

Student & Parent Sport Handbook

2021-2022



**THE BRITISH SCHOOL
OF BEIJING, SHUNYI**
A NORD ANGLIA EDUCATION SCHOOL



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Sports at BSB 2018-2020

BSB Invites

- 2500+ Participants from BSB Shunyi & Beijing Schools
- U11/U10/U9/U8 BSB Football Invite
- U11/U10/U9/U8 BSB Handball Invite
- U11/U10/U9/U8 BSB T-ball Invite
- Y2 BSB Football Invite
- Y1 BSB Football Invite



Team Facts

- 110+ Teams
- 700+ registered players
- 300+ swimmers in AquaBears & Swim Fit ASA Programme
- NORD ANGLIA GLOBAL GAMES, China! 14 Team Events Throughout the year
- 450+ Fixtures in 13 Sports
- 110 house sport events



Championships

Nord Anglia Education Global Games/BSB Invite/ACAMIS/ISAC

- 1st Place: 14 Championships
- 2nd Place: 20 (Runner-ups)
- 3rd Place: 12
- Sportsmanship Award: 10



Sport Awards

300+ Plaques

- MVP
- MIP
- Coaches Choice & Players Player
- Overall Sportmen and Sportswomen of the Year
- Boys and Girls Swimmer of the year



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*Success is where
preparation and
opportunity meet.*

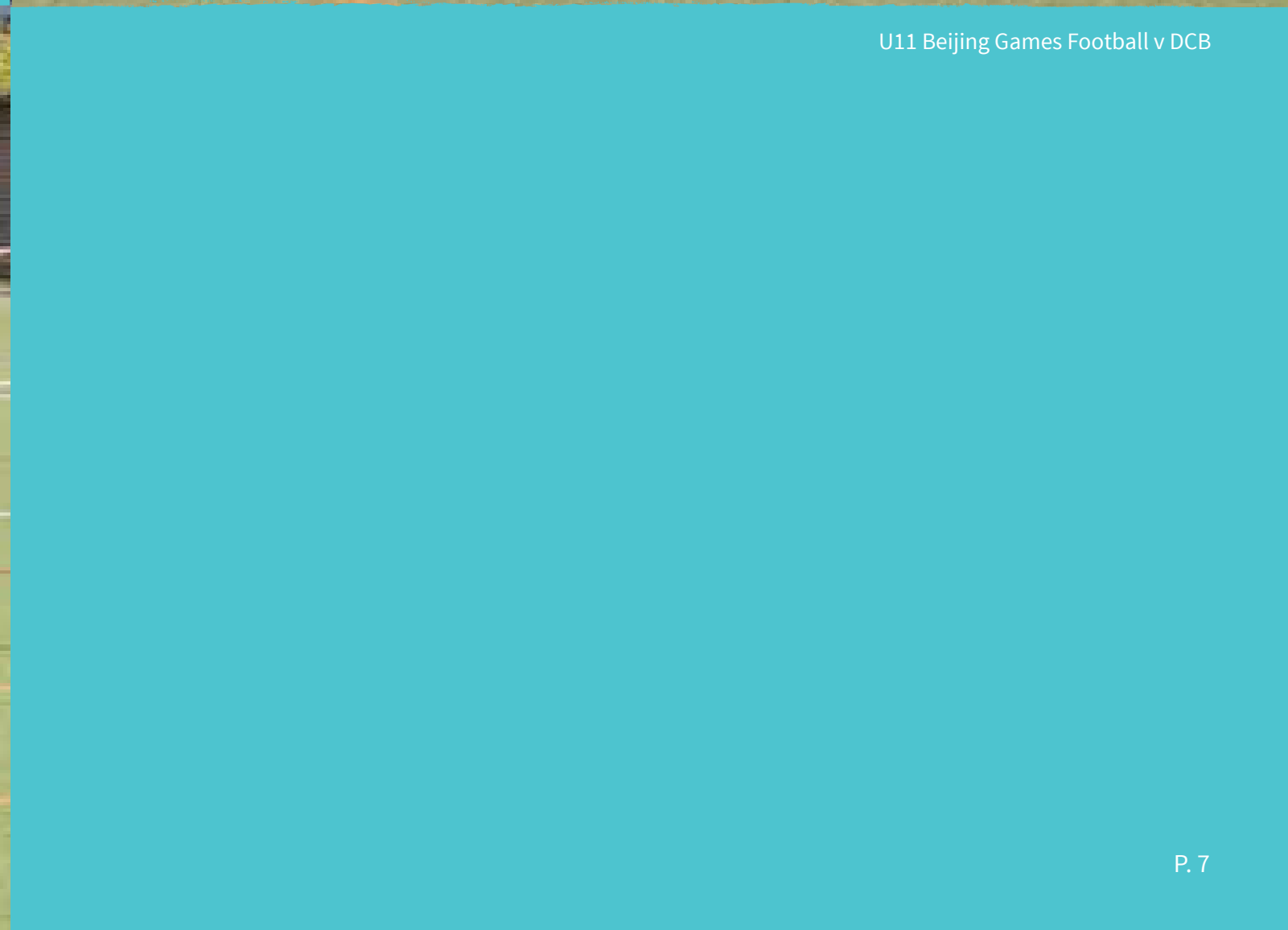




U19 Boys Varsity Football v DCB



U11 Beijing Games Football v DCB



Introduction

The BSB Sport program is inclusive; we feel that all students who wish to play sport can do so. We aim to provide a high quality programme that will strive to achieve excellence, skill development and help to foster a lifelong commitment to sport.

