



**BRITISH INTERNATIONAL SCHOOL
HANOI**
A NORD ANGLIA EDUCATION SCHOOL

Extracurricular Activities Primary (Years 1–6)

**Term 3
2018-19**



Dear Parents,

Extracurricular Activities (ECAs) in Term 3 will start on **Monday 6th May 2019**. The activities will run through until **Thursday 13th June 2019**. Extracurricular activities provide a great opportunity for your child to take part in an activity that falls outside the realm of the normal curriculum. Your child can explore their physical, creative, social or political domains and share diverse interests with like-minded students, perhaps in a different subject area or different key stage.

Students will be asked for multiple preferences although they will be allocated to one, two or three activities only. Not all activities are available to all year groups, please see the descriptions in the brochure. Information on paid activities can also be found within the brochure. The sign up process tries to ensure all students are granted a place on either their first, second or third choice of preference, please see the application guidelines below for detailed instructions.

Mr. Edward Westropp
ECA Programme Coordinator

Application guidelines:

- All activities (free and paid) need to be selected online via **CHQ**.
- You will be able to register your child for 1 activity during 'sign-up period 1', which will be from **Friday 29th March at 9.00am 2019 until Saturday 30th March 2019 at 5.00pm**. You will be able to make multiple choices but at this stage you will only be accepted a place on one activity. You will then be able to register your child for another activity if you wish to do so during 'sign up period 2' which will be from **Sunday 31st March 2019 at 9.00am until Monday 1st April 2019 at 5.00pm**. Finally, you will be able to register your child for a third activity if you wish to do so during 'sign up period 3' which will be from **Tuesday 2nd April 2019 at 9.00am until Wednesday 3rd April at 5.00pm**.
- After **Wednesday 3rd April 2019 at 5.00pm**, students who have signed up for an activity must commit to it for the whole of the term. Children will not be allowed to swap activities.
- All choices will be allocated on a first come, first served basis.
- If students are absent from their activity without authorization on more than one occasion they will be removed from the activity and their place will be offered to a student on the waiting list.
- Children wishing to take part in paid activities can make payments by transfer money to school as soon as the child's activity is confirmed. Below are the BIS bank account details:

Bank name:	HSBC VIETNAM – HO CHI MINH BRANCH		
Bank address:	The Metropolitan, 235 Dong Khoi Street, District 1, HCMC, Vietnam.		
Account name:	BIS HA NOI		
Account No.VND:	091-255505-002	Account No.USD:	091-255505-102
SWIFT Code:	HSBCVNVX	Bank code:	79617001

Please include in the transfer instructions "Name of ECA" and your child's name and class.

- Activities have maximum and minimum numbers, which vary according to the activity.
- Once the maximum number of children has been reached, the activity will be 'closed' and the activity name will be highlighted in red.
- Children who sign up for activities that are oversubscribed will be placed on a waiting list.
- Activities may be cancelled if the total number of participants does not meet the required minimum.

Paid Activities

Paid activities will be confirmed via email to those who have been allocated a place. CHQ has information about each of the activities and all details can be found by expanding the blue information tab. In Term 3, by selecting a paid activity and paying the associated fees, you are agreeing to the school's liability waiver and agree to pay the required fee. **Payments need to be made by Friday 19th April 2019**, otherwise the place will be offered to the children who have been placed on a waiting list.

On-line Activity Selection

All activities (free and paid) need to be selected on-line via **CHQ**. Please see the next page for instructions. You will be able to see updates and changes to your approved activities through your on-line CHQ homepage. Please note your first choices may not always be possible. Please take time to read through the rest of this booklet and log on to CHQ. If you have any questions please contact activities@bishanoi.com.

CHQ – Activities and Sports Online Portal

This system has been set up for you to use on a daily basis to select and track all of your child's chosen activities. It can be found by going to the school website (<http://www.nordangliaeducation.com/our-schools/vietnam/hanoi/bis>) and clicking on the CHQ tab, at the bottom of the homepage. Please follow the instructions below to log on and select your desired activities.

