



BRITISH INTERNATIONAL SCHOOL
HANOI

A NORD ANGLIA EDUCATION SCHOOL

Extracurricular Activities

Primary (Years 1-6)

Term 1a
2018-19



Dear Parents,

Extracurricular Activities (ECAs) in Term 1a will start on **Monday 17th September 2018**. The activities will run through until **Thursday 18th October 2018**. This is shorter than in previous years to give us more flexibility in arranging the ECA programme. Students will have an opportunity to sign up to different ECAs which will run in the second half of this term. Extracurricular activities provide a great opportunity for your child to take part in an activity that falls outside the realm of the normal curriculum. Your child can explore their physical, creative, social or political domains and share diverse interests with like-minded students, perhaps in a different subject area or different key stage.

Students will be asked for multiple preferences although they will be allocated to one, two or three activities only. Not all activities are available to all year groups, please see the descriptions in the brochure. Information on paid activities can also be found within the brochure. This year, the sign up process will change slightly to ensure all students are granted a place on either their first, second or third choice of preference, please see the application guidelines below for detailed instructions.

Mr. Edward Westropp
ECA Programme Coordinator

Application guidelines:

- All activities (free and paid) need to be selected online via **CHQ**.
- You will be able to register your child for 1 activity during ‘**sign-up period 1**’, which will be from **Thursday 30th August at 9.00am 2018 until Friday 31st August 2018 at 5.00pm**. You will be able to make multiple choices but at this stage you will only be accepted a place on 1 activity only. You will then be able to register your child for another 1 activity if you wish to do so during ‘**sign up period 2**’ which will be from **Saturday 1st September 2018 at 9.00am until Sunday 2nd September 2018 at 5.00pm**. Finally, you will be able to register your child for a third activity if you wish to do so during ‘**sign up period 3**’ which will be from **Monday 3rd September 2018 at 9.00am until Tuesday 4th September at 5.00pm**.
- After **Tuesday 4th September 2018 at 5.00pm**, students who have signed up for an activity must commit to it for the whole of the first half of the term. Children will not be allowed to swap activities.
- All choices will be allocated on a first come, first served basis.
- If students are absent from their activity without authorisation on more than one occasion they will be removed from the activity and their place will be offered to a student on the waiting list.
- Children wishing to take part in paid activities can make payments by transfer money to school as soon as the child’s activity is confirmed. Below are the BIS bank account details:

Bank name:	EXIMBANK - SAI GON BRANCH		
Bank address:	136-138 Le Thi Hong Gam Street, District 1, HCMC, Vietnam.		
Account name:	BIS HANOI		
Account No.VND:	1401 1485 1059534	Account No.USD:	1401 1485 1059551
SWIFT Code:	EBVIVNVXTTD	Bank code:	79305002

Please include in the transfer instructions “Name of ECA” and your child’s name and class.

- Activities have maximum and minimum numbers, which vary according to the activity.
- Once the maximum number of children has been reached, the activity will be ‘closed’ and the activity name will be highlighted in red.
- Children who sign up for activities that are oversubscribed will be placed on a waiting list.
- Activities may be cancelled if the total number of participants does not meet the required minimum.

Paid Activities

Paid activities will be confirmed via email to those who have been allocated a place. CHQ has information about each of the activities and all details can be found by expanding the blue information tab. In Term1a, by selecting a paid activity and paying the associate fees, you are agreeing to the school’s liability waiver and agree to pay the required fee. **Payments need to be made by Friday 14th September 2018**, otherwise the place will be offered to the children who have been placed on a waiting list.

On-line Activity Selection

All activities (free and paid) need to be selected on-line via **CHQ**. Please see the next page for instructions. You will be able to see updates and changes to your approved activities through your on-line CHQ homepage. Please note your first choices may not always be possible. Please take time to read through the rest of this booklet and log on to CHQ. If you have any questions please contact activities@bishanoi.com.

CHQ – Activities and Sports Online Portal

This system has been set up for you to use on a daily basis to select and track all of your child's chosen activities. It can be found by going to the school website (<http://www.nordangliaeducation.com/our-schools/vietnam/hanoi/bis>) and clicking on the CHQ tab, at the bottom of the homepage. Please follow the instructions below to log on and select your desired activities.