Our Beliefs

- Involvement in a variety of sports supports and extends the overall learning experience.
- Every student that expresses an interest in school sport deserves the chance to be involved.
- Participation in sports provides opportunities to develop important life skills including teamwork, time management, responsibility, leadership tolerance and personal integrity.

Core Values

We believe students should enjoy playing, improving skills in a range of sports, and to experience competition to develop:

Commitment

- Stay with the sport team for the entire season. Students that quit may not join a second sports team until the first team is no longer competing.
- Attend all training sessions as regularly scheduled.

Responsibility

- Promote behaviors that show responsibility for rules, opponents, officials and teammates.
- Ultimately it is the student's responsibility to maintain the best academic performance possible.

Leadership

- Empower students to make the right decisions.
- Become a positive role model.



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The House Sports Programme

All students, while attending BSB, participate are allocated a House when they join the school. At the end of a unit of study in line with the sports seasons and calendar, students have an opportunity to play each other through inter-house sport competitions. House Sport competitions are scheduled during PE lesson time as well as sometimes on a whole school basis.

Students at BSB, no matter if they choose to play for the school on one of the many sport teams or within the school's PE curriculum, get the chance to experience playing in a competition.

Our House sport competitions mean that everyone gets an opportunity to play competitive sport. The schedule for the whole year of House Sports is available online at www.bsbshunyisport.com. (90+ House Sport events scheduled in 2020-2021. Also available on our calendar.)



The results for 2020-2021 were:

	1 st Place	2 nd Place	3 rd Place	4 th Place
Primary	Romans 1140 points	Vikings 1080 points	Normans 980 points	Saxons 850 points
Secondary	Saxons 1300 points	Normans 1070 points	Romans 1060 points	Vikings 990 points



Sports Trips 2021-2022

(Dates and Prices to be confirmed). Due to the current situation and travel restriction some of these events may not take place. Nord Anglia Education and the school may take the decision not to send teams to events if the risk to students and staff is deemed to be too high.

Event	Host	Date	Approximate Cost
ACAMIS Volleyball	BSB	28th - 30th October 2021	1,500 RMB
ACAMIS Basketball	DAIS	20th – 23rd January 2022	7,000 RMB
ACAMIS Swimming (9-12yrs)	ISB	11th – 12th March 2022	1,200 RMB
U13 FOBISIA	Thailand	20th – 23rd March 2022	10,000 RMB
ACAMIS Swimming (13-19yrs)	SWIS (Shenzhen)	25th - 27th March 2022	7,5000 RMB
ACAMIS Football	NAISPD	21st – 24th April 2022	7,000 RMB
U11 FOBISIA	Thailand	29th May – 2nd June 2022	10,000 RMB



Inter-School Sports Programme

Profile

BSBSY has a proud tradition of sports teams regularly participating in Under 19, Under, Under 14, Under 13, Under 12, Under 11, Under 10, Under 9 and Under 8 age groups. BSBSY is a member of the Beijing and Tianjin International Schools Athletic Conference (ISAC), and Association of China and Mongolia International Schools (ACAMIS).

ISAC participating schools:

- | | | | |
|--------|---|--------|--------------------------------|
| • BCIS | Beijing City International School | • ISB | International School Beijing |
| • BIBA | Beijing International Bilingual Academy | • IST | International School Tianjin |
| • BIBS | Beijing International Bilingual School | • KEY | Keystone Academy |
| • BWYA | Beijing World Youth Academy | • TEDA | TEDA School |
| • CISB | Canadian International School | • TIS | Tianjin International School |
| • DCB | Dulwich College Beijing | • THIS | Tsinghua International School |
| • DSP | The German School of Beijing | • WAB | Western Academy Beijing |
| • HBJ | Harrow International School Beijing | • YCIS | Yew Chung International School |
| • HIS | Hope International School Beijing | | |

ACAMIS participating schools (Gold Division):

- DAIS Dalian American School
- HIS Hangzhou International School
- ISNS International School of Nanshan Shenzhen
- NAISPD Nord Anglia International School, Pudong, Shanghai
- XIS Xiamen International School

Policies, Procedures and Practical Information

Secondary students playing sports for the school can take the Secondary Late Bus which departs the school at 17:30 every Monday to Friday (on a few scheduled fixture days, the late bus departure might be delayed to no later than 18:00). Students who live in Shunyi will be dropped off at their residential compound and students who live downtown will be dropped off at designated drop-off points.

After some away fixtures, the school will provide buses to return students to BSB or to Wangjing Holiday Inn and BSB Sanlitun. Students returning by bus will need to be picked up or make their own way home from BSB, Wangjing Holiday Inn or BSB Sanlitun. During Saturday fixtures tournaments the school will provide two buses from BSB Sanlitun and WangJing Holiday Inn, students will be informed of their bus details prior to the event and it is the students responsibility to share this information with parents. Please bear in mind there will not always be a member of staff on these buses.

All fixtures and tournament details are published on SOCs and all students should check SOCs for fixture information. It is the student's responsibility to share this information with parents and let coaches know if they are unable to attend training, fixtures, or tournaments. Parents are advised to check SOCs for any last-minute changes before tournaments (<https://www.bsbshunyisport.com/>).