Logging on

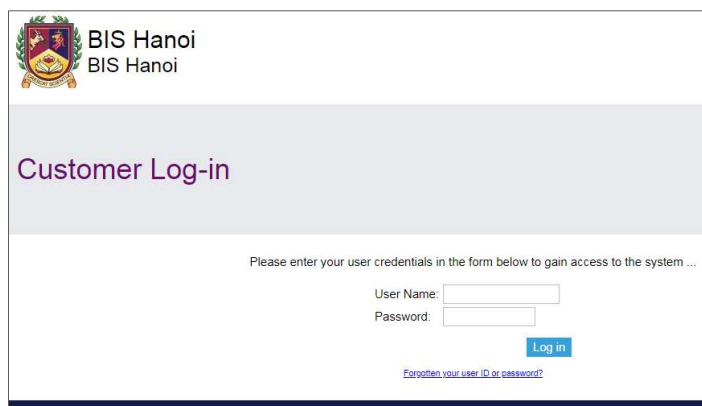
Log on using your child's school User name and Password. If your child is in the Primary school, their Password will be their Date of Birth, in the format DDMMYYYY. If your child is in the Secondary school, their password will be 'password' or their own personal password.

Primary Example:

User name: **H00123** Password: **23032007**

Secondary Example:

User name: **H00124** Password: **password**



How to select your child's activities?

Step 1: Click on **My Profile** tab.

Step 2: Expand **My Activities**.

Step 3: Select **View/Manage/Submit** Activity Choices (2018-2019 Term 3).

Step 4: For each activity/paid activity add a different number e.g. Monday: Football add 1, Wednesday: Board Games add 2 then 3, 4, 5 etc. to all other clubs you would like to participate in. The **SAVE** button will appear to the right of the activity list, click **SAVE**.

Step 5: Once you're happy with your choices you **MUST** press the **SUBMIT** button at the top of the page. You will receive an automated email confirming your club preferences.

Step 6: To cancel a selection after submitting add a 0 to the desired box then save and submit.

Step 7: If you click onto My Schedule after **Wednesday 3rd April 2019** you should be able to see your activities by scrolling through to Monday 6th May 2019 (start of Term 3 activities) you will also receive an email of the activities you have been accepted into and students can check display boards within school. Once your selected activities have been approved you will be able to see them by clicking on the on **My Profile** tab to the right of the Home tab on your page.

CHQ Sign-Up Tips for Parents:

Parents please DO NOT place a number 1 in each activity box as this will make your child's favourite activity unclear and as a result your child may miss out on their favourite activity). Please remember to number all choices from 1 (most important activity) to 5, 6 or 7 (or least favourite activity) regardless of the day. Consider & discuss your choices with your child then click the **Submit** button. Clicking the **Submit** button will send your child's activity choices to school. Please remember that you may choose as many activities as you wish that fit into your child's schedule and all activities are subject to a minimum and maximum limit.

MONDAY

ACTIVITY NAME	YEAR GROUPS	TIME	MIN No.	MAX No.	TEACHER	LOCATION	ACTIVITY DESCRIPTION
Crafty Kids	Year 1	14:55 - 15:55	5	15	Ms. Passmore	1B classroom (E209)	In this ECA you will have the opportunity to create different things using different materials and enjoy showcasing them at the end to other people.
EYFS Library Club	Year 1	14:55 - 15:55	5	20	Ms. Jasmine	EYFS Library	Come and enjoy a story in Library club. We will be exploring different authors and genres of books. It will be an opportunity for you to listen to different stories, read new books and discuss your favorite books and why.
Playdough Club	Year 1	14:55 - 15:55	5	15	Ms. Valdes	F1 Shared Area	In this ECA, you will learn to make different kinds of playdough and improve your fine motor skills, such as stretching, kneading and rolling. Playdough will help develop your creativity and imagination. Join this ECA and you'll definitely have a fun and messy day!
EYC Green Team	Year 1	14:55 - 15:55	4	15	Miss. Niobe	E205	Learn more about the importance of recycling and being eco-friendly. Create crafts using recycled materials, support the local wildlife and take part in eco challenges! Help EYC to become more environmentally friendly!
Flower Craft	Year 1	14:55 - 15:55	4	14	Ms. Lien and Ms. Van Anh Nguyen	F2 Share area	It's an opportunity for Y1 children to make so many types of flowers from different paper textures. You can also practice your fine motor skills like cutting, rolling, painting...and it actually makes you relax with your beautiful hand-made flowers. Come and join us now.
Parent Conversation Club	Parents	15:05 - 16:05	2	15	Ms. Hull	Library	Meet other BIS parents and practice your English in parent conversation club. Covering a variety of different subjects and activities, meet others in the BIS community and learn about different cultures. Parents of all English speaking levels welcome.
TAG Rugby	Years 2-3	15:05 - 16:05	10	20	Mr. Carroll	Primary Field	Introduction to TAG rugby. Children will learn basic tag rugby skills. Basic ball skills, running, catching, throwing and kicking. Children will learn to communicate effectively. Grow in confidence and learn to work as a team.