Logging on

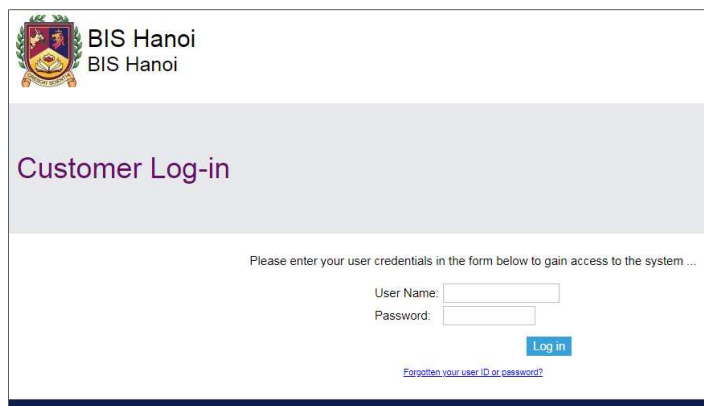
Log on using your child's school User name and Password. If your child is in the Primary school, their Password will be their Date of Birth, in the format DDMMYYYY. If your child is in the Secondary school, their password will be 'password' or their own personal password.

Primary Example:

User name: **H00123** Password: **23032007**

Secondary Example:

User name: **H00124** Password: **password**



How to select your child's activities:

Step 1: Click on **My Profile** tab.

Step 2: Expand **My Activities**.

Step 3: Select **View/Manage/Submit** Activity Choices (2018-2019 Term 1a).

Step 4: For each activity/paid activity add a different number e.g. Monday: Football add 1, Wednesday: Board Games add 2 then 3, 4, 5 etc. to all other clubs you would like to participate in. The **SAVE** button will appear to the right of the activity list, click **SAVE**.

Step 5: Once you're happy with your choices you **MUST** press the **SUBMIT** button at the top of the page. You will receive an automated email confirming your club preferences.

Step 6: To cancel a selection after submitting add a 0 to the desired box then save and submit.

Step 7: If you click onto My Schedule after **Wednesday 5th September 2018** you should be able to see your activities by scrolling through to Monday 17th September 2018 (start of Term 1a activities) you will also receive an email of the activities you have been accepted into and students can check display boards within school. Once your selected activities have been approved you will be able to see them by clicking on the on **My Profile** tab to the right of the Home tab on your page.

CHQ Sign-Up Tips for Parents:

Parents please DO NOT place a number 1 in each activity box as this will make your child's favourite activity unclear and as a result your child may miss out on their favourite activity). Please remember to number all choices from 1 (most important activity) to 5, 6 or 7 (or least favourite activity) regardless of the day. Consider & discuss your choices with your child then click the **Submit** button. Clicking the **Submit** button will send your child's activity choices to school. Please remember that you may choose as many activities as you wish that fit into your child's schedule and all activities are subject to a minimum and maximum limit.

MONDAY

ACTIVITY NAME	YEAR GROUPS	TIME	MIN No.	MAX No.	TEACHER	LOCATION	ACTIVITY DESCRIPTION
Junior Tech Club	Year 1	15:00 - 15:55	5	10	Ms Cheska Valdes	E120	Join junior Tech Club to learn basic and useful computer and iPad skills. Explore multiple educational apps and games that will deepen your knowledge about technology.
Crafty Kids	Year 1	15:00 - 15:55	5	15	Ms Cat	1B classroom (E209)	You will have the opportunity to create different things using different materials and will showcase them to others at the end
Rugby Tots	Year 1	15:05 - 16:05	6	15	Mr Carroll	EYC Multi-purpose Room	This is an introduction to Rugby Union. Children will learn basic tag rugby skills, ball skills, running, catching, throwing and kicking. Children will learn to communicate effectively, grow in confidence and learn to work as a team.
Construction Club	Years 2-3	15:05 - 16:05	5	20	Ms Hill	P106	A fantastic opportunity for children to develop their practical engineering skills through a range of construction challenges. The children will have the opportunity to construct using a variety of different materials and develop their individual and teamwork skills.
Primary Science Club	Years 2-4	15:05 - 16:05	N/A	15	Mrs Langford	Primary Science Room	Primary Science Club allows children to use their scientific enquiry skills to carry out a range of fun, practical science experiments.
Primary Reading Club	Years 2-4	15:05 - 16:05	4	20	Mrs Gosset	Library	Students will have the opportunity to read for pleasure and share books with other students across the Primary age range.
Gymnastics Club (Paid activity)	Years 2-8	15:05 - 16:05	10	16	GymKraft	Sports Hall	GymKraft is a gymnastics company from Singapore. Students will develop a range of technical skills including rolling and rotating, balancing and travelling in a challenging and safe environment. Please note: Min. number of children: 10 Total cost per student in Term 1a: 1,650,000 VND
Maths Madness	Years 4-6	15:05 - 16:05	12	16	Mr Driver	P315	If you like riddles, logic puzzles, or optical illusions then this is the club for you. Using mathematical knowledge as a starting point we will work together to find solutions and answers to increasingly weird and strange ideas and problems.