Year 6 students with parent/guardian permission will be allowed to take the Secondary Late Bus. Primary students will take their regular ASA bus home after training unless a school organised bus has been provided for days when ASA buses are not running.

It is the student's responsibility to sign up for the bus on SOCS if they require transport home after training. Fixtures and tournaments. Students are reminded to wear appropriate clothing for fixtures. Released time from class for Sports will be confirmed by the Sport Office in advance of fixtures and tournaments. Students are responsible for schoolwork that is missed and must catch up as soon as possible as determined by the teacher and/or the Head of Year in Secondary or Primary. During Saturday ISAC fixtures in Beijing/Tianjin students are expected to bring a packed lunch or some money to purchase food (around 50RMB).

Eligibility

All students must register to participate before the start of each season on SOCs (<https://www.socscms.com/socs/default.asp>)

Secondary

- Under 19 Yr10-Yr13
Born after 1st Sept 2001 and before 1st Sept 2007
- Under 15 Yr9-10
Born after 1st Sept 2005 and before 1st Sept 2008

- Under 14 Yr8-9
Born after 1st Sept 2007
- Under 13 Yr7-8
Born after 1st Sept 2008
- Under 12 Yr7
Born after 1st Sept 2009

Primary

- Under 11 Yr6
Born after 1st Sept 2010
- Under 10 Yr5
Born after 1st Sept 2011
- Under 9 Yr4
Born after 1st Sept 2012
- Under 8 Yr3
Born after 1st Sept 2013

The sports program at BSBSY is inclusive. However, selection may on occasion be necessary for ISAC, ACAMIS, FOBISIA and Aqua Bears squads.

Costs

ISAC sport events are free to student athletes. This does not include the cost of lunch and snacks. Students selected to play in ACAMIS and FOBISIA tournaments pay all lodging, transportation and tournament fees involved with their participation in the tournament. If international travel is required please ensure your child has the correct VISA and VALID travel documents required to travel.



Secondary Late Bus... Schedule

Time of Departure: 17:30 (18:00 at the latest)

Bus A

- All the Shunyi compounds except Dragon Bay, Rose & Ginko 顺义所有站点 (不含龙湾龙湖)
- Beijing Riviera (compounds)
 - Lane Bridge (compounds)
 - Orchid Garden (compounds)
 - Grand Hill (compounds)

Bus B

- B-1: Beijing Riviera Cross 香江路口
- B-2: Laiguangying Cross 来广营路口
- B-3: Wangjing Holiday Inn 望京智选
- B-4: Wangjing FuAn East Road Cross/ 望京阜安 东路路口
- B-5: JunWangFu Square 郡王府

Bus C

- C-1: Dragon Bay, Rose & Ginko/龙湾/龙湖
- C-2: Dongfeng North Bridge 东风北桥
- C-3: Yansha Bridge East 燕莎桥东
- C-4: Yansha Bridge West 燕莎桥西
- C-5: Sanlitun BSB Campus 三里屯校区
- C-6: Pizza Hut Dongzhimen 东直门必胜客

The Bus Monitor details are subject to change and an up- to- date copy can be found online at www.bsbshunyisport.com.

Core Sports Teams 2021-2022

		Season 1 23rd Aug – 30th Oct	Season 2 1st Nov –23rd Jan	Season 3 7th Feb – 24th Apr	Season 4 2nd May – 2nd Jun
Secondary	Under 19 Year 10 - 13	Volleyball Cross Country Table Tennis Swimming	Basketball Table Tennis Swimming	Football Badminton Swimming	No U19 Teams due to exams
	Under 14 Year 9	Football Badminton Baseball Cross Country Swimming	Volleyball Table Tennis Swimming	Basketball Table Tennis Swimming	Tennis Touch Rugby Netball Softball Swimming
	Under 13 Year 8	Football Badminton Baseball Cross Country Swimming	U13 FOBISIA Volleyball Table Tennis Swimming	U13 FOBISIA Basketball Table Tennis Swimming	Tennis Rugby Netball Softball Swimming
	Under 12 Year 7	Football Badminton Baseball Cross Country Swimming	U13 FOBISIA Mini Volleyball Table Table Tennis Swimming	U13 FOBISIA Basketball Table Tennis Swimming	Tennis Rugby Netball Softball Swimming
Primary	Under 11 Year 6	Football Cross Country Table Tennis Swimming	Handball Table Tennis Mini Volleyball Swimming	Badminton Tee-ball Swimming	U11 FOBISIA Sports Day Swimming
	Under 10 Year 5	Football Cross Country Table Tennis Swimming	Handball Table Tennis Swimming	Badminton Tee-ball Swimming	U11 FOBISIA Sports Day Swimming
	Under 9 Year 4	Football Cross Country Swimming	Handball Swimming	Tee-ball Swimming	Sports Day Swimming
	Under 8 Year 3	Football Cross Country Swimming	Handball Swimming	Tee-ball Swimming	Sports Day Swimming
	Under 7 Year 2	Football Gymnastics	Gymnastics		
	Under 6 Year 1	Football Gymnastics	Gymnastics		

Sport Formats

U19 Teams	ISAC League fixtures and an ISAC Saturday end of season tournament; ACAMIS is a three day tournament.
U14 D1 Teams	ISAC League fixtures and an ISAC Saturday exchange & end of season tournament.
U14 D3 Teams	ISAC League fixtures and an ISAC Saturday exchange & end of season tournament.
U12 Teams	ISAC League fixtures and an ISAC Saturday exchange & end of season tournament.
U11/10 Teams	BSB Invitational and an ISAC Saturday end of season tournament.
U9/U8 Teams	BSB Invitational and in some seasons, an ISAC Saturday end of season tournament.
Aqua Bears	ISAC, ACAMIS, and BSB Invitational throughout the year.
U13 FOBISIA	A three day multisport competition in athletics, swimming, football and basketball.
U11 FOBISIA	A three day multisport competition in athletics, swimming, football and tee-ball.