ACTIVITY NAME	YEAR GROUPS	TIME	MIN No.	MAX No.	TEACHER	LOCATION	ACTIVITY DESCRIPTION
Phase 2 Lego Construction	Years 2-4	15:05 - 16:05	5	20	Mrs. Langford and Ms. Ngoc	P112	This is a great ECA that gives you the opportunity to build and get creative with Lego. You will be able to come up with new designs and build a range of things whilst being challenged using this fantastic equipment.
Green Team PRIMARY	Years 2-6	15:05 - 16:05	10	20	Ms. Fitzpatrick	Parent Lounge (P104)	Learn more about what we can do to become more environmentally friendly. Take part in eco-friendly projects and help our school community to reduce, reuse and recycle.
Korean language and culture	Years 2-6	15:05 - 16:05	2	15	Ms. Hien Nguyen	P316	Call for all Korean lovers from Y1 to Y6. Let's make a little Seoul in BIS! You and your families can join as well and be free to send me ideas and activities that you want to do.
Gymnastic club (Paid activity)	Years 2-8	15:05 - 16:05	10	16	GymKraft	Sports Hall	This year we'll be working with GymKraft, a gymnastics company from Singapore. Students will develop a range of technical skills including rolling and rotating, balancing and travelling in a challenging and safe environment. Please note: Minimum number of children =10/ The cost per student in Term 3 = 1,980,000 VND
Go Green club	Years 3-4	15:05 - 16:05	8	15	Ms. Huong Y1 and Ms. Nhung Vu	P212 MFL room	To encourage students to use eco-friendly products such as paper, lollypop sticks, wool, and other unplastic items to create valuable things. To shape a good habit of using less plastic items in their daily life as well as develop their motor skills. To help them to have better attitude toward the environment.
Primary reading club	Years 3-6	15:05 - 16:05	4	20	Mrs. Gosset	Library	This ECA allows students the opportunity to read for pleasure and share books with other students.
Film Club	Years 3-6	15:05 - 16:05	6	20	Mr. Driver	P315	We will be watching a series of short animation films and discussing the meanings behind the movies. The children will also have the opportunity to learn about film-making and make their very own short movie. All film clips shown will be child-friendly.

ACTIVITY NAME	YEAR GROUPS	TIME	MIN No.	MAX No.	TEACHER	LOCATION	ACTIVITY DESCRIPTION
Global Games Year 5 and 6 (Selected students only)	Years 4-5	15:05 - 16:05	24	40	Miss. Allen and Miss. Buckley	Secondary Pitch & Outside basketball court	Team already selected. Training for international event.
Fencing(Paid activity)	Years 4-13	15:05 - 16:05	6	12	Mr. Yong Hee Lee and Vietnamese coaches	Auditorium	The fencing club can help you to build strength and endurance. The students can learn basic skills, full of physical exercise for fencing. Each fencing session is a full-body workout. Also it is both a physical and mental sport and it is extremely stress reducing. Please join and have fun! Please note: Minimum number of children: 6 Total cost per student : 2,016,000 VND
Primary Food from around the world	Years 4-6	15:05 - 16:05	4	12	Mr. Baines	Student's kitchen S210	Each week children will prepare, create and taste a different dish from a country within our Global campus.
Wind in the Willows Costumes and Mask Design	Years 4-6	15:05 - 16:05	6	20	Ms. Upton and Ms. Lee	P224	This club will learn how to make costumes and masks for the Year 4 production, 'Wind in the Willows'. The children will learn how to create costumes.
Year 5 Brass Club	Year 5	12:35 - 12:55	0	12	Mr. Scott	C323	Brass Club for Year 5 Continues this year, we are aiming to have our first performance this term!
Big Brass Club	Years 5-6 & Year 9	15:05 - 16:05	0	20	Mr. Scott	C323	All Brass players are welcome! In this ECA we will put our big performance pieces together as a whole ensemble, as well as continuing to develop our skills and ability on our instruments.