ACTIVITY NAME	YEAR GROUPS	TIME	MIN No.	MAX No.	TEACHER	LOCATION	ACTIVITY DESCRIPTION
Tech Team 3.0	Years 4-6	15:05 - 16:05	2	12	Mr Labelle	P218 & C121	Do you enjoy technology? Are you interested in developing your problem solving skills? Then join the Primary Tech Team and make a real difference! The Tech Team supports the school in a wide range of ways - movie filming and editing, and graphic design. You will learn to solve problems and support teachers and students across the school by teaching them to use a range of apps. You will also learn how to be a theatre technician by learning how to control lights and sounds for productions!
Girls' Tech Club (GIRLS ONLY)	Years 4-8	15:05 - 16:05	2	25	Mr Allison	C121	Develop your tech skills by designing things to print in 3D, programming and flying drones, building Lego robots, making our own robots and interactive objects using Raspberry Pis and mBots, and so much more. Come and develop your skills whilst having lots of fun in a girls-only environment!
Ukulele	Years 5-6	15:05 - 16:05	2	15	Ms Burden	P110	This club is suitable for beginners or more experienced ukulele players. We will learn some fun songs whilst developing skills and confidence. We have ukuleles you can borrow at school or you can bring your own.
Year 5 & 6 International Competitions: Global Games & FOBISIA	Years 5-6	15:05 - 16:05	40	50	Ms Fitzpatrick & Ms Allen	Sports Hall & Primary Field	An opportunity to develop your Basketball, T-Ball, Football, Swimming and Athletics skills. Some members could represent the school at the Global Games in Cambodia and the FOBISIA games in Thailand throughout the year. This ECA will run throughout the year, on some occasions own transport would be needed as the timings may vary.
Netball	Years 5-8	15:05 - 16:05	10	14	Ms Crombie	Netball Court	This ECA offers the chance to learn and develop netball skills through playing friendly games. Players of all ability are welcome!
Crochet Club	Years 5-13	15:05 - 16:05	5	16	Ms Gill & Ms Huang	P322	In Crochet Club, we will be crocheting 'granny squares' and stitching them together into colourful blankets to donate to one of our community partners. Open to both beginners and experts.
Swimming (Intermediate - Advanced)	Years 5-13	15:05 - 16:05	6	24	Ms Henney	Swimming Pool	Swimming for those who wish to refine the technical and physical aspects of multiple strokes as well as improve fitness and endurance. To join this ECA you must be able to confidently swim 100m in a range of strokes.

TUESDAY

ACTIVITY NAME	YEAR GROUPS	TIME	MIN No.	MAX No.	TEACHER	LOCATION	ACTIVITY DESCRIPTION
Japanese Language Mother Tongue	Years 2-13	15:05 - 16:05	4	15	Mrs Brooke-Smith	Library	Keeping up with mother tongue language by self-study, reading and fun games. Students should have their own textbooks. Japanese Native speakers only.

WEDNESDAY

ACTIVITY NAME	YEAR GROUPS	TIME	MIN No.	MAX No.	TEACHER	Location	ACTIVITY DESCRIPTION
Sign Language Club	Year 1	15:00 - 15:55	6	16	Miss Tiffany & Ms Luyen Do	E104	An introduction to Sign Language for young children. This is an exciting opportunity for children to learn non-verbal communication.
Performance Poetry	Year 1	15:00 - 15:55	6	12	Ms Shaw	EYC Multi-purpose Room	Children will have the opportunity to learn poetry whilst improving their confidence, speaking and listening skills. This will include choral speaking, experimenting with different voices and performing some hilarious poems!
Year 1 Football	Year 1	15:00 - 15:55	6	10	Mr Brook-Smith	EYC- Sports area	An introduction to association football with a focus on fun, lots of games and mini matches.
Mindfulness Colouring	Year 1	15:00 - 15:55	5	10	Ms Policarpio	E102	Colouring is an easy way to calm the mind and occupy the hands. Relax and express yourself as you use a variety of mark-making tools to colour your favourite pictures.
Go Green Club	Years 2-3	15:05 - 16:05	8	12	Ms Huong Le & Ms Linh	2B classroom	Students will learn how to make use of crafts in their lives and create many useful eco-friendly products which encourages them to value things. Students could make their own fabric bags, colourful paper flowers, woolly hats.
Yoga (Paid activity)	Years 2-4	15:05 - 16:05	4	12	Ms. Bouaziz	C315	Students will discover yoga in a fun and relaxing environment. They will improve fundamental movements, specifically flexibility, and develop focus. Please note: Minimum number of children: 4 Total cost per student in Term 1a: 1.032.000 VND (Approximately)

