red Bean Congee Sauteed Duck with Soy Sauce Sauteed Mushroom Rice
Western	Italian Style Vegetable Soup Grilled Duck with Rosemary Sauteed Tomato & Cauliflower Rice	Carrot Soup Beef Lasagne Corn Pasta	Mushroom Soup Cajun Roast Chicken Carrot Potato Gratin	Pumpkin Soup Hot Dog Corn	Corn Soup Chicken Stew Zucchini Roasted Pumpkin
Vegetarian	Sauteed Vegetable & Egg with Rice	Vegetable Lasagne	Spanish & Cheese Burrito	Cheese & Egg Bun	Egg Pancake
Sandwich	Sandwich Bar	Sandwich Bar	Sandwich Bar	Sandwich Bar	Sandwich Bar
Dessert		Banana Cake		Yellow Peach Cake	Juice
Salad	Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar
Fruit	Fruit	Fruit	Fruit	Fruit	Fruit
Yoghurt	Yoghurt	Yoghurt	Yoghurt	Yoghurt	Yoghurt