TUESDAY

ACTIVITY NAME	YEAR GROUPS	TIME	MIN No.	MAX No.	TEACHER	LOCATION	ACTIVITY DESCRIPTION
SSA Basketball Kid (paid activity)	Years 1-4	15:30 - 16:30	6	44	SSA	Sport Halls	Primary students who would like to get basketball coaches with VBA approved coaches and players The cost per student in Term 3 = 1.080.000 VND
SSA Basketball Junior (paid activity)	Years 5-8	15:30 - 17:00	6	15	SSA	Sport Halls	Primary & Secondary students who would like to get basketball coaching with VBA approved coaches and players. The cost per student in Term 3 = 1.620.000 VND

WEDNESDAY

ACTIVITY NAME	YEAR GROUPS	TIME	MIN No.	MAX No.	TEACHER	LOCATION	ACTIVITY DESCRIPTION
Rugby	Year 1	14:55 - 15:55	5	20	Mr. Carroll	EYC Multipurpose Room E218	Introduction to rugby union. Children will learn basic tag rugby skills. Basic ball skills, running, catching, throwing and kicking. Children will learn to communicate effectively, grow in confidence and learn to work as a team.
Lego Construction	Year 1	14:55 - 15:55	3	15	Ms. Tiffany	E104	Start building with Denmark's famous export. Have fun building with Lego and being set challenges.
EYC Big Cat Readers	Year 1	14:55 - 15:55	5	15	Ms. Bea	EYC Library	Improve your reading skills with me by selecting a Big Cat book of your choice that is based on your reading level.
Young Artists	Year 1	14:55 - 15:55	2	12	Ms. Huong and Ms. Thao	F1 shared area	Students can learn how to draw and paint using different mark-making tools. They will have a chance to participate in various activities that cultivate drawing skills, develop hand-eye coordination, and encourage self-expression. Playful, colourful and totally hands-on, come and join us!
Zumba for Kids	Year 1	14:55 - 15:55	5	14	Ms. Karissa	EYC Multipurpose Room	Exercise is good for the body; dancing develops balance and coordination... Exercise AND dancing...get ready for some ZUMBA! Exercising has never been this exciting! Sign up now!
STEAM 1 Primary	Years 2-3	15:05 - 16:05	6	20	Ms. Tong and Mr. Allison	C121,C123,C125	This club will allow children to solve problems and find solutions using art, maths, science and technology for Year 2 and 3.
Just Dance Kids	Years 2-4	15:05 - 16:05	4	25	Ms. Van Anh Hoang, Ms Luyen Trieu and Ms. Hue	Gym room C108	Children learn fun routines which will release their mind, stretch their dancing ability, enhance their confidence and improve their coordination. Sessions involve a warm-up and dance moves to pop music. That is a great time to cool down and freshen up after a long day in classes.

ACTIVITY NAME	YEAR GROUPS	TIME	MIN No.	MAX No.	TEACHER	LOCATION	ACTIVITY DESCRIPTION
Tennis Club (Paid Activity)	Years 2-6	15:05 - 16:05	4	4	Mr. Thuong	Hardcourt	Students will discover and develop basic tennis strokes such as forehand and backhand ground strokes, volleys and serves. Please note: Minimum number of children =4/The cost per student in Term 3 = 786,000VND.
Golf Academy (Paid activity)	Years 3-13	15:05 - 16:05	8	15	Mr. Bradley	Long Bien Golf Course	Receive top tuition from a PGA professional, including skills for all abilities, ranging from grip to club swing, or putting to driving. Please note: Minimum number of students =8. The cost per student in Term 3 = 2,436,000VND
The Mass Music Project	Years 3-13	15:05 - 16:05	10	100	Miss. Rea	C321	Calling all Music lovers from Year 3 - year 13. This is your opportunity to get involved in one huge, epic rock/pop band. We will be learning some classic tunes whilst developing our performance and musical skills. Students can sing or play any instrument they want. Music is best enjoyed when it is shared.
Yoga (Paid activity)	Years 3-5	15:05 - 16:05	4	12	Mrs. Bouaziz	C315	Students will discover yoga in a fun and relaxing environment. They will improve fundamental movements, specifically flexibility, and develop focus. Please note: Minimum number of children= 4. The cost per student in Term 3 = 1.238.000 VND
Primary Orchestra	Years 3-6	15:05 - 16:05	0	40	Mr. Scott	C323	Primary Orchestra returns - this term we are preparing for summer events and concerts with some exciting film and show music. All abilities are welcome and parts can be specially written so that all instruments can join.
Basic Stretch & Dance	Years 3-6	15:05 - 16:05	5	20	Mrs. Sun A Lee	C108	This is a good opportunity to learn basic skills for dancing. Dancing is a whole-body workout that's actually fun. It's good for your heart, it makes you stronger, and it can help with balance and coordination. Please join and have fun!