Season training schedules and fixtures are published on the sports school website www.bsbshunyisport.com



Training Overview

All Groups	After School
U19	Monday & Wednesday or Wednesday & Friday (Please check SOC's)
U14 (D1) / U14 (D3) / U12	Monday & Thursday
U11 /U10/U9/U8/U7	Tuesday, Wednesday or Thursday (Please check SOC's)
Aqua Bears Swim Team / Mini Bears Squad	See the Aqua Bears Section

All students who want to represent the Bears for any sports must train in school with the squad. It is understood that students involved in swimming may have a commitment to a club training program outside of school. In these cases, parents of the swimmer should contact the Head of Aquatics / Sports Office to establish a modified school training plan.

Students who play for teams outside of school are expected to represent school if there are schedule conflicts. Parents are asked to consider this before agreeing to have their child participate in a BSB sports program. Parents should contact the Sports Office as soon as they are aware of any conflict; absences and outcomes will be reviewed and determined on a case-by-case basis.

Injury

While every care will be taken to ensure the safety of all students that participate in sports programs at BSB, participation in sports carries inherent risks and accidents are inevitable. All BSB staff are equipped to administer basic first aid / CPR and the school nurse will be available on site during the school day as well as weekend tournaments / fixtures. In the event of a serious emergency, the nurse or coach in charge will assess the situation and determine the best course of action. It is the parent’s responsibility to ensure that their child(ren) have Health Insurance Coverage. **BSBSY will not assume any liability for injuries related to sport events. Parents are ultimately responsible to pay all costs associated with medical treatment for their children.**

Sports Facility Use

Equipment and facilities should only be used when supervised by an appropriate qualified adult; those choosing not to abide by these rules do so at their own risk. Students using sports facilities (indoor or outdoor) must be appropriately dressed, including proper footwear.

Team Uniforms

Athletes will be provided a team uniform (Some teams will wear BSBSY PE kit). Players will need to bring their own sports footwear and sports socks. Uniforms are distributed before the team’s first scheduled fixture. Upon finishing the season, players are required to return their uniforms to their coach(es). Athletes receiving a school provided uniform if they fail to return this uniform will be charged a replacement fee of **1000 RMB per uniform**. Aqua Bear team members are expected to purchase the mandatory Aqua Bear team t-shirt, swim hat and swim bag. Additional team clothing will be available to purchase during the year. Students may compete in their own FINA or other competitive racing suit and wear the school team cap at all swim meets.

Bear Parents Club

The Bears Parents works closely with the Sports Department. The Bears Parents Club’s purpose is to support the Sports programme by helping to promote student participation, facilitate communication between the Sport Office and the parents and to build spirit.

All parents of student athletes are automatically members of the Bears Parents Club and should expect to be actively involved in supporting the Sports programme.

The Bears Parents Club meets before the start of each sport season and at the end of the academic year. If you are interested to get more involved in BSBSY Sports, contact sport@britishschool.org.cn or drop by the Sports Office C208 anytime.

Sports Awards

Awards are given for active participation in the sports program. Awards are made on the recommendation of coaching staff and, on occasions, by the players. Athletes must successfully complete the season to be considered.

End of Season (Given in Secondary/Primary Assemblies)

ISAC Sports Awards / FOBISIA or equivalent event Awards (Refer to BSB’s Sports Wall of Fame and Sports Award Winners Wall)

- **U19 Teams:** Most Valuable Player, Most Improved Player, Coaches Choice (Players Player) - volleyball, basketball, football, swimming, baseball, cross-country, badminton, table tennis, softball, rugby, netball and tennis
- **U14 (D1) / U14 (D3) / U12 Teams:** Most Valuable Player, Most Improved Player, Coaches Choice (Players Player), - football, volleyball, basketball, swimming, baseball, cross-country, badminton, table tennis, rugby, netball, softball, and tennis
- **U11 / U10 / U9 / U8 Teams:** Most Valuable Player, Most Improved Player, Coaches Choice (Players Player) - football, handball, t-ball, swimming, cross-county, athletics, table tennis and badminton.