ACTIVITY NAME	YEAR GROUPS	TIME	MIN No.	MAX No.	TEACHER	Location	ACTIVITY DESCRIPTION
Chinese for Beginners	Years 2-4	15:05 - 16:05	5	6	Ms Hien	Primary P309	This is an ABC Chinese course for beginners, including introduction of phonetics and daily expressions. After taking this class, learners can have a basic understanding of Chinese Mandarin and make basic conversation of daily living such as exchanging personal information, talking about daily arrangements and food, asking about price, introducing the city and the weather, discussing hobbies, etc.
Tennis Club (Paid Activity)	Years 2-6	15:05 - 16:05	4	4	Mr. Thuong	Hardcourt	Students will discover and develop basic tennis strokes such as forehand and backhand ground strokes, volleys and serves. Please note: Minimum number of children: 4 Total cost per student in Term 1a: 655,000VND (Approximately)
Japanese Calligraphy Art	Years 2-7	15:05 - 16:05	3	10	Mrs. Miki	Primary Science Room	Calligraphy is a traditional art originally from China. Generally, we use a brush and ink to write characters. Japanese students learn basic calligraphy at elementary school. Students should have their own syodou kits.
PowerPoint Presentation Club	Years 3-6	15:05 - 16:05	5	10	Ms Mi Hoang	C125	If you are fond of giving presentations but you have no idea how to use Microsoft PowerPoint then this ECA is for you. Students will be instructed to create their own PowerPoint presentation, full of animations and effects. They will also have a chance to practice their speaking skills by giving a presentation based on their PowerPoint show. Some presentation skills like body language and signposting language are also provided to help students develop their public speaking skills.
Primary Orchestra	Years 3-6	15:05 - 16:05	N/A	N/A	Mr Scott	Mr Scott's Room	Primary Orchestra returns this year to give our students a fantastic opportunity to experience performing as an ensemble and working together towards performing at some of the upcoming school events and concerts. We will play exciting music arranged especially for the group, which will provide students with an experience that engages and challenges them, whilst continually developing their skills as a musician. Students of all abilities from Year 3 to Year 6 are welcome to join.

ACTIVITY NAME	YEAR GROUPS	TIME	MIN No.	MAX No.	TEACHER	Location	ACTIVITY DESCRIPTION
Amazing Board Game Creators	Years 3-6	15:05 - 16:05	6	14	Ms Hong & Ms Trang Chu	Class 6I	This is an opportunity for students to create their own board games combining arts and maths. Children can make it step-by-step, plan for the game, pair up with a friend, think of the rules and draw the board, decorate it using their art skills, and then play together.
Maths Art	Years 3-6	15:05 - 16:05	2	20	Ms Baines	P320	Come and explore the world of parabolic art, using straight lines to create curves. We will develop our understanding of this mathematical phenomenon and create designs and patterns which will inspire awe from everyone who sees them.
Beginner's Swimming	Years 3-9	15:05 - 16:05	3	10	Ms Minh	Swimming pool	Students need to be water safe and able to swim 15m unaided.
Golf Academy (Paid activity)	Years 3-13	15:05 - 16:05	8	15	Mr. Bradley	Long Bien Golf Course	Receive top tuition from a PGA professional, including skills for all abilities, ranging from grip to club swing, or putting to driving. Please note: Min number of students: 8 Total cost per student in Term 1a: 2,030,000VND
Badminton	Years 4-6	15:05 - 16:05	8	16	Mr Wray	Sports Hall	This ECA is for students who have played badminton before and who would like to develop their abilities and challenge themselves against others. The sport is active and exciting, and develops teamwork alongside strategy and fitness.
Paper Mache Club	Years 4-6	15:05 - 16:05	4	12	Ms Lee	Primary Art	Learn how to use paper maché techniques to build sculptures and creative art pieces.
Primary Food from around the world	Years 4-6	15:05 - 16:05	1	14	Mr Baines	Primary Food Room	Each week children will prepare, create and taste a different dish from a country within our Global Campus.
BISCON Enterprise Club	Years 4-13	15:05 - 16:05	5	20 max	Mr Kelly	Secondary S307	Interested in Business, Economics and Enterprise but not able to study it yet? Are you in KS4 or KS5 and would like to improve your leadership skills in this subject area? Then this is the ECA for you. Learn about, present, create and sell at the BIS coffee shop Queen Bean's pop up area.
Tag Rugby (Paid activity)	Years 5-8	15:05 - 16:05	10	15	ChildFund Pass It Back	Primary Field	Rugby is a new sport in Vietnam, and it is growing in popularity each year. Send your child to tag rugby sessions, delivered by World Rugby-trained Pass It Back Coaches, where they will learn how to play a safe, fun version of the sport - Vietnamese-speaking coaches. Please note: Min. number of children: 10 Total cost per student in Term 1a: 500.000 VND (Approximately)

