



DOVER COURT
INTERNATIONAL SCHOOL
SINGAPORE
A NORD ANGLIA EDUCATION SCHOOL

Secondary PSHE

Tuesday 22nd January 2019 | Parent Workshop



What is it?

Easy to define....

Personal

Social

Health

Economic

Education

.... Or is it ...?

Curriculum Content vs Skills and Attributes

Curriculum Content

- Guided by the UK PSHE Association


'All schools should make provision for personal, social, health and economic education (PSHE), drawing on good practice'

'Education Act 2002 and the Academies Act 2010 provides that PSHE contributes towards a balanced and broadly-based curriculum and is essential to Ofsted judgements in relation to personal development, behaviour, welfare and safeguarding'

- Not currently a statutory subject – however elements of it in relation to health and relationships will be statutory in all UK schools from 2020

Broad themes - KS3 - 5 Programme of Study

- Spiral curriculum which revisits overarching themes at different year levels to develop age appropriate knowledge.
- Taught weekly by tutors during protected registration time



Health and Wellbeing
Relationships
Living in the Wider World

Year 7

Year 8

Year 9

- Anger Management
- Aspirations
- Bullying
- Mental Health
- Happiness

- Tolerance
- Global Citizenship
- Emotional Literacy
- Consent
- Enterprises
- Communication
- Domestic Conflict

- Sustainability
- Stress
- Alcohol awareness
- Domestic violence
- Drugs
- LGBT
- Money/savings
- Peer Pressure
- Self Harm
- Sexting
- Internet Safety

Year 10

Year 11

Confidence
Elevate Study Skills
(study Sensi)
Mental Health
Healthy Lifestyles
Careers and Employability
Relationships and Sexual Health

Mindfulness
Elevate Study Skills
(Time Management)
Illicit substances; Sex Ed
Careers and Employability
Elevate Study Skills
(Ace your Exams)

Key Stage 5

- Focus on preparation for the wider world
- Careers and Employability
- University Applications
- Visiting Universities
- Careers Fairs
- Life Skills

Booster Sessions - a proactive and reactive approach

- As well as the regular 'taught' curriculum, we also hold between 10-15 additional 'Booster' sessions a year.
- These will take place during the regular PSHE teaching time and focus on different key topics for specific year groups.
- Hosted by teachers, specialist school staff or external providers
- Proactive to provide information to prevent problems
- Reactive to meet student needs

Booster Sessions - examples from the last 12 months

- Staying safe – self harm and suicide
- Anxiety and Stress
- Diversity and Inclusion
- Being Assertive
- Screenagers
- **Legal Responsibilities in Singapore – British High Commissioner Lawyer**
- **Procrastination – Personal Development Coach**
- **Study Skills – Elevate Education**
- **Drugs and Alcohol – Central Narcotics Bureau**
- **Social Media and Cyber Safety – Touch Cyber Wellness**
- **Careers Fair – Parent and industry volunteers**

More than what we do, it's who we are...

Mission

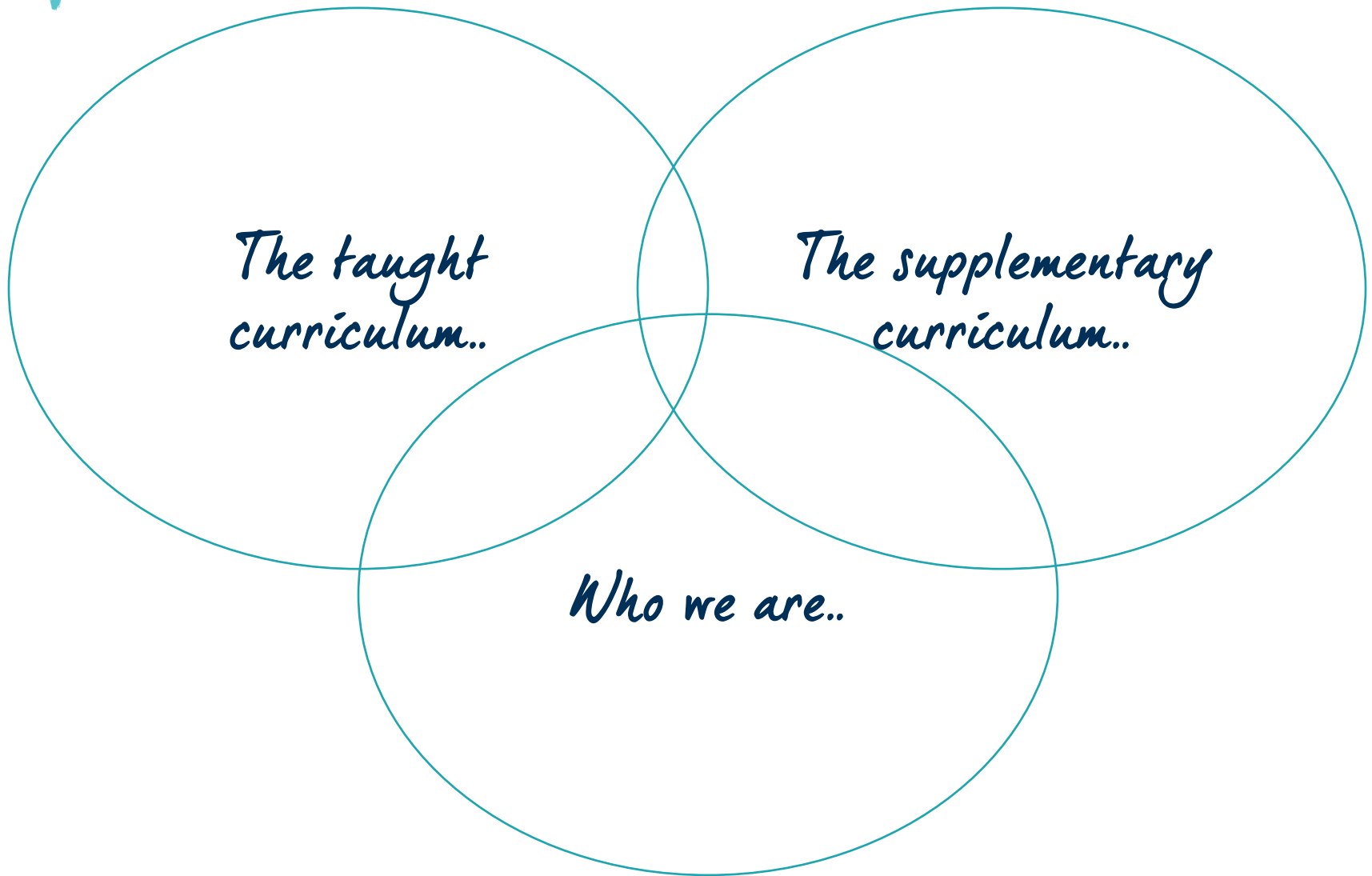
DCIS is an **inclusive multicultural community** that enables all individuals to realise their **academic and personal potential** in a dynamic and challenging learning environment which values **enquiry, perseverance** and **reflection**. At DCIS, we act with **integrity** and treat one another with **respect**, learning together as **responsible global citizens**.

Promises

- DCIS students will succeed through our individualised approach in a **safe, caring** and **happy** environment.
- DCIS students will be encouraged to have **self-respect, respect** for others and to contribute as a **global citizen**.
- DCIS students will have the opportunity to discover and nurture their **interests** and **talents**.



Not such a simple definition..





www.dovercourt.edu.sg

www.nordangliaeducation.com