End of Year

- U19 Sportsman / Sportswoman of the Year
- U14 Sportsman / Sportswoman of the Year
- U11 Sportsman / Sportswoman of the Year
- U9 Sportsman / Sportswoman of the Year
- Swimmer of the Year Secondary Boys / Girls
- Swimmer of the Year Primary Boys / Girls
- Swimmer of the Year Mini Bears Boys / Girls

To be eligible, athletes must have successfully completed a minimum of two seasons during the year. These awards are presented at the **Sports Awards Evening & BBQ scheduled on Thursday 9th June 2022 at 6 - 8pm @ BSBSY.**

Student Checklist

At the start of the academic year, or before the start of your season students wishing to participate will need to do the following:

1. Sign up online at: <http://www.bsbshunysisport.com> . By signing up online you are committing to attend all training to attend all training sessions and the Saturday ISAC tournaments at the end of each season.
2. Review the **Players’ Code & Agreement**. (copies are located in the Sports Office)
3. Season 1 sports begin tryouts and training **on the week beginning 6th September 2021.**

Season 1 Sport Start dates

Monday 6th September	U19 Volleyball
Monday 6th September	U14/U13/U12 Football
Wednesday 8th September	AquaBear Swimming Gold Squad
Friday 10th September	U16 Baseball
Monday 13th September	Aqua Bears Swimming Silver / Bronze Squads
Tuesday 14th September	U14/U13/U12 Badminton
Tuesday 14th September	Mini Bears Year 3 & Year 4 Swimming
Tuesday 14th September	U11/U10 Football
Wednesday 15th September	U9/U8/U7 Football
	Primary Swim Fit
Wednesday 15th September	U19/U14 Table Tennis
	U19/U14 Cross Country
Thursday 16th September	U11/U9 Cross Country
	U11 Table Tennis

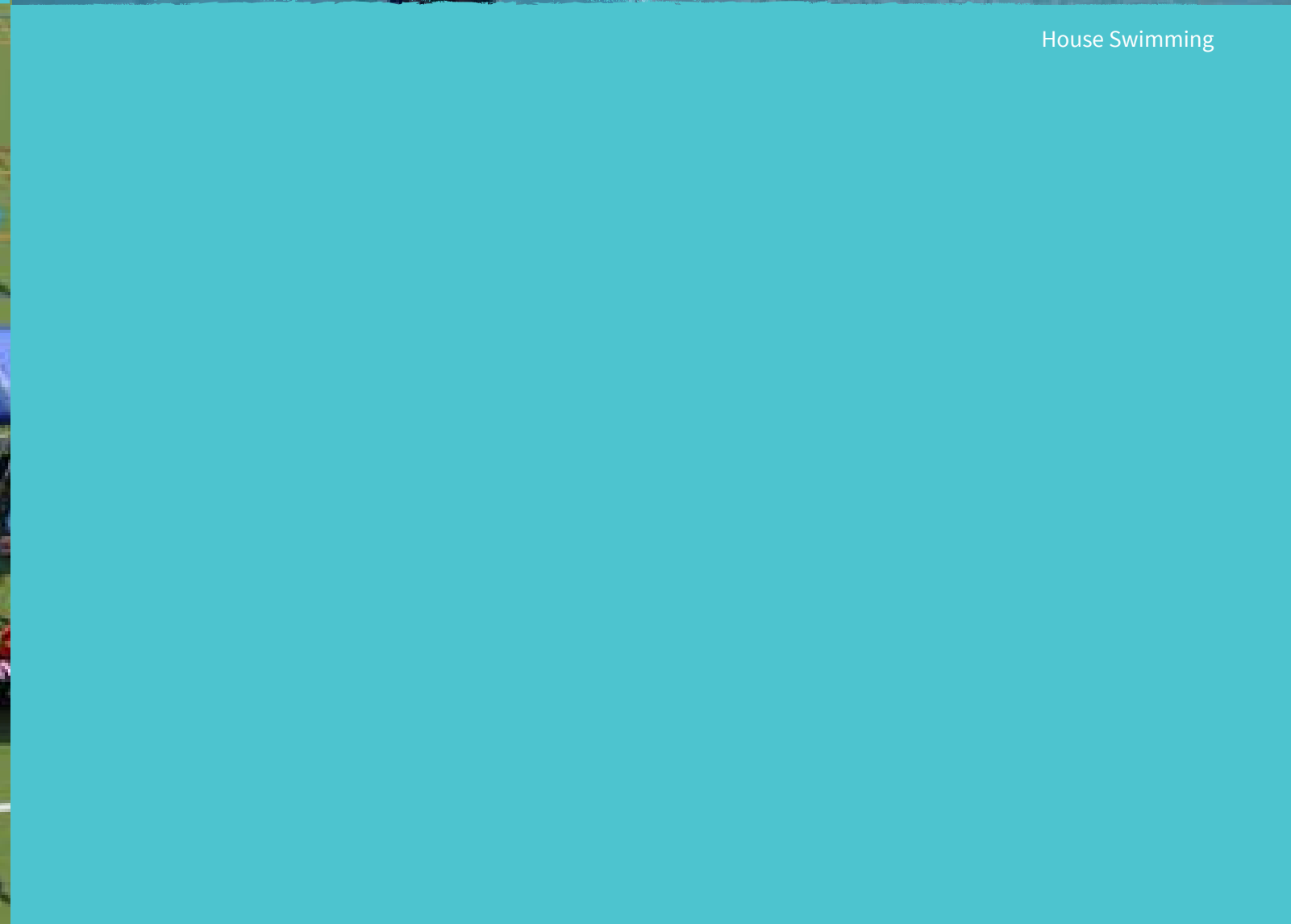
All information on training days, fixtures, teams, house events and competitions can be found here: www.bsbshunysisport.com



Secondary Sports Day



House Swimming



Aqua Bears Swim Team



The Aqua Bears is the competitive swimming team for BSBSY. Swim meets are held both locally in Beijing, around China and internationally, for all ability ranges in the team. The main competitions for the year include SAS / ISB Invitational & ISAC U10 and 11+ (Term 1), Senior ACAMIS and ISB All Stars (Term 2) and Junior ACAMIS (Term 2). Internal swim events and ability appropriate local meets also make up the competition calendar.