ACTIVITY NAME	YEAR GROUPS	TIME	MIN No.	MAX No.	TEACHER	Location	ACTIVITY DESCRIPTION
Esperanto for Beginners	Years 5-13	15:05 - 16:05	1	10	Ms Hoan Tran	Primary P108	How many languages can you speak? Do you know any manmade ones? Esperanto is that kind of language. Do you know what it means literally and what is the idea beyond the creation of Esperanto? Do not hesitate to register to this ECA-group to get to know more about Esperanto!
Strategy Games	Years 6-13	15:05 - 16:05	2	20	Mr Schofield	S316	This ECA is for those that would like to develop their teamwork, communication and problem-solving skills in a friendly and lively environment with peers from different age groups.
Running Club	Years 6-13	15:05 - 16:05	4	10	Mr J Witton	Vinhomes Riverside	Developing fitness through running. Timing the length of running a set distance and working to improve your speed, whatever your starting level.
Parent Conversation Club (to sign up, email the Primary or Secondary Office)	Parents	15:05 - 16:05	4	15	Ms Hull	Library	A conversation club for parents to come and practise English at school with a teacher and other members of the school community. We will discuss a range of topics including those related to school and education, and, other areas of interest (current affairs, culture, travel).

THURSDAY

ACTIVITY NAME	YEAR GROUPS	TIME	MIN No.	MAX No.	TEACHER	Location	ACTIVITY DESCRIPTION
Playdough Club	Year 1	15:00 - 15:55	2	12	Ms Mal & Ms Huong	EYC Shared area	Students will learn how to make shapes, animals, furniture, etc. from playdough with various colours.
International Club	Year 1	15:00 - 15:55	3	15	Ms Karissa	F1B Classroom (E118)	Explore the different nationalities we have in school! Learn interesting facts about countries other than yours, play international games and cook local delicacies, and experience first-hand how diverse the world we live in is. If we're lucky, we might have special guests joining us every week to talk about our chosen country.
Juicing	Year 1	15:00 - 15:55	2	10	Ms Phuong Nguyen & Ms Van Anh Nguyen	EYC Staffroom	It's a chance for the Y1 children to learn how to make fruit-based drinks such as smoothies and juices.
Young Artists	Year 1	15:00 - 15:55	5	12	Ms Thao & Ms Huong	EYC	Students can learn how to draw and paint using different mark-making tools. They will have the chance to participate in various activities that cultivate drawing skills, develop hand-eye coordination, and encourage self-expression. Playful, colourful and totally hands-on, come and join us!
Gymnastics Club (Paid activity)	Year 1	15:00 - 15:55	10	16	GymKraft	EYC Multipurpose & Soft play room	This year we'll be working with GymKraft, a gymnastics company from Singapore. Students will develop a range of technical skills including rolling and rotating, balancing and travelling in a challenging and safe environment. Please note: Minimum number of children: 10 Total cost per student in Term 1a: 1,650,000 VND
KS1 Coding	Year 1	15:00 - 15:55	5	12	Ms Reilly	E206	Coding using iPads for Year 1 - a chance to develop basic coding skills with fun characters and visual images.
Clay Art Club	Years 2-4	15:05 - 16:05	5	15	Ms Hanh Le & Ms Van Anh Hoang	Primary Art room	Come and relax while learning the art of clay. Use colourful clay to practice and improve your concentration and creation whilst keeping calm and mindful in a creative and relaxing music setting.
Traditional Vietnamese games	Years 2-4	15:05 - 16:05	2	10	Ms Dung Hoang & Ms Lien Cao	P315	Learn to play traditional Vietnamese games (Ô ĂN QUAN, NHẢY DÂY, CHƠI TRẮC). They are absolutely fantastic! Come and join us!
Trampolining	Years 2-4	15:05 - 16:05	6	10	Ms Upton	Sports Hall	Trampolining beginnners can enjoy learning a variety of different trampoline-based skills and sequence the skills into a simple routine.