ACTIVITY NAME	YEAR GROUPS	TIME	MIN No.	MAX No.	TEACHER	LOCATION	ACTIVITY DESCRIPTION
Japanese Calligraphy art (For Japanese students only)	Years 3-9	15:05 - 16:05	3	8	Mrs. Miki	Primary Science Room C127	Calligraphy art a traditional art originally from China. Generally, we use brush and ink to write characters. Japanese learn basic calligraphy at elementary school. Students should have syodou kits.
TECH STEAM 2 Primary	Years 4-6	15:05 - 16:05	6	20	Mr. Labelle	C121	This club will allow children to solve problems and find solutions using art, maths, science and technology for Year 4, 5 and 6.
Cross Stitch Club	Years 5-13	15:05 - 16:05	5	15	Ms. Hong, Ms. Trang Chu and Ms. Dung Hoang	Class 61 (P311)	This activity is great for the students' minds and keeping their hands and fingers flexible. Students can create their own sewing of their favourite patterns on coloured fabrics that can be used as bookmarks or put in frames for decorations.
Esperanto for Beginners	Years 5-13	15:05 - 16:05	2	10	Ms. Hoan	Primary 223	How many languages can you speak? Do you know any man-made ones? Esperanto is that kind of language. Do not hesitate to re-register to this ECA-group to get to know more about Esperanto and you will also have a chance to listen to some reflections of a real Esperantist in Vietnam about how the language has changed her life.
Lego Construction	Years 5-6	15:05 - 16:05	5	20	Mrs. Crofts	Year 6S P315	This is a great opportunity to build and get creative with Lego. Come up with new designs and be challenged using this fantastic equipment.
Netball	Years 5-8	15:05 - 16:05	10	16	Ms. Crombie	Netball Court	This ECA offers the chance to learn and develop netball skills through playing friendly games. Players of all ability are welcome!
Table Tennis Club	Years 6-13	15:05 - 16:05	6	16	Mr. Forster	Sports Hall - upstairs	Come and play Table Tennis with your friends. This ECA is an opportunity to develop your speed, reactions and hand-eye coordination in a friendly sporting environment

THURSDAY

ACTIVITY NAME	YEAR GROUPS	TIME	MIN No.	MAX No.	TEACHER	LOCATION	ACTIVITY DESCRIPTION
Junior card makers	Year 1	14:55 - 15:55	5	15	Ms. Linh and Ms. Luyen	E211	Join us and learn interesting ways to keep yourself busy and make fancy presents for your peers. We give you the seed of ideas to start with your simple, tiny yet meaningful cards. You can create your own collection of cards such as greeting, congratulations, thank you, sorry or happy birthdays ones.
Gymnastic club (Paid activity)	Year 1	14:55 - 15:55	10	16	GymKraft	EYC Multipurpose room	We will again be working with GymKraft, a gymnastics company from Singapore. Students will develop a range of technical skills including rolling and rotating, balancing and travelling in a challenging and safe environment. Please note: Minimum number of children =10/ The cost per student in Term 3 = 1,980,000 VND
Quiz club	Year 1	14:55 - 15:55	4	12	Ms. Huong F2 and Ms. Mai	EYC shared area	Are you ready for the competition?! Join us to unlock your powerful knowledge and experience the sheer joy of conquering the world. There will be lots of questions to help you with critical thinking, connecting things, mastering the languages and more...
Phase 2 Football team	Years 2-4	15:05 - 16:05	10	20	Mr. Brooke-Smith	Primary Field	This ECA will provide students with advanced skills in association football. It will include drills, mini games & larger matches.
Beginners Golf (Paid activity)	Years 2-6	15:05 - 16:05	7	15	Mr. Bradley	Hardcourt	An introduction to the fundamentals of Golf using the new SNAG programme (Starting New At Golf). Learn how to grip a club, how to swing effectively and have fun chipping and putting at a range of engaging targets. Please note: Minimum number of children =8/ The cost per student in Term 3 = 1,626,000 VND
Junior Photographer	Years 3-4	15:05 - 16:05	2	8	Ms. Mi and Ms. Trang Pham	C125	Are you fond of taking photos? Do you want to capture the beauty of nature and people? If YES then this ECA is for you. You will be introduced to use the Kidzoom camera which is very user-friendly and fun. At the end of the ECA, we expect to hold a small exhibition where your photos can be displayed and you have a chance to present your works to the audience!! Have fun and enjoy being a Junior Photographer.