The Aqua Bears competitive programme is open to all BSBSY students who have a good basic stroke technique in all four main strokes, can demonstrate a racing start and have stroke appropriate turn skills.

Some meets during the year have specific qualifying standards and are only appropriate for the higher-level squad swimmers. The BSB internal meets and other local school meets are great opportunities to gain multi stroke and distance times, as well as hone racing skills required to progress to the higher-level meets. BSB internal meets are free to enter but other swim meets will incur an entry fee, levied by the hosting school or club.

	Gold Squad	Silver Squad	Bronze Squad	Mini Bears
100 IM	Under 1.30	Under 1.50	1.50– 2.30	3 main strokes and developing butterfly
Recommended Training Per Week	4+	2 - 3	1 - 2	1 - 2



Aqua Bears Primary Swim Team BSBSY 2020-21



Aqua Bears Secondary Swim Team BSBSY 2020-21

A 100IM time trial will be conducted as the main selection criteria from Year 5, but the Head of Aquatics can also use start of year swimming times as a guide to invite students to the programme.

For the academic year 2021-2022, squad members will be assigned a training group. Year 3 and 4 students will be Mini Bears, with Year 5 -Year 13 students assigned to Gold, Silver or Bronze Squads. These will be selected from a student's ability from previous season performances and ongoing competitive performances and development.

The table on the left gives a selection guide based on the 100IM, and the number of recommended training sessions per week for each group.

The Head of Aquatics will inform parents which squad their child has been allocated. Students can move through the squads during the year and the gifted and talented Mini Bears may be asked to train with the Bronze Bears group as appropriate.

If a student is a member of a Beijing Swimming Club parents should contact The Head of Aquatics to arrange suitable training sessions with the school team. A student cannot be selected for, or swim for the school team if they are not attending at least 1 school training session on a weekly basis. The Aqua Bears competitive programme is open throughout the academic year and parents should contact the Head of Aquatics Richard Thorp at to arrange

and discuss a trial. Parents of competitive swimmers currently attending BSB Sanlitun can also contact Mr Richard Thorp for further details on BSB competitive opportunities. Email: richard.thorp@britishschool.org.cn

Parents should also refer to the separate BSB AquaBears Swimming handbook for more detailed information on swim meets, selection, awards, team kit and volunteering opportunities. Further information on the AquaBears programme will also be communicated by the Head of Aquatics to parents via seesaw, school post email, or via the Microsoft TEAMS platform to students.

Aqua Bears Swim Team - Weekly Training Schedule

Below is an example of the training sessions available to squad members, an up-to-date version will be sent out by the Head of Aquatics at the beginning of each school year with the Aqua Bears Swim Calendar for 2021-22. Some sessions may be cancelled due to swim meets or other pool issues, if a session is cancelled the Head of Aquatics will give at least 24hrs notice.

	7 - 8am	3:30 - 4:30pm	3:30-5:15pm	Pool Time
Monday	Aqua Bears (Yr. 5 - Yr. 13) RT	Mini Bears (3:30 - 4:45pm) (Yr. 3/4) SL, SQ	Aqua Bears Gold / Silver / Bronze (Yr. 5 - Yr. 13) RT + Coach	External Swim Clubs 5.30pm – 8.00pm
Tuesday		Mini Bears (Year 3/4) SQ/SL	Aqua Bears Gold / Silver / Bronze (Yr. 5 - Yr. 13) RT + Coach	External Swim Clubs 5.30pm – 8.00pm
Wednesday	Aqua Bears (Yr. 5 - Yr. 13) RT	Mini Bears (Yr. 3/4) RT	Primary Swim fit ASA (Yrs. 3, 4, 5, 6) SQ, SL+2	External Swim Clubs 5.30pm – 8.00pm
Thursday		Mini Bears (Year 3/4) SQ, SL	Aqua Bears Gold / Silver / Bronze (Yr. 5 - Yr. 13) RT + Coach	External Swim Clubs 5.30pm – 8.00pm
Friday	Aqua Bears Gold / Silver Squad only RT		Aqua Bears Gold / Silver Squad only RT + Coach	External Swim Clubs 5.30pm – 8.00pm
Saturday	8 – 10am Aqua Bears (Yr. 5 + above) 1 Hr. landwork, 1 Hr. swim RT			External Swim Clubs 10.30pm – 6.00pm

Coaches' initials are in **red** in the table.

Coaches for Team 2021-2022

Richard Thorp (RT)	Aqua Bears & Mini Bears, Aqua Bears Early Morning Training, Head Swim Coach, UK Club Coach Level 1 & 2/ NARSTC / EFR
Sid Qui (SQ)	Swim Fit & Mini Bears, Swim TA, Certified Swim Teacher/ Aus swim / EFR
Shane Li (SL)	Swim Fit & Mini Bears, Swim TA, Certified Swim Teacher/ Aus swim / EFR
Amanda Thorp (AT)	ASA Swim Coach , UK Club Coach Level 1 and 2
Addiional coaching supported by SOYO and Firepower Swim Clubs if possible	

This is a guide and may change as the year progresses, please check <http://www.bsbshunyisport.com> for up to date details or contact the Head of Aquatics richard.thorp@britishschool.org.cn.