ACTIVITY NAME	YEAR GROUPS	TIME	MIN No.	MAX No.	TEACHER	Location	ACTIVITY DESCRIPTION
Primary Mindfulness	Years 2-6	15:05 - 16:05	6	20	Ms Tong & Ms Ha	P206	This club will allow children to practise focusing one's awareness on the present moment, while calmly acknowledging and accepting one's feelings, thoughts, and bodily sensations, used as a therapeutic technique.
Beginners Golf (Paid activity)	Years 2-6	15:05 - 16:05	8	15	Mr Bradley	Hardcourt	An introduction to the fundamentals of Golf using the new SNAG programme (Starting New At Golf). Learn how to grip a club, how to swing effectively and have fun chipping and putting at a range of engaging targets. Please note: Minimum number of children: 8 Total cost per student in Term 1a: 1,355,000 VND
Years 3/4 Football	Years 3-4	15:05 - 16:05	10	16	Mr Brooke-Smith	Primary Field	This ECA is for those who have football experience and enjoy playing the game; there will be lots of drills and lots of matches.
Slow motion Movie	Years 3-6	15:05 - 16:05	8	12	Ms Lan Ha & Ms Anh Duong	P208	For students who want to try making a movie. Students will discover about slow motion movies and how to make them, then they can create backgrounds, themes, contents and characters for their own movie.
Primary Choir	Years 3-6	12:55 - 13:25	5	no Max	Mrs Carroll & Ms Ower	Music Room	Do you enjoy singing as part of a group? Come along and learn to sing popular songs with the Junior Choir. You will also get the chance to take part in Live lunches and other performances throughout the year.
Origami Club	Years 3-6	15:05 - 16:05	2	12	Mr Clarke	P115	Come and relax while learning the art of paper folding. Use origami to practice and improve your concentration whilst keeping calm and mindful in a quiet setting.
Basketball Club	Years 4-6	15:05 - 16:05	10	15	Mr Millis	Sports Hall/Hard Court	An introduction to basketball and learning the basic skills. The sessions will focus on drills and game style activities before leading into full practice games.
Lego Construction	Years 4-6	15:05-16:05	5	20	Mrs Crofts	Class 4S	Get creative with Lego. Come along and test yourself with Lego challenges and big builds.
Drama Club	Years 5-6	15:05 - 16:05	5	20	Ms Buckley	P316	You will have the opportunity to perform, develop your speaking and listening skills and build your confidence. We will play improvisation games, learn scripts and acquire more knowledge about the performing arts.

ACTIVITY NAME	YEAR GROUPS	TIME	MIN No.	MAX No.	TEACHER	Location	ACTIVITY DESCRIPTION
English Debate Club	Years 5-7	15:05 - 16:05	5	11	Ms Xuyen Do & Ms Luyen Trieu	P326	Do you feel confident in sharing your opinion openly amongst a group of different mindsets? Join us in English Debate Club where you can firstly increase your confidence in public speaking, see a problem from new perspectives, sharpen your ability to form a constructive argument, engage yourself in teamwork, and most importantly, HAVE FUN !!
Table Tennis	Years 5-8	15:05 - 16:05	12	18	Mr Callan	Sports Hall (table tennis area)	For both beginners and experienced players. An introduction to the sport, learning the basic skills and playing games against each other.
Advanced swimming	Years 5-13	15:05 - 16:05	5	24	Mr Dempsey	Swimming pool	Students need to be able to swim 3 strokes 25m minimum. This would be for swimming fitness.