ACTIVITY NAME	YEAR GROUPS	TIME	MIN No.	MAX No.	TEACHER	LOCATION	ACTIVITY DESCRIPTION
Origami Club	Years 3-6	15:05 - 16:05	2	16	Mr. Clarke	P115	Come and relax while learning the art of paper folding. Use origami to practice and improve your concentration whilst keeping calm and mindful in a quiet setting.
Primary Choir	Years 3-6	12:35 - 13:00	5	40	Mrs. Carroll and Mrs. Ower	Music Room C323	Do you enjoy singing as part of a group? Come along and learn to sing well known songs with the Junior Choir. You will also get the chance to take part in Live Lunches and other performances throughout the year.
Stop - Motion Movie	Years 3-6	15:05 - 16:05	8	14	Ms. Anh and Ms. Lan	P. 208	This club is suitable for people who have interest in making a movie. The club gives the children a chance to learn how to make a movie. They will create their own characters, content and story. They also have an opportunity to become a director, editor or cameraman.
Basketball Club	Years 4-6	15:05 - 16:05	10	16	Mr. Millis	Sports Hall/Hard Court	An introduction to basketball and learning the basic skills. The sessions will focus on drills and game style activities before leading into full practice games.
Chinese Beginners	Years 4-6	15:05 - 16:05	5	15	Ms. Hien Dang	P309	This is an ABC Chinese course for beginners, including introduction of phonetics and daily expressions. After taking this class, learners will have a basic understanding of Chinese Mandarin and have basic conversation skills such as: exchanging personal information, talking about daily arrangements and food, asking about price, the weather and sharing interests.
Wind in the Willows Set Design	Years 4-6	15:05 - 16:05	6	20	Ms. Dung, Ms. Trang and Ms. Huong	P214	This club will learn how to make props and design the set for the Year 4 production, 'Wind in the Willows'. The children will learn how to create 3D props, backdrops, foredrops and sidedrops. They will use their creativity to make the forest setting for the story to come alive!
Creative Writing	Years 4-6	15:05 - 16:05	4	20	Mrs. Ower	P322	The chance to let your creativity run wild. If you love to write stories, then this is the club for you. We will also play lots of writing games and have fun with words.

ACTIVITY NAME	YEAR GROUPS	TIME	MIN No.	MAX No.	TEACHER	LOCATION	ACTIVITY DESCRIPTION
Advanced Swimming	Years 5-13	15:05 - 16:05	5	24	Miss. Henney	Swimming Pool	Swimming for those who wish to refine the technical and physical aspects of multiple strokes as well as improve fitness and endurance. To join this ECA you MUST be able to confidently swim 100m in ALL strokes.
Strategy Games	Years 6-13	15:05 - 16:05	4	20	Mr. Schofield	S316	This ECA is for those that like to develop their teamwork, communication and problem-solving skills in a friendly and lively environment with peers from different age-groups
Acapella Choir	Years 6-13	15:05 - 16:05	10	100	Miss. Rea	C321	Come and join the acapella to work on singing techniques, harmonisation and general musical skills development, both as a soloist and as part of an ensemble. We will be learning some of the most current pop classics.
Gardening BIS Coop ECA	Years 6-9	15:05 - 16:05	6	13	Ms. Greenwood	C214	Taking part in the Gardening and BIS Coop ECA means you will be growing and harvesting vegetables from our garden, helping to look after our chickens and enjoying team work outdoors.
Drama Fun	Years 6-9	15:05 - 16:05	6	20	Miss. Loveday	P303	An ECA for anybody who wants to improve their confidence and drama skills in a fun environment. We will be using drama games and short improvisation tasks to get you thinking quickly, practicing English speaking and building confidence.

FRIDAY

Year 6 Brass Club	Year 6	12:35 - 12:55	0	3	Mr. Scott	C323	Year 6 Brass Players will continue to meet at this time.
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