FOBISIA

Participation

Students wanting to be considered for selection must be eligible and already actively involved in the BSBSY sports program. Information regarding the sign-ups, training and deadlines are available from the Sports Department, on the school website WWW.BSBSHUNYISPORT.COM and will be published in the newsletters.

New Students

New students who are interested in joining the teams should speak to the Sports Department for further information. All students are welcome to try out.

Eligibility

- U13 (must born after 1st August 2009)
- U11 (must be born after 1st August 2011)

Team Sizes

Each squad is a maximum of 12 boys and 12 girls.

Costs

Selected students are responsible for their own participation fee and associated travel costs. The participation fee covers costs for venues, officials, medals and trophies, meals, snacks and drinks during the Games. Parents that wish to travel to support their child(ren) are responsible for their own costs.

Travel

Attendance at individual Games will involve travel in China. It is the parents' responsibility to ensure that their child(ren)'s passport is up to date and they can travel in China. Travel bookings for squads will be made by the Sports Department using the most cost-effective means of transportation. Team members must travel to and from the host country with the team. BSB assumes no liability and no refunds will be granted for students based on issues with their travel documents.

Parents MUST ensure YOUR child has the correct VISA and travel documents required to travel.

Selection Process

All students are welcome to try out for the team. The Multi-Sport squads are competitive, and try-outs are organised in order to determine which students are best suited to the multi-sport format. The school will consider sporting performance for all school teams, prior experience, attitude and behaviour in lessons when considering students. Teachers will also use a series of athletic and sports specific tests to aid in the selection process. An example of some of the tests that may be used can be found in the appendices. The school may also use other tests to determine eligibility.

Try-outs will assess:

1. Athletics (Appendix A)
2. Swimming ability assessed by stroke, distance, and time.
3. Football ability (Appendix B)
4. Basketball (Appendix C)

Successful student's parents will be contacted to confirm their desire to have their child(ren) included as part of the squad before team lists are published. An initial non-refundable deposit is required to confirm all students on selected Multi-Sport teams once try-outs selections have been announced.

Event Entries

Athletics and swimming are an integral part of the Multi-Sport and event entries are limited. While strong individual athletes and swimmers are given a priority, all squad members should maintain a positive attitude and try to take part in all events if possible. All students will be placed in at least one event in each of the competitions where they are strong. All athletes and swimmers are expected to do their best in each event they are entered. At U13, Primary levels these are team competitions; every athlete and swimmer that finishes an event will score valuable points for their team.



U13 FOBISIA

Selection

Players must submit a registration form and commit to the training schedule listed below. Priority will be given to students who have represented the school in football, basketball, athletics and swimming. It is essential for students to have represented the school at U13 level in ISAC sports and these students will be looked upon favorably during the selection process.

- The selection process for U13 will take place during December 2019, with the Squad announced the week of 9th December 2019.

Training Schedule (TBC)

An example of a training schedule is below; schedules will be confirmed at a later date.

U13 Squads

Monday 3.45 - 5.15pm	Football
Tuesday 3.45 - 5.15pm	Swimming
Wednesday 3.45 - 5.15pm	Basketball
Friday 3.45 - 5.15pm	Athletics
Monday - Friday Lunchtime	Basketball

Athletics Events

Two athletes, A and B, may enter each event. 'A' will be the stronger athlete. Athletes may enter a maximum of 5 events; 3 track / 2 field or 3 field / 2 track (relays count as one track event)

Track	Field
100m	High Jump
200m	Long Jump
400m	Triple Jump with 6m Run-up
400m	Discus
800m	Shot
1500m	Javelin
4x100m Relay	

Basketball and Football Formats

Football – FIFA regulation with exception to 7-a-side, half a full size pitch, games approximately 2 x 12 minutes per half.

Basketball – FIBA regulations with exception to approximately 4 x 7 minutes per quarter.

Swimming Events

The competition is organised as a short course meet using a 25m pool. Two swimmers, A and B, may enter each event. 'A' will be the stronger swimmer. Swimmers may enter a maximum of 5 events including relays.

Programme of events will be from the following strokes and distances
Programme of events will be from the following strokes and distances

25m / 50m / 100m Freestyle
25m / 50m / 100m Breaststroke
25m / 50m / 100m Backstroke
25m / 50m Butterfly
100m / 200m Individual Medley (A race Only)
100m / 200m freestyle Relay
100m / 200m medley relay

U11 FOBISIA

Selection

The selection process starts at the beginning of Season 3. Interested students will have already played football in Season 1 and swimming regularly. All sessions are open to all eligible students. Try-outs will be held as part of these sessions towards the end of Season 3 in order to finalise the squad. Season 4 training will be exclusively for the Multi-Sport squad and athletes on reserve only.

Training Schedule (TBC)

An example of a training schedule is below; schedules will be confirmed at a later date. School transport is provided for all sessions.

Tuesday 3.30 - 4.30pm	Football/ Athletics/ Tee-ball
Wednesday 7.00 - 8.00am	Swimming
Wednesday 3.30 - 4.30pm	Swimming
Thursday 3.30 - 4.30pm	Football/ Athletics/ Tee-ball

Athletics Meet (half day)

Boys and girls compete separately except for the shuttle relay. In all individual events schools may enter two athletes, A and B; A is the stronger athlete. Athletes may enter a maximum of five (5) and a minimum of two (2) events including the shuttle relay.

Swimming Events (half day)

Boys and girls compete separately except for the tire relay. In all individual events schools may enter two swimmers, A and B; 'A' is the stronger swimmer. Swimmers may enter a maximum of 5 events.

Football Tournament (whole day)

Boys and girls play separately. Games are 7-a-side with unlimited substitutions. Matches are normally 15 minutes one way. Pitch sizes and playing times are modified to be age-appropriate.

T-ball Tournament (whole day)

This is a mixed competition with boys and girls playing together. A game will consist of two innings. Usually the game is played with 12 fielders (6 boys and 6 girls) and 12 batters. Batters are organised in a girl-boy sequence.



Back Row: Alesia Ngodeti, Tiger Zhou, Daniel Kwon, Brad Kim, Jerry Zhang, Christopher Kijani, Valentin Kammmerer, Nils Kofler, Lukas Edenhartner, Alexander Heng
Front Row: Hayma Wang, Tiffany Ma, Malinda Pado, Mar de Castro Romero, Anastasia Amundtshill, Maria Emily Shono, Candice Wright, Amy Yu, Mary Sun, Lily King

Beijing Games 2021 Year 5 Boys and Girls



Back Row: Christopher Lin, Giovanni Kim, Tyler Adams Brown, Malen Sutton, Dominic Blingham, Alesha Ngodeti
Front Row: Edy Vilmar, Pablo Mendez, Julia Vilmar, Tyhai Ngodeti, Antonio Antonio
Missing: Chris (Dagmari) Kim

U19 ACAMIS Football Boys 2021 - 2nd Place



Back Row: Jason Sun, Stanley Zhang, Lawrence F. Sun, Hanna Tinsu, Leonardo Baeza, Vincent Schen, Lasse Stabenow, Han Buchsmüller, Yusein Malik, William Wang
Front Row: Alesia Kim, Kory Brubel, Norrey Park, Isabel Salazar Hu, Andien Thompson, Elise Rancourt, Anna Kim, Chloe Chu, Yusein El-Aghach Cheurou, Vance Pentland Smith

Beijing Games 2021 Year 6 Boys and Girls



Back Row: Jennifer Bourne, Nika Yyali, Eliza Boffin, Lucy Carroll
Front Row: Lisa Palaschka, Maxima Sutton, Anna Limasara Irisingam, Malia Vasson
Missing: Jenny Fu, Carla Pado, Amanda Williams

U19 ACAMIS Football Girls 2021 - 4th Place

FOBISIA Student Handbook Appendix A:

Athletics Assessment

1. Each student will have the opportunity to throw the discus, javelin and shot put with measurements taken for each throw.
2. Each student will have the opportunity to complete the long jump, high jump and triple jump with measurements taken for each jump.
3. Each student will complete the 100m and the MSFT.

FOBISIA Student Handbook Appendix B:

Football Skills Assessment

- U11s use a size 4 football.
- U13s use a size 4 football.

Students will be assessed in a game situation, they should have played football in Season 1, attended the BSB invites (primary only), and ideally played in the ISAC teams and the FOBISIA teams.

FOBISIA Student Handbook Appendix C:

Basketball Assessment

- U13 Girls and U13 Boys use a size 6 basketball.

Lay-Ups	-The assessment uses half a court. -The player being assessed has to score as many lay-ups as possible at alternative ends of the court in 1min. The number of lay ups complete in 1min is recorded.
Free Throw	-Players have 5 shots from the free-throw line to score as many baskets as they can. Players must not cross the free-throw line until the ball has touched the ring as per FIBA regulations.
Game Situation	-Players will be assessed in a game situation.

FOBISIA Student Handbook Appendix D:

Tee-ball Assessment

- Students will be assessed in game situations during Season 3 T-Ball practice, it is important students attend the T-Ball ASA.

Batting

- Students have four attempts to hit the ball as far as they can, the furthest distance (in meters) is recorded.
- The assessor will record whether the strike was hit high and far or whether it was a grounder (hard or soft strike).
- The hitter will receive the following instructions:
‘You will have four attempts to hit the ball as far as you can. You longest hit will be measured and the distance recorded. You may adjust the tee before your first hit. You must keep your back foot still but may step in with your front as you move to hit the ball. When you are ready you may start. Good luck!’

Throwing

- Students have four attempts to throw the ball as far as they can; the furthest distance (in meters) is recorded.
- Throw in a straight line within a designated area.

Sports Award Evening 10th June, 2021

Sportsman & Sportswoman
of the Year 2020-2021



Sportsman & Sportswoman of the Year 2020-2021



U9 Sportsman – **Arnaud Back**
U9 Sportswoman – **Cassie Shen**



U11 Sportsman – **Vincent Scherr**
U11 Sportswoman – **MinHee Park**



U14 Sportsman – **Louis Dreher**
U14 Sportswoman – **Carla Pavic**



U19 Sportsman – **Tyler Adams Brown**
U19 Sportswoman – **Jenny Fu**

Sports Award Evening 10th June, 2021

Swimmer of the Year 2021

Swimmer of the Year 2020-2021

Mini:

Girls - Sophie Fahner
Boys- Yibo Sun



Primary:

Girls - Irina Salazar-Hu
Boys- Aiden Li



Secondary:

Girls - Emilia Thorp
Boys- James Thorp



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